Mexican Remedy Tierra Santa or Panito del Señor
Found to Contain Lead and Arsenic

What is Tierra Santa?

*Tierra Santa*, also called Panito del Señor, is a Mexican remedy used to treat stomach problems. This product has been found to contain lead and arsenic.

How can lead affect my health?

Lead is a toxic metal, of particular concern for children and pregnant women. Lead poisoning can cause problems in pregnancy and learning and behavioral problems in young children. Long-term effects of lead can include nervous system disorders and brain damage.

How can arsenic affect my health?

Arsenic is also a poisonous metal. People with long term exposures to arsenic may have an increased risk for cancer, skin lesions, eye irritation and nervous system effects.

What should I do if I have used this product?

- Immediately stop using these products.
- Call your doctor to request a blood-lead test. If you do not have a doctor, call 311 for help.
- Keep products away from children.
- If you suspect you may have been poisoned, call the Poison Control Center at 212-POISONS (764-7667) or 212-VENENOS (836-3667) for Spanish speakers.

How can I get more information?

Call 311 for more information or to report locations where these products are sold.