

Talk to Your Doctor

Each time you receive a new prescription, tell your doctor if you have fallen or have trouble with balance and coordination and ask her/him these questions:



- What is the name of the medicine and what am I taking it for?
- How should I take it? (How often? With or without food? In the morning, mid-day or at night?)
- How long should I take it? When should I stop taking it?
- If I forget to take it, what should I do?
- What side effects might I expect? What should I do if they occur?
- Does this medicine alone, or when taken with other medicines, increase my risk of falling?
- Is this drug available as a generic? Are there any alternatives to taking this drug?
- Is there any written information about this medication that I can take with me?