

Bronx Neighborhood Health Action Center

Calendar of Events | October 2020



Due to the COVID-19 public health emergency, all services and activities listed below will be held virtually unless otherwise indicated.

FAMILY WELLNESS

Virtual Newborn Care

This virtual class is for new parents to learn tips on how to care for their newborn.

To register, visit bit.ly/NewbornCareFWS.

Thursday, October 1 | 11 a.m. to 12:30 p.m.

Let's Get Personal: Reproductive Health

This virtual workshop teaches the importance of gynecological exams and how to perform a self-breast exam.

To register, visit bit.ly/WomenHealthFWS.

Wednesday, October 14 | 5:30 to 7 p.m.

CLINICAL SERVICES

The Health Center at Tremont NYC Health + Hospitals

NYC Health + Hospitals provides care to patients regardless of their immigration status, ability to pay or insurance status. An appointment is recommended.

To make an appointment, call 646-815-9700.

Monday to Friday | 8:30 a.m. to 5 p.m.

AND MORE!

NYC Test & Trace Corps Webinar

This webinar will cover how to access testing and services to safely separate from others at home or in hotels to stop the spread of COVID-19.

To register, visit bit.ly/BXTT2.

Thursday, October 1 | 5 to 6 p.m.

Tuesday, October 6 | 9:30 to 10:30 a.m.

Saturday, October 10 | 5 to 6 p.m.

ABOUT US

The Neighborhood Health Action Center provides health and wellness services in Tremont, as part of New York City's effort to promote health equity.



LOCATION

Tremont Neighborhood Health Action Center
1826 Arthur Ave., Bronx, NY 10457

For more information, text 646-531-8660.



Most classes are in English, but if language services are needed, contact us at least 48 hours before the class.