




Family Activity Sheet for _____

Week of _____

Activity 1 Date: _____ Time: _____ Interventionist: _____ 	The IFSP Outcome and/or goals:	
	The daily routine & the steps for the Learning Activity	
	Family Feedback	<input type="checkbox"/> GREAT <input type="checkbox"/> OKAY <input type="checkbox"/> HARD
	Continue Activity?	<input type="checkbox"/> We will continue activity <input type="checkbox"/> We changed the activity <input type="checkbox"/> We are ready for a new activity
	Other Comments	
Activity 2 Date: _____ Time: _____ Interventionist: _____ 	The IFSP Outcome and/or goals:	
	The daily routine & the steps for the Learning Activity	
	Family Feedback	<input type="checkbox"/> GREAT <input type="checkbox"/> OKAY <input type="checkbox"/> HARD
	Continue Activity?	<input type="checkbox"/> We will continue activity <input type="checkbox"/> We changed the activity <input type="checkbox"/> We are ready for a new activity
	Other Comments	
Activity 3 Date: _____ Time: _____ Interventionist: _____ 	The IFSP Outcome and/or goals:	
	The daily routine & the steps for the Learning Activity	
	Family Feedback	<input type="checkbox"/> GREAT <input type="checkbox"/> OKAY <input type="checkbox"/> HARD
	Continue Activity?	<input type="checkbox"/> We will continue activity <input type="checkbox"/> We changed the activity <input type="checkbox"/> We are ready for a new activity
	Other Comments	

Comments & Ideas: _____

Family Activity Sheet

Learning Activities are those activities that you and your interventionist decide that you will try with your child until the next session. They are not homework, because they fit into the things you normally do every day. When you give learning activities a try your child will have more chances to learn and practice new skills.



We encourage families to keep track of what happens during sessions. There are lots of ways to record what happens during sessions, and what activities you decide to try until the next visit. You can use anything that will work best for you, such as a notebook, a cell phone, a calendar, or pictures. All of these tools can help you remember what you want to do. You decide what you want to use. **Remember, all tools are voluntary.**

One tool that you can use to remember what happened during a visit, and what activities you're going to try until the next visit, is the *Activity Sheet*. If your child has more than one interventionist, you can also use the *Activity Sheet* to show all of the interventionists what the others are doing. That can help your team work on the same goals.

For example, if the goal is related to your child's feeding time, a physical therapist might show you positioning methods, while the speech therapist might show you feeding methods.

The best way to use the Activity Sheet is:

1. In the left column, under *Activity*, write the name of the interventionist you worked with to plan the activity, and the date and time of the session.
 - a. You can add more than one interventionist for any activity.
2. *IFSP Outcome*: You/other family members/caregivers/interventionists can write down:
 - a. The goal and daily routine that your family wants to focus on, and
 - b. The activity that you plan to do with your child before the next session.
3. *Family Feedback*: You or other family members can write down how the activity worked when you tried it.
 - a. Check off the box that describes how well the activity went overall (great, OK, hard).
 - b. Check off the box that shows if you want continue the activity, or if you are ready for a new activity.
 - c. Write other information you want to keep track of, like:
 - How many times you did the activity,
 - Any ideas you have for changes, or
 - Things that you want to tell your interventionist at the next session.

For example, you used pointing and naming body parts (strategy) during bath time (daily routine) and that went well. So you decided to use the same strategy of pointing and naming food (new strategy) while you were grocery shopping (new daily routine) and this also worked well.

Tools and good communication can help your interventionist plan more activities that will work well for your child and family.