

The root of your child's tooth decay may be in *your* mouth.



Cavity-causing germs can be passed to children through saliva.

TAKE THESE STEPS:

- Use water, not your mouth, to clean off a pacifier
- Don't share utensils or bites of food with your baby
- Take care of your own teeth to reduce germs in your mouth

For more information, call 311 or visit nyc.gov and search for "TEETH"

