

# EMPLOYEE SMOKING CESSATION PROGRAM

# ESCOPE

*to a smoke-free life...*

## **Enroll in the Employee Smoking Cessation Assistance Program**

- Available to ALL New York City government employees
- Free quit-smoking support includes:
  - Medications (nicotine patch, gum and lozenge, Zyban and Chantix)
  - Confidential counseling provided by experienced specialists in-person or by phone

**Call 212-676-2393 for an appointment**

Call-in hours: Monday through Friday 9 a.m. to 5 p.m.

Office hours: Wednesdays 11 a.m. to 5 p.m.

**New York City Department of Health and Mental Hygiene  
Bureau of Chronic Disease Prevention and Tobacco Control  
42-09 28th Street, 11th Floor, Long Island City, NY 11101  
Bus: Q32 or Q60; train: E, M, R, 7, N, Q or G**

**You can quit. We can help!**

**NYC**  
Health