Harm from Other People’s Drinking in New York City

- Alcohol consumption is associated with harm to others.
- In 2012, more than one in five (22%) adult New Yorkers reported experiencing at least one of the following harms in the past six months due to someone else’s drinking: being insulted or humiliated (7%); getting in a serious argument (7%); being pushed, hit or assaulted (3%); experiencing property damage (3%); having to “babysit” or care for someone who had too much to drink (8%); sleep interruption (9%); and experiencing unwanted sexual advances (3%).

Select demographic characteristics of New York City (NYC) adults who experienced any harm due to someone else’s drinking compared with all NYC adults, 2012

<table>
<thead>
<tr>
<th>Percentage</th>
<th>All NYC adults</th>
<th>NYC adults who experienced harm</th>
</tr>
</thead>
<tbody>
<tr>
<td>Men</td>
<td>47%</td>
<td>49%</td>
</tr>
<tr>
<td>Ages 18-34</td>
<td>35%</td>
<td>48%</td>
</tr>
<tr>
<td>Spent time with people who were drinking (past 30 days)</td>
<td>52%</td>
<td>71%</td>
</tr>
</tbody>
</table>

Source: New York City Alcohol Survey

- Among adults in New York City (NYC) who reported experiencing any harm, half (49%) were men and 48% were ages 18 to 34 years.
- Half (52%) of NYC adults spent time with other drinkers in the past 30 days, compared with almost three quarters (71%) of adults who reported any harm.

Both non-drinkers and drinkers reported they experienced harm due to someone else’s drinking

- In NYC, more than half (53%) of all adults were non-drinkers, 33% non-binge drinkers, and 14% binge drinkers.
- Among adults who experienced any harm in the past six months due to other people’s drinking, 45% were non-drinkers, 29% were non-binge drinkers, and 26% were binge drinkers.

Alcohol consumption patterns among all New York City (NYC) adults and among those who experienced harm due to someone else’s drinking, 2012

<table>
<thead>
<tr>
<th>Percentage</th>
<th>All NYC adults</th>
<th>NYC adults who experienced harm</th>
</tr>
</thead>
<tbody>
<tr>
<td>Non-drinkers</td>
<td>53%</td>
<td>45%</td>
</tr>
<tr>
<td>Non-binge drinkers</td>
<td>33%</td>
<td>29%</td>
</tr>
<tr>
<td>Binge drinkers</td>
<td>14%</td>
<td>26%</td>
</tr>
</tbody>
</table>

Source: New York City Alcohol Survey

Data Source
NYC Alcohol Survey
5,041 NYC residents ages 18 and older with NYC cell phone or landline telephone numbers were randomly selected in September and October 2012 for the survey. Data are weighted and stratified to the NYC population using the 2010 Census and 2010 American Community Survey. The survey was made possible by funding from the Centers for Disease Control and Prevention.

Data for this Brief are drawn from questions introduced as follows:
In the past six months have you experienced any of the following because of other people’s drinking?
- Insulted or humiliated
- Serious argument or quarrel
- Pushed, hit or assaulted
- Property damage
- “Babysat” or took care of another person who drank too much
- Sleep interrupted
- Unwanted sexual advance
Those who responded “yes” were asked two follow-up questions:
- Did you have that experience with someone you knew (i.e. a family member or friend) or a stranger, or both?
- Did that happen once, twice, or more often?

Definitions
Binge drinker: consumed four or more drinks for women or five or more drinks for men on at least one occasion in the past 30 days.
Non-binge drinker: consumed at least one alcoholic drink but did not binge drink in the past 30 days.
Non-drinker: did not consume at least one alcoholic drink in the past 30 days.

For more information on alcohol use, check out the following Health Department resources:
- Epi Data Brief: Alcohol Use and Health Risk Behaviors among NYC Youth
- Vital Signs: Health Consequences of Alcohol Use in NYC
• Non-drinkers and non-binge drinkers made up over three quarters (76%) of all reports of being insulted or humiliated.

• Two thirds (67%) of adults who reported serious arguments or quarrels were non-drinkers (38%) and non-binge drinkers (29%).

• Over six in ten (61%) adults who reported an unwanted sexual advance due to someone else’s drinking were non-drinkers (36%) or non-binge drinkers (24%).

New Yorkers report most harm from friends or family

Type of harm experienced due to someone else’s drinking by relationship type, New York City, 2012

- Three quarters (75%) of adults who were insulted or humiliated said it involved someone they knew, such as a family member or friend.

- Over four in five adults who reported a serious argument or quarrel (85%) said the harm involved someone they knew.

- Three in five adults (61%) who reported being pushed, hit or assaulted said they were harmed by someone they knew.

- Fifty-nine percent of adults reported that their unwanted sexual advance involved someone they knew.

New Yorkers who experience harm do so frequently

Type of harm experienced due to someone else’s drinking by number of episodes, New York City, 2012

- Over half of NYC adults who experienced any harm (except for property damage) reported it happened more than once.

- Of those who reported being pushed, hit or assaulted, over a quarter (28%) said it occurred three or more times.

- Half (50%) of those who reported an unwanted sexual advance said it happened on three or more occasions.

MORE New York City Health Data and Publications

- For complete tables of data presented in this Brief, visit nyc.gov/html/doh/downloads/pdf/epi/datatable46.pdf

- Visit EpiQuery – the Health Department’s online, interactive health data system at nyc.gov/health/EpiQuery

Data and Statistics at nyc.gov/health/data