



TEENS



IN



NYC...

...have the right to sexual health services without getting permission from parents, girlfriends/boyfriends or anyone else.

Use this guide to find a health care provider that you like!

Updated April 2014

All of the following clinics offer sexual health services for teens. These services may include:

- Condoms
- Birth control
- Emergency contraception
- STD testing and treatment
- HIV testing
- Pregnancy testing

Look for these symbols:

- ★ = All of the above services are available and free
- ⓘ = Copper IUD, hormonal IUD and implant available
- Ⓐ = Abortion available
- Ⓒ = Counseling available
- ▲ = LGBTQI-specific services available (LGBTQI teens can get services at any listed clinic!)

Some clinics offer **free** services while others may charge for services. Gold Star (★) clinics offer many **free** services and birth control methods on site. These free birth control methods include the pill, shot, implant, copper IUD and emergency contraception. Also, some clinics will help you sign up for the free Family Planning Benefit Program which confidentially pays for sexual health care.

**If you're having sex,
use BOTH birth control
and condoms to help
prevent pregnancy,
HIV and STDs.**

**I've heard of the pill and the shot,
but what else can I use?**

Birth control methods that best prevent pregnancy are the copper IUD, hormonal IUD and the implant. They are all safe for most young women to use and can be removed at any time. Look for the  symbol in this guide to find a clinic where all three are available. Other safe and effective options include the patch and the ring.



"The IUD is a great option because it works so well to prevent pregnancy, lasts a few years at a time and is so easy to use."

Jennifer

Ⓒ Adolescent and Young Adult Health Program, Bronx Care at Third Avenue, Bronx Lebanon Hospital Center/ MLK Health Center

2739 Third Avenue

Bronx, NY 10451

Phone: 718-838-1016

Subway: **2** **5** - 3rd Ave.; **4** - 149th St.-
Grand Concourse

Ⓒ Bronx Teens Health Center at Morris Heights Health Center



25 East 183rd Street

Bronx, NY 10453

Phone: 718-483-1270 ext. 8579

Subway: **4** **D** - 183rd St.

★ Center for Child Health and Resiliency

Ⓒ 890 Prospect Avenue

Bronx, NY 10459

Ⓘ Phone: 718-991-0605

Subway: **2** **5** - Prospect Ave.

**★ Children's Aid Society –
Ⓒ Bronx Health Services**

910 East 172nd Street, 3rd Floor

Bronx, NY 10460

Phone: 347-767-2200

Subway: **2** **5** - 174th St.;

2 **5** - Freeman St.

★ **Community Healthcare Network –
Bronx Health Center**

▲ 975 Westchester Avenue
Bronx, NY 10459
Phone: 718-320-4466
Subway: **2** **5** - Intervale Ave.

★ **Community Healthcare Network –
Tremont Health Center**

4215 Third Avenue, 2nd Floor
Bronx, NY 10457
Phone: 718-294-5891
Subway: **B** **D** - Tremont Ave.;
2 **5** - 149th St. and 3rd Ave.

★ **Institute for Family Health –
Mt. Hope Family Practice**

▲ **A**
C
I 130 West Tremont Avenue
Bronx, NY 10453
Phone: 718-583-9000
Subway: **4** - 176th St.

★ **Institute for Family Health –
Stevenson Family Practice**

▲ **A**
C
I 731 White Plains Road
Bronx, NY 10473
Phone: 718-589-8775
Subway: **6** - Parkchester

★ **Institute for Family Health –
Urban Horizon Family Practice**

A 50 East 168th Street
C Bronx, NY 10452
D Phone: 718-293-3900
Subway: **4** -167th St.

★ **Institute for Family Health –
Walton Family Practice**

A 1894 Walton Avenue
C Bronx, NY 10453
D Phone: 718-583-3060
Subway: **4** - 176th St.

Lincoln Hospital (HHC)

234 East 149 Street, 1st Floor, 1C2
Bronx, NY 10451
Phone: 866-ZIP-Teen (947-8336),
Option 1
Subway: **2** **4** **5** -149th St./
Grand Concourse

Montefiore - Adolescent REP

C 3514 Wayne Avenue
Bronx, NY 10467
Phone: 718-882-0023
Subway: **4** - Mosholu Pkwy.

C **Montefiore Medical Group –
Comprehensive Health Care Center
(Member of the Bronx Community
Health Network)**
305 East 161st Street
Bronx, NY 10451
Phone: 718-579-2500
Subway: **B** **D** **4** - 161st St./Yankee Stadium

A **Montefiore Medical Group –
Family Health Center (Member of the
Bronx Community Health Network)**
C
I 360 East 193rd Street
Bronx, NY 10458
Phone: 718-329-8453
Subway: **B** **D** - Kingsbridge Rd.

A **Montefiore Medical Group –
Williamsbridge Family Practice
(Member of the Bronx Community
Health Network)**
C
3448 Boston Road
Bronx, NY 10469
Phone: 718-547-6111
Subway: **5** - Gun Hill Rd.

**Morris Heights Health Center
Women's Health And Birthing Pavilion**
70 West Burnside Avenue
Bronx, NY 10453
Phone: 718-716-2229
Subway: **4** - Burnside Ave.
(Females Only)

**North Central Bronx
Hospital (HHC)**

3424 Kossuth Avenue,
Room 2D-01

Bronx, NY 10467

Phone: 718-519-3333 between
8:30am-4pm or 718-918-5700
after hours and weekends

Subway: **4** - Mosholu Pkwy.

**★ Planned Parenthood of New York City –
Bronx Center**



349 East 149th Street
Bronx, NY 10451

Phone: 212-965-7000 or 800-230-Plan

Subway: **2** **5** -149th St. and Third Ave.

★ Segundo Ruiz Belvis (Teen Clinic) (HHC)

545 East 142nd Street
Bronx, NY 10454

Phone: 718-579-1737

Subway: **6** -138th St. and Brook Ave.;

2 **5** -149th St. and Third Ave.



“It’s important to trust each other, but it’s just as important to get tested regularly and use birth control and condoms every time.”

Chris

If you go to a public high school, get free condoms and sexual health information from your health resource room. If your school has a health center, condoms and sexual health services may be available. Check to find out!

 **Brooklyn Adolescent Center
at Brooklyn Hospital**
121 Dekalb Avenue, 1st Floor
Brooklyn, NY 11201
Phone: 718-250-6641
Subway:     - Nevins St.;
   - Dekalb Ave.

 **Community Healthcare
Network – CABS Health Center**
 94-98 Manhattan Avenue
Brooklyn, NY 11206
Phone: 718-388-0390
Subway:  - Broadway;   - Lorimer St.

 **Community Healthcare Network –
Caribbean House**
 1167 Nostrand Avenue
 Brooklyn, NY 11225
 Phone: 718-778-0198
Subway:   - Winthrop St.

 **Community Healthcare Network –
Dr. Betty Shabazz Health Center**
 999 Blake Avenue
 Brooklyn, NY 11208
Phone: 718-277-8303
Subway:  - Shepard Ave.;
 - New Lots Ave.

A Coney Island Hospital (Teen Clinic) (HHC)

C 2601 Ocean Parkway

Brooklyn, NY 11235

▲ Phone: 718-616-3191

Subway: **B** **D** - Sheepshead Bay;

F - Stillwell Ave.

**C Cumberland Diagnostic
and Treatment Center (HHC)**

100 North Portland Avenue, 2nd Floor

Brooklyn, NY 11205

Phone: 718-388-5889

Subway: **B** **D** **R** - Dekalb Ave.;

2 **3** **4** **5** - Nevins St.;

A **C** **F** - to Jay St./Borough Hall

**East New York Diagnostic
and Treatment Center (HHC)**

2094 Pitkin Avenue

Brooklyn, NY 11207

Phone: 718-240-0460

Subway: **C** - Liberty Ave.; **L** - Sutter Ave.

★ **Kings County Hospital (HHC)**

I 541 Clarkson Avenue, Building E

Brooklyn, NY 11203

Phone: 718-245-3502 or 718-245-3503

Subway: **2** **5** - Winthrop St.

**Lutheran Family Health
Centers – Park Slope (Project
SAFE Teen Health Clinic)**

220 13th Street

Brooklyn, NY 11215

Phone: 347-880-8042

Subway: **R F G** - 4th Ave./9th St.

★ **MIC – Eastern Parkway**

G 1873 Eastern Parkway

Brooklyn, NY 11233

Phone: 718-498-1001

Subway: **A C L** - Broadway Junction

★ **MIC – Fort Greene**

G 295 Flatbush Avenue Extension

Brooklyn, NY 11201

Phone: 718-522-1144

Subway: **A C** - Jay St.; **2 3 4 5** - Nevins St.;

O R N - Dekalb Ave.

★ **Planned Parenthood of New York City –**

A **Boro Hall Center**

44 Court Street

I Brooklyn, NY 11201

Phone: 212-965-7000 or 800-230-Plan

Subway: **2 3 4 5** - Borough Hall;

A C F - Jay St.; **R** - Court St.

C **SUNY Downstate - HEAT Program**

▲ 470 Clarkson Avenue,
Nursing Station 41, 4th Floor,
Brooklyn, NY 11203
Phone: 718-467-4446
Subway: **2** **5** - Winthrop St.

A **Woodhull Hospital (HHC)**

C 760 Broadway
Brooklyn, NY 11206
Phone: 718-388-5889
Subway: **J** **M** - Flushing Ave.

A **Bellevue Hospital Center
(Teen Clinic) (HHC)**

C
I
462 First Avenue
New York, NY 10016
Phone: 212-562-1864
Subway: **6** - 28th St.

C **Callen-Lorde Community
Health Center**

▲
356 West 18th Street
New York, NY 10011
Phone: 212-271-7200
Subway: **A C E L** - 14 St.

**Charles B. Wang Community
Health Center**

125 Walker Street, 2nd Floor
New York, NY 10013
Phone: 212-226-3888
Subway: **J N R Q Z 6** - Canal St.

**★ Children's Aid Society –
Milbank Health Services**

C
14-32 West 118th Street
New York, NY 10026
Phone: 212-369-8339
Subway: **2 3** - 116th St.

★ **Community Healthcare Network –
Community League Health Center**
1996 Amsterdam Avenue
New York, NY 10032
Phone: 212-781-7979
Subway: **1** - 157th St.; **A** - 145th St.

★ **Community Healthcare Network –
Downtown Health Center**
▲ 150 Essex Street
New York, NY 10002
Phone: 212-477-1120
Subway: **F** - Delancey St.;
J M Z - Essex St.

★ **Community Healthcare Network –
Helen B. Atkinson Health Center**
ⓘ 81 West 115th Street
▲ New York, NY 10026
Phone: 212-426-0088
Subway: **2 3** - 116 St.

★ **The Door**
Ⓟ 555 Broome Street
New York, NY 10013
▲ Phone: 212-453-0222
Subway: **C E** - Spring St.; **1** - Canal St.

C **Gouverneur Health
(Teen Clinic) (HHC)**
227 Madison Street, 3rd Floor
New York, NY 10002
Phone: 212-238-7208
Subway: **F** - East Broadway

G **Gouverneur Health – Roberto
Clemente Center (HHC)**
540 East 13th Street
New York, NY 10009
Phone: 212-387-7400
Subway: **L** - 1st Ave.

▲ **Harlem Health Promotion
– Project STAY**
610 West 158th Street
New York, NY 10032
Phone: 646-319-4998
Subway: **1** - 157th St.

**Harlem Hospital Family
Planning Clinic (HHC)**
46 West 137th Street, RHB 2nd Floor
New York, NY 10037
Phone: 212-939-8275 or 212-939-8422
Subway: **2** **3** - 135th St.

★ **Institute for Family Health –**

A 13th Street Family Practice

113 East 13th Street

New York, NY 10003

▲ Phone: 212-253-1830

Subway: **NQR456L** - 14th St./
Union Square

★ **Institute for Family Health –**

A Amsterdam Family Practice

690 Amsterdam Avenue

New York, NY 10025

▲ Phone: 212-865-4104

Subway: **123** - 96 St.

★ **Institute for Family Health –**

A Harlem Family Practice

1824 Madison Avenue

C (at 119th Street)

I New York, NY 10035

▲ Phone: 212-423-4500

Subway: **4** - 125th St.

★ **Institute for Family Health –**

A Sidney Hillman Phillips Family Practice

16 East 16th Street

C New York, NY 10003

I Phone: 212-206-5200

Subway: **NQR6L** - 14th St./

▲ Union Square

★ **Metropolitan Hospital (HHC)**

1901 First Avenue,
OPB 7th Floor

New York, NY 10029

Phone: 212-423-7408 or 212-423-6603

Subway: **6** - 96th St.

★ **Mount Sinai – Adolescent
Health Center**

6 312-320 East 94th Street

1 New York, NY 10128

▲ Phone: 212-423-3000

Subway: **6** - 96th St./Lexington Ave.

★ **New York Presbyterian – Audubon Family
Planning Center**

6 21 Audubon Avenue, 1st Floor

1 New York, NY 10032

Phone: 866-463-2778 or 212-305-9321

Subway: **A C 1** - 168th St.

(Females Only)

★ **New York Presbyterian –
Young Men's Clinic**

6 21 Audubon Avenue, 1st Floor

New York, NY 10032

Phone: 866-463-2778 or 212-305-9321

Subway: **A C 1** - 168th St.

(Males Only)

A Parkmed NYC

I 800 Second Avenue, 6th Floor

New York, NY 10017

Phone: 646-898-2100

Subway: **4 5 6 7 S** - Grand Central Station/42nd St.

★ Planned Parenthood of New York City –

A Margaret Sanger Center

26 Bleecker Street

New York, NY 10012

Phone: 212-965-7000 or 800-230-Plan

Subway: **6** - Bleecker St.;

F M B D - Broadway/Lafayette St.

A William F. Ryan/

C Chelsea-Clinton Community Health Center

645 Tenth Avenue

New York, NY 10036

Phone: 212-265-4500

Subway: **A C E** -42nd St.-Port Authority

A William F. Ryan Network

C Mobile Medical Van

110 West 97th Street

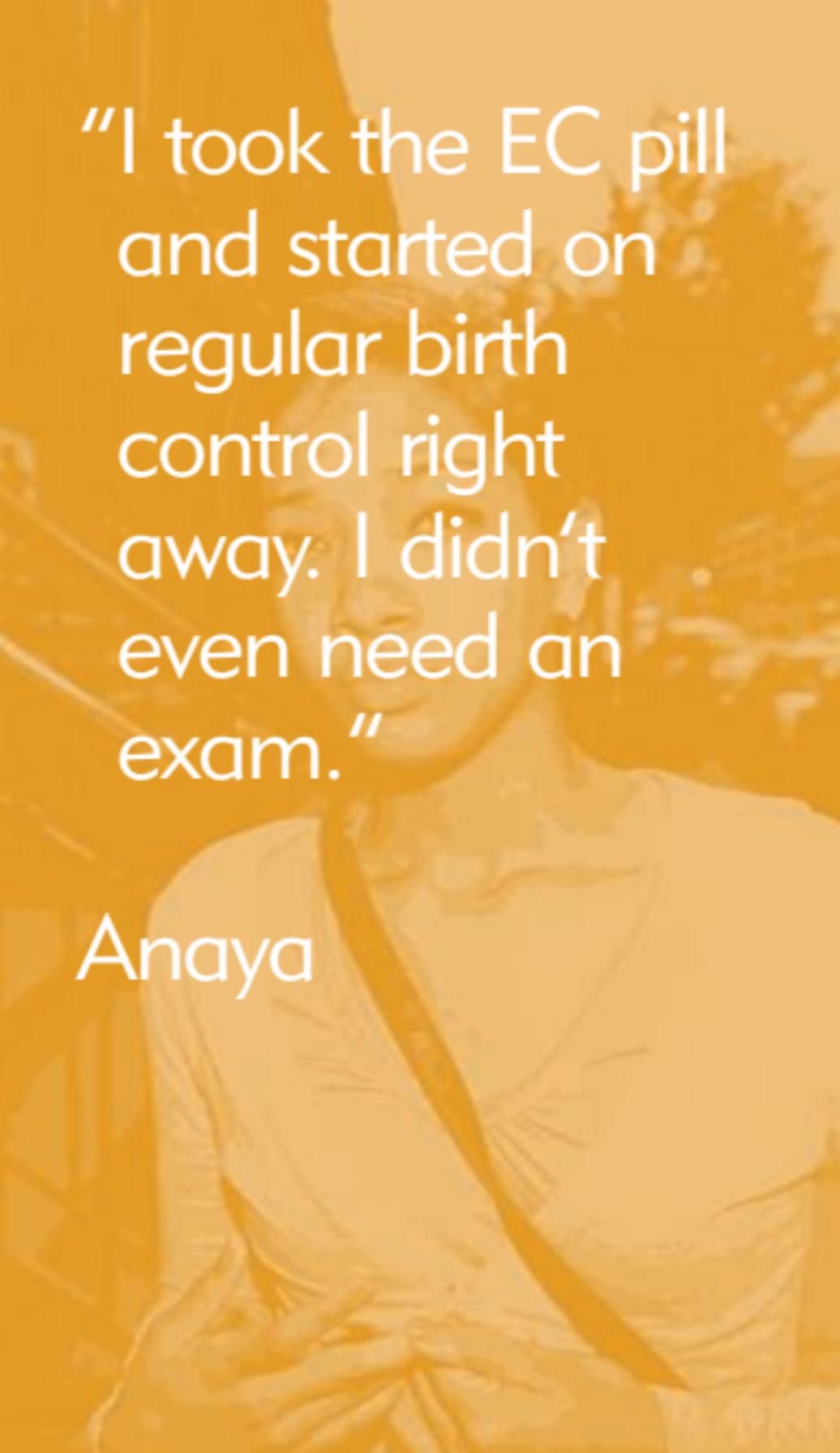
New York, NY 10025

Phone: 212-316-8374

Subway: **1 2 3 B C** - 96th St.

A **William F. Ryan-NENA**
C **Community Health Center**
279 East Third Street
New York, NY 10009
Phone: 212-477-8500
Subway: **F** - 2nd Ave.

A **William F. Ryan Women**
C **and Children's Health Center**
801 Amsterdam Avenue
New York, NY 10025
Phone: 212-316-8300
Subway: **1 2 3 B C** - 96th St.



"I took the EC pill
and started on
regular birth
control right
away. I didn't
even need an
exam."

Anaya

A **Choices Women's Medical Center**



147-32 Jamaica Avenue
Jamaica, NY 11435

Phone: 718-786-5000

Subway: **E** **J** **Z** - Sutphin Blvd./Archer Ave.
(Females Only)

★ **Community Healthcare Network – Family Health Center**



90-04 161st Street, 5th Floor
Jamaica, NY 11432

Phone: 718-523-2123

Subway: **E** **J** **Z** - Jamaica Center;
F - Parsons Blvd.

★ **Community Healthcare Network – Long Island City Health Center**

36-11 21st Street

Long Island City, NY 11106

Phone: 718-482-7772

Subway: **N** **Q** - 36th Ave.;
F - 21st St.-Queensbridge

★ **Community Healthcare Network – Queens Health Center**

97-04 Sutphin Boulevard
Jamaica, NY 11435

Phone: 718-657-7088

Subway: **E** **J** **Z** - Sutphin Blvd./Archer Ave.

★ **Elmhurst Hospital Center**

Ⓐ **Adolescent Clinic**

Ⓒ 79-01 Broadway, Annex O, 4th Floor
Elmhurst, NY 11373

Ⓘ Phone: 718-334-5040

▲ Subway: Local 7 - 82nd St.;
Express E F or local R M - Jackson
Heights-Roosevelt Ave./74th St.

Ⓒ **Long Island Jewish Medical Center –
Adolescent Gynecology and Sexual
Health Services**

Ⓘ 410 Lakeville Road, Suite 108
New Hyde Park, NY 11042
Phone: 516-465-3270

Parsons Medical Center (HHC)

90-37 Parsons Boulevard
Jamaica, NY 11432
Phone: 718-334-6400
Subway: E J - Parsons Blvd./Archer Ave.

South Queens Multi-Service Center (HHC)

114-02 Guy R. Brewer Boulevard
Jamaica, NY 11434
Phone: 718-883-6699
Subway: E J Z - Jamaica Center-
Parsons Blvd/Archer Ave.;
then take 111 or 113 bus
(Females Only)

★ **Planned Parenthood of
New York City –
Staten Island Center**

23 Hyatt Street

Staten Island, NY 10301

Phone: 212-965-7000 or
800-230-PLAN

Public Transportation: Walking distance
from Staten Island Ferry

**Teen RAP – Staten Island University
Hospital – Bay Street Health Center**

57 Bay Street

Staten Island, NY 10301

Phone: 718-226-6262

Public Transportation: Staten Island
Railway to Tompkinsville

**Teen RAP – Staten Island University
Hospital – Medical Arts Pavilion**

242 Mason Avenue

Staten Island, NY 10305

Phone: 718-226-6262

Public Transportation: Staten Island
Railway to Dongan Hills



“I couldn’t believe how easy everything had been, especially getting tested for STDs. All I had to do was pee in a cup!”

Jonathan

Health Department clinics provide free and confidential tests for HIV and other sexually transmitted diseases. Visit nyc.gov/std to learn more.

More Info

To learn about more issues that teens face every day, visit nyc.gov/teen.

If you do not feel safe in your relationship, or if you or someone you know was raped or forced to do something sexual, help is available. Talk to someone you trust or call (800) 621-HOPE (800-621-4673). In an emergency, call 911.

If you have worries, feel depressed, think about hurting yourself or think you may have an alcohol or drug problem, call:

800-LIFENET (or 800-543-3638)

Español: 877-AYUDESE (o 877-298-3373)

普通話, 廣東話 *and* 한국어: 877-990-8585

Special thanks to the teens that make Teens in NYC possible: The Bronx District Public Health Office Youth Advisory Board, Bronx Teens Connection Youth Leadership Team, Children's Aid Society's JAM, Community Healthcare Network's Teens PACT, National Institute for Reproductive Health's TORCH and Planned Parenthood's Teen Advocates

For free copies of this guide, call 311.

Want to be included in the Teens in NYC guide? Search adolescent sexual health on nyc.gov to learn how to become eligible.

Download the FREE Teens in NYC app!

- Search for a clinic by service, birth control method or location
- Learn about different birth control methods
- Watch videos developed by teens, for teens



Don't have a smartphone?
For clinics near you:

- Call 311 or text 311692
- Search NYC Teen on nyc.gov
- Go to facebook.com/teensinnyc and click "Where to go"

Like us on  today



WHERE TO GO



WHAT TO GET



WHAT TO EXPECT

NYC
Health