

COMPOSITE INTERNATIONAL DIAGNOSTIC INTERVIEW (CIDI)

General Anxiety Disorder

12 MONTH GAD

D63. (CIQG01) The next questions are about longer periods of feeling worried, tense, or anxious. In the past 12 months, did you have a period of a month or more when most days you felt worried or tense or anxious about everyday problems such as work or family?

1. YES
2. NO GO TO D63A (CIQG06)
7. REF GO TO D63A (CIQG06)
9. DK GO TO D63A (CIQG06)

D63.1 (CIQG02). Did that period go on for at least six months?

1. YES
2. NO
7. REF
9. DK

D63.2 (CIQG03). How many months out of the last 12 did you feel worried or tense or anxious most days?

_____ # OF MONTHS

D63.3 (CIQG04) During (that/those) month(s), were you worried, tense, or anxious every day, nearly every day, most days, about half the days, or less than half the days?

1. EVERY DAY
2. NEARLY EVERY DAY
3. MOST DAYS
4. ABOUT HALF THE DAYS
5. LESS THAN HALF THE DAYS GO TO NEXT SECTION (CIGDSCOR) go to depression section
7. REF GO TO D63A (CIQG06)
9. DK GO TO D63A (CIQG06)

D63.4 (CIQG05). And on the days you worried or were tense or anxious, did you usually feel that way all day long, most of the day, about half the day, or less than half the day? (IF "It varies," PROBE: What about on average?)

1. ALL DAY LONG
2. MOST OF THE DAY
3. ABOUT HALF
4. LESS THAN HALF
7. REF
9. DK

D63A (CIQG06). People differ a lot in how much they worry about things. (READ THE NEXT SENTENCE SLOWLY.) In the past 12 months, did you have a period when most days you were a

lot more worried or tense or anxious than most people would be in your same situation?

1. YES
2. NO GO TO NEXT SECTION (CIGDSCOR) go to depression section
7. REF GO TO NEXT SECTION (CIGDSCOR) go to depression section
9. DK GO TO NEXT SECTION (CIGDSCOR) go to depression section

D63A.1 (CIQG07). Did that period go on for at least six months?

1. YES
2. NO
7. REF
9. DK

D63A.2 (CIQG08). How many months out of the last 12 did you feel worried or tense or anxious most days? (IF RESPONSE = DK, ENTER 98. IF RESPONSE = REF, ENTER 99).

_____ # OF MONTHS
IF ZERO, SKIP TO NEXT SECTION. ELSE CONTINUE

CIQG08

D63A.3 (CIQG09) During (that/those) month(s), were you worried, tense, or anxious every day, nearly every day, most days, about half the days, or less than half the days?

1. EVERY DAY
2. NEARLY EVERY DAY
3. MOST DAYS
4. ABOUT HALF THE DAYS
5. LESS THAN HALF THE DAYS GO TO NEXT SECTION (CIGDSCOR) go to depression section
7. REF GO TO THE NEXT SECTION (CIGDSCOR) go to depression section
9. DK GO TO THE NEXT SECTION (CIGDSCOR) go to depression section

D63A.4 (CIQG10). And on the days you worried or were tense or anxious, did you usually feel that way all day long, most of the day, about half the day, or less than half the day? (IF "It varies," PROBE: What about on average?)

1. ALL DAY LONG
2. MOST OF THE DAY
3. ABOUT HALF
4. LESS THAN HALF
7. REF
9. DK

D64d (CIQG11). During the last 12 months, what sorts of things did you mainly worry about? (PROBE: Anything else? UNTIL NONPRODUCTIVE.)

IVR: RECORD OPEN-ENDED RESPONSES. PARAPHRASE, BUT BE SURE TO RECORD ALL THE SEPARATE THINGS R WORRIED ABOUT

D64d.1 (CIQG12). INTERVIEWER QUERY: DID R REPORT EXCLUSIVELY WORRYING ABOUT HIS/HER OWN PHYSICAL HEALTH OR MENTAL HEALTH OR WEIGHT OR DRUG USE?

1. YES GO TO NEXT SECTION (CIGDSCOR)
2. NO (R HAD AT LEAST ONE OTHER WORRY BESIDES OWN HEALTH, WEIGHT, OR DRUG

USE)

D64d.2 (CIQG13) . INTERVIEWER QUERY: DID R REPORT EXCLUSIVELY WORRYING ABOUT ONE THING? OR DID R HAVE MULTIPLE WORRIES?

1. WORRIED EXCLUSIVELY ABOUT ONE THING (GO TO NEXT SECTION)
2. HAD MULTIPLE WORRIES

D64a (CIQG14). Do you think your worry was excessive; that is, much stronger than it really should be in your situation?

1. YES
2. NO
7. REF
9. DK

D64c (CIQG15). How often did you find it difficult to control your worry -- often, sometimes, rarely, or never?

1. OFTEN
2. SOMETIMES
3. RARELY
4. NEVER
7. REF
9. DK

D64.c.1 (CIQG16). How often was your worry so strong that you couldn't put it out of your mind no matter how hard you tried -- often, sometimes, rarely, or never?

- 1.OFTEN
- 2.SOMETIMES
- 3.RARELY
- 4.NEVER
- 7.REF
- 9.DK

D65.1 (CIQG17A) (IVR: HAND CARD B TO R) Now look at this card. This is a list of problems some people have during periods of feeling worried, tense or anxious. In the past 12 months, during your period of worry, were you often restless? (feeling restless)

D65.2 (CIQG17B) Did you often feel keyed up or on edge? (feeling on edge)

D65.3 (CIQG17C) Did you get tired easily? (getting tired easily)

D65.5 (CIQG17D) Were you more irritable than usual during this period? (being more irritable than usual)

D65.7 (CIQG17E) Did you often have trouble falling or staying asleep? (trouble with your sleep)

D65.4 (CIQG17F) Did you often have difficulty keeping your mind on what you were doing? (difficulty keeping your mind on what you were doing)

D65.6 (CIQG17G) Did you have tense, sore or aching muscles? (tense muscles)

ANYONE WHO HAS ZERO YES RESPONSES OUT OF THE PRIOR 7 QUESTIONS SHOULD BE SKIPPED TO THE NEXT SECTION. REMEMBER TO INCLUDE THE FIRST QUESTION ABOUT

BEING RESTLESS IN YOUR COUNT.

D66 (CIQG18). In the past 12 months did you tell a doctor about feeling worried, tense, or anxious when you also had some of the problems on the list?

1. YES GO TO D66PD1
2. NO
7. REF
9. DK

PROGRAMMER: CONTINUE WITH PFC PRB 2 3 4 5

D66PA1 (CIQGPA.) In the past 12 months did you tell another professional about feeling worried, tense, or anxious when you also had some of the problems on the list?

1. YES GO TO D66PB1
2. NO
7. REF
9. DK

D66PA2 (CIQGPB.) In the past 12 months did you take medication because of feeling of worry, tension or anxiety?

1. YES GO TO D66PB1
2. NO
7. REF
9. DK

D66PA3 (CIQGPC.) In the past 12 months did feelings of worry, tension or anxiety interfere with your life or activities?

1. YES
2. NO GO TO D69
7. REF GO TO D69
9. DK GO TO D69

D66PB1 (CIQGPD.) In the past twelve months, were your feelings of worry, tension or anxiety a result of a physical illness?

1. YES Go to D66PD6 (CIQGPHM)
2. NO
7. REF
9. DK

D66PC1 (CIQGPE.) In the past twelve months, were your feelings of worry, tension or anxiety a result of using medication, drugs or alcohol?

1. YES
2. NO GO TO D69
7. REF GO TO D69
9. DK GO TO D69

D66PC2 (CIQGPF.) In the past twelve months, were your feelings of worry, tension or anxiety always a result of using medication, drugs or alcohol?

1. YES

- 2. NO GO TO D69
- 7. REF GO TO D69
- 9. DK GO TO D69

D66PC3 (CIQGPG.) What did your doctor say was causing your feelings of worry, tension or anxiety?

GO TO D69

D66PD1

CIQGPHA. The doctor said nerves were causing your feelings of worry, tension or anxiety.

CIQGPHB. The doctor said stress was causing your feelings of worry, tension or anxiety.

CIQGPHC. The doctor said anxiety was causing your feelings of worry, tension or anxiety.

CIQGPHD. The doctor said depression was causing your feelings of worry, tension or anxiety.

CIQGPH E. The doctor said mental illness was causing your feelings of worry, tension or anxiety.

CIQGPHF. The doctor said medication was causing your feelings of worry, tension or anxiety.

CIQGPHG. The doctor said drugs were causing your feelings of worry, tension or anxiety.

CIQGPHH. The doctor said alcohol was causing your feelings of worry, tension or anxiety.

CIQGPHI. The doctor said physical illness was causing your feelings of worry, tension or anxiety.

CIQGPHJ. The doctor said physical injury was causing your feelings of worry, tension or anxiety.

CIQGPHK. The doctor gave no definitive diagnosis for your feelings of worry, tension or anxiety.

- 1. Doctor said nerves Go to D69
- 2. Doctor said stress Go to D69
- 3. Doctor said anxiety Go to D69
- 4. Doctor said depression Go to D69
- 5. Doctor said mental illness Go to D69
- 6. Doctor said medication Go to D66PD2
- 7. Doctor said drugs Go to D66PD2
- 8. Doctor said alcohol Go to D66PD2
- 9. Doctor said physical illness Go to D66PD6
- 10. Doctor said physical injury Go to D66PD6
- 11. Doctor gave no specific diagnosis Go to D66PD10
- 77. REF Go to D66PD10
- 99. DK Go to D66PD10

D66PD2

CIQGPI. What medications, drugs or alcohol caused your feelings of worry, tension or anxiety?

D66PD3

CIQG PJ. In the past twelve months, were your feelings of worry, tension or anxiety always a result of using medication, drugs or alcohol?

- 1. YES GO TO D69
- 2. NO
- 7. REF GO TO D69
- 9. DK GO TO D69

D66PD4

CIQGPK. In the past twelve months, when you had feelings of worry, tension or anxiety, was it the result of a physical illness?

- 1. YES
- 2. NO GO TO D69
- 7. REF GO TO D69
- 9. DK GO TO D69

D66PD5

CIQGPL. What was the physical illness that caused your feelings of worry, tension or anxiety?

D66PD6

CIQGPM. What was the physical illness that caused your feelings of worry, tension or anxiety?

D66PD7

CIQGNP. In the last twelve months were your feelings of worry, tension or anxiety always the result of medications, drugs or alcohol?

1. YES GO TO D69
2. NO
7. REF
9. DK

D66PD8

CIQGPO. In the last twelve months were your feelings of worry, tension or anxiety always the result of medications, drugs or alcohol?

1. YES
2. NO GO TO D69
7. REF GO TO D69
9. DK GO TO D69

D66PD9

CIQGPP. What kinds of medications, drugs or alcohol cause your feelings of worry, tension or anxiety?

D66PD10

CIQGPQ. Was anything abnormal found when you were examined?

1. Nothing abnormal GO TO D69
2. No examination GO TO D69
5. Something abnormal GO TO D66PD7

D66PRB

CIQGPB. What was the general cause of your feelings of worry, tension or anxiety?

1. No problem
2. Not clinically significant
3. Medication, drugs or alcohol
4. Physical cause
5. Psychiatric symptom

D69 (CIQG19). Can you remember your exact age the very first time in your life you had a period of worry, tension, or anxiety like the one you had in the past 12 months (that lasted six months or longer) and you also had some of the other problems we just reviewed?

1. YES
5. NO GO TO D69b
8. DK GO TO D69b
9. REF GO TO D69b

D69a (CIQG20). (IF NEC: How old were you?) (IF RESPONSE = REF, ENTER 99)

_____ YEARS OF AGE

RESPONSE = DK, ENTER 98. IF RESPONSE = REF, ENTER 99).

_____ YEARS OF AGE

D69c (CIQG22). What's the earliest age you can clearly remember a particular time when you had a period of this sort? (IF RESPONSE = DK, ENTER 98. IF RESPONSE = REF, ENTER 99).

_____ YEARS OF AGE

D69d (CIQG23). And how recently did you have a period of this sort -- in the past month, past six months, or more than six months ago?

1. PAST MONTH
2. PAST SIX MONTHS
3. MORE THAN SIX MONTHS AGO
7. REF
9. DK

D67 (CIQG24). In the past 12 months, how upset have you been with yourself for feeling worried, tense, or anxious -- very upset, somewhat, not very, or not at all upset?

1. VERY UPSET
2. SOMEWHAT UPSET
3. NOT VERY UPSET
4. NOT AT ALL UPSET
7. REF
9. DK

D68 (CIQG25). Think about how your life and activities were affected in the past 12 months by your worry, tension or anxiety. Did these things interfere with your life and activities -- a lot, some, a little, or not at all?

1. A LOT
2. SOME
3. A LITTLE
4. NOT AT ALL GO TO NEXT SECTION (CIGDSCOR)
7. REF
9. DK

Can: For questions D68a through D68c - do not put a check to force $D68a + D68b + D68c.3 \leq 365$. However, as soon as the running sum ≥ 365 then skip the rest of the series.

IF $D68a=365$ GO TO D62d

IF $D68a + D68b \geq 365$ GO TO D68d

Similarly for the >last 4 week= series. Do not put a check to force $D68a.1 + D68a.2 + D68c.1 + D68c.2 + D68c.3.1 + D68c.3.2 \leq 28$. As soon as the running sum ≥ 28 skip the 4 week questions.

IF $D68a.2 = 28$ DO NOT ASK (D68c.1 AND D68c.2 AND D68c.3.1 and D68c.3.2)

IF $D68a.1 + D68a.2 + D68c.1 + D68c.2 \geq 28$ DO NOT ASK (D68c.3.1 AND D68c.3.2)

D68a (CIQG26). About how many days in the past 12 months were you totally unable for the whole day to work and carry out your other normal activities because of your worry, tension, or anxiety? You can answer with any number between 0 and 365. (IF RESPONSE = DK, ENTER 998. IF

RESPONSE = REF, ENTER 999).

_____ NUMBER OF DAYS

D68a.1 (CIQG27). Did that day occur in the past four weeks?

1. YES
2. NO
7. REF
9. DK

GO TO D68b (CIQG29)

D68a.2 (CIQG28). How many of these (# FROM D68a) days occurred in the past four weeks? (IF RESPONSE = DK, ENTER 98. IF RESPONSE = REF, ENTER 99).

_____ NUMBER OF DAYS

D68b (CIQG29). [Not counting the day(s) you were totally unable to work,] about how many (other) days in the past 12 months did you cut back either on the amount of work you got done or on the quality of your work because of your worry, tension, or anxiety? (Again, you can use any number between 0 and 365.) (IF RESPONSE = DK, ENTER 998. IF RESPONSE = REF, ENTER 999).

_____ NUMBER OF DAYS

CHECKPOINT: IF D68b = 0, GO TO D68c.3 ELSE GO TO D68c.

D68c (CIQG30). Thinking about (that cutback day/those # FROM D68b cutback days), on a scale from 0 to 100 where zero means being totally unable to work and 100 means working a full high quality day, what number describes the quantity and quality of your work during (that day/those # FROM D68b days)? You can use any number between 0 and 100. (ACCEPT RANGE RESPONSE. RECORD LOWER BOUND OF RANGE. PROBE DK: What's your best estimate?) (IF RESPONSE = DK, ENTER 998. IF RESPONSE = REF, ENTER 999).

_____ RECORD NUMBER BETWEEN 0 AND 100

IF D68b = 1, GO TO D68c.1. ELSE GO TO D68c.2

D68c.1 (CIQG31). Did that cutback day occur in the past four weeks?

1. YES
2. NO
7. REF
9. DK

GO TO D68d

D68c.2 (CIQG32). How many of these (# FROM D68b) cutback days occurred in the past four weeks? (IF RESPONSE = DK, ENTER 98. IF RESPONSE = REF, ENTER 99).

_____ NUMBER OF DAYS

D68c.3 (CIQG33). [Not counting the day(s) (you were totally unable to work)/(or)/(you cut back on work),] about how many (other) days in the past 12 months did it take an extreme effort to perform up to your usual level at work or at your other normal daily activities because of your worry, tension, or anxiety? (Again, you can use any number between 0 and 365.) (IF RESPONSE = DK, ENTER

998. IF RESPONSE = REF, ENTER 999).

_____ NUMBER OF DAYS

CHECKPOINT: IF D68c.3 = 0 GO TO D68d

IF D68c.3 = 1, GO TO D68c.3.1

ELSE GO TO D68c.3.2

D68c.3.1 (CIQG34) Did that day occur in the past four weeks?

1. YES
2. NO
7. REF
9. DK

GO TO D68d (CIQG37)

D68c.3.2 (CIQG35) How many of these (# FROM D68c.3) days occurred in the past four weeks? (IF RESPONSE = DK, ENTER 98. IF RESPONSE = REF, ENTER 99).

_____ NUMBER OF DAYS

D68d (CIQG36) And about how many days in the past 12 months did your worry, tension, or anxiety seriously interfere with your personal or social life? (Again, you can use any number between 0 and 365.) (IF RESPONSE = DK, ENTER 998. IF RESPONSE = REF, ENTER 999).

_____ NUMBER OF DAYS

IF D68d = 0, GO TO NEXT SECTION. IF D68d = 1, GO TO D68d.1. ELSE GO TO D68d.2

D68d.1(CIQG37) Did that day occur in the past four weeks?

1. YES
2. NO
7. REF
9. DK

GO TO NEXT SECTION (CIGDSCOR)

D68d.2 (CIQG38) How many of these (# FROM D68d) days occurred in the past four weeks? (IF RESPONSE = DK, ENTER 98. IF RESPONSE = REF, ENTER 99).

_____ NUMBER OF DAYS

GO TO NEXT SECTION (CIGDSCOR)

SPLICING RULES

D63A.3 IF D63A.2 = (DK/REF) THEN: Athose months@

D63.3 IF D63.2 = (DK/REF) THEN: Athose months@

D68b IF D68a = (DK/REF) THEN: INCLUDE OPTIONAL PHRASES USING THE PLURAL FORM

D68c IF D68b = (DK/REF) THEN: Athose cutback days@; @those days@

D68c.3 IF D68a OR D68b = (DK/REF) THEN: INCLUDE OPTIONAL PHRASES USING PLURAL FORMS