For more information visit www.nyc.gov and search for Project Renew, scan the QR code above, or email ProjectRenew@health.nyc.gov

Project Renew is supported by funds from the Substance Abuse and Mental Health Services Administration (SAMHSA, TI023470).
PROJECT RENEW is a program within the NYC Health Department that provides substance abuse (alcohol and/or drugs) screening, brief intervention and referral to treatment services.

Use this guide to find treatment centers, mental health support, and other helpful resources.

The following clinics offer confidential, free or low-cost health services for teens and young adults that may include:
- Substance abuse treatment
- STI testing and treatment
- HIV testing
- Counseling and support
- Medical services
- Condoms and birth control

Look for these symbols:
- ★ = Free services
- ✔️ = Accepts Medicaid
- ❤️ = Parental/guardian consent required
- ✨ = LGBTQI services
- 🌊 = Outpatient substance abuse treatment
- ✨️ = Inpatient substance abuse treatment
Heavy drinking during your teens can cause long-lasting HARM to your ability to think clearly.

Prescription drug abuse may cause PARANOIA, high blood pressure, addiction, irregular heartbeat, seizures and overdose.

Marijuana addiction is linked to withdrawal symptoms such as irritability, sleeping problems, anxiety.

Facts:

Marijuana smoke contains harmful chemicals similar to those in tobacco.

People who begin drinking by age 15 are five times more likely to become an alcoholic than those who start drinking after age 20.

There is nothing cool about falling down, passing out and vomiting from drinking alcohol.
MANHATTAN

★ Callen Lorde: Project HOTT
(Health Outreach to Teens)
△ 356 W. 18th St.  New York 10011
Subway: A C E L 14th St.
Phone: (212) 271-7212
callen-lorde.org
Ages 13 to 24
Medical services: general medical care, gynecological exams, testing and treatment for STI and HIV
Counseling and mental health: sexuality; gender identity; physical, sexual, and emotional abuse/trauma; depression/anxiety; HIV and other medical diagnoses; HIV pre/post-test counseling; crisis intervention

✓ Changing Youth Thinking (CYT)
❤ 60 Lafayette St.  New York 10013
Subway: 6 J Z N Q R  Canal St.
Phone: (212) 442-2923
tinyurl.com/youthprog
Ages 12 to 17
Services: drug and/or alcohol individual and group counseling

“I can be cool no matter who I am. I don’t need drugs.”
Marcos
age 17
IMPACT Program
164 W. 74th St. New York 10023
Subway: 1 2 3 72nd St.
Phone: (212) 595-5810 Ext. 7786
tinyurl.com/impactprog
Services: drug and alcohol abuse treatment

Mt Sinai– Adolescent Health Center
312 E. 94th St. New York 10128
Subway: 6 96th St.
Phone: (212) 423-3000
tinyurl.com/sinai-teen
Ages 10 to 22
Services: drug and/or alcohol treatment; comprehensive screening, psychosocial assessment, individual and group therapy, psychiatric evaluation and medication management

New York Center for Living
Adolescents Program
226 E. 52nd St. New York 10022
Subway: E M Lexington/53rd
Phone: (212) 712-8800
www.centerforliving.org
Ages 13 to 18
Services: treatment for substance abuse

Project Youth Empowerment Services (YES)
2191 Third Ave. New York 10035
Subway: 6 116th St.
Phone: (212) 831-1555
tinyurl.com/yesyouth
Ages 13 to 20
Services: After school prevention/intervention program combined with tailored educational and career services designed for young people at early experimental stages of substance use, services include individual counseling and peer group sessions

Streetwork Project
209 W. 125th St New York 10027
Subway: A C B D 2 3 125th St.
Phone: (800) 708-6600
tinyurl.com/strtwork
Ages 18 to 24
Services: legal, medical and psychiatric services; individual and group counseling; emergency and crisis housing; help in obtaining Medicaid; hot meals; showers; clothing; HIV prevention counseling and wellness activities
Sylvia’s Place

446 W. 36th St.  New York 10018  
Subway: A C E 34th St.  
Phone: (212) 629-7440, Ext. 226  
mccny.org/resources/mccny-charities  
Ages 18 to 24  
Services: emergency shelter for LGBTQI youth, food, HIV testing and mental health services

The Door

555 Broome St.  New York 10013  
Phone: (212) 941-9090 Ext. 3291  
Subway: 1 Canal St.  A C E Spring St.  
www.door.org  
Ages 12 to 21  
Services: counseling for LGBTQI youth and substance abuse, crisis intervention, health and dental services, sexual health, help with food and shelter

YES (The LGBT Center)

208 W. 13th St.  New York 10011  
Subway: 1 2 3 14th St.  
Phone: (212) 620-7310  
www.gaycenter.org/youth  
Ages 13 to 21  
Services: LGBTQI youth crisis intervention and counseling referrals

“...I don’t want to be a statistic, I want society to look at us and think their future is in safe hands.”

Mimi  
age 14
Dynamite Youth Community
1830 Coney Island Ave. Brooklyn 11230
Phone: (718) 376-7923
Subway: @ Ave. M
www.dycinc.org
Services: substance abuse treatment with outpatient option for maintenance

Health and Education Alternatives for Teens (HEAT)
760 Parkside Ave. Rm 308 Brooklyn 11226
Phone: (718) 467-4446
Subway: ②⑤ Winthrop St.
heatprogram.org
Ages 13 to 24
Services: medical, HIV counseling and testing, mental health, STD diagnosis and treatment, gynecological services, support services for high-risk and HIV-infected youth

Safe Horizon Counseling Center
180 Livingston St. Brooklyn 11201
Phone: (347) 328-8110
Subway: ②⑥ Hoyt St. ①④⑥ Jay St.
tinyurl.com/safehoriz
Services: mental health clinic for treating trauma such as domestic violence, rape, physical and sexual abuse and crime victims

“When I was drunk, I did stupid things that I know I don’t do when I’m sober.”

Daryl
Age 17
BRONX

BASICS

488 E. 164th St.  Bronx 10456
Subway: 2, 5 Prospect Ave.
Phone: (646) 224-0448 or 0449
Ages 13 to 17 males
Services: substance abuse counseling and treatment

“It was way hard, but if I can stop getting high, anyone can.”

Miguel
age 18
**QUEENS**

✓ **The Child Center of New York (YES)**  
60-02 Queens Blvd. Woodside 11377  
Subway:  
🌍 E Jamaica Ctr.  🚊 F Parsons Blvd.  
(718) 651-7770 Ext. 202  
childcenterny.org  
Ages 11 to 18 and up  
Services: individual and group substance abuse prevention/intervention, trauma and domestic violence services counseling

✓ **Outreach Project**  
📍 117-11 Myrtle Ave. Richmond Hill 11418  
Subway: 🚙 121st St.  
Outpatient Phone: (718) 849-6300  
Residential Phone: (718) 456-7820  
opiny.org  
Ages 12 to 18  
Services: afterschool and evening substance abuse testing, individual and group counseling and treatment

✓ **Safe Space**  
📍 89-74 162nd St. Jamaica 11432  
Subway:  
🌍 E Jamaica Ctr.  🚊 F Parsons Blvd.  
Phone: (718) 526-2400  
www.safespacenyc.org  
Ages 13 to 18  
Services: provides shelter and help to runaway and homeless youth, crisis counseling and referrals to other needed services

✓ **Western Queens Recovery Services**  
📍 62-07 Woodside Ave., 4th Fl  
Woodside 11377  
Subway: 🚊 7 Woodside Ave.  
Phone: (718) 898-5085  
www.mhpwq.org  
Ages 15 to 19  
Services: mental health and substance abuse treatments
“Drugs make you a cop magnet.”

Jessica, age 16

Camelot
263 Port Richmond Ave.
Staten Island
Phone: (718) 356-5100
www.camelotcounseling.com
Ages 14 to 19
Services: counseling for youths confronting HIV/AIDS, STD’s and substance abuse

Teen R.A.P. (Risk Assessment Program)
Bay Street Health Center
57 Bay St.
Staten Island 10305
siteenrap.com
Ages 12 to 21
Services: physical exams; birth control; gynecology exams; pregnancy testing; sex, parents, school and peer pressure counseling; sexually transmitted disease test and treatment; HIV/AIDS counseling and testing; and mental health services
**Multiple Locations**

✅ **Armes Acres**
- www.armsacres.com
- Ages 11 to 17
- Services: substance abuse treatment
- **80-02 Kew Gardens Rd.**
  - Kew Gardens 11415
  - Phone: (718) 520-1513
  - Subway: 🚀 Kew Gardens-Union Tpke.

- **3584 Jerome Ave. Bronx 10467**
  - Phone: (718) 653-1537
  - Subway: 🚊 Woodlawn

✅ **Daytop Village**
- www.daytop.org
- Ages 14 to 21; inpatient for ages 18 to 21
- Services: substance abuse treatment
- **2614-16 Halperin Ave. Bronx 10461**
  - Subway: 🚊 Westchester Sq.
  - (718) 518-9007

- **147-32 Jamaica Ave. Jamaica 11435**
  - Subway: 🚊 Sutphin Blvd
  - (718) 523-4242

- **1915 Forest Ave. Staten Island 10303**
  - (718) 918-3136

⭐ **Project STAY – The Mobile Health Team**
- www.projectstaynyc.org
- Ages 14 to 24
- Services: comprehensive health services, counseling and testing for STIs and HIV
- **215 W. 125th St. New York 10027**
  - Phone: (646) 284-9732
  - Subway: 🚊 125th St.

✅ **Realization Center**
- (212) 627-9600
- realizationcenternyc.com
- Ages 13 to 24
- Services: substance abuse treatment
- **175 Remsen St. Brooklyn 11201**
  - Phone: (718) 342-6700
  - Subway: 🚊 Borough Hall. 🎨 Court St.

- **19 Union Square New York 10003**
  - Subway: 🚊 Union Sq.
  - (212) 627-9600
HOTLINES AND RESOURCES

New York City Domestic Violence Hotline
(800) 621-HOPE*

The Samaritans Suicide Prevention Hotline
(212) 673-3000 available 24/7
www.samaritansnyc.org

FindYouthInfo
(877) 231-7843
findyouthinfo.gov
Youth-focused organizations and resources

Youth Empowerment Speaks (YES)
Part of the Queens Consortium
Beth Covelli at (718) 297-8000, ext. 265
Or bethcovelli@childcenterny.org
Groups for discussing bullying, substance abuse and peer pressure

HOPEline
(877) 8-HOPENY (877) 846-7369
24/7 help with alcoholism, drug abuse, and problem gambling

Drug and Alcohol Treatment Hotline*
(800) 522-5353
findtreatment.samhsa.gov
24/7 assistance for finding treatment providers

* Bilingual (English and Spanish) services available

NIDA for Teens:
The Science Behind Drug Abuse
teens.drugabuse.gov

Heads Up: Real News About Drugs and Your Body
headsup.scholastic.com

LIFENET—Crisis Intervention
English: (800) LIFENET (543-3638)
Spanish: (877) AYUDESE
Talk to mental health professionals or locate mental health or substance abuse services.*

Covenant House
(800) 999-9999 (V) and (800) 999-9915 (TTY)
www.covenanthouse.org
For runaway or street youth.

Safe Horizon’s Domestic Violence Hotline
(800) 621-4673
Counselors can help identify resources and support 24/7
Alcoholics Anonymous
(212) 647-1680 (meeting referral)
(212) 870-3400 (literature)
www.nyintergroup.org
www.aa.org

Marijuana Anonymous
(212) 459-4423
www.ma-newyork.org

Narcotics Anonymous
(818) 773-9999 or (212) 929-6262
www.newyorkna.org

New York State Smokers Quitline
(866) NY-QUITS* (866-697-8487)
www.nysmokefree.com

Nicotine Anonymous
(212) 824-2526 (meeting referral)
www.nicotine-anonymous.org

Family Planning Benefit program
(718) 557-1399
tinyurl.com/familyplanningbenefit
Public health insurance for New Yorkers who need family planning services

National Teen Dating Abuse Hotline
(866) 331-9474 for 24 hours emergency help
www.loveisrespect.org
Peer advocates available to talk or chat between 4 pm-2 am

Safe Horizon's Rape and Sexual Assault Hotline
(212) 227-3000
24/7 counseling and assistance*

NYS HIV/AIDS Hotline
English: (800) 541-2437
Spanish: (800) 233-7432
(800) 396-2437 TDD

NYC Anti-Violence Project (AVP)
(212) 714-1141
www.avp.org
24/7 assistance for LGBTQ and HIV and survivors of violence*

3-1-1
www.nyc.gov/311
In an emergency, dial 911
For government information (including Medicaid) and non-emergency services

Medicaid Information
(888) 692-6116
Human Resources Administration (HRA)
**DEFINITIONS**

**Inpatient substance abuse treatment:**
Live in a rehabilitation facility 24/7 while receiving alcohol and drug abuse treatment with a focus on healing.

**LGBTQI:** Lesbian, Gay, Bisexual, Transgender, Queer or Questioning and Intersex

**Outpatient substance abuse treatment:**
individual and group alcohol or drug abuse counseling and supportive services with the freedom to do regular activities (such as school or work) and be home each day

**STD:** Sexually Transmitted Diseases

**STI:** Sexually Transmitted Infections

**Substance abuse:** excessive use of alcohol or drugs (such as marijuana, narcotics or cocaine) without medical reasons

**Medicaid:** government insurance program for anyone who doesn't have enough money or resources to pay for health care

**TIPS**

**Be honest**
so the doctor knows everything and can give you the best care.

**Ask questions**
about drug and alcohol treatments, STIs and sex if you don't understand what the doctor said or why something is being done.