West Nile Virus activity* detected recently in the following
Manhattan zip code: 10106

Neighborhoods: Manhattan Valley and Spanish Harlem

Now is the time for New Yorkers – especially people over 50 – to take
personal precautions to prevent mosquito bites:

- **Use repellents that contain DEET, Oil of Lemon Eucalyptus, IR3535, or Picaridin** and **ALWAYS** follow label instructions.
- If outside from dusk to dawn, **wear protective clothing** if possible, such as loose-fitting pants, long-sleeved shirts, and socks.
- **Make sure that your doors and windows have tight-fitting screens.**
  Fix or replace screens that have tears or holes.

Reduce mosquito exposure around your home:

- Eliminate any standing water that collects on your property.
- Remind or help neighbors to eliminate standing water on their properties.
- Call **311** to report standing water.

For more information about West Nile virus, call 311, or go to www.nyc.gov/health.

*Source: Mosquito and human West Nile virus surveillance data, New York City Department of Health and Mental Hygiene

Date: 9/29/2009