

I smoked  
every day.  
Now I have  
to take  
medication  
every day.

**Beth has COPD**, an incurable lung disease. Medication and doctors will always be part of her life.



Talk to your health care provider  
about quitting smoking today.



For free medication and coaching, visit [nysmokefree.com](https://nysmokefree.com)  
or call 311 or 866-NYQUITS #NYCQUITS

**NYC**  
Health