

## West Nile Virus activity\* detected recently in the following Manhattan zip codes: 10021, 10023, 10028, 10031, 10035, 10106

## Neighborhoods: Harlem, Manhattan Valley, Spanish Harlem, Upper West Side, Yorkville

Now is the time for New Yorkers – especially people over 50 – to take **personal precautions to prevent mosquito bites:** 

- Use repellents that contain DEET, Oil of Lemon Eucalyptus, IR3535, or Picaridin and ALWAYS follow label instructions.
- If outside from dusk to dawn, **wear protective clothing** if possible, such as loose-fitting pants, long-sleeved shirts, and socks.
- Make sure that your doors and windows have tight-fitting screens. Fix or replace screens that have tears or holes.

## Reduce mosquito exposure around your home:

- Eliminate any standing water that collects on your property.
- Remind or help neighbors to eliminate standing water on their properties.
- Call 311 to report standing water.

For more information about West Nile virus, call 311, or go to <a href="www.nyc.gov/health">www.nyc.gov/health</a>.

\*Source: Mosquito and human West Nile virus surveillance data, New York City Department of Health and Mental Hygiene

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