



## Goods and Services Currently Available in ZIP Code 10456

This list can help you find services to meet basic needs during COVID-19 physical distancing. Some of the businesses listed here offer delivery, phone or remote options for service.

Health Services	Mutual Aid
<p><b>Pharmacies</b></p> <p><b>St. Paul's Neighborhood Pharmacy</b> 3750 Third Avenue, 10456 Phone: 718-293-8810 Delivers: Yes, call store. Curbside pickup: Yes Senior Hours: No Languages: Spanish For additional delivery options, visit <a href="http://medlypharmacy.com">medlypharmacy.com</a>.</p>	<p><b>Primary Care</b></p> <p><b>BronxCare Fulton Family Medicine Practice</b> To make an appointment, call 718-901-6275. Website: <a href="http://bronxcare.org">bronxcare.org</a> Visit <a href="http://hitesite.org">hitesite.org</a> or call 844-NYC-4NYC for NYC Health + Hospitals for primary care options and COVID-19 testing information.</p> <p><b>Bronx Mutual Aid Network for COVID-19</b> Email: <a href="mailto:BXMutualAid@gmail.com">BXMutualAid@gmail.com</a> Phone: 347-443-9193 Website: <a href="http://bit.ly/BxMutualAidNetworkCOVID">bit.ly/BxMutualAidNetworkCOVID</a> Services: Groceries, prescriptions, translation assistance, and other assistance.</p> <p>For additional mutual aid networks, call 646-437-8080 or visit <a href="http://mutualaid.nyc">mutualaid.nyc</a>. Hours and language availability vary.</p>

Food		
<p><b>Grocery Store</b></p> <p><b>Food Bazaar Supermarket</b> 548 St Paul's Place, 10456 Hours: 7 a.m. to 10:30 p.m., daily Senior Hours: Call to ask. Delivery: Order online at <a href="http://instacart.com">instacart.com</a> EBT: In-Store only WIC: In-Store only</p>	<p><b>Food Pantry</b></p> <p><b>Temple Beth El Community</b> 3482 Park Avenue, 10456 Hours: Saturday, 8 to 10 a.m. First come, first served.</p>	<p><b>Free Grab-and-Go Meals</b></p> <p><b>M.S. 302 Luisa Dessus Cruz</b> 681 Kelly Street, 10456 Hours for families with children: 7:30 a.m. to 11:30 a.m. Hours for adults: 11:30 a.m. to 1:30 p.m.</p>
<p>Visit <a href="http://nycfoodpolicy.org/coronavirus-nyc-food-reports">nycfoodpolicy.org/coronavirus-nyc-food-reports</a> to find your neighborhood guide.</p>		

Community Organizations	
<p><b>Financial Stability</b></p> <p><b>WHEDCO - Family Support Program</b> 50 East 168th Street, 10452 Phone: 718-839-1100 Website: <a href="http://whedco.org/education-family-support/family-support-2">whedco.org/education-family-support/family-support-2</a> Services: Benefit enrollment, health insurance enrollment, other financial assistance, temporary cash assistance for families Languages: Spanish</p>	<p><b>Housing Assistance</b></p> <p><b>Bronxworks-Homebase</b> 1130 Grand Concourse, 10456 Phone: 646-484-1379 Email: <a href="mailto:bwhomebase@bronxworks.org">bwhomebase@bronxworks.org</a> Website: <a href="http://nyc.gov/homebase">nyc.gov/homebase</a> Services: Eviction and foreclosure prevention, rent and mortgage payment assistance, case management</p>

The NYC Health Department is providing this information to help New Yorkers find services and information, but does not make guarantees regarding service availability and quality. The information listed is subject to change. For the most up-to-date information, visit [nyc.gov/health/covidresources](http://nyc.gov/health/covidresources). City-funded Homebase providers and Gotham Health sites were given priority for housing and primary care services, respectively. For all other service categories, establishments were selected based on location, operating hours and service offerings. Not all eligible establishments were reviewed. Information for community-based organizations, primary care sites and pharmacies were verified by NowPow.



## Goods and Services Currently Available in ZIP Code 10459

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Health Services	Mutual Aid
<p><b>Pharmacies</b></p> <p><b>Walgreens</b> 1031 Westchester Avenue, 10459 Phone: 718-589-5415 Delivers: Yes, call store. Curbside pickup: Yes Senior Hours: Yes Languages: Spanish For additional delivery options, visit <a href="http://medlypharmacy.com">medlypharmacy.com</a>.</p>	<p><b>Primary Care</b></p> <p><b>El Nuevo San Juan Health Center</b> To make an appointment, call 718- 589-2440. Website: <a href="http://urbanhealthplan.org/el-nuevo-san-juan-health-center">urbanhealthplan.org/el-nuevo-san-juan-health-center</a></p> <p>Visit <a href="http://hitesite.org">hitesite.org</a> or call 844-NYC-4NYC for NYC Health + Hospitals for primary care options and COVID-19 testing information.</p> <p><b>South East Bronx Mutual Aid Group</b> Email: <a href="mailto:bronxmutualaid@gmail.com">bronxmutualaid@gmail.com</a> Website: <a href="http://bit.ly/SouthEastBxMutualAid">bit.ly/SouthEastBxMutualAid</a> Services: Groceries, prescriptions, COVID-19 updates, virtual check-in, housing and educational assistance</p> <p>For additional mutual aid networks, call 646-437-8080 or visit <a href="http://mutualaid.nyc">mutualaid.nyc</a>. Hours and language availability vary.</p>

Food		
<p><b>Grocery Store</b></p> <p><b>Food Fair Fresh Market</b> 1065 East 163rd Street, 10459 Hours vary Senior Hours: Monday to Saturday, 7 to 8 a.m. Delivery: In-store only 718-620-4867 EBT: In-Store only WIC: In-Store only</p>	<p><b>Food Pantry</b></p> <p><b>Caldwell Temple AME Zion Church</b> 1288 Rev James a Polite Av, 10459 Hours: Saturday, 10 to 11 a.m., Thursday, 11 a.m. to 2 p.m., Wednesday, 5:30-7 p.m.</p>	<p><b>Free Grab-and-Go Meals</b></p> <p><b>Bronx Regional High School</b> 1010 Rev. J. A. Polite Avenue, 10459 Hours for families with children: 7:30 a.m. to 11:30 a.m. Hours for adults: 11:30 a.m. to 1:30 p.m.</p>
<p>Visit <a href="http://nycfoodpolicy.org/coronavirus-nyc-food-reports">nycfoodpolicy.org/coronavirus-nyc-food-reports</a> to find your neighborhood guide.</p>		

Community Organizations	
<p><b>Financial Stability</b></p> <p><b>Center for Urban Communities (CUCS) Benefit Center - Crotona Park Bronx</b> 1510 Southern Blvd, 10460 Phone: 929-258-1060/551-258-1060 Website: <a href="http://cucs.org/financial-stability/single-stop">cucs.org/financial-stability/single-stop</a> Services: Benefit enrollment, temporary cash assistance, legal services, case management Languages: Spanish</p>	<p><b>Housing Assistance</b></p> <p><b>Help USA-Homebase</b> 1860 East Tremont Avenue, 10460 Phone: 718-299-8473 Email: <a href="mailto:homebaseSA7@helpusa.org">homebaseSA7@helpusa.org</a> Website: <a href="http://nyc.gov/homebase">nyc.gov/homebase</a> Services: Eviction and foreclosure prevention, rent and mortgage payment assistance, case management</p>

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## Goods and Services Currently Available in ZIP Code 10460

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Health Services	Mutual Aid
<p><b>Pharmacies</b></p> <p><b>Care Well Rx</b> 826 East Tremont Avenue, 10460 Phone: 718-294-7147 Delivers: Yes, call store. Curbside pickup: No Senior Hours: No Languages: Spanish</p> <p>For additional delivery options, visit <a href="https://www.medlypharmacy.com">medlypharmacy.com</a>.</p>	<p><b>Primary Care</b></p> <p><b>West Farms Family Practice</b> To make an appointment, call 718-842-8040. Website: <a href="https://montefiore.org/mmg-west-farms-family-practice">montefiore.org/mmg-west-farms-family-practice</a></p> <p>Visit <a href="https://hitesite.org">hitesite.org</a> or call 844-NYC-4NYC for NYC Health + Hospitals for primary care options and COVID-19 testing information.</p> <p><b>South East Bronx Mutual Aid Group</b> Email: <a href="mailto:bronxmutualaid@gmail.com">bronxmutualaid@gmail.com</a> Website: <a href="https://bit.ly/SouthEastBxMutualAid">bit.ly/SouthEastBxMutualAid</a> Services: Groceries, prescriptions, COVID-19 updates, virtual check-in, housing and educational assistance.</p> <p>For additional mutual aid networks, call 646-437-8080 or visit <a href="https://mutualaid.nyc">mutualaid.nyc</a>. Hours and language availability vary.</p>

Food		
<p><b>Grocery Store</b></p> <p><b>Stop &amp; Shop</b> 961 East 174th Street, 10460 Hours: 7:30 a.m. to 8 p.m., daily Senior Hours: Call to ask. Delivery: Order online at <a href="https://www.peapod.com">peapod.com</a> EBT: In-Store only WIC: In-Store only</p>	<p><b>Food Pantry</b></p> <p><b>Resource Center Of Community Development, Inc</b> 1490 Crotona Park East, 10460 Hours: Wednesday, 10:30 a.m. to 3 p.m., Thursday, 9:30 a.m. to 1:30 p.m. First come, first served.</p>	<p><b>Free Grab-and-Go Meals</b></p> <p><b>J.H.S. 098 Herman Ridder</b> 1619 Boston Road, 10460 Hours for families with children: 7:30 a.m. to 11:30 a.m. Hours for adults: 11:30 a.m. to 1:30 p.m.</p>

Visit [nycfoodpolicy.org/coronavirus-nyc-food-reports](https://nycfoodpolicy.org/coronavirus-nyc-food-reports) to find your neighborhood guide.

Community Organizations	
<p><b>Financial Stability</b></p> <p><b>Part of the Solution (P.O.T.S.)</b> 2759 Webster Avenue, 10458 Phone: 718-220-4892 Website: <a href="https://potsbronx.org">potsbronx.org</a> Services: Benefit enrollment, temporary cash assistance, legal services, case management Languages: Spanish</p>	<p><b>Housing Assistance</b></p> <p><b>Help USA-Homebase</b> 1860 East Tremont Avenue, 10460 Phone: 718-299-8473 Email: <a href="mailto:homebaseSA7@helpusa.org">homebaseSA7@helpusa.org</a> Website: <a href="https://nyc.gov/homebase">nyc.gov/homebase</a> Services: Eviction and foreclosure prevention, rent and mortgage payment assistance, case management</p>

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