



NEW YORK CITY DEPARTMENT OF  
HEALTH AND MENTAL HYGIENE  
Dave A. Chokshi, MD, MSc  
Commissioner

January 2022

As a member of Healthy NYC, you are invited to take the 2022 NYC Health and Wellness Survey. The survey tells us about how New Yorkers' life experiences and neighborhood environment impact health and helps us understand more about COVID-19.

There are two ways to participate in January.

### Online

- Go to [HealthyNYCsurvey.com/HW22](https://HealthyNYCsurvey.com/HW22), or
- Text HW22 to 844-464-0032 to receive a link to the survey on a smartphone,\* or
- Scan the QR code at the bottom of the page with a smartphone

### Phone

- Online is the easiest way to participate. If you cannot take the survey online, call 888-692-0023 weekdays from 1 p.m. to 5 p.m. to take the survey over the phone or to make an appointment.

To start the survey, **enter the unique participant ID provided**. If you do not know your participant ID, contact us at [HealthyNYC@health.nyc.gov](mailto:HealthyNYC@health.nyc.gov) or 888-692-0023.

Don't miss out on the **\$10 gift card**<sup>†</sup> that is sent to everyone who completes the survey!

Thank you.

Dave A. Chokshi, MD, MSc  
Commissioner  
New York City Department of Health and Mental Hygiene



\*Standard text message and data rates may apply.

<sup>†</sup>Electronic gift cards will be sent in two to three weeks and mailed gift cards will be sent in four to six weeks.

If do not want to be a part of Healthy NYC anymore, you may withdraw at any time by contacting [HealthyNYC@health.nyc.gov](mailto:HealthyNYC@health.nyc.gov) or 888-692-0023.