



New York City Medical Reserve Corps



January 2012

42-09 28 St., Queens NY 11101

347-723-1696

healthmrc@health.nyc.gov

Happy New Year!!

Emergency Notification Drill As you know, conducting Emergency Notification Drills helps us assess the readiness of NYC MRC members. **We will be conducting a drill the week of January 16th.**

Please make every effort to respond to the drill – your response counts! You must respond to the phone live – you cannot answer a voice mail. You can respond to an email message at any time. You must follow the directions in the message to respond. Sending an email to the MRC mailbox does not count. Thanks so much for your continued participation in NYC MRC.

MRC SPRING TRAININGS

Wed, Jan. 25 – MRC Orientation – this is an introduction to NYC Medical Reserve Corps for new members. This training gives an overview of disaster and emergency response in NYC, discusses personal and family preparedness and your role as an MRC member. This training is a pre-requisite for other trainings. Location: 125 Worth St., 3rd floor Boardroom, lower Manhattan. Registration and light supper at 5:30 PM, training 6:00 PM – 8:00 PM.

Tues, Jan. 31, and Wed, Feb. 8 - All Hazards Training for Mental Health Professionals - This full day training (9:00 AM-5:00 PM) is offered exclusively to mental health professionals.

At the end of this training, you will become part of the Resiliency and Emotional Support Team (REST) that works closely with the Mental Health staff of DOHMH to support both staff and victims in the event of a disaster or emergency.

As members of the REST Team you will receive free disaster related training and opportunities to participate in drills.

As part of the REST Team you will gain satisfaction from knowing that you are helping New Yorkers become better prepared to respond to and recover from the mental health implications of disasters and public health emergencies.

MRC orientation is a pre-requisite for this course.

Why I Volunteer



Name: Jon Bloomberg, EMT
MRC Member since 2007

Profession: I teach CPR/AED, sell AEDs, create Medical Emergency Response Protocols at Core Medical Systems and am an EMT with a volunteer fire/rescue company.

What MRC activities have you participated in lately?

- * NYC MRC Advisory Board
- * World Fire and Police Games
- * NYC Marathon 2011
- * Taught CPR/AED for 125 MRC members

Why do you volunteer? I find the people the best thing. The sense of camaraderie that evolves when you work with other volunteers is amazing: the sharing and learning that is provided by volunteers who know more about a specific subject than you; and conversely, the training that you give other volunteers who know less than you in an area is wonderful. Everyone is willing to share their knowledge, expertise and experience in furtherance of the common goal of the event.

These trainings are for MENTAL HEALTH PROFESSIONALS ONLY.

You must have:

- NY STATE LICENSE OR CERTIFICATE as a (SW, Counselor, Therapist or Qualified Psychiatrist
- MASTER DEGREE and at least 2 years of full time experience providing MH Services or 1 year of experiences providing services to those experiencing traumas or disasters
- BACHELORS DEGREE and 2 years of experience providing MH services

Location: 42-09 28 St, Long Island City, room 12-22. A light breakfast and lunch will be served.

Tues, Feb 21st Cultural Competency – An MRC core competency. Cultural competency is often misunderstood. Join us as Dr. Sujata Warriar helps us to explore our own cultural biases, gives concrete examples of what cultural competency means, and how our understanding of cultural differences will make us better able to help NYC’s diverse population.

Location TBD, registration and food 5:30pm, training: 6:00 PM – 8:00 PM

To register for MRC trainings, please send an email to healthmrc@health.nyc.gov

Please include your name, license type, email and phone number. Please include the title of the training and date in the subject line

CITIZENS CORPS TRAININGS:

NYC MRC Hurricane Irene Response in Dollars

M.D hours: 736

RN & NP hours: 670.5

MH and other health
professional hours: 1207.5

Total # of volunteer hours:
2,614

Total \$ value of
volunteer hours served:

\$119,266

Wed, Jan. 11 - A New York Response: Haiti

Earthquake Two Years Later - Sponsored by the NYC Citizen Corps Council, this workshop, featuring leaders from New York Task Force One and NYC CERT, will focus on response efforts made by both groups. Task Force One, New York City's FEMA-sponsored Urban Search and Rescue Team, responded in the immediate aftermath of the earthquake. The team members conducted six rescues, including its first rescue within hours of arriving in Haiti. Months after the earthquake, a team from OEM, FDNY, and DOHMH were deployed to Port-au-Prince, Haiti to help build a local CERT program. The workshop will be held on Wednesday, January 11 from 6:30 PM - 8:30 PM at the NYC Office of Emergency Management (165 Cadman Plaza East, Brooklyn).

Tues, Jan. 17 – Blood Donations and Disaster

January is National Volunteer Blood Donor Month. Sponsored by the NYC Citizen Corps Council, this workshop will recognize the importance of blood donation in the United States. Eva Quinley, Senior Vice President of Quality and Regulatory Affairs at the New York Blood Center, will provide attendees with an introduction to blood donation and supply, the impact of disasters and emergencies on the blood supply, and the role of volunteers in blood donation. New York Blood Center, established in 1964, is one of the largest community-based, nonprofit blood collection and distribution organizations in the United States. The workshop will be held on Tuesday, January 17 from 6:30 PM - 8:30 PM at the NYC Office of Emergency Management (165 Cadman Plaza East, Brooklyn).

To register for these Citizen Corps trainings, email Caela Day at: citizencorps@oem.nyc.gov your name, email address, phone number, volunteer organization affiliation, and the title and date of the training you are interested in registering for. Space is limited.

NYC ranked #1 most prepared according to CRI score

Forbes magazine reports that NYC is the most prepared city in the US, according to the CRI scores for the last three years.

The U.S. Center for Disease Control launched the “Cities Readiness Initiative” (CRI) to enhance the emergency readiness of cities. CRI considers the capabilities of public-health departments in large metropolitan areas to manage the most extreme of all crises. The CRI considers the full gamut of response capabilities considered critical to managing a crisis, including the preparedness of the MRC unit.



As part of the CRI, the CDC and state public health personnel assess local emergency management plans, protocols and capabilities for 72 Metropolitan Statistical Areas and four non-MSA large cities. Based on this assessment, the CRI calculates a score that ranges from zero to 100. A score of 69 or higher indicates that the city has established acceptable plans to receive and distribute Strategic National Stockpile medical assets. The CRI has completed three scoring cycles from since 2007. NYC score for 2011 is 99.6%.

Like politics, all disasters are local. The key ingredient in surviving whatever the world throws at you is not simply having a plan, but the planning process.

To borrow a phrase from President Dwight Eisenhower: “Plans are nothing; planning is everything.”

To read the entire article, go to:

<http://www.forbes.com/sites/williampentland/2011/12/05/americas-most-and-least-apocalypse-proof-cities/>