With New York City Nurse-Family Partnership (NYC NFP), your own personal nurse will answer your questions and provide valuable information and guidance. They will support you to have a healthy pregnancy and a healthy baby, and to be the best mom you can be. NYC NFP won’t cost you anything and is available regardless of your age, immigration status or gender identity.

Having your first baby?

You can have your own personal nurse!

“How do babies need?”

“Will I be a good mom?”

“How will this change my life?”

“How will I take care of my baby?”

“What do I tell my family and friends?”

“Should I breastfeed?”

For more information, ask your health-care provider, visit nyc.gov/health/nfp, email nycnfp@health.nyc.gov or call 311 and ask for Nurse-Family Partnership.