



The root of a healthy mouth begins with her first tooth.

Tooth decay can begin as soon as your baby's first tooth appears.

TAKE THESE STEPS:

- Brush your child's teeth twice a day as soon as the first tooth comes in
- Brush with fluoridated toothpaste for children age 2 and older
- Assist and supervise children until they can brush well on their own

For more information, call 311 or visit nyc.gov and search for "TEETH"

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