



WARNING: MAY CONTAIN LEAD

Sindoor can contain lead, which can cause learning and behavior problems in children, miscarriage in pregnant women, and infertility.

- Wash your hands after handling.
- Keep away from children.
- If you use sindoor, ask your doctor for a blood lead test.

Call **311** or visit nyc.gov/leadfree for more information.

NYC
Health

Bill de Blasio
Mayor
Oxiris Barbot, MD
Commissioner



WARNING: MAY CONTAIN LEAD

Kohl, kajal, and surma can contain lead, which can cause learning and behavior problems in children, miscarriage in pregnant women, and infertility.

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- Keep away from children.
- If you use kohl, kajal, or surma, ask your doctor for a blood lead test.

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WARNING: MAY CONTAIN LEAD

Dust from old, peeling paint can contain lead, which can cause learning and behavior problems in children.

- Ask your landlord to fix peeling paint. If your landlord doesn't fix it, call 311.
- Wash floors, windowsills, and children's hands and toys often.
- Ask your doctor to test your child for lead.

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WARNING: MAY CONTAIN LEAD

Ayurvedic medicines can contain lead, which can cause learning and behavior problems in children, miscarriage in pregnant women, and infertility.

- If you use Ayurvedic medicines, ask your doctor for a blood lead test.

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WARNING: MAY CONTAIN LEAD

Spices bought in South Asian countries can contain lead, which can cause learning and behavior problems in children, miscarriage in pregnant women, and infertility.

- Buy your spices locally.
- If you use spices bought in South Asia, ask your doctor for a blood lead test.

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