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The New York City Community Health Survey (CHS) is a telephone survey conducted annually by the NYC Department of Health and Mental Hygiene, Division of Epidemiology, Bureau of Epidemiology Services. CHS provides robust data on the health of New Yorkers, including both neighborhood and citywide estimates on a broad range of chronic diseases and behavioral risk factors.

CHS is based on the National Behavioral Risk Factor Surveillance System (BRFSS), conducted by the Centers for Disease Control and Prevention. The CHS is a cross-sectional survey that samples approximately 10,000 adults ages 18 and older from all five boroughs of New York City – The Bronx, Brooklyn, Manhattan, Staten Island and Queens. A computer-assisted telephone interviewing (CATI) system is used to collect survey data, and interviews are conducted in a variety of different languages. All data collected are self-report.

CHS 2007 used a stratified random sample in order to produce citywide and neighborhood-specific estimates. Cross-sectional samples were identified in each borough, and strata were then defined using the United Hospital Fund’s (UHF) neighborhood designation. There are a total of 42 UHF neighborhoods in NYC, each defined by several adjoining zip codes. To increase statistical power, several neighborhoods were combined, resulting in a total of 34 neighborhoods. Approximately 300 interviews were conducted in each of the 34 strata, with a total sample size of 9,554, a response rate of 14% and a cooperation rate of 79%.


Reading the maps: Darker color gradients and larger point size represents higher percentages for a given variable, represented by quartiles. For example, in the map below, neighborhoods with darker color have a higher percentage of obesity, and those with larger circles have a higher percentage of diabetes. Areas that include unreliable estimates that should be interpreted with caution are identified with a hatching pattern, and areas where no estimate could be calculated or that are not covered by a UHF neighborhood (e.g., Central Park) are identified as gray areas. Maps include necessary notes reflecting age-adjusted percentages or other key information for selected variables. The maps are designed to allow readers to copy any given map and paste it into another document.

References


Suggested Citation


Acknowledgements

Catherine Corey  Jill Rauffman  Donna Eisenhower  Susan Resnick  Kevin Konty  Lorna Thorpe  Yvonne Hong  Charles Wu
General Physical and Mental Health

Frequent mental distress (13+ days in the past month)
- 5.6% - 9.2%
- 9.3% - 12.1%
- 12.2% - 13.8%
- 13.9% - 18.3%

Estimate should be interpreted with caution.

*Percentages are age adjusted.

Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH

Fair or poor self-reported health
- 7.7% - 17.2%
- 17.3% - 22.6%
- 22.7% - 27.2%
- 27.3% - 33.1%

*Percentages are age adjusted.

Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH

Senior social isolation
- 6% - 14.2%
- 14.3% - 17%
- 17.1% - 19.2%
- 19.3% - 29.3%

Estimate should be interpreted with caution.

*Percentages are age adjusted.

Results restricted to adults aged 45 and older. Risk for social isolation is determined by a modified version of the Lubben Social Network Scale.

Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH

History of depression
- 7.1% - 11.9%
- 12% - 14.9%
- 15% - 19.1%
- 19.2% - 23.2%

*Percentages are age adjusted.

Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH
Obesity

- 7.3% - 17.9%
- 18% - 22.5%
- 22.6% - 28.6%
- 28.7% - 39.2%

*Percentages are age adjusted.

Obesity is based on Body Mass Index (BMI), calculated from self-reported weight and height. A BMI of 30 or greater is classified as obese.

Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH

Diabetes ever

- 4.1% - 6.1%
- 6.2% - 9%
- 9.1% - 11.1%
- 11.2% - 16%

Estimate should be interpreted with caution.

*Percentages are age adjusted.

Women who had diabetes only while pregnant are not included in these prevalence estimates.

Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH

Drank two or more sugar-sweetened sodas per day

- 1.4% - 5.2%
- 5.3% - 8.1%
- 8.2% - 10.9%
- 11% - 17.4%

Estimate should be interpreted with caution.

*Percentages are age adjusted.

Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH

Obesity based on Body Mass Index (BMI), calculated from self-reported weight and height. A BMI of 30 or greater is classified as obese.

Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH
Obesity

- 7.3% - 17.9%
- 18% - 22.5%
- 22.5% - 28.6%
- 28.7% - 39.2%

Physical activity at Healthy People 2010 levels

- 30.7% - 38.4%
- 38.5% - 42.3%
- 42.4% - 45%
- 45.1% - 52.9%

Walked/biked for transportation in the past month

- 52.7% - 62.4%
- 62.5% - 67.8%
- 67.9% - 71.9%
- 72% - 86.5%

*Percentages are age adjusted.

Rode bicycle several times per month in past year

- 3.5% - 6.9%
- 7% - 8.7%
- 8.8% - 11.5%
- 11.6% - 14.9%

*Percentages are age adjusted.

HP2010 physical activity recommendations for adults: five or more moderate sessions per week lasting at least 30 minutes each, or three or more vigorous sessions lasting at least 20 minutes each.

Estimate should be interpreted with caution.

*Percentages are age adjusted.

Source: NYC Community Health Survey 2007

Bureau of Epidemiology Services, NYC DOHMH
Access to Health Care

### Uninsured
- 5.1% - 13.1%
- 13.2% - 17.2%
- 17.3% - 21.3%
- 21.4% - 30.7%

Estimate should be interpreted with caution.

*Percentages are age adjusted.

Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH

### Has a personal doctor/provider
- 69.5% - 76.7%
- 76.8% - 81.1%
- 81.2% - 84.3%
- 84.4% - 90.5%

*Percentages are age adjusted.

### Saw personal doctor/provider in past year
- 82.3% - 85.3%
- 85.4% - 87.9%
- 88% - 89.8%
- 89.9% - 94.7%

Estimate should be interpreted with caution.

*Percentages are age adjusted.

Results restricted to adults who report having a personal provider.

Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH

### Saw any medical provider in past year
- 78.8% - 84.2%
- 84.3% - 85.3%
- 85.4% - 88.4%
- 88.5% - 94%

Estimate should be interpreted with caution.

*Percentages are age adjusted.

Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH
Has a managed care plan
- 69.2% - 77.4%
- 77.5% - 81.3%
- 81.4% - 84.2%
- 84.3% - 88.9%

*Percentages are age adjusted.
Results restricted to insured adults.

Estimate should be interpreted with caution.

Did not get needed medical care in past year
- 4.8% - 8.1%
- 8.2% - 11.4%
- 11.5% - 13.1%
- 13.2% - 21.8%

*Percentages are age adjusted.
Estimate should be interpreted with caution.

Did not get needed prescription in past year
- 4.6% - 8.4%
- 8.5% - 10.4%
- 10.5% - 12.6%
- 12.7% - 16.5%

*Percentages are age adjusted.

Flu vaccination in past year
- 25.1% - 35.5%
- 35.6% - 40.3%
- 40.4% - 49.5%
- 49.6% - 55.5%

*Percentages are age adjusted.
Results restricted to adults aged 50 and older.

Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH
Access to Health Care

Did not get needed dental care in past year

- 6.4% - 9.3%
- 9.4% - 12.7%
- 12.8% - 14.8%
- 14.9% - 19%

*Estimate should be interpreted with caution.

*Percentages are age adjusted.

Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH

Had a dental visit in the past year

- 52.2% - 58.3%
- 58.4% - 61.6%
- 61.7% - 67.1%
- 67.2% - 77.1%

*Percentages are age adjusted.

Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH

Did not get needed medical care in past year

- 4.8% - 8.1%
- 8.2% - 11.4%
- 11.5% - 13.1%
- 13.2% - 21.8%

Uninsured

- 5.1% - 13.1%
- 13.2% - 17.2%
- 17.3% - 21.3%
- 21.4% - 30.7%

*Estimated should be interpreted with caution (medical care or uninsured).

*Percentages are age adjusted.

Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH
Blood Pressure and Cholesterol

Currently on blood pressure medication
- 32.4% - 53.9%
- 54% - 60.9%
- 61% - 66.1%
- 66.2% - 76%

Estimate should be interpreted with caution.

*Percentages are age adjusted.

Ever told high blood pressure by medical provider
- 17% - 22.5%
- 22.6% - 28.8%
- 28.9% - 32.4%
- 32.5% - 36.3%

*Percentages are age adjusted.

Results restricted to adults who had ever been told they had high blood pressure.

Ever told high cholesterol by medical provider
- 22.4% - 28.1%
- 28.2% - 31.6%
- 31.7% - 36%
- 36.1% - 37.8%

*Percentages are age adjusted.

Cholesterol screening in the past five years
- 71.2% - 79.4%
- 79.5% - 82.9%
- 83% - 84.4%
- 84.5% - 91.3%

*Percentages are age adjusted.

Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH
Cancer Screening

Breast cancer screening (mammography) in past two years
- 61.9% - 71%
- 71.1% - 74.3%
- 74.4% - 77.8%
- 77.9% - 82.8%
*Estimate should be interpreted with caution.

Breast cancer screening results restricted to women aged 40 and older.

Cervical cancer screening (Pap test) in past three years
- 57.5% - 76.6%
- 76.7% - 81.7%
- 81.8% - 84.7%
- 84.8% - 90.3%
*Estimate should be interpreted with caution.

Cervical cancer screening results restricted to women.

Colon cancer screening (colonoscopy) in past 10 years
- 47.5% - 57.6%
- 57.7% - 62.1%
- 62.2% - 68%
- 68.1% - 76.9%
*Percentages are age adjusted.

Results restricted to adults aged 50 and older.

Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH
Cigarette Smoking and Alcohol

Current smoker

- 11.6% - 14.6%
- 14.7% - 17.5%
- 17.6% - 20.1%
- 20.2% - 27%

*B警惕 percentages are age adjusted.

Began smoking between ages 13 and 17

- 30% - 42.5%
- 42.6% - 49.3%
- 49.4% - 51.5%
- 51.6% - 64.3%

*B警惕 percentages are age adjusted.

Results restricted to current and former smokers.

Binge drinking

- 7.3% - 10.4%
- 10.5% - 14.6%
- 14.7% - 17.7%
- 17.8% - 29.8%

*Estimate should be interpreted with caution.

*B警惕 percentages are age adjusted.

Binge drinking is defined as five or more drinks on one occasion in the past 30 days.

Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH

Current smoker

- 11.6% - 14.6%
- 14.7% - 17.5%
- 17.6% - 20.1%
- 20.2% - 27%

*Estimate should be interpreted with caution (binge drinking).

*B警惕 percentages are age adjusted.

Binge drinking is defined as five or more drinks on one occasion in the past 30 days.

Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH
Asthma and Environmental Health

Asthma ever
- 7.1% - 10.5%
- 10.6% - 12.4%
- 12.5% - 14.9%
- 15% - 20%

*Percentages are age adjusted.

Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH

Air conditioner in home
- 73.7% - 82.8%
- 82.9% - 88.3%
- 88.4% - 92.2%
- 92.3% - 95.1%

*Percentages are age adjusted.

Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH

Neighborhood Income
- Very Low Poverty (<10%)
- Low Poverty (>=10% - <20%)
- Moderate Poverty(>=20% - <30%)
- High Poverty(>=30%)

*Percentages are age adjusted.

Poverty is categorized by the percent of residents in each neighborhood living below the federal poverty level

Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH
U.S. Census 2000/NYC Department of City Planning
HIV Testing and Condom Use

HIV test recommended by a health provider in the past year

- 3.3% - 6.9%
- 7% - 10.2%
- 10.3% - 13.4%
- 13.5% - 26.1%

Estimate should be interpreted with caution.

*Percentages are age adjusted.

HIV testing in the past year

- 14.1% - 18.8%
- 18.9% - 27.6%
- 27.7% - 34.7%
- 34.8% - 51.7%

*Percentages are age adjusted.

Condom use at last sex (opposite-sex partners)

- 12.6% - 25.8%
- 25.9% - 32%
- 32.1% - 34.9%
- 35% - 49.5%

Estimate should be interpreted with caution.

*Percentages are age adjusted.

Results restricted to adults with at least one opposite-sex sex partner in the past year.

*Percentages are age adjusted.

Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH
Poverty is categorized by the percent of residents in each neighborhood living below the federal poverty level.
Technically the New York City jail at Rikers Island is part of the Bronx, although it has a Queens ZIP code (11370). Therefore, for rates and numbers presented by borough, Rikers cases are included with other Bronx cases. For the rates and numbers presented by ZIP code and UHF neighborhood, Rikers is included in ZIP code 11370 and in the UHF neighborhood of West Queens.
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<td>The Northeast Bronx</td>
<td>10466, 10469, 10470, 10475</td>
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<td>103</td>
<td>Fordham/Bronx Park</td>
<td>10458, 10467, 10468</td>
<td>Bronx</td>
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<td>104</td>
<td>Pelham/Throgs Neck</td>
<td>10461, 10462, 10464, 10465, 10472, 10473</td>
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<td>Greenpoint</td>
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<td>The Rockaways</td>
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<td>501/502</td>
<td>Northern Staten Island</td>
<td>10301, 10302, 10303, 10304, 10305, 10310</td>
<td>Staten Island</td>
</tr>
<tr>
<td>503/504</td>
<td>Southern Staten Island</td>
<td>10306, 10307, 10308, 10309, 10312, 10314</td>
<td>Staten Island</td>
</tr>
</tbody>
</table>