

New York City



New York City Medical Reserve Corps



January 2014

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Happy
New
Year!



From NYC MRC

Volunteer with HOPE

On **January 27, 2014**, the Department of Homeless Services will conduct its annual Homeless Outreach Population Estimate (HOPE). It is a unique opportunity to volunteer and participate in an extraordinary citywide effort. Homeless Services needs approximately 3,000 volunteers to help survey the number of homeless individuals living on city streets, parks, and in other public spaces in New York City.

Those who are interested in volunteering should visit www.nyc.gov/dhs to register. Volunteers assist from approximately 10:30 pm to 4:00 am performing HOPE to help the City best project service needs and allocate resources for the street homeless population.

HOPE 2014
THE NYC STREET SURVEY



Why I Volunteer

Estelle Young, MD

How many years have you been a member of NYC MRC?

I have been a member since 2004, Almost Ten years!

What is your profession?

My profession is physician with a specialty in dermatology.

What MRC activities have you participated in lately? (trainings, exercises, etc.)?

I've participated in the FDNY exercises at Randall's Island, the recent Hepatitis vaccination in the Bronx, and the Staten Island University Hospital critical surge exercise.

Are you involved in any other volunteer activities?

Other volunteer activities include: gardening at Carl Schurz Park at the Peter Pan area; and on the Alumni Board at Downstate Medical School where I attended. I recently volunteered at the Brooklyn half marathon, Ironman NYC, and the NYC Marathon. Encouraged by an MRC staff member, I am also a recent member of MRC on Big Island of Hawaii where I have also volunteered at the Onizuka Visitor Center on Mauna Kea

Why do you volunteer for NYC MRC?

I volunteer for MRC for I am blessed with the power to heal and want to continue my efforts as a physician.

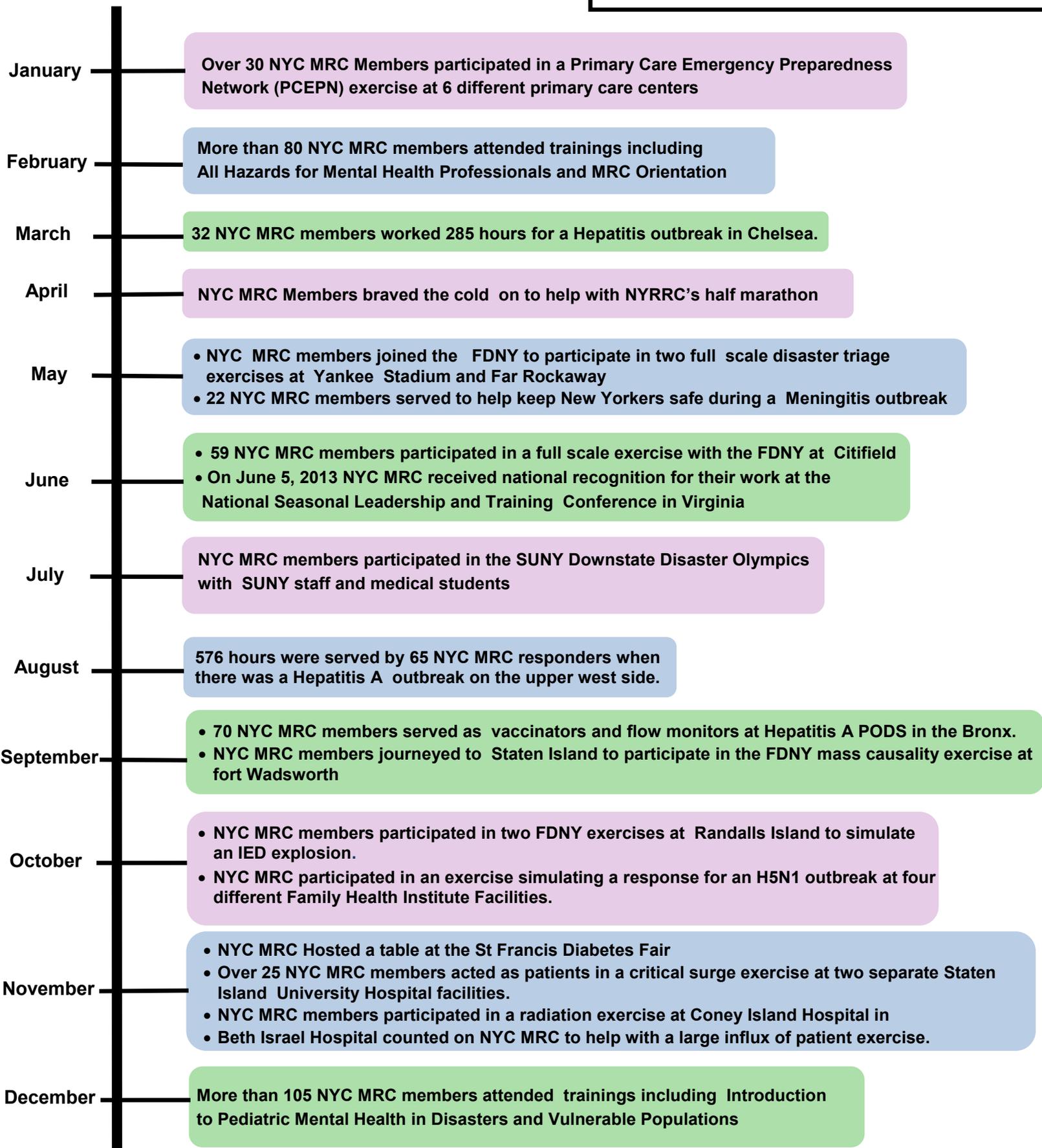
MRC 2013

YEAR IN REVIEW

Here are some of NYC MRC's accomplishments of 2013.
Thanks for a great year!

This year MRC:

- * Responded to 4 Public Health Outbreaks
 - * Held over 40 Trainings
 - * Participated in Over 10 Exercises
- And So much more...*

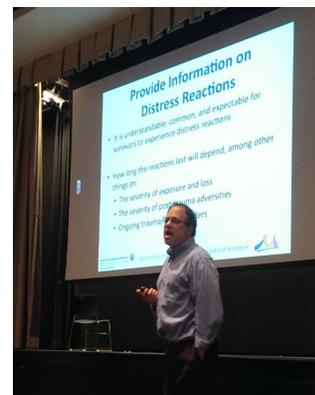


MRC In Action

Intro to pediatric mental health



On December 3rd, NYC MRC members attended an Introduction to Pediatric Mental Health training lead by the NYC Pediatric Disaster Coalition (PDC). This brief training introduced participants to the issues surrounding pediatric mental health during and after disasters. Participants learned to identify at risk patients and different reactions to stressors in a disaster environment.



Vulnerable Populations

Led by Maggie Jarry, Vulnerable Populations Coordinator DOHMH OEPR., this training held on December 19th, explored differences and similarities between vulnerable population groups. MRC members learned about practical approaches to making disaster services more accessible for people with disabilities.

MRC TRAININGS

Disaster Simulator

Date: Thursday, January 16th

Location: Office of Emergency Management OEM Warehouse -
930 Flatbush Avenue, Brooklyn,

Time: 5:30 – registration
6:00 – 8:00 - training

To register, go to: <http://www.eventbrite.com/e/nyc-medical-reserve-corps-disaster-simulation-training-registration-8861688549>



The Disaster simulator workshop provides an opportunity for NYC Medical Reserve Corps members to experience on scene emergency operations from the point of view of first responders. By allowing participants to survey disaster scenes in a virtual reality environment, you will come away with a better understanding of field operations.

Additionally, during the training, NYC Medical Reserve Corps members will explore how citizen groups can support their communities

MRC Orientation

Date: Tuesday, January 21st

Location: 125 Worth St., 3rd floor boardroom, Manhattan

Time: 5:30 – registration and light supper
6:00 – 8:00 - training

To register, go to: <http://www.eventbrite.com/e/nyc-medical-reserve-corps-orientation-registration-6726815085>



This training is an introduction to NYC MRC. It is a great overview for both new members and longtime members, and is the prerequisite for our most popular trainings. Orientation covers how MRC fits into the bigger emergency response picture, what NYC MRC members will do, what protections are offered, and what you can do to be prepared.



COMING SOON:

NYC MRC FACEBOOK PAGE

Get Ready to Like us!

[Facebook.com/NYCMRC](https://www.facebook.com/NYCMRC)

*Stay up-to-date with **MRC events** and **trainings!**

*Keep informed about **disaster** and **public health** awareness!

*Connect with other **MRC members!**

Don't forget to hashtag:
#NYCMRC



Launching JANUARY 9th!

UPDATE YOUR RECORD

We rely on the data in ServNY to reach you in times of emergency or disaster, so it's very important to keep your record up to date. You can do this in three ways:

- go to: <https://apps.health.ny.gov/public/publogin.html>

and update your own record,

- send your new data to healthmrc@health.nyc.gov
- call us at **347-396-2780** or **347-396-2781**

Indicate in the subject line that you are updating your record. Either way, you will ensure that we can reach you in the event of a disaster or emergency.

Thanks!



Articles of Interest

Winter is Coming...Be Ready

It's a great time to make sure you're ready for cold weather, and the CDC has provided a number of tips to help.

<http://blogs.cdc.gov/publichealthmatters/2013/12/winter-is-coming-be-ready/>

Hurricane Sandy Revealed the Pluses and Minuses of Home Rule

"Home rule made it easy for towns to act fast after Hurricane Sandy. Local municipal officials quickly hired their own contractors to clean up debris and get services up and running. But as the state turns to long-term issues of protecting the shore from future storms, home rule could become a hindrance."

<http://www.emergencymgmt.com/disaster/Hurricane-Sandy-Home-Rule.html>

Rebuilding after a Disaster

The Homeland Security Forum provides links to several recent stories on rebuilding after a disaster.

<http://www.npr.org/2013/11/18/245949244/how-and-where-should-we-rebuild-after-natural-disasters>

US Measles Status Unchanged, but Vaccination Gaps Exist

According to the CDC, recent imported cases of measles are creating small pockets of unvaccinated or undervaccinated people and threaten health security.

<http://www.cidrap.umn.edu/news-perspective/2013/12/us-measles-status-unchanged-vaccination-gaps-exist>

Outbreak of Meningitis Causing Health Officials to Look Overseas for Help

This time last year public health officials were grappling with a meningitis outbreak linked to fungus found in tainted medication. Now officials are trying to rein in a different outbreak of meningitis, more specifically meningococcal disease, popping up on a college campus, including Princeton University.

<http://blogs.cdc.gov/publichealthmatters/2013/12/meningitis-overseas-for-help/>