HOW TO ORDER
Depression Provider and Patient Materials

PROVIDER RESOURCES

Depression Self-Management Tool
English, Spanish

My Medication List
English, Spanish, French, Bengali, Chinese, Russian, Korean and Haitian Creole

My Medication List (Wallet Size)
English, Spanish, French, Bengali, Chinese, Russian, Korean and Haitian Creole

PATIENT EDUCATION

Getting Help for Depression Fact Sheet
English, Spanish, French and Bengali

Depression Health Bulletin*
English, Spanish, Russian, Chinese, French and Bengali

NYC Well Brochure
English, Spanish, Russian, Traditional Chinese, Simplified Chinese, French, Bengali, Arabic, Haitian Creole, Italian, Korean, Polish, Urdu and Yiddish

Medication Adherence: Myths and Facts Fact Sheet
English, Spanish, French, Bengali, Chinese and Russian

Questions to Ask Your Health Care Provider or Pharmacist About Your Medicine Card
English, Spanish, French, Bengali, Chinese and Russian

Visit nyc.gov/health and search for depression to view these materials and additional resources.