



**West Nile Virus activity\* detected recently in the following  
Manhattan zip codes: 10021, 10023, 10028, 10031, 10035, 10106**

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**Neighborhoods: Harlem, Manhattan Valley, Spanish Harlem, Upper West Side, Yorkville**

Now is the time for New Yorkers – especially people over 50 – to take  
**personal precautions to prevent mosquito bites:**

- **Use repellents that contain DEET, Oil of Lemon Eucalyptus, IR3535, or Picaridin** and **ALWAYS** follow label instructions.
  - If outside from dusk to dawn, **wear protective clothing** if possible, such as loose-fitting pants, long-sleeved shirts, and socks.
  - **Make sure that your doors and windows have tight-fitting screens.**  
Fix or replace screens that have tears or holes.
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**Reduce mosquito exposure around your home:**

- Eliminate any standing water that collects on your property.
- Remind or help neighbors to eliminate standing water on their properties.
- Call **311** to report standing water.

For more information about West Nile virus, call 311, or go to [www.nyc.gov/health](http://www.nyc.gov/health).