

New York City



New York City Medical Reserve Corps



April 2014

42-09 28 St., Queens NY 11101

347-723-1696

healthmrc@health.nyc.gov



Please Join us for
The 2nd Annual
NYC Medical Reserve Corps Symposium

FROM BOSTON TO NYC: Preparing for Disasters

Sunday, April 6th
NYU Kimmel Center
60 Washington Square South, NYC
9:30 am—3:30 pm

Join us as we hear about the Boston Marathon bombing, RDD in NYC and Psychological Effects of Disaster Events by leading experts in their fields.

We will also recognize those who served in the 3 Hep. A PODS, the meningitis vaccination campaign, and with rabies vaccinations for pets.

To see the agenda for this event and to register, please go to: <http://bit.ly/1gUzkY9>

April is Volunteer Appreciation Month

Thank you for your service during the Meningitis and Hep A outbreaks, your participation in trainings and in exercises, and for sharing your professional skills and knowledge with us.



You are our heroes!

Why I Volunteer



**Alan Rubenstein,
Veterinarian**

How many years have you been a member of NYC MRC?

Since 2010

What is your profession?

I am a solo practitioner veterinarian at the western edge of Staten Island.

What MRC activities have you participated in lately? (trainings, exercises, etc.)?

I have been a "victim" at the surge exercise at SIUH south site and volunteered for the free Rabies vaccination clinic at Blue Heron Park.

Are you involved in any other volunteer activities?

I am 2nd Vice President of Temple EmanuEl of Staten Island and Volunteer at the Hebrew Free Burial Society. Occasionally I help at the COJO food pantry.

Why do you volunteer for NYC MRC?

I volunteer for NYC MRC because it's the right thing to do. I benefit from the MRC by meeting wonderful and amazing people!

VOLUNTEERS NEEDED for FDNY Exercise



The Fire Department is conducting an exercise at Manhattan College and has invited MRC members to participate as victim actors. These events give you an opportunity to experience what a disaster might be like, and allows the FDNY to test their responses. MRC members are needed to play victims.

Victim actors will be placed within the Jasper

Hall Dormitory student lounges and stairwell requiring to be evacuated by College Staff once the fire alarm is sounded.

Date: Thursday, April 3rd

Location: Manhattan College
4513 Manhattan College Parkway
in Riverdale, NY (Bronx)

Start time: 5:00 p.m.

End time: approx. 9 p.m.

To Register for this exercise go to:

<http://bit.ly/1IihJFG>

Join NYC MRC for Aids Walk NY 2014

NYC Medical Reserve Corps will again sponsor a team for the Aids Walk, which will be held on Sunday, May 18th in Central Park. This is an opportunity to show New Yorkers our MRC pride, raise money for a good cause, and get to know some great MRC members.

Last year we raised over \$1,000 to fight AIDS.



To learn more, register for our team, and/or donate, go to :

<http://bit.ly/1fVg5M3>

MRC IN ACTION

Staten Island Rabies Vaccination Day

On Sunday, March 9th, three NYC MRC members - Dr. Mindy Chang, DVM, Dr. Mike Marder, DVM, and Dr. Alan Rubinstein, DVM, along with Dr. Lisa Levin, DVM of Animal Care and Control of NYC, spent the day at Blue Heron Park in Staten Island where they vaccinated 110 dogs and cats against rabies. This event was organized by the **NYC Department of Health and Mental Hygiene, Bureau of Veterinary and Pest Control Services**, in response to an outbreak of rabies in Staten Island. The event was well-advertised, and pets and their humans waited patiently in line where at the park house. The pets came in all sizes from the smallest teacup dog, to huge great danes. Cats were well represented also. This was a great opportunity for NYC MRC to support the Staten Island community. Bravo to everyone who participated!



MRC IN ACTION ctd...

Active Shooter Training

On Monday March 10th, Tom Mauro, Director of Training and Exercises at the NYC Dept. of Health's Office of Emergency Preparedness and Response gave a very important presentation on "Active Shooter: What Can You Do?". This training was very well attended and received, attesting to the perception that Active Shooter events have become more common.



Coastal Storm and Sheltering Training

On Wednesday, March 26, the Office of Emergency Management (OEM), in collaboration with the Red Cross, invited NYC MRC to a Coastal Storm and Sheltering (CSP) training. This was a great opportunity to learn what the future plans are for shelters, and the roles NYC MRC would take in a sheltering emergency.



PCEPN Exercise

On Thursday March 27th, The Primary Care Emergency Preparedness Network Conducted a full scale exercise at seven of their locations where NYC MRC played patients. NYC MRC members provided invaluable insight into emergency planning and response and had a great time!

Thanks to all who participated!



Trainings Continued...

Psychological First Aid

Date: Tuesday, April 29th

Time: 5:30 – registration and light supper

6:00 – 8:00 - training

Location: The Churchill School 301 E 29th Street, Auditorium
New York, NY 10016

To register, go to: <http://bit.ly/OWjYdq>



No one who sees or volunteers in a disaster is untouched by it. Most psychological reactions to disasters are normal reactions to disasters are normal reactions to abnormal situations. Please join MRC Advisory Board member Ralph Nofi, Ph.D. as we learn about psychological reactions, positive coping skills and what you can do to help others as they react to disasters.

Basic Disaster Life Support (BDLS)

Date: Saturday, May 3rd

Location: NYU College of Dentistry 345 E 24th St, Auditorium

Time: 9:00am-5:00pm

To register, go to: <http://bit.ly/1myQdh4>



BDLS training will be offered to MRC members free of charge. The BDLS® course is a review of the all-hazards topics including natural and accidental man made events, traumatic and explosive events, nuclear and radiological events, biological events, and chemical events. Also included is information on the health care professional's role in the public health and incident management systems, community mental health, and special needs of underserved and vulnerable populations.

MRC Orientation

Date: Thursday, May 15th

Location: 125 Worth St., 3rd floor boardroom, Manhattan

Time: 5:30 – registration and light supper

6:00 – 8:00 - training

To register, go to: <http://bit.ly/1hmNVKN>



This training is an introduction to NYC MRC. It is a great overview for both new members and longtime members, and is the prerequisite for our most popular trainings. Orientation covers how MRC fits into the bigger emergency response picture, what NYC MRC members will do, what protections are offered, and what you can do to be prepared.

Articles of Interest

[Going Mobile: How Mobile Personal Health Records Can Improve Health Care During Emergencies](#)

Mobile personal health records (mPHRs) allow patients to access health information via the Internet on mobile phones, personal digital assistants, and tablet computers. mPHRs have the potential to help patients and providers identify medical conditions and prescriptions from numerous locations, which may minimize medical errors and identify improvements to health behaviors during emergencies.

[US Flu Season Continues Slow Decline](#)

Clinic visits for flulike illness were running much higher than average last week in Hawaii and Texas, but national flu markers continued on a downward trend.

[Four Ways Volunteers Can Contribute to Community Level Disaster Risk Reduction Efforts](#)

LCDR Skip Payne, Program Officer, Division of the Civilian Volunteer Medical Reserve Corps offers several ways to utilize volunteers when there's not an emergency.



Get in on the Action Today!

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