The Family Resource Centers (FRCs) provide individual and group-based family support services to parents/caregivers of children and youth (birth- age 24) who have or are at risk for developing emotional, behavioral, or mental health challenges, using a family and youth peer model.

FRCs provide to parents/caregivers and youth:
- Emotional support
- Advocacy to help navigate child-serving systems
- Information about mental health conditions, services, and family rights
- Referrals to appropriate services and resources
- Skill development through educational workshops
- Recreational activities
- Respite

All FRC services are free of charge, and no referral is needed to access services.

Warm-line: A phone line answered by a family advocate for family members, professionals, and members of the public to call with non-crisis questions and/or concerns

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### FRC of Northern Bronx – Vibrant Emotional Health
975 Kelly Street, Suite 301
Bronx, NY 10459

Program Director: Iliana Reyes
Phone: 718-220-0456

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### FRC of Southern Manhattan – Vibrant Emotional Health
1 Penn Plaza 36th floor
Suites 3696 and 3697
New York NY 10019

Program Director: Janet Rosa
Phone: 212 964 5253

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### FRC of Queens – Vibrant Emotional Health
29-46 Northern Boulevard, 2nd Fl
Long Island City, NY 11101

Program Director: Ina Concepcion
Phone: 718- 651-1960
Phone: 718-698-5307

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### FRC of Northern Brooklyn – Institute for Community Living
2581 Atlantic Avenue
Brooklyn, NY 11207

Program Director: Terri Johnson
Phone: 718-290-8100
Warm Line: 877-425-8133

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### FRC of Southern Brooklyn – Jewish Child Care Association
858 East 29th St.
Brooklyn, NY 11210

Program Director: Yudelca DeLaCruz
Phone: 347-462-8124
Warm Line: 347-394-5186

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For more information, contact Salena Mullen at smullen@health.nyc.gov