

Help patients control hypertension,
high cholesterol and diabetes

MEDICATION ADHERENCE

A C T I O N K I T

For Health Care Providers
and Pharmacists



MEDICATION ADHERENCE

ACTION KIT

For health care providers and pharmacists

This *Medication Adherence Action Kit* was created to provide you with valuable tools and resources to help your patients with hypertension, high cholesterol, diabetes and other chronic diseases adhere to their treatment regimens. These materials are designed to facilitate talking about medication adherence and possible barriers patients may face.

CLINICAL TOOLS

- *My Medication List*
- *My Medication List (Wallet Size)*
- *My Health Goal Self-Management Sheet*
- *What Gets in the Way of Taking Your Medicine?* Wall Poster

RESOURCES

- *Medication Adherence Pocket Guide for Providers and Pharmacists*
- *Improve Medication Management with Electronic Health Records Sheet*
- *Prescribing 90-Day Supplies of Medication Fact Sheet*
- *Questions about your medicine?* Button
- *"A 41-Year-Old African American Man with Poorly Controlled Hypertension"* (JAMA)
- *"Improving Medication Adherence"* (City Health Information)
- *"Cost-related Medication Underuse. Do Patients with Chronic Illnesses Tell Their Doctors?"* (Arch Intern Med)
- How to Order More Materials

PATIENT EDUCATION

- *"Taking Your Medicine"* (Health Bulletin #55)
- *Do you know the facts about taking your medicine?* Fact Sheet
- *Questions to Ask Your Health Care Provider or Pharmacist About Your Medicine* Wall Poster and Card



Michael R. Bloomberg
Mayor
Thomas Farley, M.D., M.P.H.
Commissioner

Patient Education Materials



Clinical Tools and Provider Resources



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This Action Kit is available to download at www.nyc.gov/health/publichealthdetailing