



May 2016

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### Why I Volunteer



**Althea Atkinson, RN**

#### How long have you been a member of NYC MRC?

I have been a member of the NYC MRC since 2015.

#### What is your profession?

I am a Registered Nurse with a background in geriatric nursing, home health care, and managed long term care.

#### What MRC activities have you participated in lately?

The most recent activities I participated in with MRC are the "Train the Trainer" for the NorthHelp dialysis Pilot Program and the NYC MRC 4th Annual Symposium.

#### Are you involved in any other volunteer activities?

In the past I have participated in the Huabitat for Humanity Brush with Kindness program.

#### Why do you volunteer for NYC MRC?

I've lived in NYC for over 30 years, and volunteering is one way for me to give back. When I heard about the NYC MRC, I knew immediately I would join. Volunteering provides the chance for me to give back to the people in the community. It also provides the opportunity to develop new skills, meet new people, and build on existing experience and knowledge. I also wanted to be a part of an organization that focused on public health.

### Know The Threats Know Your Response Be Prepared

Individual and Family Threat Response Guides are now available on the NYC Department of Health and Mental Hygiene Website!

These guides address biological, chemical, cyber, weather, radiological/nuclear, pandemic, and explosive threats.

All response guides are available in 12 languages, including Spanish, Chinese, Korean, and Creole.

English-language FAQs are also available for a number of specific biological threats, including anthrax and smallpox.

Remember: personal preparedness is especially crucial for responders!

Find the guides [on our website](#).





## Upcoming Public Health Events

In collaboration with our community partners, MRC continues to provide blood pressure screenings at soup kitchens, food pantries, and churches throughout the city. We look forward to seeing you at one of these recurring events!

**To register for any or all of these events, go to** <https://a816-healthpsi.nyc.gov/MRCSelfServe/>

**Salvation Army, 520 50th St, Brooklyn**  
Tuesday, May 10th — 11:00am—1:00pm  
**Language:** Spanish, Chinese

**Our Lady of Perpetual Help, 526 59th St, Brooklyn**  
Sunday, May 22nd — 10:30 am—1:30 pm  
**Language:** Spanish

**Our Lady of Refuge, 2020 Foster Avenue, Brooklyn**  
Wednesday, May 25th — 10:30 am—12:30 pm  
**Language:** Creole

**Coney Island Lighthouse Mission, 2114 Mermaid Ave., Brooklyn**  
Thursday, May 26th — 10:30am —12:30pm  
**Language:** Spanish, Chinese

**Our Lady of Refuge, 2020 Foster Avenue, Brooklyn**  
Wednesday, June 1st — 10:30 am—12:30 pm  
**Language:** Creole

**Our Lady of Solace, 2866 West 17th St, Brooklyn**  
Sunday, June 5th— 10:00 am—1:00 pm  
**Language:** Spanish

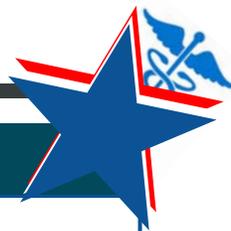
**Salvation Army, 520 50th St, Brooklyn**  
Tuesday, June 14th — 11:00am—1:00pm  
**Language:** Spanish, Chinese

**Our Lady of Refuge, 2020 Foster Avenue, Brooklyn**  
Wednesday, June 15th — 10:30 am—12:30 pm  
**Language:** Creole

**Coney Island Lighthouse Mission, 2114 Mermaid Ave., Brooklyn**  
Thursday, June 23rd — 10:30am —12:30pm  
**Language:** Spanish, Chinese

**Our Lady of Perpetual Help, 526 59th St, Brooklyn**  
Sunday, June 26th — 10:30 am—1:30 pm  
**Language:** Spanish





## Why Social Capital is Critical For Resilience

As we heard from Dr. Bedell at the NYC MRC Symposium, Social Capital and social connectedness is essential for communities to weather disasters and emergencies. Learn more about this concept and how it is applied to disaster and emergency events! **Dr. Daniel Aldrich**, Co-Director of the Master's Program in Security and Resilience at **Northeastern University**, will discuss how the strength of social capital predicts both survival and recovery in disasters. You will participate in a **Tabletop Exercise** and hear concrete recommendations for how city planners, disaster managers, and health officials can increase cohesion and cooperation in neighborhoods.

**Dates:** Wednesday, May 11th

**Time:** 6:00 pm — 8:00 pm,  
registration & light supper at 5:30pm

**Location:** Salvation Army, 120 W14th Street, Manhattan

**Registration:** <https://a816-healthpsi.nyc.gov/MRCSelfServe/>



## MRC Orientation

This training is an introduction to the NYC MRC program. It is a great overview for both new members and longtime members, and is the prerequisite for our most popular trainings. NYC MRC Orientation explores how MRC fits into the bigger emergency response picture, what NYC MRC members will do, what protections are offered, and what you can do to be prepared.

**Date:** Thursday, May 12

**Time:** 6:00 pm - 8:00 pm, registration & light supper at 5:30pm

**Location:** 125 Worth St, 3rd Floor Boardroom, Manhattan

**Registration:** <https://a816-healthpsi.nyc.gov/MRCSelfServe/>

New York City



## Zika Awareness & Community Health Fair

Join NYC MRC at the Community2Community 6th Annual Health Fair, "Hope and a Future," a Celebration of Haiti! NYC MRC will bring Zika awareness to local community at the Brick Arts & Media House in Brooklyn. We will also provide BP and BMI screenings.

**Date:** Saturday, May 14

**Time:** 12:00 pm - 5:00 pm

**Location:** 647 Fulton Street, Brooklyn

**Registration:** <https://a816-healthpsi.nyc.gov/MRCSelfServe/>



## AIDS Walk 2016

NYC MRC is excited to once again participate in the annual AIDS Walk! This fundraiser contributes to the work of GMHC, which provides invaluable clinical and social services to those affected by HIV/AIDS. To join the NYC MRC team and participate in this year's AIDS Walk, contact our office or follow the link below.

**Date:** Sunday, May 15th

**Time:** 8:30 am — 2:30 pm

**Location:** Central Park, 59th St & 5th Ave, Manhattan

**Registration:** <https://ny.aidswalk.net/Account/Register>





## Zika Training

Join us and Dr. Elaine Verneti, DOHMH, for a discussion of the latest information about Zika virus, the city's response, and the role of NYC MRC.

**Date:** Tuesday, May 17th, and Thursday, June 2nd

**Time:** 6:00 pm — 8:00 pm  
registration & light supper at 5:30pm

**Location:** CUNY School of Law, 2 Court Square, Queens

**Registration:** <https://a816-healthpsi.nyc.gov/MRCSelfServe/>



## CPR/AED PRO

In cooperation with NYCEM, NYC MRC is offering a CPR certification training. This half-day course will teach you how to perform CPR. The training will be held at the offices of New York City Emergency Management. Come learn a new skill, or refresh and old one!

**Date:** Sunday, May 21st

**Time:** 12:00 pm - 5:00 pm

**Location:** 165 Cadman Plaza East, Brooklyn

**Registration:** <https://a816-healthpsi.nyc.gov/MRCSelfServe/>



## Active Shooter

NYC MRC is pleased to host **FBI Special Agent Jin Kim** who will share his insights into active shooter events. An "active shooter" is an individual actively engaged in killing or attempting to kill people in a confined space or other populated area. Typically, the immediate deployment of law enforcement is required to stop the shooting and mitigate harm to victims. This training is appropriate for all professions and skill levels, and focuses on survival strategies in active shooter situations.

**Dates:** Tuesday, June 7th

**Time:** 6:00 pm - 8:00 pm  
registration & light supper at 5:30pm

**Location:** The Churchill School, 301 E 29th St.

**Registration:** <https://a816-healthpsi.nyc.gov/MRCSelfServe/>



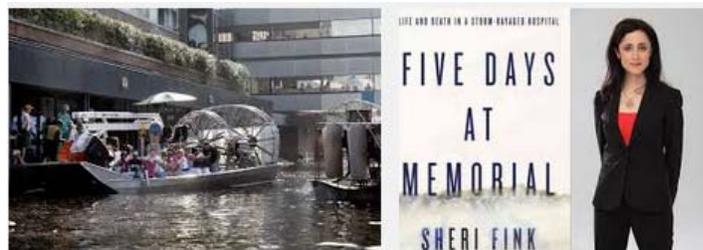
## Ethical Decision-Making in Disasters

### Coming in late June:

How do we provide the best care when the needs of our patients, neighbors, and friends exceeds the resources we have on hand? This question confronts responders in almost every disaster.

Join us as **Sheri Fink, MD, MPH**, author of **Five Days at Memorial**, and two time Pulitzer Prize winner, discusses the challenges inherent in delivering medical care during crises.

**Stay tuned for date and location.**





# 4th Annual NYC MRC Symposium



The 4th Annual NYC MRC Symposium, “Community Resilience Through Public Health,” focused on the relationship between a community’s day-to-day health status and its outcomes in a disaster.



Dr. Jane Bedell gave us a snapshot of the health needs of the Bronx, Kimberly Gill, PhD, taught us about the complexities of resilience, and Captain Rob Tosatto shared some of the ways MRC units across the nation are working to strengthen public health.



Our speakers helped to remind us the ways in which NYC MRC participation in events like community health fairs, and activities like blood pressure screenings, contribute to our city’s ability to withstand and recover from disasters and emergencies.



Thank you to our wonderful speakers for helping us explore the complex and multifaceted mission of MRC!





## MRC in Action Lenox Hill's Decon Drill



### Articles of Interest

**National MRC Quarterly Report** - This is the national MRC quarterly report . See what other MRCs are doing across the country, and check out the NYC MRC mention on page 6. [https://mrc-cms.icfwebservices.com/File/MRC\\_FY16\\_Quarter2\\_Report\\_Final.pdf](https://mrc-cms.icfwebservices.com/File/MRC_FY16_Quarter2_Report_Final.pdf)

**Margaret Steen, “Faking Chaos,” Emergency Management, February 22 2016.** Virtual reality simulations allow emergency managers to practice response and coordination.

**David Rath, “Emergency Medical Services Works on Improving Information Exchanges with Hospitals,” Emergency Management, March 10, 2016.** Across the country, healthcare providers and emergency services are working on information -sharing systems that allow better communication in disasters.