



New York City Medical Reserve Corps



September 2011

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347-723-1696

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September is Preparedness Month

Be Prepared! Update your MRC Record

With the 10th anniversary of September 11th, we pause to remember all those we lost in NYC. The September 11th terrorism attack was the impetus for the creation of the Medical Reserve Corps. But MRC is only as strong as the accuracy of our records. We rely on the information in the data base to contact you in the event of a disaster or emergency. We need you to keep your information up to date.

Please take a moment to go on line at:
<https://apps.nyhealth.gov/vms/appmanager/vms/public?prog=34> to update your record.

If you cannot remember your password, click on forgot password to answer the security questions you selected or please call Haddie Lizasuain at 347-396-2713 with your updates. Thank you for being a member of the NYC Medical Reserve Corps.

Are you and your family prepared? Find out.

Follow the link below to Columbia Regional Learning Center's Preparedness Wizard. You enter basic information about your household (this information is not saved) and you will learn what you need to be ready for emergencies and disasters. Go to:

<http://www.ncdp.mailman.columbia.edu/PrepWiz/PrepWizBeta.html>

Why I Volunteer



Name: Priscilla Gonzalez
MRC Member since 2004
Profession: Registered Dental Hygienist

What MRC activities have you participated in lately?

- *Psychological First Aid
- *Understanding SNS
- *POD functional exercise
- *Basic Life Support
- *Building Cultural Competency Skills

What other volunteer activities are you involved in?

- *Dental hygiene workshops in the community
- *Volunteer Chaplain in hospitals, hospice and NYS prisons

Why do you volunteer? It is an honor and a privilege to be part of this amazing and vital group of volunteers that is making a difference in NYC and other places it serves. The MRC takes very seriously the true meaning of preparedness. Every training or exercise has the purpose to prepare the volunteers to better serve in their capacities.

Being part of NYC MRC has been tremendously rewarding!

Hurricane Irene Response



Health Commissioner Farley and NYC MRC members at the Hurricane Irene Hotwash

MRC members answered the call to help in hurricane shelters during Hurricane Irene despite all the challenges: stormy weather, difficulty with notifications, and no subways or buses. This was the largest NYC MRC activation to date, with over 200 intrepid NYC MRC members who made their way to



MRC members at John Jay College

Special Medical Needs Shelters and general shelters to provide health care support and to help in whatever way they were needed. Although members were asked to work 12 hour shifts, many worked 24, 36 and even 40 hours to ensure that



MRC members at York College

medical care was available to evacuees. We've heard stories of MRC members buying



Pet accommodations at York College

supplies for shelters, creating entertainment areas for children, even creating talent shows for the children so they would have something to do. Shelters even provided a safe haven for pets. Kudos to all of you who served.

I have heard over and over how impressed other staff and city officials were by MRC members. As the commissioner stated at the MRC Hotwash meeting, "We could not have done it without you. You are our heroes".



Nursing station at York College

Training Survey

Thanks to all of you who attended our trainings this year.

We need your help!

In order to improve our training plans and include topics you are most interested in, we are conducting a Training Survey. We would like your feedback to help us shape our future trainings. Please take a minute to follow this link and answer our training survey. It's 8 brief questions and will really help us to evaluate our trainings. **If you haven't already**

responded, please go to:

<http://www.surveymonkey.com/s/MRC2011TrainingSurvey>

Thanks so much for your help!



September 2011 MRC Trainings

The full Fall Training Schedule for MRC is now available. See attached listing. All trainings include a light lunch or supper.

Thurs, Sept 15

MRC Orientation –New Location: 125 Worth St, 3rd Floor Board room, Manhattan. This training will provide an overview of NYC MRC and how it fits into the NYC emergency response plan. This training is a pre-requisite for many other MRC trainings.

Thurs, Sept 22

Disabilities Awareness for Emergency Responders I – New Location: 125 Worth St, 3rd floor Board Room, Manhattan. This is a small group workshop led by Harilyn Russo of the Center for Independence for the Disabled in NY (CIDNY) challenges you to Understand the need to balance independence and support for those with disabilities. This training is a pre-requisite for Disabilities

Awareness II. MRC Orientation is a pre-requisite for this class.

NY MRC Membership

5,739 members strong!

Nurses, NP, LPN	1,740
Mental Health	1,174
Doctors	1,150
EMTs	238
Dentists	225
Pharmacists	158
PAs	156
PTs	99
OTs	55
Respiratory	37
Veterinarians	28

Wed, Sept 28 All Hazards Training for Mental Health Professionals –

Location: 42-09 28th Street, (Room 14-43) Long Island City.

This full day training will prepare you to respond as mental health professionals. At the end of this training, you will become part of the Resiliency and Emotional Support Team (REST) that works closely with the Mental Health staff of DOHMH to support both staff and victims in the event of a disaster or emergency.

MRC Orientation is a prerequisite for this course. These trainings are for **mental health professionals only. You must have:**

*NY State License or Certificate as a (SW, Counselor, Therapist or Qualified Psychiatrist

*Master degree and at least 2 years of full time experience providing MH Services or 1 year of experiences providing services to those experiencing traumas or disasters

*Bachelors degree and 2 years of experience providing MH services. **You need only take this course once.**

(Trainings: continued next page)

Wed, October 5th

Mass Prophylaxis –

Location: American Red Cross in Greater New York, 520 West 49th St., NY, NY 10019

– Learn from the experts! This training will be conducted by NYC subject matter experts who will share with you the plan to medicate NYC residents in the event of a biological event, such as an epidemic like H1N1 or a bioterrorism event. If you've seen "Contagion" you know that planning for these events is essential to all of our well-being. David Starr will give an overview, then Eric Medina will give a briefing on the pharmacy initiative, Allison Scaccia will review the Alternate Distribution Plan, Seth Guthartz will describe how the sites are selected and cataloged and Ryan McKay will review the new POD plan, including express line, screening form and Medical Evaluation recommendations. Don't miss this in-depth look at disaster and emergency planning.

To Register for any of the above MRC trainings, please send an email to healthmrc@health.nyc.gov Please include the names of the trainings in the subject line, and your name, licensure, phone number and email in the body of the message

For complete list of Fall 2011 trainings please see attachment.