



April 2016

42-09 28 St., Queens NY 11101

347-723-1696

[healthmrc@health.nyc.gov](mailto:healthmrc@health.nyc.gov)

### In this Newsletter

- Volunteer Profile.....1
- NYC MRC Featured by nycHealthy..... 1
- 4th Annual NYC MRC Symposium .....2
- Upcoming Public Health Events..... 3
- Become an NYC MRC Volunteer Leader..... 4
- Upcoming Trainings and Events ..... 4-5
- Become a POD Core Team Leader .....6

### Why I Volunteer



**Christine Kraft, LCSW**

**How long have you been a member of NYC MRC?**

Since 2007.

**What is your profession?**

I was a teacher of history and political science in the NYC school system, and later a school social worker in Brooklyn providing clinical services and crisis interventions.

**What MRC activities have you participated in lately?**

I have taken many trainings, most recently Active Shooter, and participated in material distributions in Manhattan.

**Are you involved in any other volunteer activities?**

I'm a guide in the 9/11 Memorial Museum, and in the NYC Police Museum, a member of CERT, and a Police Lieutenant in the NYPD Auxiliary Police Department.

**Why do you volunteer for NYC MRC?**

I wear many hats, but MRC has enabled me to continue working in a profession I love and provided me with excellent training to meet the challenges that face our city and our nation.

### NYC MRC Impact Stories Featured in nycHealthy Tweet!

Several months ago, DOHMH released Impact Stories highlighting the important work of the Office of Emergency Preparedness and Response. On March 16, 2016, DOHMH's official twitter account, @nycHealthy, released a tweet highlighting one of these Impact Stories: "Deploying New York City's Dedicated Volunteers," which is all about NYC MRC! You can see the tweet [here](#), and read the story [here](#). Thank you to @nycHealthy for highlighting the contributions of NYC MRC volunteers!

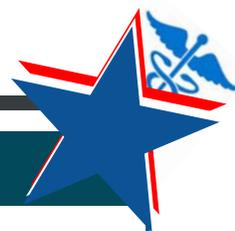


nycHealthy @nycHealthy · 45m

Learn how NYC Medical Reserve Corps volunteers helped NYers after #HurricaneSandy & #Ebola: [on.nyc.gov/1UeucoB](http://on.nyc.gov/1UeucoB)



Retweet icon, Heart icon with '2', and More options icon.



**Save the Date!**

## **4th Annual NYC MRC Symposium: Community Resilience Through Public Health**



Join NYC MRC for our 4th Annual Symposium! This year's theme is the relationship between public health and community resiliency. This full-day event will feature three incredible speakers and give us an opportunity to discuss the relationship between MRC's public health outreach activities and the ability of communities to recover from disasters and emergencies.

Agenda:

**Dr. Mary T. Bassett**, Commissioner, NYC Department of Health and Mental Hygiene  
*Welcome Remarks*

**Dr. Jane Bedell**, Assistant Commissioner, NYC Department of Health and Mental Hygiene  
*The Many Faces of Public Health: Stories from the Bronx*

**Kimberly Gill, Ph.D.**, Disaster Research Center, University of Delaware  
*The Intersection of Public Health and Resilience*

**Captain Rob Tosatto**, USPHS, Director, DCV-MRC  
*MRC Across the Country — Public Health Initiatives*

The day will also feature an acknowledgement of those NYC MRC volunteers who served during the Legionella Activation in 2015.

We look forward to seeing you at this exciting full-day event!

**Date:** Saturday, April 30th

**Time:** 8:30am — 3:00pm

**Location:** CUNY Law School, 2 Court Square, Long Island City, Queens

**Registration:** <https://www.eventbrite.com/e/4th-annual-nyc-mrc-symposium-community-resilience-through-public-health-registration-20767010688>



## Upcoming Public Health Events

In collaboration with our community partners, MRC continues to provide blood pressure screenings throughout the city. We look forward to seeing you at one of these recurring events!

**To register for any or all of these events, go to <https://a816-healthpsi.nyc.gov/MRCSelfServe/>**

**Salvation Army**, 520 50th St, Brooklyn  
Tuesday, April 12th — 10:30am—1:00pm  
**Language:** Spanish, Chinese

**Our Lady of Perpetual Help**, 526 59th St, Brooklyn  
Sunday, April 24th — 10:30 am—1:00 pm  
**Language:** Spanish

**Coney Island Lighthouse Mission**, 2114 Mermaid Ave., Brooklyn  
Thursday, April 28th — 10:30am —12:30pm  
**Language:** Spanish, Chinese

**Our Lady of Solace**, 2866 w 17th St, Brooklyn  
Sunday, May 1st — 10:00 am — 1:00 pm  
**Language:** Spanish, Chinese

**Salvation Army**, 520 50th St, Brooklyn  
Tuesday, May 10th — 10:30am—1:00pm  
**Language:** Spanish, Chinese

**Coney Island Lighthouse Mission**, 2114 Mermaid Ave., Brooklyn  
Thursday, May 26th — 10:30am —12:30pm  
**Language:** Spanish, Chinese

**Our Lady of Refuge**, 202 Foster Avenue., Brooklyn  
Wednesday, June 1st — 10:00am —12:30pm  
**Language:** Creole

**Our Lady of Solace**, 2866 w 17th St, Brooklyn  
Sunday, June 5th — 10:00 am — 1:00 pm  
**Language:** Spanish, Chinese

**Salvation Army**, 520 50th St, Brooklyn  
Tuesday, June 14th — 10:30am—1:00pm  
**Language:** Spanish, Chinese

**Coney Island Lighthouse Mission**, 2114 Mermaid Ave., Brooklyn  
Thursday, June 23rd — 10:30am —12:30pm  
**Language:** Spanish, Chinese





## Become an NYC MRC Volunteer Leader!

NYC MRC is launching a pilot project to train and deploy volunteer leaders at NYC MRC events. We need you!

NYC MRC has extended its reach through public health events, trainings, and exercises, and our staff has maximized its capacity. In order to continue to grow, we need your help!

### Volunteer leaders will:

Take responsibility for managing one MRC public health outreach event a month. Leaders will welcome volunteers, take attendance, keep records, coordinate with sites, keep track of NYC MRC equipment, and return records to NYC MRC office by mail or email. Training and Volunteer Leader uniform shirts will be provided.

### Are you ready and willing to help?

*Please call or email Sorrel Mae Stetson for more details.*

347-396-6210 | 917-414-8637

[sstetson@health.nyc.gov](mailto:ssstetson@health.nyc.gov)



## Upcoming Trainings and Events

### Psychological First Aid

Psychological First Aid is an evidence-based approach to helping individuals and groups in the aftermath of disasters or terrorism. This training is open to all members of MRC, regardless of profession.

**Date:** Wednesday, April 27th

**Time:** 6:00 pm - 8:00 pm

**Location:** The Churchill School, 301 E 29th St, Manhattan

**Registration:** <https://a816-healthpsi.nyc.gov/MRCSelfServe/>



### Radiation Response Training

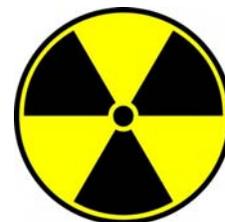
Please join us at Memorial Sloan Kettering for a training given by the Radiation Injury Treatment Network. (RITN) This training will address radiation exposure and treatment, and the role of cancer hospitals in radiation response.

**Date:** Wednesday, May 4th

**Time:** 6:00pm - 8:00pm

**Location:** 1275 York Ave, Room M-107, Manhattan

**Registration:** <https://a816-healthpsi.nyc.gov/MRCSelfServe/>





## Basic Disaster Life Support

BDLS® is an intensive, full-day training including all-hazards topics and clinical issues including natural and accidental man made events, traumatic and explosive events, nuclear and radiological events, biological events, and chemical events. This training will be offered to NYC MRC members for free. You will need to register on NDLSF for credit.

**Date:** Saturday, May 7th

**Time:** 9:00am - 5:00pm

**Location:** NYU College of Dentistry, 345 E. 24th Street,  
Manhattan

**Registration:** <https://a816-healthpsi.nyc.gov/MRCSelfServe/>



## Why Social Capital is Critical For Resilience

Using data from a number of disasters, Dr. Daniel Aldrich, Co-Director of the Master's Program in Security and Resilience at Northeastern University, will show how social capital is a critical driver of resilience. More than income, the size of the disaster, or aid from the public and private sector, the strength of social capital predicts both survival and recovery. The talk will involve tabletop exercises along with concrete recommendations for how city planners, disaster managers, and health officials can increase cohesion and cooperation in neighborhoods.

**Dates:** Wednesday, May 11th

**Time:** 6:00 pm — 8:00 pm

**Location:** To be Announced

**Registration:** <https://a816-healthpsi.nyc.gov/MRCSelfServe/>



## AIDS Walk 2016

NYC MRC is excited to once again participate in the annual AIDS Walk! This fundraiser contributes to the work of GMHC, the world's first provider of HIV/AIDS prevention, care, and advocacy. GMHC provides invaluable clinical and social services to those affected by HIV/AIDS. To join the NYC MRC team and participate in this year's AIDS Walk, contact our office or follow the link below.

**Date:** Sunday, May 15th

**Time:** 8:30 am — 2:30 pm

**Location:** Central Park, 59th St & 5th Ave, Manhattan

**Registration:** <https://ny.aidswalk.net/Account/Register>



## Zika Training

Join us and Dr. Elaine Verneti, DOHMH, for a discussion of the latest information about Zika virus, the city's response, and the role of NYC MRC.

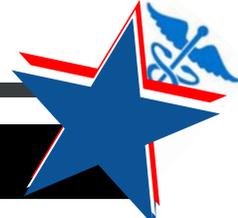
**Date:** Tuesday, May 17th

**Time:** 6:00 pm — 8:00 pm

**Location:** CUNY School of Law, 2 Court Square, Queens

**Registration:** <https://a816-healthpsi.nyc.gov/MRCSelfServe/>





## POD Core Team Members Needed!

The NYC Department of Health and Mental Hygiene (DOHMH) is seeking motivated and committed volunteers to become Point-of-Dispensing (POD) Core Team members to help manage PODs during public health emergencies. PODs are temporary emergency sites set-up and opened to dispense life-saving medical countermeasures, including antibiotics and vaccines, as rapidly as possible to prevent people from becoming ill or dying of a disease.

POD Core Teams (PCTs) are comprised of six staff members who serve as the leadership team in the POD. Each POD operates independently with support from the POD Operations Center (POD OC). PCT members are responsible for working together to make on-site decisions and manage POD operations. During a POD activation, PCT members may work long hours and odd times (12 hour shifts, overnight and/or weekends). PCT members should be willing and able to make their POD assignment a priority in the event of a POD activation. All PCT members will be pre-assigned to a POD site based on their residential address.



Ideal PCT members will possess the skills and demonstrated ability to:

- Work and make decisions independently
- Lead and manage staff while working under pressure
- Coordinate and delegate responsibilities
- Effectively communicate instructions to staff and the public

Click on the video link below to learn more about PODs and the full-scale exercise conducted by NYC DOHMH in 2014: [POD VIDEO](#)

PCT positions include: POD Team Leader, Administration Manager, Operations Manager, Screening Unit Leader, Dispensing Unit Leader, and Flow Monitor Unit Leader. PCT candidates will be assigned to a PCT position based on their training and leadership experience.

For more information about PODs or if you're interested in becoming a PCT member, contact Kimberley Ricketts at [prpadmin@health.nyc.gov](mailto:prpadmin@health.nyc.gov)