



## Goods and Services Currently Available in ZIP Code 10451

This list can help you find services to meet basic needs during COVID-19 public health emergency. Some of the businesses listed here offer delivery, phone or remote options for service.

Health Services	Mutual Aid
<p><b>Pharmacies</b></p> <p><b>Care Pharmacy</b> 313 E. 161st St., 10451 Phone: 718-822-3700 Hours: Monday to Friday, 10 a.m. to 6 p.m. Delivers: Yes, call store. Curbside pickup: No Senior Hours: No Languages: Spanish</p> <p>For additional delivery options, visit <a href="https://www.medlypharmacy.com">medlypharmacy.com</a>.</p>	<p><b>Primary Care</b></p> <p><b>MHHC at 779 Melrose Avenue</b> To make an appointment, call 718-716-4400 Website: <a href="https://mhhc.org/Locations/MHHC-at-Melrose.aspx">mhhc.org/Locations/MHHC-at-Melrose.aspx</a></p> <p>Visit <a href="https://hitesite.org">hitesite.org</a> or call 844-NYC-4NYC for NYC Health + Hospitals for primary care options and COVID-19 testing information.</p> <p><b>Coronavirus Community Response Network / Red de Reacción Comunitaria al Coronavirus</b> Email: <a href="mailto:WaHiMutualAid@gmail.com">WaHiMutualAid@gmail.com</a> Phone: 929-444-7010 Website: <a href="https://bit.ly/COVIDCommunityResponse">bit.ly/COVIDCommunityResponse</a> Services: Groceries, prescriptions, and other assistance.</p> <p>For additional mutual aid networks, call 646-437-8080 or visit <a href="https://mutualaid.nyc">mutualaid.nyc</a>. Hours and language availability vary</p>

### Food

<p><b>Grocery Store</b></p> <p><b>Key Food</b> 760 Melrose Ave., 10451 Hours: 8 a.m. to 9 p.m., daily Senior Hours: Saturday to Sunday, 7:30 to 8:30 a.m. Delivery: Order online at <a href="https://www.instacart.com">instacart.com</a> EBT: Yes WIC: Yes</p>	<p><b>Food Pantry</b></p> <p><b>The Momentum Project HRC-Harm Reduction Center</b> 226 East 144th St., 10451 Hours: Monday, 12 to 3 p.m. First come, first served.</p>	<p><b>Free Grab-and-Go Meals</b></p> <p><b>P.S. 018 John Peter Zenger</b> 502 Morris Ave., 10451 Hours: 3 to 5 p.m. on school days only. See the Department of Education (DOE) calendar to check for school holiday closures at <a href="https://schools.nyc.gov/about-us/news/2020-2021-school-year-calendar">schools.nyc.gov/about-us/news/2020-2021-school-year-calendar</a>.</p>
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Visit [nycfoodpolicy.org/coronavirus-nyc-food-reports](https://nycfoodpolicy.org/coronavirus-nyc-food-reports) to find your neighborhood guide.

### Community Organizations

<p><b>Financial Stability</b></p> <p><b>The Bronx Defenders</b> 360 East 161st St., 10451 Phone: 718-838-7878 Website: <a href="https://bronxdefenders.org">bronxdefenders.org</a> Services: Legal assistance Languages: Spanish</p>	<p><b>Housing Assistance</b></p> <p><b>Bronxworks-Homebase</b> 630 Jackson Ave., 2nd Floor, 10455 Phone: 347-704-0001 Email: <a href="mailto:bwhomebase@bronxworks.org">bwhomebase@bronxworks.org</a> Website: <a href="https://nyc.gov/homebase">nyc.gov/homebase</a> Services: Eviction and foreclosure prevention, rent and mortgage payment assistance, case management</p>
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## Goods and Services Currently Available in ZIP Code 10454

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Health Services		Mutual Aid
<p><b>Pharmacies</b></p> <p><b>Rite Aid</b> 537 E. 138th St., 10454 Phone: 718-402-5550 Hours vary Delivers: Yes, call store. Curbside pickup: No Senior Hours: Monday to Friday, 9 to 10 a.m. For additional delivery options, visit <a href="http://medlypharmacy.com">medlypharmacy.com</a>.</p>	<p><b>Primary Care</b></p> <p><b>Tres Puentes</b>, 271 E. 138<sup>th</sup> St. To make an appointment, call 347-407-7120. Website: <a href="https://www.urbanhealthplan.org">https://www.urbanhealthplan.org</a> Visit <a href="http://hitesite.org">hitesite.org</a> or call 844-NYC-4NYC for NYC Health + Hospitals for primary care options and COVID-19 testing information.</p>	<p><b>Bronx Mutual Aid Network for COVID-19</b> Email: <a href="mailto:BXMutualAid@gmail.com">BXMutualAid@gmail.com</a> Phone: 347-443-9193 Website: <a href="http://bit.ly/BxMutualAidNetworkCOVID">bit.ly/BxMutualAidNetworkCOVID</a> Services: Groceries, prescriptions, translation assistance, and other assistance For additional mutual aid networks, call 646-437-8080 or visit <a href="http://mutualaid.nyc">mutualaid.nyc</a>. Hours and language availability vary.</p>

### Food

<p><b>Grocery Store</b></p> <p><b>Pioneer Supermarkets</b> 250 Willis Ave., 10454 Hours: 7 a.m. to 9 p.m. daily Senior Hours: Call to ask. Delivery: Call 718-585-7416 <a href="http://pioneersupermarkets.com">pioneersupermarkets.com</a> EBT: Yes WIC: Yes</p>	<p><b>Food Pantry</b></p> <p><b>St. Jerome Community Food Pantry</b> 330 E. 138th St., 10454 Hours: Wednesday, 10:30 a.m. to 3 p.m. Register on Tuesday, 10 a.m. to 12 p.m.</p>	<p><b>Free Grab-and-Go Meals</b></p> <p><b>South Bronx Preparatory: A College Board School</b> 360 E. 145th St., 10454 Hours: 3 to 5 p.m. on school days only. See the Department of Education (DOE) calendar to check for school holiday closures at <a href="http://schools.nyc.gov/about-us/news/2020-2021-school-year-calendar">schools.nyc.gov/about-us/news/2020-2021-school-year-calendar</a></p>
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### Community Organizations

<p><b>Financial Stability</b></p> <p><b>WHEDCO - Family Support Program</b> 50 E. 168th St., 10452 Phone: 718-839-1100 Website: <a href="http://whedco.org/education-family-support/family-support-2">whedco.org/education-family-support/family-support-2</a> Services: Benefit enrollment, health insurance enrollment, other financial assistance, temporary cash assistance for families Languages: Spanish</p>	<p><b>Housing Assistance</b></p> <p><b>Bronxworks-Homebase</b> 1130 Grand Concourse, 10456 Phone: 646-484-1379 Email: <a href="mailto:bwhomebase@bronxworks.org">bwhomebase@bronxworks.org</a> Website: <a href="http://nyc.gov/homebase">nyc.gov/homebase</a> Services: Eviction and foreclosure prevention, rent and mortgage payment assistance, case management</p>
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## Goods and Services Currently Available in ZIP Code 10456

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Health Services		Mutual Aid
<p><b>Pharmacies</b></p> <p><b>St. Paul's Neighborhood Pharmacy</b> 3750 Third Ave., 10456 Phone: 718-293-8810 Hours: Monday to Friday, 10 a.m. to 6 p.m., Saturday, 10 a.m. to 3 p.m. Delivers: Yes, call store. Curbside pickup: No Languages: Spanish For additional delivery options, visit <a href="http://medlypharmacy.com">medlypharmacy.com</a>.</p>	<p><b>Primary Care</b></p> <p><b>BronxCare Fulton Family Medicine Practice</b> To make an appointment, call 718-901-6275. Website: <a href="http://bronxcare.org">bronxcare.org</a> Visit <a href="http://hitesite.org">hitesite.org</a> or call 844-NYC-4NYC for NYC Health + Hospitals for primary care options and COVID-19 testing information.</p>	<p><b>Bronx Mutual Aid Network for COVID-19</b> Email: <a href="mailto:BXMutualAid@gmail.com">BXMutualAid@gmail.com</a> Phone: 347-443-9193 Website: <a href="http://bit.ly/BxMutualAidNetworkCOVID">bit.ly/BxMutualAidNetworkCOVID</a> Services: Groceries, prescriptions, translation assistance, and other assistance.</p> <p>For additional mutual aid networks, call 646-437-8080 or visit <a href="http://mutualaid.nyc">mutualaid.nyc</a>. Hours and language availability vary</p>

### Food

<p><b>Grocery Store</b></p> <p><b>Food Bazaar Supermarket</b> 548 St. Paul's Place, 10456 Hours: 7 a.m. to 10:30 p.m., daily Senior Hours: Saturday to Sunday, 7 to 8 a.m. Delivery: Order online at <a href="http://instacart.com">instacart.com</a> EBT: Yes WIC: Yes</p>	<p><b>Food Pantry</b></p> <p><b>Temple Beth El Community</b> 3482 Park Ave., 10456 Hours: Sunday, 8:30 to 10 a.m. First come, first served.</p>	<p><b>Free Grab-and-Go Meals</b></p> <p><b>M.S. 302 Luisa Dessus Cruz</b> 681 Kelly St., 10456 Hours: 3-5pm on school days only. See the Department of Education (DOE) calendar to check for school holiday closures at <a href="http://schools.nyc.gov/about-us/news/2020-2021-school-year-calendar">schools.nyc.gov/about-us/news/2020-2021-school-year-calendar</a></p>
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### Community Organizations

<p><b>Financial Stability</b></p> <p><b>WHEDCO - Family Support Program</b> 50 E. 168th St., 10452 Phone: 718-839-1100 Website: <a href="http://whedco.org/education-family-support/family-support-2">whedco.org/education-family-support/family-support-2</a> Services: Benefit enrollment, health insurance enrollment, other financial assistance, temporary cash assistance for families Languages: Spanish</p>	<p><b>Housing Assistance</b></p> <p><b>Bronxworks-Homebase</b> 1130 Grand Concourse, 10456 Phone: 646-484-1379 Email: <a href="mailto:bwhomebase@bronxworks.org">bwhomebase@bronxworks.org</a> Website: <a href="http://nyc.gov/homebase">nyc.gov/homebase</a> Services: Eviction and foreclosure prevention, rent and mortgage payment assistance, case management</p>
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