



For more information visit [www.nyc.gov](http://www.nyc.gov) and search for **Project Renew**, scan the QR code above, or email [ProjectRenew@health.nyc.gov](mailto:ProjectRenew@health.nyc.gov)

# PROJECT RENEW

Resource guide for teens and young adults



Project Renew is supported by funds from the Substance Abuse and Mental Health Services Administration (SAMHSA, TI023470).



# PROJECT RENEW

is a program within the NYC Health Department that provides substance abuse (alcohol and/or drugs) screening, brief intervention and referral to treatment services.

Use this guide to find treatment centers, mental health support, and other helpful resources.

The following clinics offer **confidential**, **free** or **low-cost** health services for teens and young adults that may include:

- Substance abuse treatment
- STI testing and treatment
- HIV testing
- Counseling and support
- Medical services
- Condoms and birth control

Look for these symbols:

- ★ = Free services
- ✓ = Accepts Medicaid
- ♥ = Parental/guardian consent required
- ▲ = LGBTQI services
- Ⓢ = Outpatient substance abuse treatment
- Ⓜ = Inpatient substance abuse treatment

# FACTS:

Marijuana smoke contains

**harmful chemicals**

similar to those in tobacco.

People who begin drinking by

age 15 are **five times more**

likely to become an

**alcoholic** than those

who start drinking after age 20.

There is

**NOTHING** cool

about **falling down,**

**passing out** and **vomiting**

from drinking alcohol.

Heavy drinking during your teens  
can cause

**long-lasting HARM**

to your ability to think clearly.

Prescription drug abuse may

cause **PARANOIA,**

high blood pressure, addiction,

**irregular heartbeat,**

**seizures** and **overdose.**

Marijuana addiction is linked to

withdrawal symptoms such as

**irritability,**

**sleeping problems,**

and **ANXIETY.**

“I can be  
**COOL**  
NO MATTER  
who I am.  
I DON'T  
NEED  
drugs.”

Marcos  
age 17

## MANHATTAN

★ **Callen Lorde: Project HOTT**  
✓ (Health Outreach to Teens)

▲ 356 W. 18th St. New York 10011

Subway: **A C E L** 14th St.

Phone: (212) 271-7212

[callen-lorde.org](http://callen-lorde.org)

Ages 13 to 24

Medical services: general medical care, gynecological exams, testing and treatment for STI and HIV

Counseling and mental health: sexuality; gender identity; physical, sexual, and emotional abuse/trauma; depression/anxiety; HIV and other medical diagnoses; HIV pre/post-test counseling; crisis intervention

✓ **Changing Youth Thinking (CYT)**

♥ 60 Lafayette St. New York 10013

♻️ Subway: **G J Z N Q R** Canal St.

Phone: (212) 442-2923

[tinyurl.com/youthprog](http://tinyurl.com/youthprog)

Ages 12 to 17

Services: drug and/or alcohol individual and group counseling

✓ **IMPACT Program**  
♥ 164 W. 74th St. New York 10023  
🚇 Subway: ① ② ③ 72nd St.  
Phone: (212) 595-5810 Ext. 7786  
[tinyurl.com/impactprog](http://tinyurl.com/impactprog)  
Services: drug and alcohol abuse treatment

★ **Mt Sinai– Adolescent Health Center**  
✓ 312 E. 94th St. New York 10128  
Subway: ⑥ 96th St.  
Phone: (212) 423-3000  
[tinyurl.com/sinai-teen](http://tinyurl.com/sinai-teen)  
Ages 10 to 22  
Services: drug and/or alcohol treatment; comprehensive screening, psychosocial assessment, individual and group therapy, psychiatric evaluation and medication management

♥ **New York Center for Living Adolescents Program**  
🚇 226 E. 52nd St. New York 10022  
Subway: ④ ⑤ Lexington/53rd  
Phone: (212) 712-8800  
[www.centerforliving.org](http://www.centerforliving.org)  
Ages 13 to 18  
Services: treatment for substance abuse

★ **Project Youth Empowerment Services (YES)**  
✓ 2191 Third Ave. New York 10035  
Subway: ⑥ 116th St.  
Phone: (212) 831-1555  
[tinyurl.com/yesyouth](http://tinyurl.com/yesyouth)  
Ages 13 to 20  
Services: After school prevention/intervention program combined with tailored educational and career services designed for young people at early experimental stages of substance use, services include individual counseling and peer group sessions

★ **Streetwork Project**  
▲ 209 W. 125th St New York 10027  
Subway: ① ② ③ ④ ⑤ 125th St.  
Phone: (800) 708-6600  
[tinyurl.com/strowth](http://tinyurl.com/strowth)  
Ages 18 to 24  
Services: legal, medical and psychiatric services; individual and group counseling; emergency and crisis housing; help in obtaining Medicaid; hot meals; showers; clothing; HIV prevention counseling and wellness activities

★ **Sylvia's Place**

▲ 446 W. 36th St. New York 10018

Subway: **A C E** 34th St.

Phone: (212) 629-7440, Ext. 226

[mccny.org/resources/mccny-charities](http://mccny.org/resources/mccny-charities)

Ages 18 to 24

Services: emergency shelter for LGBTQI youth, food, HIV testing and mental health services

★ **The Door**

▲ 555 Broome St. New York 10013

Phone: (212) 941-9090 Ext. 3291

Subway: **1** Canal St. **A C E** Spring St.

[www.door.org](http://www.door.org)

Ages 12 to 21

Services: counseling for LGBTQI youth and substance abuse, crisis intervention, health and dental services, sexual health, help with food and shelter

★ **YES (The LGBT Center)**

▲ 208 W. 13th St. New York 10011

Subway: **1 2 3** 14th St.

Phone: (212) 620-7310

[www.gaycenter.org/youth](http://www.gaycenter.org/youth)

Ages 13 to 21

Services: LGBTQI youth crisis intervention and counseling referrals

“I DON'T WANT  
to be a  
STATISTIC,  
I WANT  
society to look at us  
and think their future  
is in SAFE hands.”

Mimi  
age 14

# BROOKLYN

♥ **Dynamite Youth Community**  
1830 Coney Island Ave. Brooklyn 11230  
Phone: (718) 376-7923  
Subway: 🟡 Ave. M  
[www.dycinc.org](http://www.dycinc.org)  
Services: substance abuse treatment  
with outpatient option for maintenance

★ **Health and Education Alternatives  
for Teens (HEAT)**  
760 Parkside Ave. Rm 308 Brooklyn 11226  
Phone: (718) 467-4446  
Subway: 🟡 🟢 Winthrop St.  
[heatprogram.org](http://heatprogram.org)  
Ages 13 to 24  
Services: medical, HIV counseling and testing,  
mental health, STD diagnosis and treatment,  
gynecological services, support services  
for high-risk and HIV-infected youth

✓ **Safe Horizon Counseling Center**  
♥ 180 Livingston St. Brooklyn 11201  
Phone: (347) 328-8110  
Subway: 🟡 🟢 Hoyt St. 🟠 🟡 🟢 Jay St.  
[tinyurl.com/safehoriz](http://tinyurl.com/safehoriz)  
Services: mental health clinic for treating  
trauma such as domestic violence, rape,  
physical and sexual abuse and crime victims

“When I was  
drunk,  
I did  
**STUPID**  
sh#^\*  
that I KNOW  
I DON'T DO  
when I'm sober.”

Daryl  
age 17

# BRONX



## BASICS

488 E. 164th St. Bronx 10456

Subway: Prospect Ave.

Phone: (646) 224-0448 or 0449

Ages 13 to 17 males

Services: substance abuse counseling  
and treatment

“It was way hard,  
but if I can  
**STOP**  
getting high,  
**ANYONE**  
**CAN.**”

Miguel  
age 18

# QUEENS

- ✓ **The Child Center of New York (YES)**  
60-02 Queens Blvd. Woodside 11377  
Subway:  
🚇🚝 Jamaica Ctr. 🚇 Parsons Blvd.  
(718) 651-7770 Ext. 202  
[childcenterny.org](http://childcenterny.org)  
Ages 11 to 18 and up  
Services: individual and group substance abuse prevention/intervention, trauma and domestic violence services counseling

- ✓ **Outreach Project**  
♥ 117-11 Myrtle Ave. Richmond Hill 11418  
🚇 Subway: 🚝 121st St.  
📞 Outpatient Phone: (718) 849-6300  
Residential Phone: (718) 456-7820  
[opiny.org](http://opiny.org)  
Ages 12 to 18  
Services: afterschool and evening substance abuse testing, individual and group counseling and treatment

- ✓ **Safe Space**  
▲ 89-74 162nd St. Jamaica 11432  
Subway:  
🚇🚝 Jamaica Ctr. 🚇 Parsons Blvd.  
Phone: (718) 526-2400  
[www.safespaceny.org](http://www.safespaceny.org)  
Ages 13 to 18  
Services: provides shelter and help to runaway and homeless youth, crisis counseling and referrals to other needed services

- ✓ **Western Queens Recovery Services**  
♥ 62-07 Woodside Ave., 4th Fl  
🚇 Subway: 🚝 Woodside Ave.  
Phone: (718) 898-5085  
[www.mhpwq.org](http://www.mhpwq.org)  
Ages 15 to 19  
Services: mental health and substance abuse treatments

“Drugs  
MAKE  
YOU a  
COP  
magnet.”

Jessica  
age 16

## STATEN ISLAND

- ✓ **Camelot**  
♥ 263 Port Richmond Ave.  
📍 Staten Island  
📞 Phone: (718) 356-5100  
[www.camelotcounseling.com](http://www.camelotcounseling.com)  
Ages 14 to 19  
Services: counseling for youths confronting HIV/AIDS, STD's and substance abuse
- ★ **Teen R.A.P. (Risk Assessment Program)**  
✓ Bay Street Health Center  
57 Bay St.  
Staten Island 10305  
[siteenrap.com](http://siteenrap.com)  
Ages 12 to 21  
Services: physical exams; birth control; gynecology exams; pregnancy testing; sex, parents, school and peer pressure counseling; sexually transmitted disease test and treatment; HIV/AIDS counseling and testing; and mental health services

# MULTIPLE LOCATIONS

✓ **Armes Acres**  
▲ [www.armsacres.com](http://www.armsacres.com)  
♥ Ages 11 to 17  
↻ Services: substance abuse treatment  
👉

**80-02 Kew Gardens Rd.**

Kew Gardens 11415

Phone: (718) 520-1513

Subway: **E** **F** Kew Gardens-Union Tpke.

**3584 Jerome Ave. Bronx 10467**

Phone: (718) 653-1537

Subway: **4** Woodlawn

✓ **Daytop Village**  
♥ [www.daytop.org](http://www.daytop.org)  
↻ Ages 14 to 21; inpatient for ages 18 to 21  
👉 Services: substance abuse treatment

**2614-16 Halperin Ave. Bronx 10461**

Subway: **6** Westchester Sq.

(718) 518-9007

**147-32 Jamaica Ave. Jamaica 11435**

Subway: **E** **J** Sutphin Blvd

(718) 523-4242

**1915 Forest Ave. Staten Island 10303**

(718) 918-3136

★ **Project STAY –  
The Mobile Health Team**  
[projectstaynyc.org](http://projectstaynyc.org)  
Ages 14 to 24  
Services: comprehensive health services,  
counseling and testing for STIs and HIV

**215 W. 125th St. New York 10027**

Phone: (646) 284-9732

Subway: **A** **C** **B** **D** **2** **3** 125th St.

✓ **Realization Center**  
♥ (212) 627-9600  
▲ [realizationcenternyc.com](http://realizationcenternyc.com)  
↻ Ages 13 to 24  
Services: substance abuse treatment

**175 Remsen St. Brooklyn 11201**

Phone: (718) 342-6700

Subway: **2** **3** Borough Hall. **R** Court St.

**19 Union Square New York 10003**

Subway: **4** **5** **6** **N** **Q** **R** **L** Union Sq.

(212) 627-9600

# HOTLINES AND RESOURCES

**NIDA for Teens:**  
**The Science Behind Drug Abuse**  
[teens.drugabuse.gov](http://teens.drugabuse.gov)

**Heads Up: Real News About  
Drugs and Your Body**  
[headsup.scholastic.com](http://headsup.scholastic.com)

**LIFENET—Crisis Intervention**  
English: (800) LIFENET (543-3638)  
Spanish: (877) AYUDESE  
Talk to mental health professionals or  
locate mental health or substance  
abuse services.\*

**Covenant House**  
(800) 999-9999 (V) and (800) 999-9915 (TTY)  
[www.covenanthouse.org](http://www.covenanthouse.org)  
For runaway or street youth.

**Safe Horizon's Domestic Violence Hotline**  
(800) 621-4673  
Counselors can help identify  
resources and support 24/7

**New York City Domestic Violence Hotline**  
(800) 621-HOPE\*

**The Samaritans  
Suicide Prevention Hotline**  
(212) 673-3000 available 24/7  
[www.samaritansnyc.org](http://www.samaritansnyc.org)

**FindYouthInfo**  
(877) 231-7843  
[findyouthinfo.gov](http://findyouthinfo.gov)  
Youth-focused organizations and resources

**Youth Empowerment Speaks (YES)  
Part of the Queens Consortium**  
Beth Covelli at (718) 297-8000, ext. 265  
Or [bethcovelli@childcenteryny.org](mailto:bethcovelli@childcenteryny.org)  
Groups for discussing bullying, substance  
abuse and peer pressure

**HOPEline**  
(877) 8-HOPENY (877) 846-7369  
24/7 help with alcoholism, drug abuse,  
and problem gambling

**Drug and Alcohol Treatment Hotline\***  
(800) 522-5353  
[findtreatment.samhsa.gov](http://findtreatment.samhsa.gov)  
24/7 assistance for finding  
treatment providers

\*Bilingual (English and Spanish) services available

**Alcoholics Anonymous**

(212) 647-1680 (meeting referral)

(212) 870-3400 (literature)

[www.nyintergroup.org](http://www.nyintergroup.org)

[www.aa.org](http://www.aa.org)

**Marijuana Anonymous**

(212) 459-4423

[www.ma-newyork.org](http://www.ma-newyork.org)

**Narcotics Anonymous**

(818) 773-9999 or (212) 929-6262

[www.newyorkna.org](http://www.newyorkna.org)

**New York State Smokers Quitline**

(866) NY-QUITS\* (866-697-8487)

[www.nysmokefree.com](http://www.nysmokefree.com)

**Nicotine Anonymous**

(212) 824-2526 (meeting referral)

[www.nicotine-anonymous.org](http://www.nicotine-anonymous.org)

**Family Planning Benefit program**

(718) 557-1399

[tinyurl.com/familyplanningbenefit](http://tinyurl.com/familyplanningbenefit)

Public health insurance for New Yorkers who need family planning services

**National Teen Dating Abuse Hotline**

(866) 331-9474 for 24 hours emergency help

[www.loveisrespect.org](http://www.loveisrespect.org)

Peer advocates available to talk or chat between 4 pm-2 am

**Safe Horizon's Rape and Sexual Assault Hotline**

(212) 227-3000

24/7 counseling and assistance\*

**NYS HIV/AIDS Hotline**

English: (800) 541-2437

Spanish: (800) 233-7432

(800) 396-2437 TDD

**NYC Anti-Violence Project (AVP)**

(212) 714-1141

[www.avp.org](http://www.avp.org)

24/7 assistance for LGBTQ and HIV and survivors of violence\*

**3-1-1**

[www.nyc.gov/311](http://www.nyc.gov/311)

In an emergency, dial 911

For government information (including Medicaid) and non-emergency services

**Medicaid Information**

(888) 692-6116

Human Resources Administration (HRA)

# DEFINITIONS

## **Inpatient substance abuse treatment:**

Live in a rehabilitation facility 24/7 while receiving alcohol and drug abuse treatment with a focus on healing.

**LGBTQI:** Lesbian, Gay, Bisexual, Transgender, Queer or Questioning and Intersex

## **Outpatient substance abuse treatment:**

individual and group alcohol or drug abuse counseling and supportive services with the freedom to do regular activities (such as school or work) and be home each day

**STD:** Sexually Transmitted Diseases

**STI:** Sexually Transmitted Infections

**Substance abuse:** excessive use of alcohol or drugs (such as marijuana, narcotics or cocaine) without medical reasons

**Medicaid:** government insurance program for anyone who doesn't have enough money or resources to pay for health care

# TIPS

## **Be honest**

so the doctor knows everything and can give you the best care.

## **Ask questions**

about drug and alcohol treatments, STIs and sex if you don't understand what the doctor said or why something is being done.