



In this newsletter:

- * Public Health and NYC MRC.....1
- * Volunteer Spotlight of the Month.....1
- * Volunteer Opportunities2
- * National Preparedness Month Kick Off3
- * Upcoming Trainings4
- * MRC in Action.....5
- * RAMPEX6

Public Health Events and NYC MRC.

You may have noticed that NYC MRC is participating in many public health events lately, and you may be wondering what this has to do with disaster and emergency response.

Research has shown that resilient communities can respond and recover from disasters more quickly. By providing blood pressure screenings and education,

NYC MRC members are helping individuals and communities to improve their health, which improves outcomes during emergencies.

We will also be introducing our new Emergency Preparedness games this month. Come on out and volunteer and help people get healthy for today and for the future!



Why I Volunteer



Sharon Waldron, RN, BSN

How many years have you been a member of NYC MRC? Since April 2010

What is your profession?
RN, BSN

What MRC activities have you participated in lately? (trainings, exercises, etc.)?
NYC DYCS Father's day event, National HIV Testing Day, Extreme Weather Training, MRC Orientation, Really Cool Radiological Stuff training, FDNY Explosion in a Tunnel Exercise

Are you involved in any other volunteer activities?
Briarwood Action Network

Why do you volunteer for NYC MRC?
I volunteer for NYC MRC for a wide variety of reasons. It is a way of paying back those who help me on the road to success. Volunteering for NYC MRC is providing incredible, valuable and fulfilling services to communities. It helps to make our planet a better and happier place. NYC MRC unites people from diverse backgrounds to work toward a common goal during emergencies or disasters. The staff are appreciative of all our efforts. Among members and other groups (FDNY, MTA, NYPD) there is a sense of teamwork and camaraderie. Every person counts!

Volunteers Needed!



September Public Health Events:

Health First is sponsoring another Health and Wellness Expos in an underserved location in NYC. They expect over 2,500 visitors and they have invited MRC to do hypertension education.

Dr. Greene Playground, Brownsville, Brooklyn, NY—September 20, 2014 THIS EVENT IS FULL.

Virginia Day Nursery Prep Rally— Saturday, Sept. 27, 2014

463 E. 10 St, Manhattan

10:30 am—3:00pm

This event is being billed as an Emergency Preparedness Rally. We will conduct blood pressure screenings and also conduct emergency preparedness games.

If you are willing to participate in any of these events, please send an email to: healthmrc@health.nyc.gov

Please include your name, location you would like to serve, profession, phone number and email



Veterinarians and Vet Techs Needed!

DOHMH Bureau of Veterinary Services is offering free rabies vaccinations in underserved communities

MRC veterinarians and vet techs have been asked to help with vaccinations, and will be crucial to the success of these free pet clinics. We will need 6 veterinarians at each event.

We can also use one or two non medical MRC members to help at each site.

Sun., Sept 14, Salt Marsh Nature Center, Marine Park, Brooklyn

Sat., Sept 20 Blue Heron Nature Center, Staten Island

Sat., Oct 18 Pelham Fitz Rec Center, Marcus Garvey Park, Manhattan

9:30 am—2:00 pm (open to public 10—2)

If you are willing to participate in any of these events, please send an email to: healthmrc@health.nyc.gov Please include your profession and phone number and the event you wish to participate in.



Volunteer for National Preparedness Month

National Preparedness Month is a national initiative that occurs every September when organizations and agencies across the country host events throughout the month to promote community preparedness.

Once again this year NYC MRC will partner with OEM and other agencies to kick off the month on **Friday, September 5th** at transportation hubs throughout all five boroughs (approximate 6AM-6PM). This is always a fun event that volunteers for many different organizations get involved with. If you are interested in volunteering for a shift at one of the sites this year please sign up through Eventbrite at the below links.

Volunteers Needed:

Help package and hand out Ready New York materials to commuters and other pedestrians

Answer any questions that people may have about emergency preparedness/OEM

Assist in set up/breakdown of site

Shifts are from 6-12 and 12-6 at each of these locations.

OEM is coordinating this event

CLICK ON THE LINK TO REGISTER TO VOLUNTEER:

Brooklyn - Borough Hall <http://npmbrooklyn.eventbrite.com>

Manhattan - Herald Square <http://npmmanhattan.eventbrite.com>

Queens - Jamaica Center <http://npmqueens.eventbrite.com>

Bronx - Fordham Plaza <http://npmbronx.eventbrite.com>

Staten Island - TBD <http://npmstatenisland.eventbrite.com>

Please wear your MRC shirt and show your MRC pride!



Upcoming MRC Trainings

New York City



MRC Orientation

Date: Thursday, September 18th

Location: 125 Worth St., 3rd Floor Boardroom, Manhattan

Time: 6:00pm – 8:00pm - training

5:30 – registration and light supper

To register, go to: <https://www.eventbrite.com/e/nyc-medical-reserve-corps-orientation-registration-6726815085>

This training is an introduction to NYC MRC. It is a great overview for both new members and longtime members, and is the prerequisite for our most popular trainings. Orientation covers how MRC fits into the bigger emergency response picture, what NYC MRC members will do, what protections are offered, and what you can do to be prepared.

Radiation Injury Treatment Training



Date: Tuesday, September 23

Location: Memorial Sloan Kettering Cancer Center

1275 York Avenue, Room M107, Manhattan (Between 67 & 68th Street)

Time: 6:00—8:00 pm

5:30—6:00pm registration and light supper

To register, go to:

The Radiation Injury Treatment Network (RITN) will share their treatment plan for NYC in the event of a radiological event. The RITN provides comprehensive evaluation and treatment for victims of radiation exposure or other marrow-toxic injuries. This training will be given by Larry Dauer, Ph.D who is the Radiation Safety Manager and Chair of Memorial Sloan Kettering's Emergency Management Committee as well as a member of RITN. With over 25 years in the field of radiation protection and health physics, Dr. Dauer will discuss the role of RITN and how it fits into a response, what a victim profile would look like, and what treatments



Weapons of Mass Destruction Training

Date: Sunday, September 28th

Location: Office of Emergency Management (OEM)

165 Cadman Plaza East, Brooklyn, NY 11201

Time: 9:00—5:00 (lunch will be provided)

This course standardizes the minimum WMD awareness level training delivered by the Department of Homeland Security. The class covers terrorism, weapons of mass destruction (WMD), target assessment, and the awareness level mantra: **RAIN** (**R**ecognize, **A**void, **I**solate, and **N**otify). Upon successful completion of this class a certificate will be issued from the Center for Domestic Preparedness. This training is being offered by the Office of Emergency Management (OEM).

Due to the sensitive materials in this course, you must be a US citizen, and you must have a FEMA SID number. **To obtain a FEMA SID number, go to:** <http://www.usfa.fema.gov/nfa/about/attend/ftin.shtm>

To register for this training you must also go to: <http://bit.ly/1n4V5at>

NYC MRC in ACTION

Lower East Side Summerfest August 8, 2014



South Bronx Health Fair August 9th



FDNY MTA Tunnel Exercise Aug. 14th



Harlem Health Fair Aug. 23rd



UPDATE YOUR RECORD!

We rely on the data in ServNY to reach you in times of emergency or disaster, so it's very important to keep your record up to date. You can do this in three ways:

•go to: <https://apps.health.ny.gov/public/publogin.html>

and update your own record,

•send your new data to: healthmrc@health.nyc.gov

•call us at: 347-396-2689 or 347-396-2713

RAMPEx

On August 1, NYC attempted what no other jurisdiction has ever done before. With no-notice, NYC deployed hundreds of staff to 30 sites citywide, setting up PODs (Points of Dispensing Clinics) using supplies delivered by 22 trucks escorted by over 30 law enforcement officers from 3 jurisdictions, all coordinated from a central POD Operations Center and Transportation Security Group. Within 10 hours of staff arrival, all 30 PODs were ready to receive the public to distribute prophylaxis. That is an incredible achievement. This exercise taught DOHMH staff what we did well and what needs improvement, but most importantly, we proved that we can do this.



Get in on the Action Today!

New York City
medical reserve corps

"New York City Medical Reserve Corps"
<https://www.facebook.com/NYCMRC>

connect. prepare. respond.
www.nyc.gov/medicalreservcorps