Just In Case...

A condom breaks,
or after unprotected sex,
or after rape.

Emergency contraception can prevent unintended pregnancy.

NYC Health
nyc.gov/health

THE NEW YORK CITY DEPARTMENT of HEALTH and MENTAL HYGIENE
Michael R. Bloomberg, Mayor
Thomas R. Frieden, M.D., M.P.H., Commissioner

TAKE CARE NEW YORK

Emergency Contraception ("Morning–After") Pills

Most effective when taken within 72 hours (3 days) of unprotected sex, and moderately effective when taken between 72 and 120 hours (5 days).

Ask your healthcare provider for a prescription...Just In Case. The sooner the better!

A Copper IUD (Intrauterine Device)

Can be inserted by a health-care provider up to 5 days after unprotected sex.

For more information, talk to your healthcare provider or call the **Women's Healthline at 311.**