



New York City Medical Reserve Corps



October 2012

42-09 28 St., Queens NY 11101

347-723-1696

healthmrc@health.nyc.gov



EMERGENCY NOTIFICATION DRILL!!!

NYC MRC will conduct its quarterly Emergency Notification Phone & Email drills the week of Oct. 22nd. Please be sure to acknowledge these messages by following the directions given in each. The phone calls will come from the 518 area code. **IMPORTANT:** Phone messages cannot be acknowledged from your voicemail.

FDNY/Lenox Hill Hospital

On Saturday, September 22nd, 21 MRC members assembled at Lenox Hill Hospital to assist the NYC Fire in a full scale exercise. The scenario was a fire with heavy smoke and patient evacuation. MRC volunteers played the effected patients. Thanks to all of you who participated!



Why I Volunteer



Erick Washington

Name: Erick Washington

MRC Member since March 2011

Profession: Non-medical

What MRC/CCC activities have you participated in lately?

Hurricane Irene shelters

Disabilities Awareness training

Using Meters to Measure Radiation

FDNY Cruise Ship Evacuation Exercise

LIJ Hospital Pediatric Decon. Exercise

POD training

Building Cultural Competency Skills

Psychological First Aid

Are You Involved In Any Other Volunteer Activities?

New York Cares

Planned Parenthood

Bike New York

Schiff Scout Reservation

New York Search and Rescue

Skywarn Severe Weather Spotter

American Red Cross Greater New York

NARAL Pro-Choice New York

Amateur Radio Emergency Services

Transportation Alternative.ORG

Red Cross Chapter Tanzania East Africa

Why do you volunteer? I enjoy using my prior work experience and education to contribute to organizations and community MRC is a great way of doing that.

MRC and CERT Collaborate on a Flu Awareness Day

On September 27th, MRC, CERT and Columbia Presbyterian Hospital held a Flu Awareness Day outside the hospital. This initiative was part of the National Emergency Preparedness Month activities planned by OEM. MRC and CERT members distributed Ready N:Y pamphlets and reminded people to get their Flu shots.



Exercise Opportunity

Fri Oct. 12 - NYU Langone Medical Center Decon Exercise – 8:00 – 3:00pm

WE NEED YOU!!!

The Department of Emergency Management at NYU Langone Medical Center is gearing up for its annual full-scale decontamination exercise.. Part of the process for testing the NYULMC Decontamination Team includes the movement of mock patients through the decontamination showers. To make this process as realistic as possible, we are looking for volunteers who are willing to go through the decontamination process as mock patients (please note that this will include getting in the showers!). Mock patients are encouraged to wear bathing suits and bring a dry change of clothes. **BECAUSE OF CONSTRUCTION IN THE HOSPITAL, THIS EXERCISE IS NOT ADA ACCESSIBLE.**

Location: NYU Rusk Pavilion, 400 East 34TH Street (below First Avenue), Manhattan



MRC Training Opportunities

Wed., Oct. 10 – Planning for Mass Prophylaxis – 6:00 – 8:00pm

In the event of a biological emergency, such as anthrax, NYC would have to provide medication to all 8.3 million residents (and anyone else, such as tourists) within 48 hours. Learn about NYC plans for the Strategic National Stockpile of medications, where PODs will be set up, how medications will be dispensed, including the screening form that will be used, and what your role as an MRC member may be. This training is being conducted by David Starr, Director of Countermeasures and Response Team, and our colleagues, Seth Guthartz, Ryan McKay, Eric Medina, and Allison Scaccia.

Location: OEM, 165 Cadman Plaza East, Brooklyn, NY 11201



Tues., Oct. 23 –MRC REST Mental Health Responder Training - 9:00 – 5:00pm

What is the REST Team? The MRC REST (Resiliency and Emotional Support Team) is

comprised of a core group of qualified, trained mental health MRC professionals who, when activated, can be rapidly mobilized to provide on-site disaster mental health services. The REST team provides disaster mental health services such as information and referral, Psychological First Aid (PFA) and crisis counseling. These services might be provided on site within DOHMH and/or at City-designated response sites.

Who qualifies to be a MRC REST Responder? MRC orientation is a pre-requisite for this course. This training is for Mental Health professionals only.

You must have:

- A NYS license or certificate (i.e.- Social Worker, Psychologist, Psychoanalyst or therapist)
- Master's degree and at least two years
- Experience or 1 year experience with those experiencing trauma or Disaster
- Bachelor's degree and 2 years providing mental health services

****You only need to take this full day course once

Location: NYC Department of Health and Mental Hygiene, 42-09 28 St, Room 8-25 (John Snow) LIC, NY

Wed., Oct. 24 – MRC Orientation – 6:00 – 8:00pm

If you are new to MRC, or if you haven't taken the MRC Orientation, this training is highly recommended, and is a prerequisite for some MRC trainings. MRC Orientation will give you an overview of disaster response and where MRC fits into the picture, and will help you understand how MRC functions and what your responsibilities are as an MRC member. This training is conducted by Betty Duggan, NYC MRC manager.

Location: Newman Conference Center, Room H750 & Faculty Lounge, 151 East 25th Street, 7th Floor, Manhattan

Wed., Nov. 7 – PLEASE NOTE NEW DATE!!!!!!



Collaborating with FDNY on Exercises – 6:00 – 8:00pm

As you know, NYC MRC collaborates frequently with FDNY on exercises. Amanda Schmidt of the FDNY Center for Terrorism and Disaster Preparedness will meet with us to discuss MRC's roles in exercises, and what you can expect. This training is highly recommended for those who wish to participate in FDNY exercises.

Location: Churchill School, 301 East 29 St, Auditorium, Manhattan

Tues., Nov. 13 – MRC Orientation – 6:00 – 8:00pm

If you are new to MRC, or if you haven't taken the MRC Orientation, this training is highly recommended, and is a prerequisite for some MRC trainings. MRC Orientation will give you an overview of disaster response and where MRC fits into the picture, and will help you understand how MRC functions and what your responsibilities are as an MRC member. This training is conducted by Betty Duggan, NYC MRC manager.

Location: Churchill School, 301 East 29 St, Auditorium, Manhattan

Sat., Nov. 17 – Basic Disaster Life Support – 9:00 – 5:00pm

Dr. David Glotzer, DDS, and his colleagues at NYU Dental School, will conduct this full day training. The BDLS course is a competency-based, awareness-level course that introduces concepts and principles to prepare health professionals for the management of injuries and illnesses caused by disasters and public health emergencies. The aim is to improve the coordination of response in disasters and other public health emergencies by developing a common approach and language among multiple disciplines in the health care community. This course targets emergency medical service personnel, hazardous materials personnel, public health personnel and other health care professionals simultaneously and offers a review

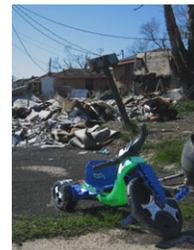
of natural disasters, traumatic and explosive events, nuclear and radiological events, biological events and chemical events. Information on the health care professional's role in public health and incident management systems, community mental health and special needs of underserved and vulnerable populations is also included in the BDLS course.

Location: NYU Dental School, 345 E 24 Street, Nagle Auditorium, Manhattan

Thurs., Nov. 29 – Pediatric Disasters – 6:00 – 8:00pm

Dr. Mike Frogel, Chairman of Pediatrics at Long Island Jewish Medical Center, and a member of the NYC Pediatric Disaster Coalition, will discuss what constitutes a pediatric disaster, how pediatric response is different from a general disaster, and how you may be expected to assist.

Location: Churchill School, 301 East 29 St, Auditorium, Manhattan



Fri., Nov. 30 – MRC REST Mental Health Responder Training – 9:00 – 5:00

(see description above).

Location: NYC Department of Health and Mental Hygiene, 42-09 28 St, Room 8-25 (John Snow) LIC, NY

Tues., Dec. 4 – Field Preparedness - 6:00 – 8:00pm

Conducted by the OEM Training Unit, this course will walk you through the progression of an incident from pre-deployment through demobilization. Each phase includes information detailing how OEM Watch Command, Response and EPC support interagency coordination and communication and how the Citywide Incident Management System (CIMS) ties the whole operation together. This course then describes incidents that may require field deployment of non-Operations personnel. It covers rules and guidelines for deployment, reporting structure, proper tools and equipment, what to expect and how to prepare yourself operationally and mentally for your role in the field response. **Prerequisites: MRC Orientation, ICS 100a, ICS 200b.**

Location: OEM, 165 Cadman Plaza East, Brooklyn, NY

To register for MRC trainings, please send an email to: healthmrc@health.nyc.gov with the name and date of the training in the subject line, and please include your name, license type, phone and email. A light supper will be served at each training.

Articles of Interest

ASPR Twitter challenge sparks innovation in tracking local health trends *New web-based app leverages Twitter for real-time early warning of disease outbreaks*

Local public health officials can use a free new Web-based application, MappyHealth [\(http://www.mappyhealth.com/\)](http://www.mappyhealth.com/), to track health concerns in real time in their communities using Twitter, the U.S. Department of Health and Human Services' Office of the Assistant Secretary for Preparedness and Response (ASPR) announced today. **MappyHealth** is the winning submission of 33 applicants in a developers' challenge, "Now Trending: #Health in My Community," sponsored by ASPR. Health officials can use data they gain through the app to complement other health surveillance systems in identifying emerging health issues and as an early warning of possible public health emergencies in a community. To read more, go to: <http://www.hhs.gov/news/press/2012pres/09/20120913a.html>

PSY 2902/VUL 2806 State of the Science: The Health and Mental Health Consequences of Catastrophic Events

In this free online certificate course, affiliated NCDP faculty Sandro Galea, MD, DrPH, discusses the public health consequences of the 9/11 attacks on post-traumatic stress disorder, depression, and the interrelation between mental health and physical health. He asserts that research on the health consequences of large scale traumatic events has advanced significantly in the past 10 years, and that it is now possible for public health workers to gain a much better understanding of the medium and long term consequences of traumatic events, which in turn can improve planning and mitigation efforts.

To register/enroll in Dr. Galea's course, click here:

<http://ncdp.crlctraining.org/catalog/course.asp?id=7&cid=3>

Emergency Response to the shootings in Aurora, Colorado

This is a link to a story about a hospital's response to the movie theatre shooting in Aurora, Colorado. They used EMS systems and put themselves on divert and do a bed availability request. This hospital plans to do monthly drills and training exercises after this event. Story also highlights the importance of the hospital's liaison officer's role in communicating with the local EOC, hospitals and community partners. Also goes to show that the warning period for hospitals and the time they receive patients is very little in time.

<http://www.emergencymgmt.com/safety/One-Hospitals-Incredible-Response-to-the-Aurora-Colo-Mass-Shooting.html>