

# Fever and Rash? Consider Measles

Measles cases continue to be identified in New York City. Measles is highly contagious. Please protect patients, visitors and staff!



## Keep an eye out for measles symptoms:

### Suspect measles in patients with:

- High fever
- Generalized rash

### Ask About:

- International travel
- Vaccine history

### Prodrome

- Mild to moderate fever
- Cough
- Coryza
- Conjunctivitis

### Rash onset

- Fever spikes, often as high as 104° to 105° F
- Red, maculopapular rash that may become confluent—typically starts at hairline, then face, and spreads rapidly down body
- Koplik's spots (tiny blue/white spots on the bright red background of the buccal mucosa) may be present



## Act immediately if you suspect measles:

- Implement airborne infection control precautions immediately, mask and isolate patient—negative pressure room, if available.
- Permit only staff immune to measles to be near the patient.
- Do not use any regular exam room for at least 2 hours after a suspected measles patient has left the room.
- Contact Infection Control staff.
- Expedite measles serologic testing (IgM and IgG) and virus testing. Notify the Health Department to arrange testing at the Public Health Laboratory; use of commercial labs may delay the diagnosis.
- Safeguard other facilities: assure airborne infection control precautions before referring patients.
- If you're a health care provider and need guidance or need to report a suspect measles case, call the Health Department Provider Access Line at 866-692-3641.



Call 311 or visit [nyc.gov/health](http://nyc.gov/health) for more information.

*Adapted with permissions from the California Department of Public Health, Immunization Branch.*