



Do Not Drink Poppers

Poppers Contain Dangerous Liquid Chemicals Called Alkyl Nitrites



How Are Poppers Used?

Poppers are sniffed (inhaled) for recreational use as a muscle relaxer or a sexual enhancer and should never be ingested.

What Are the Dangers?

Poppers are sold as deodorizers, solvent cleaners, or nail polish removers in small bottles that look like energy drinks. Poppers are not energy drinks and you should never drink them.

Poppers can cause a type of blood poisoning called methemoglobinemia. Symptoms can include headache, blue-colored skin (cyanosis), difficulty breathing, and loss of consciousness or feeling faint or dizzy.

If you or someone you know feels sick from using poppers, or if you have questions, immediately call the New York City Poison Center at 212-POISONS (212-764-7667).



For more information, visit nyc.gov/health and search for **poison control** or scan the QR code.



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