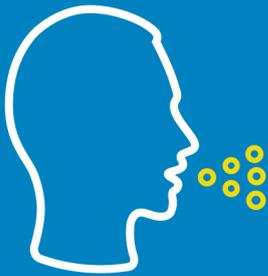


# When to Prescribe a Flu Antiviral

When influenza is spreading widely in the community, prescribe antivirals as shown:\*



- Fever + Cough  
or
- Fever + Sore Throat  
or
- Influenza otherwise suspected



- Seriously ill  
or
- Age <2 or >65
- Pregnant or recently pregnant
- Asthma, COPD or chronic lung disorder
- Diabetes
- Other high-risk conditions:
  - Chronic heart, kidney, liver or blood disorders
  - Neurologic disorders that cause breathing problems
  - Immunocompromised
  - Age <19 + long-term aspirin therapy
  - Morbid obesity (BMI ≥40)

Treat as soon as possible with *oseltamivir*, *peramivir* or *zanamivir*. Do not wait for test results.

For more information, call the Health Department's Provider Access Line at 1-866-692-3641.



\*Find a complete list of high-risk conditions and guidance on antiviral use at [nyc.gov/health](https://www.nyc.gov/health).