



**West Nile Virus activity* detected recently in the following
Manhattan zip codes: 10021, 10031, 10032, 10106**

Neighborhoods: Harlem, Manhattan Valley, Upper West Side, Washington Heights

Now is the time for New Yorkers – especially people over 50 – to take
personal precautions to prevent mosquito bites:

- **Use repellents that contain DEET, Oil of Lemon Eucalyptus, IR3535, or Picaridin and ALWAYS follow label instructions.**
 - **If outside from dusk to dawn, wear protective clothing** if possible, such as loose-fitting pants, long-sleeved shirts, and socks.
 - **Make sure that your doors and windows have tight-fitting screens.**
Fix or replace screens that have tears or holes.
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Reduce mosquito exposure around your home:

- Eliminate any standing water that collects on your property.
- Remind or help neighbors to eliminate standing water on their properties.
- Call **311** to report standing water.

For more information about West Nile virus, call 311, or go to www.nyc.gov/health.