Supporting You and Your New Baby

Newborn Home Visiting Program Offices

South Bronx
718-579-2878

North and Central Brooklyn
718-637-5235

East and Central Harlem
646-672-2894

For New Yorkers Residing in DHS Shelters — All Boroughs
718-579-6805

“The health worker explained crib safety and the dangers of sleeping in the same bed with my baby.”

Donna, 26

“I was worried that my older child might not be developing like he should. The [health worker] who visited us connected me with the Early Intervention Program to see if my son needed some help.”

Angelina, 24

“I didn’t know it was OK to only breastfeed, so I was giving my baby formula too. [The health worker] told me breast milk is enough.”

Nicole, 21

For more information, visit nyc.gov/health and search for newborn home visiting program, or scan the QR code above.

You have a right to NYC services in your preferred language. When you call 311 or a program office, ask for interpretation services for your newborn home visit.
Who can sign up?

- First-time parents who reside in Taskforce on Racial Inclusion and Equity (TRIE) neighborhoods
- All families with a baby 0 to 3 months old and who are:
  - NYCHA residents in TRIE neighborhoods
  - Engaged with the Administration for Children’s Services (ACS) citywide
  - Residing in a Department of Homeless Services (DHS) shelter citywide

Call 311 to find out if you are eligible, or scan the QR code on the back of this brochure to find a list of TRIE neighborhood ZIP codes.

What happens during the visit?

The health professionals will:

- Talk with you about how your baby and any other children who live with you are developing
- Provide infant feeding support, including breastfeeding, and address any concerns you might have
- Show you how to put your baby to sleep safely
- Give tips for bonding with your baby
- Provide support for your mental health and connect you to additional resources
- Help you create a safe home environment by checking for hazards — such as missing smoke detectors or window guards and peeling paint that might contain lead — and help you report them (for example, to your landlord or by calling 311)
- Connect you with other services, such as health insurance and medical care

How do I sign up?

If you recently gave birth and did not hear from anyone in the program, call 311 or the Newborn Home Visiting Program office in your neighborhood to find out if you qualify. For a list of program office phone numbers, see the back of this brochure.