

A young child with dark hair is sleeping peacefully, holding a clear plastic bottle with a pink cap. The bottle is tilted, and a yellowish liquid is visible inside. The child is wearing a red top. The background is a white surface with colorful polka dots.

**The root of  
tooth decay  
may be time  
spent with  
this bottle.**



**When juice, soda, milk or formula stay on your baby's teeth too long, the sugar in these drinks can cause tooth decay.**

**TAKE THESE STEPS:**

- Don't use a bottle as a pacifier
- Don't put your baby to sleep with a bottle
- Avoid putting sugary drinks in bottles

**For more information, call 311 or visit [nyc.gov](http://nyc.gov) and search for "TEETH"**

**NYC**  
Health