

PREVENT THE SPREAD OF COVID-19 IN NYC!

TAKE THESE STEPS:



Stay home if you're sick

Only leave for essential medical care and testing or other essential errands.



Wear a face covering

You can be contagious without symptoms. Protect those around you by wearing a face covering.



Keep physical distance

Stay at least 6 feet away from other people.



Keep your hands clean

Wash your hands often with soap and water or use hand sanitizer if soap and water are not available.



Get tested: There are free COVID-19 testing sites in all five boroughs.

To find a site, visit nyc.gov/covidtest, or text "COVID test" to 855-48.

For the latest information, visit nyc.gov/coronavirus.

