



## Goods and Services Currently Available in ZIP Code 10026

This list can help you find services to meet basic needs during COVID-19 physical distancing. Some of the businesses listed here offer delivery, phone or remote options for service.

Health Services	Mutual Aid
<p><b>Pharmacies</b></p> <p><b>Drug Shoppe LLC</b> 2074 8th Avenue, 10026 Phone: 212-222-3652 Delivers: Yes, call store. Curbside pickup: Yes Senior Hours: No Languages: Spanish, French</p> <p>For additional delivery options, visit <a href="https://www.medlypharmacy.com">medlypharmacy.com</a>.</p>	<p><b>Primary Care</b></p> <p><b>Gotham Health, Sydenham</b> To make an appointment, call 1-844-NYC-4NYC.</p> <p>Visit <a href="https://hitesite.org">hitesite.org</a> or call 844-NYC-4NYC for NYC Health + Hospitals for primary care options and COVID-19 testing information.</p>
	<p><b>Coronavirus Community Response Network</b> Email: <a href="mailto:WaHiMutualAid@gmail.com">WaHiMutualAid@gmail.com</a> Phone: 929-444-7010 Website: <a href="https://bit.ly/COVIDCommunityResponse">bit.ly/COVIDCommunityResponse</a> Services: Groceries, prescriptions, pet care, PPE, laundry</p> <p>For additional mutual aid networks, call 646-437-8080 or visit <a href="https://mutualaid.nyc">mutualaid.nyc</a>. Hours and language availability vary.</p>

Food		
<p><b>Grocery Store</b></p> <p><b>Central Park Organic Deli &amp; Grocery</b> 9 West 110th Street, 10026 Hours: 7 a.m. to 10 p.m., daily Senior Hours: Call to ask. Delivery: Call 646-964-4126 EBT: Yes WIC: Yes</p>	<p><b>Food Pantry</b></p> <p><b>First Corinthian Baptist Church</b> 1912 Adam Clayton Powell Junior Boulevard, 10026 Hours: Friday, 1 to 3 p.m., Saturday, 10 a.m. to 12 p.m.</p>	<p><b>Free Grab-and-Go Meals</b></p> <p><b>The Locke School of Arts and Engineering</b> 20 West 112 Street, 10026 Hours for families with children: 7:30 a.m. to 11:30 a.m. Hours for adults: 11:30 a.m. to 1:30 p.m.</p>
<p>Visit <a href="https://nycfoodpolicy.org/coronavirus-nyc-food-reports">nycfoodpolicy.org/coronavirus-nyc-food-reports</a> to find your neighborhood guide.</p>		

Community Organizations	
<p><b>Financial Stability</b></p> <p><b>Center for Urban Communities (CUCS) Benefit Center</b> 198 East 121st Street, 10035 Phone: 212-801-3300 Website: <a href="https://cucs.org/financial-stability/single-stop">cucs.org/financial-stability/single-stop</a> Services: Benefit enrollment, temporary cash assistance, legal services, case management Languages: Spanish, French, Chinese</p>	<p><b>Housing Assistance</b></p> <p><b>Services for the UnderServed (S:US)-Homebase</b> 2322 3rd Avenue 3rd Floor, 10035 Phone: 917-492-1019 Email: <a href="mailto:sushomebase@sus.org">sushomebase@sus.org</a> Website: <a href="https://nyc.gov/homebase">nyc.gov/homebase</a> Services: Eviction and foreclosure prevention, rent and mortgage payment assistance, case management</p>

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## Goods and Services Currently Available in ZIP Code 10027

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Health Services	Mutual Aid
<p><b>Pharmacies</b></p> <p><b>CVS</b> 115 West 125th Street, 10027 Phone: 212-864-5431 Delivers: Yes, call store. Curbside pickup: Yes Senior Hours: No Languages: Spanish</p> <p>For additional delivery options, visit <a href="https://www.medlypharmacy.com">medlypharmacy.com</a>.</p>	<p><b>Primary Care</b></p> <p><b>Citicares Community Health Center</b> To make an appointment, call 718- 589-4755. Website: <a href="https://www.urbanhealthplan.org">urbanhealthplan.org</a></p> <p>Visit <a href="https://www.hitesite.org">hitesite.org</a> or call 844-NYC-4NYC for NYC Health + Hospitals for primary care options and COVID-19 testing information.</p> <p><b>Upper Morningside Mutual Aid</b> Email: <a href="mailto:morningsidemutualaid@gmail.com">morningsidemutualaid@gmail.com</a> Phone: 518-723-0154 Website: <a href="https://www.uppermorningsidemutualaid.org">uppermorningsidemutualaid.org</a> Services: Groceries, prescriptions, transportation, other resources For additional mutual aid networks, call 646-437-8080 or visit <a href="https://www.mutualaid.nyc">mutualaid.nyc</a>. Hours and language availability vary.</p>

Food		
<p><b>Grocery Store</b></p> <p><b>Foodtown</b> 2463 Frederick Douglass Boulevard, 10027 Hours: 7:30 a.m. to 9:30 p.m., daily Senior Hours: No Delivery: Order online at <a href="https://www.foodtown.com">foodtown.com</a> EBT: In-Store only WIC: In-Store only</p> <p>Visit <a href="https://www.nycfoodpolicy.org/coronavirus-nyc-food-reports">nycfoodpolicy.org/coronavirus-nyc-food-reports</a> to find your neighborhood guide.</p>	<p><b>Food Pantry</b></p> <p><b>African Services Committee</b> 429 West 127th Street, 10027 Hours: Monday to Friday, 9 a.m. to 5 p.m. First come, first served.</p>	<p><b>Free Grab-and-Go Meals</b></p> <p><b>P.S. 036 Margaret Douglas</b> 123 Morningside Drive, 10027 Hours for families with children: 7:30 a.m. to 11:30 a.m. Hours for adults: 11:30 a.m. to 1:30 p.m.</p>

Community Organizations	
<p><b>Financial Stability</b></p> <p><b>Goddard Riverside Community Center</b> 140 West 140th Street, 10030 Phone: 212-234-3481 Website: <a href="https://www.goddard.org">goddard.org</a> Services: Entitlement assistance, money management, work-readiness Languages: Spanish, French Haitian Creole</p>	<p><b>Housing Assistance</b></p> <p><b>Services for the UnderServed (S:US)-Homebase</b> 2322 3rd Avenue 3rd Floor, 10035 Phone: 917-492-1019 Email: <a href="mailto:sushomebase@sus.org">sushomebase@sus.org</a> Website: <a href="https://www.nyc.gov/homebase">nyc.gov/homebase</a> Services: Eviction and foreclosure prevention, rent and mortgage payment assistance, case management</p>

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## Goods and Services Currently Available in ZIP Code 10030

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Health Services	Mutual Aid
<p><b>Pharmacies</b></p> <p><b>Duane Reade</b> 300 West 135 Street, 10030 Phone: 212-491-6015 Delivers: Yes, call store. Curbside pickup: Yes Senior Hours: Call to ask. Languages: Spanish</p> <p>For additional delivery options, visit <a href="https://www.medlypharmacy.com">medlypharmacy.com</a>.</p>	<p><b>Primary Care</b></p> <p><b>Ryan Center   Adair</b> To make an appointment, call 212-749-1820. Website: <a href="https://ryanhealth.org">ryanhealth.org</a></p> <p>Visit <a href="https://hitesite.org">hitesite.org</a> or call 844-NYC-4NYC for NYC Health + Hospitals for primary care options and COVID-19 testing information.</p> <p><b>Community Care NYC</b> Phone: 661-381-1206 Services: Groceries, prescriptions, pet care, transportation to medical appointment</p> <p>For additional mutual aid networks, call 646-437-8080 or visit <a href="https://mutualaid.nyc">mutualaid.nyc</a>. Hours and language availability vary.</p>

Food		
<p><b>Grocery Store</b></p> <p><b>Key Food</b> 2630 Frederick Douglass Boulevard, 10030 Hours: Monday to Saturday, 7 a.m. to 10 p.m., Sunday, 8 a.m. to 9 p.m. Senior Hours: Call to ask. Delivery: Order online at <a href="https://www.instacart.com">instacart.com</a> EBT: In-Store only WIC: In-Store only</p>	<p><b>Food Pantry</b></p> <p><b>West Harlem Group Assistance</b> 625 Malcolm X Boulevard, 10030 Hours: Call for hours 212-690-7900 First come, first served.</p>	<p><b>Free Grab-and-Go Meals</b></p> <p><b>P.S. 123 Mahalia Jackson</b> 301 W. 140th Street, 10030 Hours for families with children: 7:30 a.m. to 11:30 a.m. Hours for adults: 11:30 a.m. to 1:30 p.m.</p>
<p>Visit <a href="https://nycfoodpolicy.org/coronavirus-nyc-food-reports">nycfoodpolicy.org/coronavirus-nyc-food-reports</a> to find your neighborhood guide.</p>		

Community Organizations	
<p><b>Financial Stability</b></p> <p><b>Goddard Riverside Community Center</b> 140 West 140th Street, 10030 Phone: 212-234-3481 Website: <a href="https://goddard.org">goddard.org</a> Services: Entitlement assistance, money management, work-readiness Languages: Spanish, French Haitian Creole</p>	<p><b>Housing Assistance</b></p> <p><b>Services for the UnderServed (S:US)-Homebase</b> 2322 3rd Avenue 3rd Floor, 10035 Phone: 917-492-1019 Email: <a href="mailto:sushomebase@sus.org">sushomebase@sus.org</a> Website: <a href="https://nyc.gov/homebase">nyc.gov/homebase</a> Services: Eviction and foreclosure prevention, rent and mortgage payment assistance, case management</p>

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## Goods and Services Currently Available in ZIP Code 10037

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Health Services	Mutual Aid
<p><b>Pharmacies</b>  <b>Life Pharmacy</b>            471 Lenox Avenue, 10037            Phone: 212-694-5700            Delivers: Yes, call store.            Curbside pickup: Yes            Senior Hours: No            Languages: Spanish, Hindi</p> <p>For additional delivery options, visit <a href="https://www.medlypharmacy.com">medlypharmacy.com</a>.</p>	<p><b>Primary Care</b>  <b>Citicares Community Health Center</b>            To make an appointment, call            Website: <a href="https://www.urbanhealthplan.org">urbanhealthplan.org</a></p> <p>Visit <a href="https://www.hitesite.org">hitesite.org</a> or call 844-NYC-4NYC for NYC Health + Hospitals for primary care options and COVID-19 testing information.</p> <p><b>Coronavirus Community Response Network</b>            Email: <a href="mailto:WaHiMutualAid@gmail.com">WaHiMutualAid@gmail.com</a>            Phone: 929-444-7010            Website: <a href="https://bit.ly/COVIDCommunityResponse">bit.ly/COVIDCommunityResponse</a>            Services: Groceries, prescriptions, pet care, PPE, laundry.</p> <p>For additional mutual aid networks, call 646-437-8080 or visit <a href="https://mutualaid.nyc">mutualaid.nyc</a>. Hours and language availability vary.</p>

Food		
<p><b>Grocery Store</b>  <b>Key Food</b>            592 Malcolm X Boulevard, 10037            Hours: Monday to Saturday 7 a.m. to 10 p.m., Sunday, 8 a.m. to 9 p.m.            Senior Hours: Call to ask.            Delivery: Order online at <a href="https://www.instacart.com">instacart.com</a>            EBT: In-Store only            WIC: In-Store only</p> <p>Visit <a href="https://www.nycfoodpolicy.org/coronavirus-nyc-food-reports">nycfoodpolicy.org/coronavirus-nyc-food-reports</a> to find your neighborhood guide.</p>	<p><b>Food Pantry</b>  <b>Catholic Charities - Central Harlem Parish And Community Outreach</b>            34 West 134th Street, 10037            Hours: Wednesday, 9:30 to 11:30 a.m.</p>	<p><b>Free Grab-and-Go Meals</b>  <b>P.S. 133 Fred R Moore</b>            2121 5 Avenue, 10037            Hours for families with children: 7:30 a.m. to 11:30 a.m.            Hours for adults: 11:30 a.m. to 1:30 p.m.</p>

Community Organizations	
<p><b>Financial Stability</b>  <b>Goddard Riverside Community Center</b>            140 West 140th Street, 10030            Phone: 212-234-3481            Website: <a href="https://www.goddard.org">goddard.org</a>            Services: Entitlement assistance, money management, work-readiness            Languages: Spanish, French Haitian Creole</p>	<p><b>Housing Assistance</b>  <b>Services for the UnderServed (S:US)-Homebase</b>            516 W. 181st Street 4th Floor, 10026            Phone: 917-492-1019            Email: <a href="mailto:sushomebase@sus.org">sushomebase@sus.org</a>            Website: <a href="https://www.nyc.gov/homebase">nyc.gov/homebase</a>            Services: Eviction and foreclosure prevention, rent and mortgage payment assistance, case management</p>

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## Goods and Services Currently Available in ZIP Code 10039

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Health Services	Mutual Aid
<p><b>Pharmacies</b></p> <p><b>Dunbar Pharmacy</b> 2580 Adam Clayton Powell Boulevard, 10039 Phone: 212-234-4493 Delivers: Yes, call store. Curbside pickup: Yes Senior Hours: No Languages: Spanish</p> <p>For additional delivery options, visit <a href="https://www.medlypharmacy.com">medlypharmacy.com</a>.</p>	<p><b>Primary Care</b></p> <p><b>Community League Health Center</b> To make an appointment, call 212-781-7979. Website: <a href="https://chnyc.org">chnyc.org</a></p> <p>Visit <a href="https://hitesite.org">hitesite.org</a> or call 844-NYC-4NYC for NYC Health + Hospitals for primary care options and COVID-19 testing information.</p> <p><b>Coronavirus Community Response Network</b> Email: <a href="mailto:WaHiMutualAid@gmail.com">WaHiMutualAid@gmail.com</a> Phone: 929-444-7010 Website: <a href="https://bit.ly/COVIDCommunityResponse">bit.ly/COVIDCommunityResponse</a> Services: Groceries, prescriptions, pet care, PPE, laundry</p> <p>For additional mutual aid networks, call 646-437-8080 or visit <a href="https://mutualaid.nyc">mutualaid.nyc</a>. Hours and language availability vary.</p>

Food		
<p><b>Grocery Store</b></p> <p><b>Pioneer Supermarkets</b> 2541 Adam Clayton Powell Jr Boulevard, 10039 Hours: 7 a.m. to 9 p.m., daily Senior Hours: No Delivery: Call 212-862-0239 EBT: Yes WIC: Yes</p>	<p><b>Food Pantry</b></p> <p><b>Father Crevan's</b> 276 West 151st Street, 10039 Hours: Saturday, 9 to 11 a.m..</p>	<p><b>Free Grab-and-Go Meals</b></p> <p><b>Frederick Douglass Academy</b> 2581 7th Avenue, 10039 Hours for families with children: 7:30 a.m. to 11:30 a.m. Hours for adults: 11:30 a.m. to 1:30 p.m.</p>
<p>Visit <a href="https://nycfoodpolicy.org/coronavirus-nyc-food-reports">nycfoodpolicy.org/coronavirus-nyc-food-reports</a> to find your neighborhood guide.</p>		

Community Organizations	
<p><b>Financial Stability</b></p> <p><b>Goddard Riverside Community Center</b> 140 West 140th Street, 10030 Phone: 212-234-3481 Website: <a href="https://goddard.org">goddard.org</a> Services: Entitlement assistance, money management, work-readiness Languages: Spanish, French Haitian Creole</p>	<p><b>Housing Assistance</b></p> <p><b>Services for the UnderServed (S:US)-Homebase</b> 516 W. 181st Street 4th Floor, 10026 Phone: 917-492-1019 Email: <a href="mailto:sushomebase@sus.org">sushomebase@sus.org</a> Website: <a href="https://nyc.gov/homebase">nyc.gov/homebase</a> Services: Eviction and foreclosure prevention, rent and mortgage payment assistance, case management</p>

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