

New York City



New York City Medical Reserve Corps



May 2014

42-09 28 St., Queens NY 11101

347-723-1696

healthmrc@health.nyc.gov



The ABCs of CRCs

The Bureau of Environmental Emergency Preparedness and Response of the NYC Department of Health and Mental Hygiene is pleased to invite you to a one-day free symposium. This is a hands on workshop for those who will volunteer in Community Reception Centers (CRC) during radiological events.

Who should attend:

MRC members willing to serve in CRCs and individuals who have radiological response roles or academic interests in the topic.

Conference Topics:

Incidents and Radiation Control

- o RDD, RED, IND and NPP Incidents
- o CRC Basics
- o CRC Radiation Control
- o Dosimetry

CRC Operations

- o Radiation Risk and Radiation Control Managers
- o Mental Health Issues
- o Screening in Japan
- o Line Monitoring/Flow Monitoring

Workshops

- o Personnel Surveys
- o Portal Monitor Surveys
- o Facility Surveys
- o Evaluation of No Dose/Low Dose/High Dose

Date: Monday, May 19th

Time: 8:30am– 4:00pm

Location: 42-09 28th St, 3rd Floor
New York, NY 11101

To Register Please Click Here:

<http://bit.ly/1h7HzhS>

Why I Volunteer



Josephine Vella, NP

How many years have you been a member of NYC MRC?

Since 2010

What is your profession?

Family Nurse Practitioner

What MRC activities have you participated in lately? (trainings, exercises, etc.)?

I attended the MRC 2nd Annual Symposium and I played a patient with the Avian Flu for the Primary Care Emergency Preparedness Network exercise. I am also a member of the MRC Cadre, the Radiation reserve Corps (RRC). I am looking forward to attending the Basic Disaster Life Support Course and the Radiological Reserve Corps Training.

Are you involved in any other volunteer activities?

Yes, I volunteer with CERT (Community Emergency Response Team).

Why do you volunteer for NYC MRC?

I volunteer because I believe as a community we should be prepared to help each other in case of a natural or man made disaster/mass casualty event with whatever skills we possess. Together we are stronger and more effective. I believe by helping others, we also help ourselves and our loved ones. With the MRC, we are credentialed and this makes us and our skills available. I also like the networking opportunities and meeting all the great volunteers from different fields, some of who are now good friends.

DOHMH Wins Outstanding Housing Award from MRC National!

We are proud and excited to announce that **DOHMH** has won the **Outstanding Housing Award** from National MRC! The Outstanding MRC Housing Organization Award honors MRC Housing Organizations that have served as an exemplary host agency to their MRC and have successfully supported, advocated on behalf, and helped integrate the MRC into their local community's public health and preparedness infrastructure. Since 2004, NYC Medical Reserve Corps has had the honor of being housed in the NYC Department of Health and Mental Hygiene (DOHMH).

NYC DOHMH recognizes that they do not have enough staff to support a disaster response, and had integrated NYC MRC and its over 7,500 members fully into its staffing and activation plans. It continues to develop and support the NYC MRC program and treats NYC MRC as an integral part of their disaster response team.



Join NYC MRC for Aids Walk NY 2014!

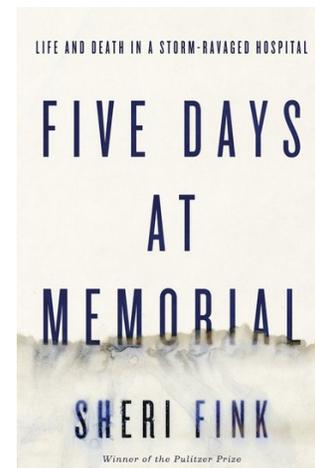
NYC Medical Reserve Corps will again sponsor a team for the Aids Walk, which will be held on Sunday, May 18th in Central Park. This is an opportunity to show New Yorkers our MRC pride, raise money for a good cause, and get to know some great MRC members.

Last year we raised over \$1,000 to fight AIDS!



To learn more, register for our team, and/or donate, go to:
<http://bit.ly/1fVg5M3>

Book Corner



Emergencies are crucibles that contain and reveal the daily, slower burning problems of medicine and beyond – our vulnerabilities, our trouble grappling with uncertainty, how we die, how we prioritize and divide what is most precious and vital and limited, even our biases and blindness's.

In the tradition of the best investigative journalism, physician and reporter Sheri Fink reconstructs 5 days at Memorial Medical Center and draws the reader into the lives of those who struggled mightily to survive and to maintain life amid chaos.

We strongly suggest this to our MRC members!

Let us know what you think!

[Email Us!](#)

[Tell us on Facebook!](#)

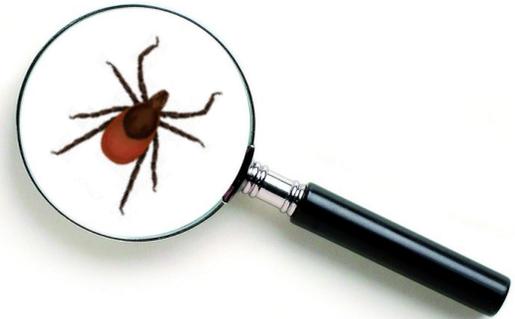




Volunteers Needed!

Tick Surveillance Project

The Office of Vector Surveillance at the Department of Health and Mental Hygiene (DOHMH) has asked for our help. They are conducting a TICK SURVEILLANCE PROJECT in city parks and possibly Gateway National Park over the next several months to learn more about tick borne diseases in NYC. The purpose is to collect data for developing a comprehensive plan to reduce the risk of acquiring tick-borne diseases in NYC.



They would like to create 2 teams consisting of 5 to 6 MRC members in each. These teams will be supervised by a DOHMH staff member and will travel to sites around NYC. Each team would receive training, and round trip transportation from 125 Worth St. (in lower Manhattan) to the sites. We hope to have each team function as a unit.

The research would be conducted from mid to late May through September, and teams would be asked to participate for two days once or twice a month. You will be provided with Personal Protective Equipment (PPE) as well as insect repellent to protect you during the duration of this surveillance. We are building the teams to be a little larger than needed, so that if one person is absent, the team could still participate. Team members need to be flexible because weather (such as rain) can affect the days teams could work. Please be aware that this project requires a lot of walking and the weather may be hot, so please prepare accordingly.

This will be your chance to participate in an important tick borne disease research in NYC.

If you are willing to participate, please send an email to:

Healthmrc@health.nyc.gov

Please include your name, profession, email address and phone number.

Thank you for your willingness to serve the people of NYC.

Blood Pressure Screenings at EHACE Community Health Fair

The East Harlem Asthma Center of Excellence (EHACE) is sponsoring a health fair in East Harlem on Friday, May 16th, and NYC MRC will provide blood pressure screenings. We need MRC members to conduct these screenings. Here are the details:

EAST HARLEM
ASTHMA CENTER
OF EXCELLENCE



EHACE COMMUNITY HEALTH FAIR

DATE: Friday, May 16, 2014

TIME: 11:00 am – 4:00 pm

LOCATION: 161-169 East 110th St. (between 3rd Ave & Lexington), Manhattan

Lunch will be provided

If you are willing to participate, please send an email to:

Healthmrc@health.nyc.gov

Please include your name, profession, phone number and email.

NYC MRC Symposium

From Boston to NYC: Preparing for Disasters

On Sunday, April 6th, NYC MRC sponsored a high level symposium for NYC MRC members as a thank you for their service. Our new Health Commissioner, Mary T. Bassett gave a wonderful welcome to NYC MRC members. MRC members chatted with each other as they enjoyed the delicious food. Michael Colanti *MBA, CEM*, Robert Ingram, *Battalion Chief CDTP FDNY*, and Claude Chemtob, *PhD*, gave thought-provoking presentations, which created a lot of discussion among the MRC members. MRC volunteers who served during Hepatitis, Meningitis and Rabies outbreaks were recognized and received awards.

**Thanks to all of you who attended.
Enjoy photos from the event below!**



MRC IN ACTION

FDNY Exercise

On Thursday, April 3rd the NYC Fire Department conducted an exercise at Manhattan College and invited NYC MRC members to participate as victim actors. These events give us an opportunity to experience what a disaster might be like, and allows the FDNY to test their responses. MRC members and Manhattan College students were able to interact and had a great time acting as patients.

Thanks to all who participated!



Bombs Blasts and Triage Training

Given by Dr. Dario Gonzalez, MRC members attended a 'Bombs Blasts and Triage training on Tuesday, April 8th. NYC MRC learned about the NYC triage system and practiced applying triage standards to hypothetical disasters during this training.

St. Francis College Health Fair

On Wednesday April 16th, NYC MRC members volunteered to table and provide Blood Pressure Screenings at the St. Francis College Health Fair. NYC MRC members provided invaluable information about blood pressure to students and passerby's and did over 100 screenings!

Thank you to those who helped make this event a great success!



MRC IN ACTION CTD...

CPR Training

On Saturday April 26th, NYC MRC Advisory Board Member Jon Bloomberg treated NYC MRC to a small CPR Training. It was a very enjoyable and informational training.

Thanks to all who attended!



Upcoming Trainings

MRC Orientation

Date: Thursday, May 15th

Location: 125 Worth St., 3rd Floor Boardroom, Manhattan

Time: 6:00pm – 8:00pm

5:30pm – registration and light supper

To register, go to: <http://bit.ly/1hmNVKN>

This training is an introduction to NYC MRC. It is a great overview for both new members and longtime members, and is the prerequisite for our most popular trainings. Orientation covers how MRC fits into the bigger emergency response picture, what NYC MRC members will do, what protections are offered, and what you can do to be prepared.



Articles of Interest

[Health Department Investigating Measles Outbreak in Northern Manhattan and the Bronx](#)

The New York City Department of Health and Mental Hygiene had identified 16 cases of measles. They are urging all New Yorkers to make sure all household members, including young children, are vaccinated.

[Four Ways Volunteers Can Contribute to Community Level Disaster Risk Reduction Efforts](#)

LCDR Skip Payne, Program Officer, Division of the Civilian Volunteer Medical Reserve Corps offers several ways to utilize volunteers when there's not an emergency.

[Using a Multipronged, Multipartner Approach to Address Emerging Language Needs After a Disaster](#)

REACH NOLA was established in 2006 and developed the Language Access in Healthcare Program. The goal of this program is to improve the quality and increase the utilization of language appropriate services in the New Orleans area.

[Moulage Provides Realism for ShakeOut Disaster Drill](#)

Three hours before the biggest earthquake Utah's ever had, a small group of volunteers is gathering behind a boarded-up elementary school. Armed with plastic tubs filled with containers of makeup, paint, and other unappetizing goop, they prepare to transform a couple hundred students into "victims" of a natural disaster.