



**NEW YORK CITY DEPARTMENT OF HEALTH
AND MENTAL HYGIENE**
Mary T. Bassett, MD, MPH
Commissioner

FOR IMMEDIATE RELEASE
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**NEW YORK STATE SUPREME COURT AFFIRMED THE DECISION UPD HOLDING
HEALTH DEPARTMENT’S SODIUM WARNING RULE**

February 10, 2016 – “Today the New York State Appellate Division upheld the sodium warning rule. This means New Yorkers will have continued access to information about menu items at chain restaurants containing more than the recommended daily sodium limit. This rule helps New Yorkers make informed decisions that can contribute to lower sodium intake. High sodium intake can increase blood pressure and risk of heart disease and stroke. The Health Department will continue developing polices that uphold our mission of promoting and protecting the health of all New Yorkers,” said **Health Commissioner Dr. Mary T. Bassett**.

You can read the Appellate Division’s decision [here](#).

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