



Goods and Services Currently Available in ZIP Code 10457

This list can help you find services to meet basic needs during COVID-19 physical distancing. Some of the businesses listed here offer delivery, phone or remote options for service.

Health Services		Mutual Aid
Pharmacies Amazing Pharmacy LLC 595 East Tremont Avenue, 10457 Phone: 718-466-1122 Delivers: Yes, call store. Curbside pickup: Yes Senior Hours: No Languages: Spanish For additional delivery options, visit medlypharmacy.com .	Primary Care Gotham Health, Tremont To make an appointment, call 1-844-NYC-4NYC. Visit hitesite.org or call 844-NYC-4NYC for NYC Health + Hospitals for primary care options and COVID-19 testing information.	South East Bronx Mutual Aid Group Email: bronxmutualaid@gmail.com Website: bit.ly/SouthEastBxMutualAid Services: Groceries, prescriptions, COVID-19 updates, virtual check-in, housing and educational assistance For additional mutual aid networks, call 646-437-8080 or visit mutualaid.nyc . Hours and language availability vary.

Food		
Grocery Store CTown Supermarkets 229 East Tremont Avenue, 10457 Hours: Monday to Saturday, 8 a.m. to 9 p.m., Sunday, 8 a.m. to 8 p.m. Senior Hours: Call to ask. Delivery: Call 718-294-6400 EBT: Yes WIC: Yes	Food Pantry Bethel Prayer Ministries International USA 4262 3rd Avenue, 10457 Hours: Saturday, 10 a.m. to 2 p.m. First come, first served.	Free Grab-and-Go Meals P.S. 028 Mount Hope 1861 Anthony Avenue, 10457 Hours for families with children: 7:30 a.m. to 11:30 a.m. Hours for adults: 11:30 a.m. to 1:30 p.m.

Visit nycfoodpolicy.org/coronavirus-nyc-food-reports to find your neighborhood guide.

Community Organizations	
Financial Stability The Bronx Defenders 360 East 161st Street, 10451 Phone: 718-838-7878 Website: bronxdefenders.org Services: Legal assistance Languages: Spanish	Housing Assistance Help USA-Homebase 1780 Grand Concourse, 10457 Phone: 347-226-4540 Email: homebaseSA6@helpusa.org Website: nyc.gov/homebase Services: Eviction and foreclosure prevention, rent and mortgage payment assistance, case management

The NYC Health Department is providing this information to help New Yorkers find services and information, but does not make guarantees regarding service availability and quality. The information listed is subject to change. For the most up-to-date information, visit nyc.gov/health/covidresources. City-funded Homebase providers and Gotham Health sites were given priority for housing and primary care services, respectively. For all other service categories, establishments were selected based on location, operating hours and service offerings. Not all eligible establishments were reviewed. Information for community-based organizations, primary care sites and pharmacies were verified by NowPow.



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Health Services		Mutual Aid
<p>Pharmacies</p> <p>Rite Aid 592 East 183 Street, 10458 Phone: 718-220-2226 Delivers: Yes, call store. Curbside pickup: No Senior Hours: Yes Languages: Spanish</p> <p>For additional delivery options, visit medlypharmacy.com.</p>	<p>Primary Care</p> <p>Union Community Health Center (260 E 188th Street) To make an appointment, call 718-220-2020. Website: uchcbronx.org</p> <p>Visit hitesite.org or call 844-NYC-4NYC for NYC Health + Hospitals for primary care options and COVID-19 testing information.</p>	<p>South East Bronx Mutual Aid Group Email: bronxmutualaid@gmail.com Website: bit.ly/SouthEastBxMutualAid Services: Groceries, prescriptions, COVID-19 updates, virtual check-in, housing and educational assistance</p> <p>For additional mutual aid networks, call 646-437-8080 or visit mutualaid.nyc. Hours and language availability vary.</p>

Food		
<p>Grocery Store</p> <p>Cherry Valley Marketplace 421 East 189th Street, 10458 Hours: 7 a.m. to 10 p.m., daily Senior Hours: Call to ask. Delivery: Order online at cherryvalleymarketplace.com EBT: Yes WIC: Yes</p>	<p>Food Pantry</p> <p>Part Of The Solution 2759 Webster Avenue, 10458 Hours: Call for hours 718-220-4892 First come, first served.</p>	<p>Free Grab-and-Go Meals</p> <p>Crotona International High School 2474 Crotona Avenue, 10458 Hours for families with children: 7:30 a.m. to 11:30 a.m. Hours for adults: 11:30 a.m. to 1:30 p.m.</p>

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Community Organizations	
<p>Financial Stability</p> <p>Part of the Solution (P.O.T.S.) 2759 Webster Avenue, 10458 Phone: 718-220-4892 Website: potsbronx.org Services: Benefit enrollment, temporary cash assistance, legal services, case management Languages: Spanish</p>	<p>Housing Assistance</p> <p>Help USA-Homebase 1780 Grand Concourse, 10457 Phone: 347-226-4540 Email: homebaseSA6@helpusa.org Website: nyc.gov/homebase Services: Eviction and foreclosure prevention, rent and mortgage payment assistance, case management</p>

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Goods and Services Currently Available in ZIP Code 10460

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Health Services	Mutual Aid
<p>Pharmacies</p> <p>Care Well Rx 826 East Tremont Avenue, 10460 Phone: 718-294-7147 Delivers: Yes, call store. Curbside pickup: No Senior Hours: No Languages: Spanish</p> <p>For additional delivery options, visit medlypharmacy.com.</p>	<p>Primary Care</p> <p>West Farms Family Practice To make an appointment, call 718-842-8040. Website: montefiore.org/mmg-west-farms-family-practice</p> <p>Visit hitesite.org or call 844-NYC-4NYC for NYC Health + Hospitals for primary care options and COVID-19 testing information.</p> <p>South East Bronx Mutual Aid Group Email: bronxmutualaid@gmail.com Website: bit.ly/SouthEastBxMutualAid Services: Groceries, prescriptions, COVID-19 updates, virtual check-in, housing and educational assistance.</p> <p>For additional mutual aid networks, call 646-437-8080 or visit mutualaid.nyc. Hours and language availability vary.</p>

Food		
<p>Grocery Store</p> <p>Stop & Shop 961 East 174th Street, 10460 Hours: 7:30 a.m. to 8 p.m., daily Senior Hours: Call to ask. Delivery: Order online at peapod.com EBT: In-Store only WIC: In-Store only</p>	<p>Food Pantry</p> <p>Resource Center Of Community Development, Inc 1490 Crotona Park East, 10460 Hours: Wednesday, 10:30 a.m. to 3 p.m., Thursday, 9:30 a.m. to 1:30 p.m. First come, first served.</p>	<p>Free Grab-and-Go Meals</p> <p>J.H.S. 098 Herman Ridder 1619 Boston Road, 10460 Hours for families with children: 7:30 a.m. to 11:30 a.m. Hours for adults: 11:30 a.m. to 1:30 p.m.</p>

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Community Organizations	
<p>Financial Stability</p> <p>Part of the Solution (P.O.T.S.) 2759 Webster Avenue, 10458 Phone: 718-220-4892 Website: potsbronx.org Services: Benefit enrollment, temporary cash assistance, legal services, case management Languages: Spanish</p>	<p>Housing Assistance</p> <p>Help USA-Homebase 1860 East Tremont Avenue, 10460 Phone: 718-299-8473 Email: homebaseSA7@helpusa.org Website: nyc.gov/homebase Services: Eviction and foreclosure prevention, rent and mortgage payment assistance, case management</p>

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