Facts about Underage Drinking in New York City

One in four (27%) New York City (NYC) adolescents (aged 12-20) consumed alcohol in the past 30 days. Sixteen percent consumed more than five drinks (binged) on at least one occasion in the past 30 days.¹

Why does underage drinking matter?

People who begin drinking before age 21 increase their risk of developing alcohol use disorders.² Drinking is associated with risky behaviors like unsafe sexual activity, drinking and driving, and experiencing or engaging in violent behavior such as physical fights.

Each year, alcohol-related injuries (homicide, suicide and unintentional injury) cause 5,000 deaths among people under age 21 in the United States.

In 2011, there were nearly 7,000 alcohol-related emergency department visits among New Yorkers under age 21 (320 visits per 100,000 New Yorkers under 21).³

What do we know about drinking among public high school students in NYC?⁴

NYC youth are less likely to drink than youth in the rest of the US

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NYC White and Hispanic youth are more likely to drink than Black or Asian youth

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The earlier a person starts drinking, the greater the risk of alcohol dependence.²

Life time alcohol dependence, %

Age started drinking

<14 14 15 16 17 18 19 20 21+

Drinking status, %

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What do NYC public high school students usually drink and where do they usually get it?

One in five purchase their own alcohol

- Got it some other way, 20%
- Bought it, 21%
- Gave someone else money, 11%
- Took it from a store or family, 18%
- Someone gave it to me, 30%

More than half consume liquor

- No usual type 10%
- Some other type 7%
- Wine 2%
- Beer 11%
- Alcopops* 17%
- Liquor 53%

*Includes flavored malt beverages, such as Smirnoff Ice or Hard Lemonade and wine coolers, such as Bartles & Jaymes

How easy is it for people under 21 to purchase alcohol?

Undercover investigators from the New York State Liquor Authority visited 911 NYC stores in 2014 to test whether they would sell to underage buyers. More than half (58%) sold to a minor.

Wine and liquor retailers sell to minors just as often as beer retailers

- Wine/liquor retailers sold to minor, 60%
- Beer retailers sold to minor, 56%

Recently cited stores are more likely to ask for ID and less likely to sell to minors

- Recently cited asked for ID, 56%
- Not recently cited asked for ID, 43%
- Recently cited sold to minor, 43%
- Not recently cited sold to minor, 55%

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1 SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2010-2012.
4 New York City Department of Health and Mental Hygiene. Bureau of Alcohol and Drug Use Prevention, Care, and Treatment - Youth Risk Behavior Survey 2013