



**NEW YORK CITY DEPARTMENT OF HEALTH
AND MENTAL HYGIENE**
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Commissioner

FOR IMMEDIATE RELEASE
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STATEMENT FROM HEALTH COMMISSIONER BASSETT ON FDA TRANS FAT BAN

“Today, all Americans should celebrate that trans fats are banned. New York City was the first municipality in the country to restrict the use of trans fats in restaurants in 2006. We are proud to have been a leader in what is now a nationwide commitment to reducing the public’s exposure to unhealthy fats and decreasing the risk of heart attack and stroke.”

Background

- As of today, June 18, the Food and Drug Administration (FDA) will no longer allow food manufacturers to add partially hydrogenated oils to foods.
- Products produced prior to June 18 will have time to work their way through distribution; the compliance date for these foods to January 1, 2020.
- In 2015, the FDA determined that partially hydrogenated oils, the major source of artificial trans fat in the food supply, are no longer “Generally Recognized as Safe.”

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