Breast milk lowers baby’s risk of diarrhea

Breast milk lowers baby’s risk of ear infections

Breast milk lowers baby’s risk of pneumonia

Breast milk is best for your baby.

It’s your right to feed your baby only breast milk and get the support you need.

Go to nyc.gov and search BREASTFEEDING or call 311 for help and support.

Made possible with funding from the Centers for Disease Control and Prevention.

©2012 The City of New York, Department of Health and Mental Hygiene. All Rights Reserved.