



## Goods and Services Currently Available in ZIP Code 10453

This list can help you find services to meet basic needs during COVID-19 physical distancing. Some of the businesses listed here offer delivery, phone or remote options for service.

Health Services		Mutual Aid
<p><b>Pharmacies</b></p> <p><b>Rite Aid</b> 57 East Burnside Avenue, 10453 Phone: 718-295-4533 Delivers: Yes, call store. Curbside pickup: Yes Senior Hours: Yes Languages: Spanish</p> <p>For additional delivery options, visit <a href="http://medlypharmacy.com">medlypharmacy.com</a>.</p>	<p><b>Primary Care</b></p> <p><b>Union Community Health Center</b> (2021 Grand Concourse) To make an appointment, call 718-220-2020. Website: <a href="http://uchcbronx.org">uchcbronx.org</a></p> <p>Visit <a href="http://hitesite.org">hitesite.org</a> or call 844-NYC-4NYC for NYC Health + Hospitals for primary care options and COVID-19 testing information.</p>	<p><b>Bronx Mutual Aid Network for COVID-19</b> Email: <a href="mailto:BXMutualAid@gmail.com">BXMutualAid@gmail.com</a> Phone: 347-443-9193 Website: <a href="http://bit.ly/BxMutualAidNetworkCOVID">bit.ly/BxMutualAidNetworkCOVID</a> Services: Groceries, prescriptions, translation assistance, and other assistance.</p> <p>For additional mutual aid networks, call 646-437-8080 or visit <a href="http://mutualaid.nyc">mutualaid.nyc</a>. Hours and language availability vary.</p>

Food		
<p><b>Grocery Store</b></p> <p><b>Pioneer Supermarkets</b> 2262 Jerome Avenue, 10453 Hours vary Senior Hours: No Delivery: Order online at <a href="http://pioneersupermarkets.com">pioneersupermarkets.com</a> EBT: Yes WIC: Yes</p>	<p><b>Food Pantry</b></p> <p><b>BronxWorks Heights Senior Center</b> 200 West Tremont Avenue, 10453 Hours: Friday, 8 to 11 a.m. First come, first served.</p>	<p><b>Free Grab-and-Go Meals</b></p> <p><b>I.S. 117 Joseph H. Wade</b> 1865 Morris Avenue, 10453 Hours for families with children: 7:30 a.m. to 11:30 a.m. Hours for adults: 11:30 a.m. to 1:30 p.m.</p>

Visit [nycfoodpolicy.org/coronavirus-nyc-food-reports](http://nycfoodpolicy.org/coronavirus-nyc-food-reports) to find your neighborhood guide.

Community Organizations	
<p><b>Financial Stability</b></p> <p><b>BronxWorks - Main Office</b> 60 E Tremont Ave, 10453 Phone: 646-393-4000 Website: <a href="http://bronxworks.org">bronxworks.org</a> Services: Benefit enrollment, housing search, financial assistance, case Management, legal services Languages: Spanish</p>	<p><b>Housing Assistance</b></p> <p><b>Help USA-Homebase</b> 815 Burke Avenue, 10467 Phone: 646-905-5289 Email: <a href="mailto:homebaseSA2@helpusa.org">homebaseSA2@helpusa.org</a> Website: <a href="http://nyc.gov/homebase">nyc.gov/homebase</a> Services: Eviction and foreclosure prevention, rent and mortgage payment assistance, case management</p>

The NYC Health Department is providing this information to help New Yorkers find services and information, but does not make guarantees regarding service availability and quality. The information listed is subject to change. For the most up-to-date information, visit [nyc.gov/health/covidresources](http://nyc.gov/health/covidresources). City-funded Homebase providers and Gotham Health sites were given priority for housing and primary care services, respectively. For all other service categories, establishments were selected based on location, operating hours and service offerings. Not all eligible establishments were reviewed. Information for community-based organizations, primary care sites and pharmacies were verified by NowPow.



## Goods and Services Currently Available in ZIP Code 10458

This list can help you find services to meet basic needs during COVID-19 physical distancing. Some of the businesses listed here offer delivery, phone or remote options for service.

Health Services		Mutual Aid
<p><b>Pharmacies</b></p> <p><b>Rite Aid</b> 592 East 183 Street, 10458 Phone: 718-220-2226 Delivers: Yes, call store. Curbside pickup: No Senior Hours: Yes Languages: Spanish</p> <p>For additional delivery options, visit <a href="https://www.medlypharmacy.com">medlypharmacy.com</a>.</p>	<p><b>Primary Care</b></p> <p><b>Union Community Health Center</b> (260 E 188<sup>th</sup> Street) To make an appointment, call 718-220-2020. Website: <a href="https://www.uchcbronx.org">uchcbronx.org</a></p> <p>Visit <a href="https://www.hitesite.org">hitesite.org</a> or call 844-NYC-4NYC for NYC Health + Hospitals for primary care options and COVID-19 testing information.</p>	<p><b>South East Bronx Mutual Aid Group</b> Email: <a href="mailto:bronxmutualaid@gmail.com">bronxmutualaid@gmail.com</a> Website: <a href="https://bit.ly/SouthEastBxMutualAid">bit.ly/SouthEastBxMutualAid</a> Services: Groceries, prescriptions, COVID-19 updates, virtual check-in, housing and educational assistance</p> <p>For additional mutual aid networks, call 646-437-8080 or visit <a href="https://www.mutualaid.nyc">mutualaid.nyc</a>. Hours and language availability vary.</p>

Food		
<p><b>Grocery Store</b></p> <p><b>Cherry Valley Marketplace</b> 421 East 189<sup>th</sup> Street, 10458 Hours: 7 a.m. to 10 p.m., daily Senior Hours: Call to ask. Delivery: Order online at <a href="https://www.cherryvalleymarketplace.com">cherryvalleymarketplace.com</a> EBT: Yes WIC: Yes</p>	<p><b>Food Pantry</b></p> <p><b>Part Of The Solution</b> 2759 Webster Avenue, 10458 Hours: Call for hours 718-220-4892 First come, first served.</p>	<p><b>Free Grab-and-Go Meals</b></p> <p><b>Crotona International High School</b> 2474 Crotona Avenue, 10458 Hours for families with children: 7:30 a.m. to 11:30 a.m. Hours for adults: 11:30 a.m. to 1:30 p.m.</p>

Visit [nycfoodpolicy.org/coronavirus-nyc-food-reports](https://www.nycfoodpolicy.org/coronavirus-nyc-food-reports) to find your neighborhood guide.

Community Organizations	
<p><b>Financial Stability</b></p> <p><b>Part of the Solution (P.O.T.S.)</b> 2759 Webster Avenue, 10458 Phone: 718-220-4892 Website: <a href="https://www.potsbronx.org">potsbronx.org</a> Services: Benefit enrollment, temporary cash assistance, legal services, case management Languages: Spanish</p>	<p><b>Housing Assistance</b></p> <p><b>Help USA-Homebase</b> 1780 Grand Concourse, 10457 Phone: 347-226-4540 Email: <a href="mailto:homebaseSA6@helpusa.org">homebaseSA6@helpusa.org</a> Website: <a href="https://www.nyc.gov/homebase">nyc.gov/homebase</a> Services: Eviction and foreclosure prevention, rent and mortgage payment assistance, case management</p>

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## Goods and Services Currently Available in ZIP Code 10468

This list can help you find services to meet basic needs during COVID-19 physical distancing. Some of the businesses listed here offer delivery, phone or remote options for service.

Health Services	Mutual Aid
<p><b>Pharmacies</b></p> <p><b>Fordham Road Pharmacy</b> 2 East Fordham Road, 10458 Phone: 718-364-3333 Delivers: Yes, call store. Curbside pickup: No Senior Hours: No Languages: Spanish</p> <p>For additional delivery options, visit <a href="https://www.medlypharmacy.com">medlypharmacy.com</a>.</p>	<p><b>Primary Care</b></p> <p><b>Morris Heights Health Center at Walton</b> To make an appointment, call 718-839-8900. Website: <a href="https://mhhc.org">mhhc.org</a>.</p> <p>Visit <a href="https://hitesite.org">hitesite.org</a> or call 844-NYC-4NYC for NYC Health + Hospitals for primary care options and COVID-19 testing information.</p> <p><b>South East Bronx Mutual Aid Group</b> Email: <a href="mailto:bronxmutualaid@gmail.com">bronxmutualaid@gmail.com</a> Website: <a href="https://bit.ly/SouthEastBxMutualAid">bit.ly/SouthEastBxMutualAid</a> Services: Groceries, prescriptions, pet care, COVID-19 updates, virtual check-in, housing and educational assistance.</p> <p>For additional mutual aid networks, call 646-437-8080 or visit <a href="https://mutualaid.nyc">mutualaid.nyc</a>. Hours and language availability vary.</p>

Food		
<p><b>Grocery Store</b></p> <p><b>Associated Supermarkets</b> 125 West Kingsbridge Road, 10468 Hours: 8 a.m. to 9 p.m., daily Senior Hours: Call to ask. Delivery: Call 718-543-6996 EBT: Yes WIC: Yes</p>	<p><b>Food Pantry</b></p> <p><b>Creston Avenue Baptist Church of Christ, Inc</b> 114 East 188th Street, 10468 Hours: Call for hours 718-367-1754</p>	<p><b>Free Grab-and-Go Meals</b></p> <p><b>International School for Liberal Arts</b> 2780 Reservoir Avenue, 10468 Hours for families with children: 7:30 a.m. to 11:30 a.m. Hours for adults: 11:30 a.m. to 1:30 p.m.</p>

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Community Organizations	
<p><b>Financial Stability</b></p> <p><b>Part of the Solution (P.O.T.S.)</b> 2759 Webster Avenue, 10458 Phone: 718-220-4892 Website: <a href="https://potsbronx.org">potsbronx.org</a> Services: Benefit enrollment, temporary cash assistance, legal services, case management Languages: Spanish</p>	<p><b>Housing Assistance</b></p> <p><b>Help USA-Homebase</b> 1981 Sedgwick Avenue, 10453 Phone: 718-215-6453 Email: <a href="mailto:homebaseSA2@helpusa.org">homebaseSA2@helpusa.org</a> Website: <a href="https://nyc.gov/homebase">nyc.gov/homebase</a> Services: Eviction and foreclosure prevention, rent and mortgage payment assistance, case management</p>

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