

From: [Center for Science in the Public Interest](#) on behalf of [Anna Tolwinski](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 11:48:17 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Anna Tolwiska
98 Cedar St
Wakefield, MA 01880-2759

From: [Amanda Malko](#)
To: [Resolution Comments](#)
Subject: Opposition Comment: Size of sugary drinks
Date: Friday, June 29, 2012 9:59:37 PM

Dear Dr. Farley,

I strongly oppose Mayor Bloomberg's ban on sugary beverages over 16 ounces. The ability for the Mayor to support some instances of Choice (which I agree with wholeheartedly) while banning private businesses from offering this choice to consumers is hypocritical at best. At worst, it's an extreme violation of my ability to be a free capitalist consumer with the free will to make the choices I deem fit for my body.

My life, my choice. Their businesses, their choice. Shame on Mayor Bloomberg and shame on New York City.

As a New York City resident, I am writing you today to ask that you please reject the proposed ban on the sale of fountain and bottled beverages over 16 ounces.

Restricting the sale of certain beverage sizes in New York City hurts our restaurants, theaters, sports venues, coffee shops, food trucks, street carts, and all those who are dependent on beverage sales for their livelihoods.

Furthermore, I believe it should be up to me, and not my government, to choose my serving sizes for me. The answer to curbing obesity is diet, exercise, and a healthy lifestyle, not restrictions on soft drinks, juice drinks, sports drinks, and teas.

On behalf of New Yorkers like me, please reject the proposed ban on the sale of beverages over 16 ounces in New York City.

Sincerely,

Amanda Malko
485 7th Ave Apt 1
Brooklyn, NY 11215

From: [Diane Sicca](#)
To: [Resolution Comments](#)
Subject: Opposition Comment: Size of sugary drinks
Date: Wednesday, June 27, 2012 12:49:49 PM

Dear Dr. Farley,

As a New York City resident, I am writing you today to ask that you please reject the proposed ban on the sale of fountain and bottled beverages over 16 ounces.

Restricting the sale of certain beverage sizes in New York City hurts our restaurants, theaters, sports venues, coffee shops, food trucks, street carts, and all those who are dependent on beverage sales for their livelihoods.

Furthermore, I believe it should be up to me, and not my government, to choose my serving sizes for me. The answer to curbing obesity is diet, exercise, and a healthy lifestyle, not restrictions on soft drinks, juice drinks, sports drinks, and teas.

On behalf of New Yorkers like me, please reject the proposed ban on the sale of beverages over 16 ounces in New York City.

I believe an action such as this has little affect on obesity. This is an action to slowly get people used to loss of freedoms. The gov't is not qualified to make these decisions.

Sincerely,

Diane Sicca
34 Standish Pl
Nesconset, NY 11767

From: [Center for Science in the Public Interest](#) on behalf of [Janet Kapala](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:22:46 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Janet Kapala
1401 Enborn Dr
Joliet, IL 60431-5314

From: [Center for Science in the Public Interest](#) on behalf of [Robert Sacker](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:07 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Robert Sacker
3620 S Vermont Ave
Los Angeles, CA 90089-2532
(213) 740-3793

From: [Center for Science in the Public Interest](#) on behalf of [James Kirks](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:58 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. James Kirks
11 Hemming Ln
Chico, CA 95973-1076

From: [Center for Science in the Public Interest](#) on behalf of [Gail Caswell](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 10:01:39 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone who is very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Gail Caswell
839 Post St Apt 208
San Francisco, CA 94109-6047

From: [Center for Science in the Public Interest](#) on behalf of [Rev Curt Miner](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 10:01:39 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Rev Curt Miner
1044 Jean Dr
San Luis Obispo, CA 93405-6222
(805) 786-4149

From: [Center for Science in the Public Interest](#) on behalf of [Amy Perrin](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 10:01:40 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Amy Perrin
14 Cottage St
Claremont, NH 03743-3113

From: [Center for Science in the Public Interest](#) on behalf of [franklin viloria](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 10:01:40 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. franklin viloria
5007 SW 144th Ct
Miami, FL 33175-5749

From: [Center for Science in the Public Interest](#) on behalf of [Alvin Auerbach](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 10:01:41 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Alvin Auerbach
15117 Centergate Dr
Silver Spring, MD 20905-5714

From: [Center for Science in the Public Interest](#) on behalf of [Adriana Groisman-Perelstein](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 10:01:41 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Adriana Groisman-Perelstein
7231 Kessel St
Forest Hills, NY 11375-5933

From: [Center for Science in the Public Interest](#) on behalf of [David Olichwier](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 10:01:41 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. David Olichwier
107 N Wilke Rd
Arlington Heights, IL 60005-1136
(847) 255-7383

From: [Center for Science in the Public Interest](#) on behalf of [Jan Renee](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 10:01:46 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Jan Renee
4620 SE 50th Ave
Portland, OR 97206-4908

From: [Center for Science in the Public Interest](#) on behalf of [Victor Roberts](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 10:01:50 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Victor Roberts
3 Garrison Rd
Burnt Hills, NY 12027-9764

From: [Center for Science in the Public Interest](#) on behalf of [Linda Gunderson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 10:01:55 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Linda Gunderson
310B Race Street
Race Street, PA 18944
(215) 257-8157

From: [Center for Science in the Public Interest](#) on behalf of [Mark Atkins](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:59 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Mark Atkins
617 Curtis Ave
Wilmington, DE 19804-2107

From: [Center for Science in the Public Interest](#) on behalf of [Jacqueline Alger](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 10:01:59 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Jacqueline Alger
14645 N Spanish Garden Ln
Oro Valley, AZ 85755-8819
(520) 818-2771

From: [Center for Science in the Public Interest](#) on behalf of [Joshua Kolko](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 10:02:04 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As a family physician and expert on the child obesity epidemic, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Joshua Kolko
2831 15th St NW
Washington, DC 20009-4607

From: [Center for Science in the Public Interest](#) on behalf of [Roberta Erena](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 10:02:08 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Roberta Erena
3329 Lansdowne Dr
Lexington, KY 40502-3303

From: [Center for Science in the Public Interest](#) on behalf of [John Wade](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 10:02:13 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. John Wade
4401 Spartacus Dr SW Apt 108
Huntsville, AL 35805-5587
(256) 603-6936

From: [Center for Science in the Public Interest](#) on behalf of [Hope McKim](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 10:02:17 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Hope McKim
16 Lelia Ave
Jeffersonville, IN 47130-6321
(812) 284-2763

From: [Center for Science in the Public Interest](#) on behalf of [Jim Colbert](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 10:02:22 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Jim Colbert
1800 SW Marlow Ave
Portland, OR 97225-5179

From: [Center for Science in the Public Interest](#) on behalf of [Nicole Eppstein](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 10:02:36 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Nicole Eppstein
5103 Ford Ave
Toledo, OH 43612-3015

From: [Center for Science in the Public Interest](#) on behalf of [Judith Gordon](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 10:02:40 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Judith Gordon
5452 Clanton Woods Dr
Evans, GA 30809-7424

From: [Center for Science in the Public Interest](#) on behalf of [Laurene Levy](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 10:31:43 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Laurene Levy
87 Lorimer Rd
Belmont, MA 02478-1003
(617) 489-1790

From: [Center for Science in the Public Interest](#) on behalf of [Monica Harnish](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 10:31:44 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Monica Harnish
235 Brookwood Dr
Bluffton, OH 45817-1101

From: [Center for Science in the Public Interest](#) on behalf of [Jody Tanzman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:59 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Jody Tanzman
140 Arlington Ave
Providence, RI 02906-2330

From: [Center for Science in the Public Interest](#) on behalf of [Jim Rodgers](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 10:31:44 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I applaud Mayor Bloomberg taking this bold step in the health of his citizens. As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your

response.

Sincerely,

Dr. Jim Rodgers
205 N Madison St
Quincy, FL 32351-2444

From: [Center for Science in the Public Interest](#) on behalf of [Corliss Bradley](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 10:31:44 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Corliss Bradley
200 S Dawson St Apt 301
Raleigh, NC 27601-1354

From: [Center for Science in the Public Interest](#) on behalf of [Marilyn Tseng](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 10:31:45 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Marilyn Tseng
572 Patricia Dr
San Luis Obispo, CA 93405-1064

From: [Center for Science in the Public Interest](#) on behalf of [Joan Metzner](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 10:31:46 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Joan Metzner
2748 Applehouse Rd
Philadelphia, PA 19114-3488

From: [Center for Science in the Public Interest](#) on behalf of [David Hermanns](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 10:31:46 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. David Hermanns
354 Castleton Ave
Staten Island, NY 10301-2713
(718) 273-1543

From: [Center for Science in the Public Interest](#) on behalf of [Annette Osterlund](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 10:31:46 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Annette Osterlund
56 N Mill Rd
Princeton Junction, NJ 08550-1706
(603) 275-7484

From: [Center for Science in the Public Interest](#) on behalf of [Marilyn Derby](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 10:31:46 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I'm sure you are well aware of the reasons to support Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. But I want to add my personal story as an example of the importance. A year ago, I eliminated soda from my diet and I have since lost 30 pounds. I'm hoping to set a better example for my daughter whose Body Mass Index is rising rapidly. She craves sugar, fat, salt, and white flour. She sees the sizes of sodas available and becomes angry with me if I tell her she can't have anything larger than a medium. Limiting her to a little bit of junk food once in a while is a major task. I think we would all benefit from limiting the serving sizes of foods and beverages with little or no nutritional value.

I hope the Board will vote in support of the Mayor's proposal to limit serving sizes.

Sincerely,

Ms. Marilyn Derby
4210 Sunnyhill Dr
Carlsbad, CA 92008-3646

From: [Center for Science in the Public Interest](#) on behalf of [Richard Luke](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 10:31:47 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Richard Luke
11911 Hilltop Dr
Los Altos Hills, CA 94024-5214

From: [Center for Science in the Public Interest](#) on behalf of [Jennifer Kramer](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 10:31:47 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Jennifer Kramer
1016 Union St
Brooklyn, NY 11225-1158

From: [Center for Science in the Public Interest](#) on behalf of [Caroline Poplin](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 10:31:48 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Caroline Poplin
6113 Wynnwood Rd
Bethesda, MD 20816-2016

From: [Center for Science in the Public Interest](#) on behalf of [Irene Radke](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:24:00 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Irene Radke
4648 SW 38th Ter
Fort Lauderdale, FL 33312-5412
(954) 989-8912

From: [Center for Science in the Public Interest](#) on behalf of [Perry Sheffield](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 10:32:05 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As a pediatrician, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Making the default choice a healthier choice is the right thing to do. Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Perry Sheffield
216 E 105th St
New York, NY 10029-4702

From: [Center for Science in the Public Interest](#) on behalf of [Susan Edelman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 10:32:10 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Susan Edelstein
308 Heidinger Dr
Cary, NC 27511-5668

From: [Center for Science in the Public Interest](#) on behalf of [Jennifer Holder](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 10:32:14 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Jennifer Holder
13121 131st Ave
South Ozone Park, NY 11420-3416

From: [Center for Science in the Public Interest](#) on behalf of [Carol Levin](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 10:32:18 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Carol Levin
144 Smoke Rise Rd
Bedminster, NJ 07921-1871
(908) 781-6041

From: [Center for Science in the Public Interest](#) on behalf of [Richard Tuck](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 10:32:22 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Richard Tuck
6605 Lybrook Ct
Bethesda, MD 20817-3029
(301) 365-5478

From: [Center for Science in the Public Interest](#) on behalf of [Marlin Sheesley](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 10:32:27 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Marlin Sheesley
705 Charles Rd
Dauphin, PA 17018-9628

From: [Center for Science in the Public Interest](#) on behalf of [Scott Myers](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 10:32:31 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Scott Myers
5605 Harbormist Dr
Powder Springs, GA 30127-6964

From: [Center for Science in the Public Interest](#) on behalf of [Deborah St Julien](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 10:32:36 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As a Nurse Practitioner who is very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Deborah St Julien
4570 Kingspark Dr
San Jose, CA 95136-2323

From: [Center for Science in the Public Interest](#) on behalf of [Ray Porcell](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 10:32:40 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Ray Porcell
15 Latchkey Ln
Meredith, NH 03253-5633

From: [Center for Science in the Public Interest](#) on behalf of [Cecilia Lara](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 10:32:45 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Cecilia Lara
20 Wyatt St
Stratford, ON 12345
(519) 271-5277

From: [Center for Science in the Public Interest](#) on behalf of [Michael Weschler](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:24:00 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Michael Weschler
43 W 27th St Apt 3r
New York, NY 10001-6923

From: [Center for Science in the Public Interest](#) on behalf of [Carole Yass](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 10:32:50 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Carole Yass
200 east 72 nd st
14k
New York, NY 10021
(212) 744-8004

From: [Center for Science in the Public Interest](#) on behalf of [Timothy Goltz](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 10:32:54 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Timothy Goltz
59 Lessner Rd
Damariscotta, ME 04543-4118

From: [Center for Science in the Public Interest](#) on behalf of [Lori Benincasa](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 11:01:45 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

This is critically important. You are not stepping on anyone's rights.
If people don't have the sense to take care of themselves, it is
government's obligation to set limits.
Our health care system cannot support the growing number of obese
adults and children.

Sincerely,

Mrs. Lori Benincasa
14 Wilson St
East Patchogue, NY 11772-5973
(631) 654-1795

From: [Center for Science in the Public Interest](#) on behalf of [Jennifer Willis](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 11:01:46 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Jennifer Willis
40 Fillmore St
San Francisco, CA 94117-3516

From: [Center for Science in the Public Interest](#) on behalf of [LOUISE SCARFONE](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 11:01:46 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. LOUISE SCARFONE
511 Logan Rd
Phoenixville, PA 19460-5659

From: [Center for Science in the Public Interest](#) on behalf of [Joseph Lee](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 11:01:46 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Joseph Lee
7400 River Rd
North Bergen, NJ 07047-7221

From: [Center for Science in the Public Interest](#) on behalf of [Kenneth Antol](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 11:01:46 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Kenneth Antol
1062 Blackridge Rd
Pittsburgh, PA 15235-2718

From: [Center for Science in the Public Interest](#) on behalf of [Sacha Moore](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 11:01:55 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Sacha Moore
58 Middagh St
Apt 13
Brooklyn, NY 11201-1382

From: [Center for Science in the Public Interest](#) on behalf of [Katherine Jones](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 11:01:56 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Katherine Jones
610 Biggs Ave
Frederick, MD 21702-4110

From: [Center for Science in the Public Interest](#) on behalf of [Luz Ruiz](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 11:01:56 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Luz Ruiz
PO Box 362552
San Juan, PR 00936-2552

From: [Center for Science in the Public Interest](#) on behalf of [Linda Riebel](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:24:01 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Linda Riebel
3350 Hermosa Way
Lafayette, CA 94549-2101

From: [Center for Science in the Public Interest](#) on behalf of [susan zigouras](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 11:01:56 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. susan zigouras
310 W 106th St # 16d
New York, NY 10025-3429

From: [Center for Science in the Public Interest](#) on behalf of [Kauai Salzman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 11:01:56 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Kauai Salzman
10422 Camino San Thomas
San Diego, CA 92127-2883

From: [Center for Science in the Public Interest](#) on behalf of [Russell Gonsalves](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 11:01:56 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Russell Gonsalves
100 Sylvan Grove Dr
Cary, NC 27518-9621
(919) 741-4166

From: [Center for Science in the Public Interest](#) on behalf of [Kathleen McCauley](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 11:01:58 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Kathleen McCauley
8412 35th Ave
Apt 1k
Jackson Heights, NY 11372-5463
(718) 335-4733

From: [Center for Science in the Public Interest](#) on behalf of [Claire Coleman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 11:01:58 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Claire Coleman
1302 24th St W # 207
Billings, MT 59102-3861

From: [Center for Science in the Public Interest](#) on behalf of [John Ratmeyer](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 11:01:59 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As a pediatrician concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. John Ratmeyer
508 S Country Club Dr
Gallup, NM 87301-6016

From: [Center for Science in the Public Interest](#) on behalf of [Christine Reinarts](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 11:02:23 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Christine Reinarts
5203 Tierra Monte Dr
Whittier, CA 90601-2253

From: [Center for Science in the Public Interest](#) on behalf of [Virpi Loomis](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 11:02:23 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Virpi Loomis
19 Upper Clark Ave
Van Etten, NY 14889-9775

From: [Center for Science in the Public Interest](#) on behalf of [Ruth Frobe](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 11:02:24 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Ruth Frobe
5799 Wimsey Ln NE
Bainbridge Island, WA 98110-2155
(206) 310-1216

From: [Center for Science in the Public Interest](#) on behalf of [Brian Black](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 11:02:24 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Brian Black
551 Grand Valley Dr
Grand Jct, CO 81504-5631
(970) 812-8603

From: [Center for Science in the Public Interest](#) on behalf of [Marie Parziale](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:24:02 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16 -ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Marie Parziale
22 Fairway Dr
Port Jefferson, NY 11777-1124

From: [Center for Science in the Public Interest](#) on behalf of [Gladys Arriaga](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 11:32:06 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Gladys Arriaga
55 E 99th St
Apt 14d
New York, NY 10029-6017

From: [Center for Science in the Public Interest](#) on behalf of [John Winter](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 11:32:10 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. John Winter
357 W 11th St
Apt 2a
New York, NY 10014-6218
(212) 206-1019

From: [Center for Science in the Public Interest](#) on behalf of [Greg Wimer](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 11:32:15 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Greg Wimer
3675 N Old Trl Apt 2
Shamokin Dam, PA 17876-9423

From: [Center for Science in the Public Interest](#) on behalf of [Laura Zentner](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 11:32:20 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Laura Zentner
13357 Deer Meadows Rd
Oregon City, OR 97045-6955

From: [Center for Science in the Public Interest](#) on behalf of [takako tagami](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 11:32:24 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. takako tagami
2103 Park De Ville Pl
Columbia, MO 65203-4646
(573) 808-2987

From: [Center for Science in the Public Interest](#) on behalf of [Alice Shapiro](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 11:32:26 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I am a community college professor in the Health Professions department. I teach anatomy and physiology as well as nutrition and I am very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the

Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Alice Shapiro
7426 SE 21st Ave
Portland, OR 97202-6224

From: [Center for Science in the Public Interest](#) on behalf of [jill esrock](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 11:32:26 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. jill esrock
1500 Ynez Pl
Coronado, CA 92118-2965

From: [Center for Science in the Public Interest](#) on behalf of [Robert Parvin](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 11:32:27 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Robert Parvin
66 Cleary Ct
Apt 406
San Francisco, CA 94109-6501
(415) 922-4152

From: [Center for Science in the Public Interest](#) on behalf of [Denise Krch](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 11:32:27 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Denise Krch
73 Ideal Park Rd
Catawissa, PA 17820-8033

From: [Center for Science in the Public Interest](#) on behalf of [Andre Cloutier](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 11:32:27 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

Dear Members of the Board of Health :

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your

response.

Sincerely,
André Cloutier
C.P. 14 - Succ. Place-d'Armes Sta.
Montréal (Québec), Canada H2Y 3E9

Sincerely,

Mr. Andre Cloutier
C.P. 14 - Succ. Place-d'Armes
Montréal, QC 1111

From: [Center for Science in the Public Interest](#) on behalf of [Leslie Goldberg](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:24:03 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Leslie Goldberg
7321 Terrace Dr
El Cerrito, CA 94530-3037

From: [Center for Science in the Public Interest](#) on behalf of [Joy Singh](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 11:32:29 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

I encourage the Board of Health to vote in support of the Mayor's proposal.

Sincerely,

Mrs. Joy Singh
94 Moraine Rd
Morris Plains, NJ 07950-2760
(973) 829-0864

From: [Center for Science in the Public Interest](#) on behalf of [Greg Kammerer](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 11:32:33 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Greg Kammerer
3540 S Desert Echo Rd
Tucson, AZ 85735-5136

From: [Center for Science in the Public Interest](#) on behalf of [amy.schoeneck](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 11:32:38 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. amy schoeneck
2005 Island Dr
Morris, IL 60450-9620

From: [Center for Science in the Public Interest](#) on behalf of [Krystal Johnson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 11:32:42 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Krystal Johnson
7102 Glen Forest Dr
Greenville, SC 29607-6111

From: [Center for Science in the Public Interest](#) on behalf of [joann butkus](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 11:32:47 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. joann butkus
1st Fl.
Chicago, IL 60632
(773) 718-7698

From: [Center for Science in the Public Interest](#) on behalf of [Robert Hamilton](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 11:32:51 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Robert Hamilton
677 Kirk Glen Dr
San Jose, CA 95133-2023

From: [Center for Science in the Public Interest](#) on behalf of [Setsuko Sasaki](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 11:32:56 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Setsuko Sasaki
18 Ellsworth Park
Cambridge, MA 02139-1011

From: [Center for Science in the Public Interest](#) on behalf of [Rachel Sonnenblick](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 11:33:00 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Rachel Sonnenblick
912 Windham St
Santa Cruz, CA 95062-3448

From: [Center for Science in the Public Interest](#) on behalf of [Rachel Gonsalves](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 12:01:57 AM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Rachel Gonsalves
100 Sylvan Grove Dr
Cary, NC 27518-9621
(919) 852-5226

From: [Center for Science in the Public Interest](#) on behalf of [S.Nam](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 12:01:58 AM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. S Nam
165 Bennett Ave
Apt 41
New York, NY 10040-4080

From: [Center for Science in the Public Interest](#) on behalf of [scott.griswold](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:24:03 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. scott griswold
50 Oak Grove Ave # 2
Brattleboro, VT 05301-6646

From: [Center for Science in the Public Interest](#) on behalf of [Stanley Schreffler](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 12:01:58 AM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Stanley Schreffler
350 Allegheny Dr
York, PA 17402-5001
(717) 741-2499

From: [Center for Science in the Public Interest](#) on behalf of [Patrice Goodkind](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 12:01:58 AM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Patrice Goodkind
5040 Carriage House
Los Alamos, NM 87544-3769

From: [Center for Science in the Public Interest](#) on behalf of [Andrea Basche](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 12:01:59 AM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Andrea Basche
705 Clark Ave
Unit 6
Ames, IA 50010-3204

From: [Center for Science in the Public Interest](#) on behalf of [Brian O'Grady](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 12:01:59 AM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Brian O'Grady
133 Beach 129th St
Belle Harbor, NY 11694-1619

From: [Center for Science in the Public Interest](#) on behalf of [Susan Hovis](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 12:02:00 AM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Susan Hovis
7921 N Fairchild Rd
Milwaukee, WI 53217-3119

From: [Center for Science in the Public Interest](#) on behalf of [Carmel Sweet](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 12:02:03 AM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Carmel Sweet
2423 E Beverly Rd
Milwaukee, WI 53211-2427

From: [Center for Science in the Public Interest](#) on behalf of [Melinda Zacks](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 12:02:08 AM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Melinda Zacks
2801 Carolina St NE
Albuquerque, NM 87110-3311

From: [Center for Science in the Public Interest](#) on behalf of [Karolyn Pyle](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 12:02:12 AM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Karolyn Pyle
6164 E Rochelle St
Mesa, AZ 85215-4210

From: [Center for Science in the Public Interest](#) on behalf of [Cory Stone](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 12:02:17 AM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Cory Stone
30 Smith Farm Ln
Portland, ME 04103-1679
(603) 724-4964

From: [Center for Science in the Public Interest](#) on behalf of [Erin Young](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 12:02:21 AM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Erin Young
25833 Centennial Trl
Golden, CO 80401-9606

From: [Center for Science in the Public Interest](#) on behalf of [Katherynne VanderMolen](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:24:06 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Katherynne VanderMolen
3650 Manderley Dr NE
Grand Rapids, MI 49525-2074
(616) 365-2647

From: [Center for Science in the Public Interest](#) on behalf of [Karen Woolsey](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 12:02:50 AM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Karen Woolsey
10772 Caminito Bravura
San Diego, CA 92108-2452

From: [Center for Science in the Public Interest](#) on behalf of [Karen Halderson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 12:32:02 AM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Karen Halderson
3301 Monroe St NE
Albuquerque, NM 87110-1860

From: [Center for Science in the Public Interest](#) on behalf of [Tom King](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 12:32:03 AM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Tom King
PO Box 148
Los Alamos, NM 87544-0148

From: [Center for Science in the Public Interest](#) on behalf of [Eva Unhold](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 12:32:07 AM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Eva Unhold
620 Malcolm X Blvd
Apt 16g
New York, NY 10037-1209
(917) 612-2960

From: [Center for Science in the Public Interest](#) on behalf of [Jeanne Gerber](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 12:32:07 AM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Jeanne Gerber
21 Manning St
Needham, MA 02494-1509

From: [Center for Science in the Public Interest](#) on behalf of [Margaret Buck](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 12:32:08 AM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Margaret Buck
410 Paseo Ganso
San Clemente, CA 92672-3522

From: [Center for Science in the Public Interest](#) on behalf of [Scott Gever](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 12:32:08 AM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Scott Gever
PO Box 391558
Mountain View, CA 94039-1558

From: [Center for Science in the Public Interest](#) on behalf of [Ann Bittman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 12:32:20 AM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Ann Bittman
8101 Kerry Ln
Chevy Chase, MD 20815-4811
(301) 656-7087

From: [Center for Science in the Public Interest](#) on behalf of [Karen Erde](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 12:32:24 AM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Karen Erde
5207 NE 27th Ave
Portland, OR 97211-6223
(503) 249-6910

From: [Center for Science in the Public Interest](#) on behalf of [Brianna Frachtman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 12:32:29 AM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Brianna Frachtman
10043 NW 48th Ct
Coral Springs, FL 33076-2417
(954) 263-2350

From: [Center for Science in the Public Interest](#) on behalf of [Patricia McKnight, MS, RD, LD](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:08 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As a Registered Dietitian and someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

This action won't solve the problem, but it is a step in the right direction -- getting people more aware of correct portion sizes.

Sincerely,

Mrs. Patricia McKnight, MS,RD,LD
322 Naiche Ct
Columbus, OH 43213-3507
(614) 234-5861

From: [Center for Science in the Public Interest](#) on behalf of [Martin Ettliger](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:24:06 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Martin Ettlinger
225 Lincoln Pl
Brooklyn, NY 11217-3746
(347) 351-5081

From: [Center for Science in the Public Interest](#) on behalf of [Philip Hordiner](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 12:32:33 AM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Philip Hordiner
45 Meadow Dr
Mill Valley, CA 94941-5204
(415) 888-3813

From: [Center for Science in the Public Interest](#) on behalf of [David Chandler](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 12:32:36 AM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. David Chandler
400 W Adams St
Franklin, IN 46131-1608

From: [Center for Science in the Public Interest](#) on behalf of [James Donahue](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 12:32:37 AM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As you know, obesity has become a public health problem, so I support Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction. I'm hoping it will foster other areas of the nation (like here in Hawaii) to institute similar proposals.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. James Donahue
1142 S King St
Apt 4008
Honolulu, HI 96814-1981

From: [Center for Science in the Public Interest](#) on behalf of [Jay Albrecht](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 12:32:38 AM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I'm much concerned about the obesity epidemic and health care costs in this country, I support Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Jay Albrecht
50 White St
Tarrytown, NY 10591-3621

From: [Center for Science in the Public Interest](#) on behalf of [Elizabeth Adams](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 12:32:42 AM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Elizabeth Adams
404 S Park St
Mcpherson, KS 67460-5042
(620) 241-6477

From: [Center for Science in the Public Interest](#) on behalf of [Linda Bodian](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 12:32:50 AM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Linda Bodian
47 Piper Ln
Fairfax, CA 94930-1022
(415) 453-6207

From: [Center for Science in the Public Interest](#) on behalf of [Art Hanson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 1:02:13 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Art Hanson
1815 Briarwood Dr
Lansing, MI 48917-1773

From: [Center for Science in the Public Interest](#) on behalf of [Jennifer Pritchard](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 1:02:13 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Jennifer Pritchard
2136 Sun Swept Way
Henderson, NV 89074-4144

From: [Center for Science in the Public Interest](#) on behalf of [Jana Ochs](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 1:02:14 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Jana Ochs
665 W San Angelo St
Gilbert, AZ 85233-2654

From: [Center for Science in the Public Interest](#) on behalf of [Mike VanLandingham](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 1:02:14 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Mike VanLandingham
6012 Larsen Ln
Shawnee, KS 66203-3028

From: [Center for Science in the Public Interest](#) on behalf of [Megan Hanson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:24:06 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As Executive Director of a non-profit, RootDown LA, that gets kids in South Central Los Angeles reconnected to REAL, fresh foods, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks.

We are facing an epidemic in South Los Angeles, with 1 in 2 children born now likely to develop diabetes in their lifetime. If the community values around healthy food were reinforced by policies that limited the gross promotion of unhealthy foods, such as sweetened beverages, we would stand a fighting chance to keep our kids healthy.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Megan E. Hanson
3001 Maxwell Street
Los Angeles, CA 90027

Sincerely,

Ms. Megan Hanson
3001 Maxwell St
Los Angeles, CA 90027-2511

From: [Center for Science in the Public Interest](#) on behalf of [Jennifer Felix](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 1:02:14 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I know the limit on sugary drink size is unpopular, but it's still a GOOD initiative. As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your

response.

Sincerely,

Ms. Jennifer Felix
7265 Canyon Breeze Rd
San Diego, CA 92126-2076

From: [Center for Science in the Public Interest](#) on behalf of [Sandra B Hoover](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 1:02:15 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

My daughter lived in NY City and I visited there n several occasions - and saw the increasing girth of residents as years passed.

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Anything that makes people think before they overdo food or drink is a good step to take - and I don't think that makes our government the sugar police. It is just a small way to combat the excess and greed of corporations.

Sincerely,

Mrs. Sandra B Hoover
100 Cielo Azul
Corrales, NM 87048-9628
(505) 899-3176

From: [Center for Science in the Public Interest](#) on behalf of [Marisa Hrbal](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 1:02:22 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Marisa Hrbal
4577 Pineview Ct
Erie, PA 16506-1551

From: [Center for Science in the Public Interest](#) on behalf of [Lois Levin](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 1:02:26 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Lois Levin
32 Hannum Brook Dr
Easthampton, MA 01027-9727

From: [Center for Science in the Public Interest](#) on behalf of [Anna Spangler](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 1:02:31 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Anna Spangler
2704 27th Pl
Burnsville, MN 55337-1016

From: [Center for Science in the Public Interest](#) on behalf of [Mair McNamara](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 1:02:35 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Mair McNamara
431 W Oakwood Dr
Barrington, IL 60010-1481

From: [Center for Science in the Public Interest](#) on behalf of [Lori Dorfman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 1:32:20 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks is right on the money. Serving sizes have gotten out of control and our nation's health is suffering as a consequence. Something has to be done, and the Mayor decided to do it. I hope every other mayor in the nation takes notice and follows suit.

The Mayor's proposal won't solve our obesity problem by itself, nor should we expect it to. When we eliminated smoking on airplanes it didn't solve the entire tobacco problem, but it was still a good thing to do. It helped, and so will this.

Sugary drinks are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. We all call it junk food for a reason.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

The debate that has ensued in the wake of Mayor Bloomberg's proposal has been good for public health because it's elevated the problem of sugary drinks. Do the right thing and make New York a national leader on health. New Yorkers' health will benefit, and so will the rest of the country as other jurisdictions follow your lead.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Lori Dorfman
2130 Center St
Ste 302
Berkeley, CA 94704-1385
(510) 204-9700

From: [Center for Science in the Public Interest](#) on behalf of [Joe Salazar](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 1:32:46 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Joe Salazar
610 Cherrywood Dr
Santa Rosa, CA 95407-7514

From: [Center for Science in the Public Interest](#) on behalf of [Joost Meijer](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 2:02:15 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Joost Meijer
5847 Valley View Ave
Cincinnati, OH 45213-2171

From: [Center for Science in the Public Interest](#) on behalf of [richard collins](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 2:02:23 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. richard collins
11 Oak Ridge Dr
Maynard, MA 01754-2474

From: [Center for Science in the Public Interest](#) on behalf of [Jeffrey Scholl](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:24:07 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Jeffrey Scholl
15932 88th St SE
Snohomish, WA 98290-6162
(360) 563-4979

From: [Center for Science in the Public Interest](#) on behalf of [Nancy Knoll](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 2:02:28 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Nancy Knoll
631 W Port Royale Ln
Phoenix, AZ 85023-5273

From: [Center for Science in the Public Interest](#) on behalf of [Niall Carroll](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 2:32:22 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Niall Carroll
3991 Franklin Ave
Astoria, OR 97103-2439

From: [Center for Science in the Public Interest](#) on behalf of [Ofelia Mendoza](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 2:32:27 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Ofelia Mendoza
2180 Veterans Hwy Apt 102
Levittown, PA 19056-2911

From: [Center for Science in the Public Interest](#) on behalf of [Laura Sternberg](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 3:02:11 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Laura Sternberg
1596 Puerto Vallarta Dr
San Jose, CA 95120-4854

From: [Center for Science in the Public Interest](#) on behalf of [Freddi Pakier](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 3:02:30 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Freddi Pakier
2109 Sun Valley Rd
San Marcos, CA 92078-5480

From: [Center for Science in the Public Interest](#) on behalf of [Peter J. Venturelli](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 3:32:18 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Peter J Venturelli
731 Cub Run
Valparaiso, IN 46383-4055
(219) 771-7125

From: [Center for Science in the Public Interest](#) on behalf of [Alan Schrift](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 3:32:27 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Alan Schrift
1032 Chatterton St
Grinnell, IA 50112-1734

From: [Center for Science in the Public Interest](#) on behalf of [Oscar Revilla Alguacil](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 3:32:32 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Oscar Revilla Alguacil
Juan de Herrera
San Sebastian de los Reyes, None 28700

From: [Center for Science in the Public Interest](#) on behalf of [Julia Hall](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 3:32:36 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Julia Hall
700 Commonwealth Ave
Boston, MA 02215-2496

From: [Center for Science in the Public Interest](#) on behalf of [Christina Cherry](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 3:32:46 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Christina Cherry
4660 Lofty Grove Dr
Oceanside, CA 92056-3554

From: [Center for Science in the Public Interest](#) on behalf of [Alejandro Perez](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:24:08 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Alejandro Perez
884 N 250 E
Orem, UT 54057

From: [Center for Science in the Public Interest](#) on behalf of [Natalie Hanson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 5:02:23 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Natalie Hanson
1815 Briarwood Dr
Lansing, MI 48917-1773

From: [Center for Science in the Public Interest](#) on behalf of [Leeann Stebbins](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 5:02:28 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Leeann Stebbins
4 Stratford St
Conklin, NY 13748-1115

From: [Center for Science in the Public Interest](#) on behalf of [Ivonne Anglero](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 5:02:32 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Ivonne Anglero
Urb pnce de leon, 22 # 191
Guaynabo, PR 00969

From: [Center for Science in the Public Interest](#) on behalf of [Jamie Morris](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 5:33:01 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Jamie Morris
3101 Tecumseh Ct
Woodbridge, VA 22192-1823

From: [Center for Science in the Public Interest](#) on behalf of [Lisa Doucet](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 6:02:41 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Lisa Doucet
388 jane street
Miramichi, NB 16521

From: [Center for Science in the Public Interest](#) on behalf of [Marita Gonsalves](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 6:32:49 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Marita Gonsalves
1500 N Harrison Ave
Cary, NC 27513-5549

From: [Center for Science in the Public Interest](#) on behalf of [Deborah Dupire-Nelson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 6:32:54 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

We have properties and businesses in NYC, along with other places on the U.S. mainland -- as well as in Honolulu.

I am also a Join Together Fellow, and supporter of the Center for Science in the Public Interest.

Position:

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving

sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

Once again, I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Deborah Dupire-Nelson
4999 Kahala Ave
Apt 410
Honolulu, HI 96816-5421
(808) 295-7755

From: [Center for Science in the Public Interest](#) on behalf of [Deborah Pepper-Dougherty, RD, LD](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 6:33:02 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Deborah Pepper-Dougherty, RD, LD
22 Wildwood Blvd
Cumberland Foreside, ME 04110-1213

From: [Center for Science in the Public Interest](#) on behalf of [Stacey Johnson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 6:33:06 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Stacey Johnson
1405 State Route 49
Cleveland, NY 13042-3256

From: [Center for Science in the Public Interest](#) on behalf of [Khadija Fouad](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 7:02:44 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Khadija Fouad
800 N Smith Rd Apt 10x
Bloomington, IN 47408-2956

From: [Center for Science in the Public Interest](#) on behalf of [Robert Lesko](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:24:09 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Robert Lesko
28 Avenue B
New York, NY 10009-8417
(212) 677-8572

From: [Center for Science in the Public Interest](#) on behalf of [Rick Constant](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 7:02:44 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

Thank you for your leadership in this area. As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Rick Constant
5630 Oakland Mills Rd
Columbia, MD 21045-3218
(410) 730-1523

From: [Center for Science in the Public Interest](#) on behalf of [Nancy Green](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 7:02:44 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Nancy Green
California
Beverly Hills, CA 90210

From: [Center for Science in the Public Interest](#) on behalf of [Sandra Rousso](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 7:02:44 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Sandra Rousso
125 Oak St
Tenafly, NJ 07670-3013
(201) 871-8375

From: [Center for Science in the Public Interest](#) on behalf of [marsha bailey](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 7:02:46 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. marsha bailey
2128 E Elm St
New Albany, IN 47150-1533

From: [Center for Science in the Public Interest](#) on behalf of [Nancy Miles](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 7:02:51 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Nancy Miles
243 Bowery Beach Rd
Cape Elizabeth, ME 04107-9626

From: [Center for Science in the Public Interest](#) on behalf of [Kate Walton](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 7:32:50 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Kate Walton
8 University Pl
New Haven, CT 06511-3225

From: [Center for Science in the Public Interest](#) on behalf of [Joyce Hawes](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 7:32:53 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Joyce Hawes
211 Sparrow Hawk Rd
Vergennes, VT 05491-9449
(802) 877-6743

From: [Center for Science in the Public Interest](#) on behalf of [ssocorro_ramos](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 7:32:53 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. ssocorro ramos
h-6 calle 6 Est, de Cerro Gordo
Bayamon, PR 00957
(787) 310-3445

From: [Center for Science in the Public Interest](#) on behalf of [Jerry Neumann](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 8:03:05 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Jerry Neumann
199 NWO Lakeview Drive
Madison, VA 22727

From: [Center for Science in the Public Interest](#) on behalf of [Doreen Reyes](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 8:03:06 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Doreen Reyes
179 High St
Naugatuck, CT 06770-4645

From: [Center for Science in the Public Interest](#) on behalf of [Julie Greene](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:24:10 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Julie Greene
89 Ledgewood Dr
Falmouth, ME 04105-1811

From: [Center for Science in the Public Interest](#) on behalf of [Cynthia Cleveland](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 8:03:07 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Cynthia Cleveland
1039 Azure Way
Louisville, CO 80027-2466
(303) 926-5523

From: [Center for Science in the Public Interest](#) on behalf of [Leah Geo](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 8:03:14 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Leah Geo
3520 Highland Dr
Island Lake, IL 60042-9531

From: [Center for Science in the Public Interest](#) on behalf of [Mary Peck](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 8:03:18 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Mary Peck
220 Riverside Blvd
Apt 19j
New York, NY 10069-1011

From: [Center for Science in the Public Interest](#) on behalf of [Susan Van Fleit](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 8:03:23 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Susan Van Fleit
53331 Bracken Fern Dr
South Bend, IN 46637-4589

From: [Center for Science in the Public Interest](#) on behalf of [Elysse Wageman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 8:03:23 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Elysse Wageman
2655 S 93rd St
West Allis, WI 53227-2321

From: [Center for Science in the Public Interest](#) on behalf of [Marion Gura](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 8:03:37 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Marion Gura
123 Atlantic Pl N
Island Park, NY 11558-1700
(516) 208-8408

From: [Center for Science in the Public Interest](#) on behalf of [Sarah Pelto](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 8:32:58 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Sarah Pelto
2801 Wells Branch Pkwy
Austin, TX 78728-6796

From: [Center for Science in the Public Interest](#) on behalf of [Ed Miller](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 8:33:10 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Ed Miller
4 Arcadia Ave
Albany, NY 12209-1413

From: [Center for Science in the Public Interest](#) on behalf of [Carmen M. Perez](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 8:33:13 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Carmen M. Perez
Condominio Vista Verde
#1200 road 849 Apt. F-231
San Juan, PR 00924
(787) 216-7939

From: [Center for Science in the Public Interest](#) on behalf of [Jessica Ferrufino](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 8:33:14 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines.

Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your

response.

Sincerely,

Ms. Jessica Ferrufino
3057 Nutley St Apt 234
Fairfax, VA 22031-1931

From: [Center for Science in the Public Interest](#) on behalf of [Rebekka Lee](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:24:11 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Rebekka Lee
30 Newbern St
Boston, MA 02130-2844

From: [Center for Science in the Public Interest](#) on behalf of [Sybil Dessau](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 8:33:19 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Sybil Dessau
111 4th Ave Apt 9c
New York, NY 10003-5234
(917) 443-4134

From: [Center for Science in the Public Interest](#) on behalf of [Donna Reedy](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 8:33:20 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Donna Reedy
14 Shea Ln
Tinton Falls, NJ 07724-9741

From: [Center for Science in the Public Interest](#) on behalf of [Kristine Rohner](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 8:33:22 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Kristine Rohner
101 N Kendrick Ave
Burlington, WI 53105-1724

From: [Center for Science in the Public Interest](#) on behalf of [Katharine Floyd](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 8:33:26 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Katharine Floyd
104 Echo Pass Ct
Cary, NC 27513-3188

From: [Center for Science in the Public Interest](#) on behalf of [Erin McAllister](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 8:33:29 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Erin McAllister
427 Linwood Ave
Ridgewood, NJ 07450-3439

From: [Center for Science in the Public Interest](#) on behalf of [Laura Woodry](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 8:33:31 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Laura Woodry
6219 N Traymore Ave
Azusa, CA 91702-4139

From: [Center for Science in the Public Interest](#) on behalf of [Mike Rudnick](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 8:33:34 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I'm an engineer living with my family of four in the Rochester, NY, area. We value our health and work to instill good eating habits in our children. But this is sometimes a difficult task when unhealthy food is mostly what's readily available.

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts

instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Mike Rudnick
20 Cambric Cir
Pittsford, NY 14534-4512

From: [Center for Science in the Public Interest](#) on behalf of [Patricia Linekin](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 9:03:12 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Patricia Linekin
7811 85th St
Glendale, NY 11385-7614

From: [Center for Science in the Public Interest](#) on behalf of [dr wayne garland](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 9:03:12 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. dr wayne garland
908 Fleetwood Dr
Hot Springs National Park, AR 71913-9474
(501) 760-3515

From: [Center for Science in the Public Interest](#) on behalf of [Robert Manning](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 9:03:13 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Robert Manning
12 Cross Rd
Johnsburg, NY 12843-2509
(518) 251-4638

From: [Center for Science in the Public Interest](#) on behalf of [Alexander Green](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:24:11 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I really support Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. His ideas and leadership on the soda thing gives a good model for other jurisdictions to follow. Obesity has become commonplace throughout America, mirroring the growth of soda serving sizes for five decades.

Scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to obesity. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

I strongly support the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Alexander Green
675 S 200 W
Apt 4
Logan, UT 84321-5462
(801) 687-5956

From: [Center for Science in the Public Interest](#) on behalf of [dorothy cincotta](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 9:03:13 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. dorothy cincotta
75 Shamrock Hills Dr
Wappingers Falls, NY 12590-4354

From: [Center for Science in the Public Interest](#) on behalf of [Brian Kiernan](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 9:03:17 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Brian Kiernan
7508 Bell Blvd Apt 6l
Oakland Gardens, NY 11364-3462
(718) 217-4495

From: [Center for Science in the Public Interest](#) on behalf of [Ed Malaga](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 9:03:39 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Ed Malaga
24248 Panama Ave
Warren, MI 48091-4490

From: [Center for Science in the Public Interest](#) on behalf of [Valerie Robbins](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 9:03:40 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Valerie Robbins
39056 Zofia Ave
Sterling Heights, MI 48313-5599
(586) 532-8361

From: [Center for Science in the Public Interest](#) on behalf of [Sandra Toomey](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 9:03:46 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Sandra Toomey
4313 Elm Ave
Lyons, IL 60534-1507
(708) 417-5279

From: [Center for Science in the Public Interest](#) on behalf of [Audrey Burns](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 9:03:47 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Audrey Burns
87 Kendall Blvd
Oaklyn, NJ 08107-1511

From: [Center for Science in the Public Interest](#) on behalf of [Sheila Gittens](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 9:03:54 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Sheila Gittens
760 Broadway
Brooklyn, NY 11206-5317

From: [Center for Science in the Public Interest](#) on behalf of [Timothy Cummings](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 9:03:55 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Timothy Cummings
13294 W 113th St
Overland Park, KS 66210-3314

From: [Center for Science in the Public Interest](#) on behalf of [Mike Thomas](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 9:32:59 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I support Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because those overweight and obese have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60 percent increased risk of overweight children. Countless studies document excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum the mayor has proposed is very generous by historical standards - will help cut down on soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure will be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the board of health to vote in support of the mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Mike Thomas
307 Elm Ave
Rifle, CO 81650-2839

From: [Center for Science in the Public Interest](#) on behalf of [Sally Cole-Misch](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 9:32:59 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Sally Cole-Misch
6125 Worlington Rd
Bloomfield Hills, MI 48301-1543

From: [Center for Science in the Public Interest](#) on behalf of [Nancy Gladfelter](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:24:12 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Nancy Gladfelter
1869 Mountain Top Rd
Bridgewater, NJ 08807-2348

From: [Center for Science in the Public Interest](#) on behalf of [Len Bilous](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 9:33:48 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Len Bilous
60 Wagner Ave
Hellertown, PA 18055-1153
(610) 704-8004

From: [Center for Science in the Public Interest](#) on behalf of [Susan March](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 9:33:49 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Susan March
1090 Lambert Ave
Flagler Beach, FL 32136-3014
(386) 439-2980

From: [Center for Science in the Public Interest](#) on behalf of [Mary Kaiser](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 9:33:54 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Mary Kaiser
2112 Markham Dr
Chapel Hill, NC 27514-2123

From: [Center for Science in the Public Interest](#) on behalf of [Donald Zeigler](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 10:03:07 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Donald Zeigler
1430 Elmwood Ave
Evanston, IL 60201-6525
(847) 989-4908

From: [Center for Science in the Public Interest](#) on behalf of [Janice Long](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 10:33:04 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Janice Long
104 Bridge Ave
Berwyn, PA 19312-1718
(610) 647-4329

From: [Center for Science in the Public Interest](#) on behalf of [Nishi Singhal](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 10:33:04 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Nishi Singhal
3112 Spring Hollow Ct
Ann Arbor, MI 48105-9217

From: [Center for Science in the Public Interest](#) on behalf of [Michele Hays](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 10:33:06 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I recently wrote about the Mayor's drink proposal (<http://quipstravailsandbraisedoxtails.blogspot.com/2012/06/policy-point-wednesday-word-about-soda.html>)

In short, I believe this proposal is under fire not because it is a bad proposal, but because of the way it was presented.

Soft drink marketers have been steadily increasing the serving size of their drinks over time, knowing full well that they are backed by science: studies support the assertion that people will eat or drink as much as they are served; if larger servings are offered, people will consume more than they would of a smaller serving - even if they don't finish.

Individuals do not have the benefit of billions of dollars of marketing studies to see that soft drink companies are manipulating them. By simply presenting the idea that 44 ounces is a single serving instead of 8, they are ensuring an exponential increase in consumption of their products. Never mind that this serving contains about 2/3 of a cup of sugar, and in no way supports the "all things in moderation" platitude presented by soda marketers.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response. Furthermore, I would suggest that you present your response to the proposal as a limit on MARKETING, on taking advantage of the credulity of individuals who don't have billions of dollars to spend educating themselves on behavioral science, and not on consumers. Science is behind you.

Sincerely,

Mrs. Michele Hays
712 Dobson St
Evanston, IL 60202-3906

From: [Center for Science in the Public Interest](#) on behalf of [linda fadem](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 10:33:24 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. linda fadem
1633 E Rose Ln
Phoenix, AZ 85016-1830

From: [Center for Science in the Public Interest](#) on behalf of [Laura Anderson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 10:33:27 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Laura Anderson
843 13th Ave N
Clinton, IA 52732-5115

From: [Center for Science in the Public Interest](#) on behalf of [Suzanne Bundy](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 10:33:29 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Suzanne Bundy
2164 NE 36th St Apt 56
Lighthouse Point, FL 33064-7556

From: [Center for Science in the Public Interest](#) on behalf of [Betts FitzGerald](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:24:16 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Betts FitzGerald
9 Marigold Ln
Falmouth, ME 04105-1289

From: [Center for Science in the Public Interest](#) on behalf of [Carole Mathews](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 10:33:31 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Carole Mathews
220 Highlands Ridge Pl SE
Smyrna, GA 30082-7321
(770) 438-6163

From: [Center for Science in the Public Interest](#) on behalf of [Kenneth March](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 10:33:36 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Kenneth March
1090 Lambert Ave
Flagler Beach, FL 32136-3014
(561) 389-4713

From: [Center for Science in the Public Interest](#) on behalf of [Bryant Easy](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 11:03:09 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Bryant Easy
1 Farmstead Cir
Bloomfield, CT 06002-2874

From: [Center for Science in the Public Interest](#) on behalf of [Jerome Wasserman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 11:03:10 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Jerome Wasserman
6101 Hook Ln
Boynton Beach, FL 33437-4175
(561) 736-2415

From: [Center for Science in the Public Interest](#) on behalf of [Theresa Wiegand](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 11:03:10 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I have always been very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Theresa Wiegand
322 E Taylor St
Savannah, GA 31401-5029

From: [Center for Science in the Public Interest](#) on behalf of [Jenni Kovich](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 11:03:45 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Jenni Kovich
50 Dud Bennett Rd
Leon, WV 25123-9481

From: [Center for Science in the Public Interest](#) on behalf of [Nancy Cruz](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 11:03:48 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Nancy Cruz
114 Garfield Pl
Apt 11
Brooklyn, NY 11215-2008
(646) 375-0771

From: [Center for Science in the Public Interest](#) on behalf of [kelly kleist](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 11:03:48 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Kelly Kleist
339 Jackson St
Sunnyvale, CA 94085-4328

From: [Center for Science in the Public Interest](#) on behalf of [Todd Heft](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 11:33:11 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Todd Heft
1647 Major St
Bethlehem, PA 18017-6113
(610) 349-5370

From: [Center for Science in the Public Interest](#) on behalf of [Jeneane Moody](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 11:33:11 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Jeneane Moody
PO Box 13181
Des Moines, IA 50310-0181

From: [Center for Science in the Public Interest](#) on behalf of [Nick Meyer](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:08 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Nick Meyer
1571 Wheelock Ln Apt 205
Saint Paul, MN 55117-5974
(612) 454-7766

From: [Center for Science in the Public Interest](#) on behalf of [Jim Christensen](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:24:16 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Jim Christensen
30337 Kasten Ridge Ln
Adel, IA 50003-8728

From: [Center for Science in the Public Interest](#) on behalf of [Aimee Wyatt](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 11:33:11 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Aimee Wyatt
1014 Magnolia Ave
Long Beach, CA 90813-2912

From: [Center for Science in the Public Interest](#) on behalf of [Alina Lee](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 11:33:28 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Alina Lee
28 W 44th St
New York, NY 10036-7406

From: [Center for Science in the Public Interest](#) on behalf of [Jen Schnabel](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 11:33:29 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Jen Schnabel
2870 Humboldt Ave S Apt 6
Minneapolis, MN 55408-1944
(651) 353-1748

From: [Center for Science in the Public Interest](#) on behalf of [Ronald Davis](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 11:33:46 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Ronald Davis
504 Lakeside Cir
Pompano Beach, FL 33060-7758
(954) 782-8899

From: [Center for Science in the Public Interest](#) on behalf of [Regina Schwind](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 11:33:48 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Regina Schwind
1150 N Lakeshore Drive
Unit 9K
Chicago, IL 60611

From: [Center for Science in the Public Interest](#) on behalf of [Raquelli Ganel](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 11:33:49 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Raquelli Ganel
5630 Oakland Mills Rd
Columbia, MD 21045-3218
(410) 730-1523

From: [Center for Science in the Public Interest](#) on behalf of [Cama Merritt](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 11:33:51 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Cama Merritt
1244 Arbor Rd Apt 224
Winston Salem, NC 27104-1136
(336) 274-4563

From: [Center for Science in the Public Interest](#) on behalf of [Yeimi Gagliardi](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 11:34:02 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Yeimi Gagliardi
1438 Ramblewood Dr
Emmitsburg, MD 21727-8923

From: [Center for Science in the Public Interest](#) on behalf of [Angela Peters](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 11:34:04 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Angela Peters
3325 N Arlington Heights Rd Ste 500
Arlington Heights, IL 60004-1584

From: [Center for Science in the Public Interest](#) on behalf of [Eileen Weiss](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 11:34:06 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

When I saw in the Sunday NY Times Magazine that one super-sized drink was the equivalent to 4 cans of soda, I was appalled.

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Eileen Weiss
PO Box 723
New York, NY 10025-0723

From: [Center for Science in the Public Interest](#) on behalf of [Melissa Napier](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:24:17 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Melissa Napier
PO Box 3157
Columbia Falls, MT 59912-5157

From: [Center for Science in the Public Interest](#) on behalf of [Ray Jonson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 12:03:15 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Ray Jonson
135 E Mahoning St
Punxsutawney, PA 15767-2012

From: [Center for Science in the Public Interest](#) on behalf of [Hugh Talman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 12:03:51 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Hugh Talman
11198 Sanchez St
Castroville, CA 95012-2540

From: [Center for Science in the Public Interest](#) on behalf of [GILBER ROBLES](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 12:03:53 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. GILBER ROBLES
1635 E Adams St
Phoenix, AZ 85034-1210

From: [Center for Science in the Public Interest](#) on behalf of [Jennifer Robertson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 12:04:25 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Jennifer Robertson
8 Hillside Ave
Airmont, NY 10952-4803

From: [Center for Science in the Public Interest](#) on behalf of [Lisa Kinsella](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 12:04:29 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Lisa Kinsella
901 Bruce Ct
Libertyville, IL 60048-1602

From: [Center for Science in the Public Interest](#) on behalf of [dennice_miner](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 12:04:29 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. dennice miner
howard 787 university gardens
san juan, PR 00927

From: [Center for Science in the Public Interest](#) on behalf of [Philip Brandt](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 12:33:30 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Philip Brandt
308 W 263rd St
Bronx, NY 10471-1106
(718) 548-8032

From: [Center for Science in the Public Interest](#) on behalf of [Kirsten Straughan](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 12:33:30 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Kirsten Straughan
605 S Kenilworth Ave
Oak Park, IL 60304-1129
(708) 309-0089

From: [Center for Science in the Public Interest](#) on behalf of [Claire Flewitt](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 12:33:32 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Claire Flewitt
975 Soto Dr
San Lorenzo, CA 94580-1554

From: [Center for Science in the Public Interest](#) on behalf of [Amy Voegeli](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 12:33:32 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Amy Voegeli
1616 W Montrose Ave Apt 3g
Chicago, IL 60613-1797

From: [Center for Science in the Public Interest](#) on behalf of [Elizabeth Boham](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:24:18 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Elizabeth Boham
150 Blossom Ln
Valatie, NY 12184-9203
(518) 784-2780

From: [Center for Science in the Public Interest](#) on behalf of [Catherine Finch](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 12:33:36 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Catherine Finch
11220 72nd Dr
Forest Hills, NY 11375-5631

From: [Center for Science in the Public Interest](#) on behalf of [cheryl whittaker](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 12:33:37 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. cheryl whittaker
2007 Lenape Unionville Rd
Kennett Square, PA 19348-1325

From: [Center for Science in the Public Interest](#) on behalf of [Alissa Leavitt](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 12:33:42 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Alissa Leavitt
844 N Emerson St
Portland, OR 97217-2533

From: [Center for Science in the Public Interest](#) on behalf of [Nora White](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 12:33:46 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Nora White
1922 N Quincy St
Arlington, VA 22207-3654

From: [Center for Science in the Public Interest](#) on behalf of [Ian Shelley](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 12:33:48 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Ian Shelley
50 SW 97th Ave
Portland, OR 97225-6902

From: [Center for Science in the Public Interest](#) on behalf of [Sarah Colin](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 1:03:23 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Sarah Colin
8290 Echo Dell Rd
San Diego, CA 92119-1040
(530) 613-1166

From: [Center for Science in the Public Interest](#) on behalf of [Naveed Ahmed](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 1:03:23 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Naveed Ahmed
22689 Summer Ln
Novi, MI 48374-3647

From: [Center for Science in the Public Interest](#) on behalf of [Angela Fazzari](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 1:03:36 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Angela Fazzari
5414 NE Halsey St
Portland, OR 97213-3658

From: [Center for Science in the Public Interest](#) on behalf of [Jeffrey Speer](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 1:03:37 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As a concerned physician about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Jeffrey Speer
737 Ridgewood Rd
Duluth, MN 55804-1732

From: [Center for Science in the Public Interest](#) on behalf of [John Pauley](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 1:03:50 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. John Pauley
4145 Saxony Ct SE
Grand Rapids, MI 49508-3614

From: [Center for Science in the Public Interest](#) on behalf of [Ann Marshall](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:24:19 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Ann Marshall
892 Durham Road
Durham, PA 18039

From: [Center for Science in the Public Interest](#) on behalf of [Leslie Goldsmith](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 1:03:51 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Leslie Goldsmith
220 Paxton hollow rd
Media, PA 19063

From: [Center for Science in the Public Interest](#) on behalf of [Carolyn Price](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 1:33:29 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Carolyn Price
417 Williams St
Arlington, TX 76010-7414
(817) 274-5300

From: [Center for Science in the Public Interest](#) on behalf of [Holly Kistler](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 1:33:29 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Holly Kistler
12950 Positano Cir
Apt 208
Naples, FL 34105-4890

From: [Center for Science in the Public Interest](#) on behalf of [Kaye Surman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 1:34:20 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I do not support Mayor Bloomberg's Sugary Drink Proposal. There are far greater and much more alarming problems plaguing NYC and it's residents than the 'soft drink' dilemma. This is pure political pandering.

Sincerely,

Mrs. Kaye Surman
PO Box 234
Pawling, NY 12564-0234

From: [Center for Science in the Public Interest](#) on behalf of [RANDY MERMEL](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 2:03:36 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. RANDY MERMEL
6524 Belvidere Rd
Roscoe, IL 61073-9360

From: [Center for Science in the Public Interest](#) on behalf of [Lisa Zatcoff](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 2:04:32 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Lisa Zatcoff
2591 E Stottler Dr
Gilbert, AZ 85296-8824

From: [Center for Science in the Public Interest](#) on behalf of [Judy Breckling](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 2:33:35 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Judy Breckling
10343 Valley Vista Rd
Coulterville, CA 95311-9553
878-3041

From: [Center for Science in the Public Interest](#) on behalf of [Tiffany Hoffman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 2:33:50 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Tiffany Hoffman
157 County Farm Rd
Cottageville, WV 25239-7031

From: [Center for Science in the Public Interest](#) on behalf of [Barbara McMahan](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 2:33:54 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Barbara McMahan
1132 Ridgetop Dr
Chattanooga, TN 37421-4054

From: [Center for Science in the Public Interest](#) on behalf of [John Dixon](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 2:33:59 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. John Dixon
797 Victor Rd
Macedon, NY 14502-9749

From: [Center for Science in the Public Interest](#) on behalf of [Janel Hayden](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:24:19 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Janel Hayden
740 W Fulton St
Chicago, IL 60661-5000

From: [Center for Science in the Public Interest](#) on behalf of [Christy Bates](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 2:34:29 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Christy Bates
801 NE 64th St
Seattle, WA 98115-5521

From: [Center for Science in the Public Interest](#) on behalf of [Clayton Savage](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 3:03:41 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Clayton Savage
1707 Fatherland St
Nashville, TN 37206-2027
(904) 307-7224

From: [Center for Science in the Public Interest](#) on behalf of [MF Kite](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 3:03:45 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As a nutritionist and wellness educator I am very concerned about the obesity epidemic and health care costs in this country. I support of Mayor Bloomberg's proposal to limit restaurant serving sizes of soda and other sugary drinks.

More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction because it will help people pay more attention to the amount of sugar drinks they are consuming.

Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars.

Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. MF Kite
1255 Llewellyn Rd
Mt Pleasant, SC 29464-3817

From: [Center for Science in the Public Interest](#) on behalf of [Janice Feinglass](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 3:03:50 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Janice Feinglass
13267 Vedra Lake Cir
Delray Beach, FL 33446-3746

From: [Center for Science in the Public Interest](#) on behalf of [Janet Woodard](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 3:04:09 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Janet Woodard
18 Roselawn Ct
Jeffersonville, IN 47130-6315

From: [Center for Science in the Public Interest](#) on behalf of [Heather Clayton](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 3:04:50 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Heather Clayton
1470 Sweetbay Dr
Bellingham, WA 98229-5361

From: [Center for Science in the Public Interest](#) on behalf of [Charles Giffin](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 3:33:38 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Charles Giffin
6445 N Calle Lottie
Tucson, AZ 85718-1970

From: [Center for Science in the Public Interest](#) on behalf of [Mary E. Carlson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 3:33:38 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Mary E Carlson
6926 Brookbank Rd
Darien, IL 60561-3933
(630) 789-0805

From: [Center for Science in the Public Interest](#) on behalf of [Brenda Hanken](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 3:33:38 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Brenda Hanken
291 N Pine St
Monticello, IA 52310-1142

From: [Center for Science in the Public Interest](#) on behalf of [Christie Riggins](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 3:33:39 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Christie Riggins
5930 Sunset Ridge Rd
Klamath Falls, OR 97601-9371

From: [Center for Science in the Public Interest](#) on behalf of [Georgiana Mitrus](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:24:20 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Georgiana Mitrus
4 Colliston Rd
Boston, MA 02135-7873

From: [Center for Science in the Public Interest](#) on behalf of [Edward Bender](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 3:34:01 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Edward Bender
21 Kossuth St
2
Biddeford, ME 04005-2405
(585) 520-7752

From: [Center for Science in the Public Interest](#) on behalf of [Lisa Feiner](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 3:34:05 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Lisa Feiner
19 Cherry Lawn Blvd
New Rochelle, NY 10804-1944

From: [Center for Science in the Public Interest](#) on behalf of [Karin Kish](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 3:34:05 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Karin Kish
16731 Ansley Walk Ln
Charlotte, NC 28277-2288

From: [Center for Science in the Public Interest](#) on behalf of [Michele Nihipali](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 3:34:18 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Michele Nihipali
54-074 A Kam Hwy
Hauula, HI 96717

From: [Center for Science in the Public Interest](#) on behalf of [Chris Richards](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 3:34:22 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Chris Richards
188 Orchard St
Watertown, MA 02472-1822

From: [Center for Science in the Public Interest](#) on behalf of [Anna Wenz](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 3:34:23 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Anna Wenz
1225 W Leland Ave
Springfield, IL 62704-3546
(217) 787-5217

From: [Center for Science in the Public Interest](#) on behalf of [Carole Landrum](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 3:34:27 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Carole Landrum
4800 S Chicago Beach Dr
Apt 2605s
Chicago, IL 60615-3577

From: [Center for Science in the Public Interest](#) on behalf of [Karen Kitto](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 3:34:29 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Karen Kitto
725 Erie St
G
Oak Park, IL 60302-5201

From: [Center for Science in the Public Interest](#) on behalf of [hank frier](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 4:03:42 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. However, his restrictions do not go far enough and there is sufficient wiggle room in the ban for individuals to bypass these restrictions. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the

Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. hank frier
5631 SE Winged Foot Dr
Stuart, FL 34997-8643
(772) 285-8259

From: [Center for Science in the Public Interest](#) on behalf of [Lauren Gambino](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 4:04:04 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Lauren Gambino
1282 N Broad St
Hillside, NJ 07205-2457

From: [Center for Science in the Public Interest](#) on behalf of [michael sullivan](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:24:20 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. michael sullivan
26 Claremont Cres
Berkeley, CA 94705-2324

From: [Center for Science in the Public Interest](#) on behalf of [Nathan Boddie](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 4:04:04 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Nathan Boddie
165 Garfield Pl
Brooklyn, NY 11215-2105
(917) 734-7208

From: [Center for Science in the Public Interest](#) on behalf of [Maire Prabhakar](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 4:04:14 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Maire Prabhakar
6210 Deep Earth Ln
Columbia, MD 21045-2565

From: [Center for Science in the Public Interest](#) on behalf of [tara stantz](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 4:04:16 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. tara stantz
2757 Avalon Ave
Carlsbad, CA 92010-7916

From: [Center for Science in the Public Interest](#) on behalf of [Sara Cyr](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 4:04:21 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Sara Cyr
20 Prospect St
Hopedale, MA 01747-1227

From: [Center for Science in the Public Interest](#) on behalf of [Brandy Baxter](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 4:34:26 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Brandy Baxter
57 Manor Dr
Apt 204
Hagerstown, MD 21740-8834

From: [Center for Science in the Public Interest](#) on behalf of [Terrie Williams](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 4:34:34 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Terrie Williams
850 Laura Ln
Vidor, TX 77662-6311
(409) 999-9999

From: [Center for Science in the Public Interest](#) on behalf of [david may](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 5:04:21 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. david may
325 Melrose Ave
Decatur, GA 30030-2853

From: [Center for Science in the Public Interest](#) on behalf of [Isabel Rivera](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 5:33:50 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Isabel Rivera
PO Box 897
New York, NY 10116-0897

From: [Center for Science in the Public Interest](#) on behalf of [Carol Simon](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 5:34:35 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Carol Simon
924 Oak Hill Rd
Swanville, ME 04915-4205

From: [Center for Science in the Public Interest](#) on behalf of [jean sparacin](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 5:34:39 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. jean sparacin
294 Croton Dam Rd
Ossining, NY 10562-1704

From: [Center for Science in the Public Interest](#) on behalf of [Lisa Marker](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:24:23 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Lisa Marker
153 Shirley Dr
Cary, NC 27511-3855

From: [Center for Science in the Public Interest](#) on behalf of [Noel Larock](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 5:35:08 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Noel Larock
PO Box 709
Southwick, MA 01077-0709

From: [Center for Science in the Public Interest](#) on behalf of [Judith Bayer](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 6:03:52 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Judith Bayer
804 Forest Ave
Apt 1
Evanston, IL 60202-5517

From: [Center for Science in the Public Interest](#) on behalf of [Paula Davis](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 6:03:53 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Paula Davis
4211 Princeton Ave
Greensboro, NC 27407-1725

From: [Center for Science in the Public Interest](#) on behalf of [Andrea Dierna](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 6:03:53 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Andrea Dierna
89 Pearson Ave # 1
Somerville, MA 02144-2202
(845) 222-5102

From: [Center for Science in the Public Interest](#) on behalf of [Pamela Baker](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 6:03:56 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Pamela Baker
3405 Brown Bridge Rd
Traverse City, MI 49696-8218

From: [Center for Science in the Public Interest](#) on behalf of [Anne Bogovich](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 6:04:01 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Anne Bogovich
504 Weycroft Grant Dr
Cary, NC 27519-0851

From: [Center for Science in the Public Interest](#) on behalf of [Joe Neubert](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 6:33:53 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Joe Neubert
1776 S Lumpkin St
Athens, GA 30606-4769

From: [Center for Science in the Public Interest](#) on behalf of [Kallyn Krash](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 6:33:53 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Kallyn Krash
72 Park Ter W Apt E38
New York, NY 10034-1362

From: [Center for Science in the Public Interest](#) on behalf of [Mary Lundy-Zilinskas](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 6:34:01 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Mary Lundy-Zilinskas
12694 Purdham Dr
Woodbridge, VA 22192-6474

From: [Center for Science in the Public Interest](#) on behalf of [Janelle Pearson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 6:34:10 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Janelle Pearson
33007 Walbo Dr NW
Cambridge, MN 55008-7572

From: [Center for Science in the Public Interest](#) on behalf of [Elizabeth Brandes](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:24:23 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Elizabeth Brandes
522 E Rio Grande St
Unit 101
Colorado Springs, CO 80903-4687

From: [Center for Science in the Public Interest](#) on behalf of [Michael Rhodes](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 6:34:14 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Michael Rhodes
209 S Main St
Seven Valleys, PA 17360-9617

From: [Center for Science in the Public Interest](#) on behalf of [Jean Brookman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 6:34:19 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Jean Brookman
41 W75th St. #4B
New York, NY 10023

From: [Center for Science in the Public Interest](#) on behalf of [Veronica Radice](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 6:34:23 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Veronica Radice
831 Beechwood Dr
Lower Merion, PA 19083-2617

From: [Center for Science in the Public Interest](#) on behalf of [D Blood](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 7:03:56 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. D Blood
47 White St
Saratoga Springs, NY 12866-4374

From: [Center for Science in the Public Interest](#) on behalf of [Christine Kelly-Edelman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 7:03:56 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Christine Kelly-Edelman
2370 Sherry Dr
Yorktown Heights, NY 10598-3657
(914) 419-8401

From: [Center for Science in the Public Interest](#) on behalf of [Courtney Maloney](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 7:04:01 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Courtney Maloney
119 Chestnut Pl
Arden, NC 28704-2902

From: [Center for Science in the Public Interest](#) on behalf of [Rebecca Fuester](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 7:04:05 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Rebecca Fuester
130 Sumac St
Philadelphia, PA 19128-3841
(609) 405-9165

From: [Center for Science in the Public Interest](#) on behalf of [Nancy Powers](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 7:04:10 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Nancy Powers
3811 Chiquapin Dr
Willits, CA 95490-7707

From: [Center for Science in the Public Interest](#) on behalf of [Susanna Rossetti](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 7:04:21 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Susanna Rossetti
10544 SW 64th Dr
Portland, OR 97219-6626

From: [Center for Science in the Public Interest](#) on behalf of [Katherine Smith](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 7:04:33 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Katherine Smith
24436 Effingham Blvd
Euclid, OH 44117-1934

From: [Center for Science in the Public Interest](#) on behalf of [Isabel Chase](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:24:24 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Isabel Chase
58 Crescent Dr
Ridgefield, CT 06877-1618

From: [Center for Science in the Public Interest](#) on behalf of [Ann Gallman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 7:34:03 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Ann Gallman
3792 Worthington Pl
Southport, NC 28461-8221
(910) 363-4027

From: [Center for Science in the Public Interest](#) on behalf of [Beth Ann Thompson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 7:34:04 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Beth Ann Thompson
1545 San Francisco St
Redding, CA 96001-2322

From: [Center for Science in the Public Interest](#) on behalf of [Jerry Zachary](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 7:34:10 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Jerry Zachary
1119 Burgundy St
New Orleans, LA 70116-2423
(504) 524-0845

From: [Center for Science in the Public Interest](#) on behalf of [Michelle Ulrich](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 7:34:15 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Michelle Ulrich
416 Playa Blanca
Encinitas, CA 92024-3650

From: [Center for Science in the Public Interest](#) on behalf of [vince paglia](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 7:34:29 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. vince paglia
2380 Forest Ave
Rolling Meadows, IL 60008-1330
(847) 818-8796

From: [Center for Science in the Public Interest](#) on behalf of [Christine Moran](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 8:04:18 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Christine Moran
5 Morning Mist Ln
Savannah, GA 31411-2834
(912) 414-5922

From: [Center for Science in the Public Interest](#) on behalf of [alexis Jandreau](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 8:04:19 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. alexis Jandreau
508 E Lakeview Ave
Eustis, FL 32726-4904

From: [Center for Science in the Public Interest](#) on behalf of [Zach Ferguson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 8:04:38 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Zach Ferguson
123 Ledge Ln
Chapel Hill, NC 27514

From: [Center for Science in the Public Interest](#) on behalf of [Sean WHALEN](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 9:04:25 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Sean WHALEN
4226 Stern Ave
Sherman Oaks, CA 91423-4227
(818) 789-8309

From: [Center for Science in the Public Interest](#) on behalf of [Sarah Matheis](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 9:04:53 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Sarah Matheis
46 Hawthorne Cir
South Burlington, VT 05403-8234

From: [Center for Science in the Public Interest](#) on behalf of [Carla MS MIPH Sanchez](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:09 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Carla MS MIPH Sanchez
1026 16th St NW
Washington, DC 20036-5715

From: [Center for Science in the Public Interest](#) on behalf of [Mary Jo Mason](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:24:30 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Mary Jo Mason
1933 N Edwards Ave
Wichita, KS 67203-1128

From: [Center for Science in the Public Interest](#) on behalf of [Scarlott Cagle](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 9:34:06 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Scarlott Cagle
16 Sycamore Sta
Decatur, GA 30030-2700

From: [Center for Science in the Public Interest](#) on behalf of [Anyssa Quiban](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 9:34:21 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Anyssa Quiban
8092 W Paradise Ln
Apt 3055
Peoria, AZ 85382-4993

From: [Center for Science in the Public Interest](#) on behalf of [Ryan Elliott](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 9:34:25 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Ryan Elliott
PO Box 1596
Templeton, CA 93465-1596

From: [Center for Science in the Public Interest](#) on behalf of [V. Alexander](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 9:34:30 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. V. Alexander
424 Jefferson St NE
Albuquerque, NM 87108-1289

From: [Center for Science in the Public Interest](#) on behalf of [Elizabeth Wos](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 10:04:16 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Elizabeth Wos
PO Box 1818
El Segundo, CA 90245-6818

From: [Center for Science in the Public Interest](#) on behalf of [Glen Duncan](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 10:04:21 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Glen Duncan
6529 Latona Ave NE
Seattle, WA 98115-6423

From: [Center for Science in the Public Interest](#) on behalf of [Robert McCombs](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 10:04:25 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Robert McCombs
PO Box 4175
Arcata, CA 95518-4175

From: [Center for Science in the Public Interest](#) on behalf of [Robert Bingham](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 10:04:30 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Robert Bingham
110 Robbins Dr
Wethersfield, CT 06109-2000
(203) 606-6922

From: [Center for Science in the Public Interest](#) on behalf of [Charles Gilbert](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 10:34:28 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Charles Gilbert
27 Kirk St
Lowell, MA 01852-1004

From: [Center for Science in the Public Interest](#) on behalf of [Michael Bulger](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 10:34:36 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Michael Bulger
3121 42nd St
Apt 2f
Astoria, NY 11103-3106

From: [Center for Science in the Public Interest](#) on behalf of [Edward Demers](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:24:32 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Edward Demers
5632 Bent Branch Rd
Bethesda, MD 20816-1048

From: [Center for Science in the Public Interest](#) on behalf of [April Butler](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 10:34:36 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. April Butler
13933 SE Allen Rd
Bellevue, WA 98006-1446

From: [Center for Science in the Public Interest](#) on behalf of [Dylan Jones](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 10:34:36 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I'll keep this short, as I'm sure you are very busy.

As a Dietitian in today's unhealthy environment, I have been exposed to more sad stories than you can believe. Children and adults across our country are suffering in an obesogenic society. We unfortunately have people growing up without much knowledge about nutrition and being surrounded with endless factors playing against their health. Parents today don't realize the new unhealthy factors which degrade the health of their children and advertisers are promoting all the wrong messages regarding food to their consumers.

Just the other day I spoke with a young teen girl who is already morbidly obese at 17 and has diabetes with complications. Neither her nor her other family members (all of which are also diabetic) have money for treatments and she knows little to no information regarding what to do about her situation.

I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks because I feel there is a shortage of healthy strategies for the public. Obesity, Diabetes and Cardiovascular disease will destroy our country. There is no doubt that sugary drinks play a large role in these problems. Once we emphasize this, educate the public and initiate changes like that of mayor Bloomberg's we can begin to make promising investments in our future society's health.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Dylan Jones
1315 Markle Ave
Vancouver, WA 98660-2726
(360) 624-4942

From: [Center for Science in the Public Interest](#) on behalf of [Christine Randazzo](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 10:34:37 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Christine Randazzo
586 Pacific St
Apt Gb
Brooklyn, NY 11217-2087

From: [Center for Science in the Public Interest](#) on behalf of [Lynn Krupa](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 10:34:59 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Lynn Krupa
6605 W Burnside Rd
Unit 142
Portland, OR 97210-6666

From: [Center for Science in the Public Interest](#) on behalf of [Douglas Wingeier](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 11:04:25 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Douglas Wingeier
PO Box 811
Lake Junaluska, NC 28745-0811

From: [Center for Science in the Public Interest](#) on behalf of [sharon.nami](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 11:04:26 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. sharon nami
812 New York Ave
Metairie, LA 70003-7000

From: [Center for Science in the Public Interest](#) on behalf of [julia.canavera](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 11:34:19 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. julia canavera
1111 S Red River Expy
Apt 221
Burkburnett, TX 76354-3758
(210) 913-1553

From: [Center for Science in the Public Interest](#) on behalf of [Gemma Dimaano](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 11:34:33 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

Dear Mayor Bloomberg ,

I am a dietitian who admires your courage and commitment to bring fitness and wellness to New Yorkers. I am writing to support your proposal to limit serving sizes of soda and other sugary drinks. A Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While your proposal may not alone solve our obesity problem, it is a big step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the

Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Gemma Dimaano
551 Rhapsody Ct
Cockeysville, MD 21030-1915

From: [Center for Science in the Public Interest](#) on behalf of [Gemma Dimaano](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, June 27, 2012 11:34:36 PM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

Dear Mayor Bloomberg ,

I am a dietitian who admires your courage and commitment to bring fitness and wellness to New Yorkers. I am writing to support your proposal to limit serving sizes of soda and other sugary drinks. A Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While your proposal may not alone solve our obesity problem, it is a big step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the

Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Gemma Dimaano
551 Rhapsody Ct
Cockeysville, MD 21030-1915

From: [Center for Science in the Public Interest](#) on behalf of [Carla Marie Formisano](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, June 28, 2012 12:04:24 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Carla Marie Formisano
46 Merrilou Ave
Garden City, NY 11530-1428
(516) 359-2391

From: [Center for Science in the Public Interest](#) on behalf of [Chia Hamilton](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:24:34 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Chia Hamilton
6511 Tremont St
Oakland, CA 94609-1021
(510) 655-2733

From: [Center for Science in the Public Interest](#) on behalf of [Shannon Shearn](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, June 28, 2012 12:34:34 AM

Jun 27, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Shannon Shearn
14 Petersson Cir
Stafford Springs, CT 06076-4013

From: [Center for Science in the Public Interest](#) on behalf of [Karen Moreno](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, June 28, 2012 1:04:21 AM

Jun 28, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Karen Moreno
2169 E 17th St Fl 3
Brooklyn, NY 11229-4403

From: [Center for Science in the Public Interest](#) on behalf of [Conley Kelley](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, June 28, 2012 1:04:30 AM

Jun 28, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Conley Kelley
11190 N 128th Way
Scottsdale, AZ 85259-4460

From: [Center for Science in the Public Interest](#) on behalf of [Michael Granger](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, June 28, 2012 1:04:52 AM

Jun 28, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar (poison)! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar(poison)!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Michael Granger
14603 42nd Ave W
Lynnwood, WA 98087-5510

From: [Center for Science in the Public Interest](#) on behalf of [Bob Fischella](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, June 28, 2012 1:34:33 AM

Jun 28, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Bob Fischella
6219 E Via De La Yerba
Tucson, AZ 85750-1150
(520) 299-3076

From: [Center for Science in the Public Interest](#) on behalf of [Ping Huang](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, June 28, 2012 1:34:33 AM

Jun 28, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Ping Huang
1435 26th Ave
San Francisco, CA 94122-3223
(650) 714-2243

From: [Center for Science in the Public Interest](#) on behalf of [Judy Stucki](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, June 28, 2012 2:04:50 AM

Jun 28, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Judy Stucki
6438 Shadow Hawk Dr
Citrus Heights, CA 95621-8300

From: [Center for Science in the Public Interest](#) on behalf of [Walter G. Richard](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, June 28, 2012 2:04:53 AM

Jun 28, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Walter G. Richard
1524 W Estes Ave
Chicago, IL 60626-2618
(773) 262-5728

From: [Center for Science in the Public Interest](#) on behalf of [Mari Tackett](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, June 28, 2012 5:04:48 AM

Jun 28, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Mari Tacket
8918 N Palm Brook Dr
Tucson, AZ 85743-8908

From: [Center for Science in the Public Interest](#) on behalf of [Kathie Dolgin \(aka High Voltage\)](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, June 28, 2012 5:35:14 AM

Jun 28, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Kathie Dolgin (aka High Voltage)
35 Hudson St Apt 3508
Jersey City, NJ 07302-6632

From: [Center for Science in the Public Interest](#) on behalf of [Rebecca Merrifield](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:24:37 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Rebecca Merrifield
2 Park St
Blairstown, NJ 07825-2515

From: [Center for Science in the Public Interest](#) on behalf of [Mark Battiste](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, June 28, 2012 6:05:09 AM

Jun 28, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Mark Battiste
427 SW 41st St
Gainesville, FL 32607-2791

From: [Center for Science in the Public Interest](#) on behalf of [karl sillers](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, June 28, 2012 6:34:56 AM

Jun 28, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Karl Sillers
19916 Old Owen Rd # 161
Monroe, WA 98272-9778

From: [Center for Science in the Public Interest](#) on behalf of [Joanne Boles](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, June 28, 2012 8:05:18 AM

Jun 28, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Joanne Boles
2522 Crews Lake Hills Loop S
Lakeland, FL 33813-3863
(863) 648-2939

From: [Center for Science in the Public Interest](#) on behalf of [Wayne Goeken](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, June 28, 2012 8:05:22 AM

Jun 28, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Wayne Goeken
40048 160th Ave SE
Erskine, MN 56535-9232
(218) 280-0516

From: [Center for Science in the Public Interest](#) on behalf of [jonathan iovino](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, June 28, 2012 8:35:22 AM

Jun 28, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. jonathan iovino
6365 Woodbury Rd
Boca Raton, FL 33433-3668

From: [Center for Science in the Public Interest](#) on behalf of [Rebecca Rash](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, June 28, 2012 9:05:11 AM

Jun 28, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Rebecca Rash
366 Broadway
Somerville, MA 02145-2812

From: [Center for Science in the Public Interest](#) on behalf of [William Wood](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, June 28, 2012 9:05:29 AM

Jun 28, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I'm writing from an apt. in Manhattan, which I frequently visit, with my young children.

As a physician and parent, I'm very concerned about the obesity epidemic and health care costs in this country,

I write in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. William Wood
203 Grist Mill Dr
Milton, DE 19968-1358

From: [Center for Science in the Public Interest](#) on behalf of [rosemary bay](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, June 28, 2012 9:05:37 AM

Jun 28, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. rosemary bay
4 Stonegate Dr
Hyde Park, NY 12538-2052

From: [Center for Science in the Public Interest](#) on behalf of [Betsy Friess](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, June 28, 2012 9:35:13 AM

Jun 28, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Betsy Friess
2356 Tamarack Ave
Boulder, CO 80304-0900

From: [Center for Science in the Public Interest](#) on behalf of [Joy Stanilka](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, June 28, 2012 10:35:43 AM

Jun 28, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. Recently, I attended the Experimental Biology conference and found that the major caloric component in many young children's diets is soda and similar beverages. This contributes to health problems later in life and also is low in any actual nutritional value, important for development. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Joy Stanilka
Fshn Bldg. 572 Rm.359
Newell Drive
Gainesville, FL 32611-0001

From: [Center for Science in the Public Interest](#) on behalf of [Gina VanLuven](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:24:38 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Gina VanLuven
8813 Cheyenne Way
Park City, UT 84098-5854

From: [Center for Science in the Public Interest](#) on behalf of [Corey E. Olsen](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, June 28, 2012 10:35:43 AM

Jun 28, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I support Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout the USA, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve the obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the USA diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar. The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar.

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Corey E. Olsen
CEO Pipe Organs/Golden Ponds Farm
W334s724 Cushing Park Rd
Delafield, WI 53018-2441
(262) 646-8647

From: [Center for Science in the Public Interest](#) on behalf of [Sue Levy](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, June 28, 2012 10:36:08 AM

Jun 28, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Sue Levy
74 Kent St
Apt 10
Brookline, MA 02445-7917

From: [Center for Science in the Public Interest](#) on behalf of [Stanley Murashige](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, June 28, 2012 10:36:09 AM

Jun 28, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I support Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight children and adults and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. The health of our children, of our adults, of our future continues to diminish, while our health care costs continue to rise. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Stanley Murashige
1864 Sherman Ave
6
Evanston, IL 60201-3755

From: [Center for Science in the Public Interest](#) on behalf of [Lynda good](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, June 28, 2012 11:05:59 AM

Jun 28, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Lynda good
304 Buford Rd
Williamsburg, VA 23188-1511
(757) 222-8127

From: [Center for Science in the Public Interest](#) on behalf of [Julie Hoest Abramoff RN,BSN](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, June 28, 2012 11:06:06 AM

Jun 28, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Julie Hoest Abramoff RN,BSN

Sincerely,

Ms. Julie Hoest Abramoff RN,BSN
69 Juniper Ridge Rd
Laporte, CO 80535-9700
(970) 531-1119

From: [Center for Science in the Public Interest](#) on behalf of [Elizabeth Krenz](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, June 28, 2012 12:05:45 PM

Jun 28, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Elizabeth Krenz
1472 Arabella St
New Orleans, LA 70115-4261
(504) 343-3777

From: [Center for Science in the Public Interest](#) on behalf of [Sid Lerner](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, June 28, 2012 12:35:32 PM

Jun 28, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Sid Lerner
175 E 74th St
New York, NY 10021-3218
(212) 679-9606

From: [Center for Science in the Public Interest](#) on behalf of [PeggyN Neu](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, June 28, 2012 12:35:34 PM

Jun 28, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,
Peggy Neu
360 W 21st
NY NY 10011

Sincerely,

Ms. PeggyN Neu
360 W 21st St
New York, NY 10011-3305

From: [Center for Science in the Public Interest](#) on behalf of [Vanessa Protass](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, June 28, 2012 12:35:34 PM

Jun 28, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Vanessa Protass
215 Lexington Ave
Rm 1001
New York, NY 10016-6023

From: [Center for Science in the Public Interest](#) on behalf of [Clay Cummings](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, June 28, 2012 12:36:14 PM

Jun 28, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Clay Cummings
80 Damon Rd
Northampton, MA 01060-1864

From: [Center for Science in the Public Interest](#) on behalf of [Masaya Ozaki](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:24:41 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Masaya Ozaki
151 E 4th St
Brooklyn, NY 11218-1758

From: [Center for Science in the Public Interest](#) on behalf of [Sarah Ryan](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, June 28, 2012 12:36:15 PM

Jun 28, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Sarah Ryan
5680 W Atlantic Ave
Apt 306
Delray Beach, FL 33484-8215
(770) 843-1293

From: [Center for Science in the Public Interest](#) on behalf of [Joel Carp](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, June 28, 2012 12:36:19 PM

Jun 28, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I'm depressed - - and somewhat angered - - by the hordes of overweight people I see lumbering around everywhere throughout the country.

These folks are either unaware or incapable of the discipline required to stay healthy, so it's becoming more apparent that some form of outside control should be applied that will help them lose weight. Short of dictatorial edicts which compel people to follow prescribed diets, I believe that Mayor Bloomberg's proposal is a sensible alternative. Not only will it help those overweight people themselves, but it will benefit society overall by reducing the healthcare costs which we all ultimately share.

Sincerely,
Joel Carp
Portsmouth, NH

Sincerely,

Mr. Joel Carp
500 Market St
Portsmouth, NH 03801-3458

From: [Center for Science in the Public Interest](#) on behalf of [Eric Schonenberg](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, June 28, 2012 1:06:35 PM

Jun 28, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

Yes, I do not technically live in NY but my house is very close to the line. I visit NY and the city though. I am really pleased the Mayor Bloomberg has provided leadership. At least someone is.

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Eric Schonenberg
159 State Route 37
New Fairfield, CT 06812-2101
(203) 746-0246

From: [Center for Science in the Public Interest](#) on behalf of [Melissa Santini](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, June 28, 2012 1:36:12 PM

Jun 28, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Melissa Santini
2206 Midridge Rd
Lutherville, MD 21093-3225
(443) 834-2882

From: [Center for Science in the Public Interest](#) on behalf of [Carla Marie Formisano](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, June 28, 2012 1:36:18 PM

Jun 28, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Carla Marie Formisano
46 Merriln Ave
Garden City, NY 11530-1428
(516) 359-2391

From: [Center for Science in the Public Interest](#) on behalf of [Laurie Bramlage](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, June 28, 2012 2:06:27 PM

Jun 28, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Laurie Bramlage
113 S Mary Ave Apt 111
Sunnyvale, CA 94086-5854

From: [Center for Science in the Public Interest](#) on behalf of [Mona Fleming](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, June 28, 2012 2:06:31 PM

Jun 28, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Mona Fleming
700 Dayton Ave
Vancouver, WA 98664-1307

From: [Center for Science in the Public Interest](#) on behalf of [Barbara Chicoyne](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, June 28, 2012 2:35:42 PM

Jun 28, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Barbara Chicoyne
2929 E Main St
Lot 85
Mesa, AZ 85213-9319

From: [Center for Science in the Public Interest](#) on behalf of [Guntis Buda](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, June 28, 2012 2:35:57 PM

Jun 28, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Guntis Buda
179 Prospect St
Rockford, MI 49341-1138
(616) 540-2607

From: [Center for Science in the Public Interest](#) on behalf of [Karen Christian](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, June 28, 2012 4:06:15 PM

Jun 28, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Karen Christian
8435 S Tumbling X Ranch Pl
Vail, AZ 85641-8972

From: [Center for Science in the Public Interest](#) on behalf of [Cengiz Temizler](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:52:52 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Cengiz Temizler
344 Colonia Blvd
Colonia, NJ 07067-2904
(732) 261-4099

From: [Center for Science in the Public Interest](#) on behalf of [paul.gallimore](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, June 28, 2012 4:06:15 PM

Jun 28, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. paul gallimore
p
leicester, NC 28748

From: [Center for Science in the Public Interest](#) on behalf of [Donna Howard](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, June 28, 2012 4:06:56 PM

Jun 28, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Donna Howard
315 Modrow Rd
Kalama, WA 98625-9633

From: [Center for Science in the Public Interest](#) on behalf of [norman cook](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, June 28, 2012 4:35:55 PM

Jun 28, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. norman cook
8103 Southampton Ave
Wyndmoor, PA 19038-7525
(215) 836-2718

From: [Center for Science in the Public Interest](#) on behalf of [Leah Reuben-Werner](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, June 28, 2012 5:36:01 PM

Jun 28, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Leah Reuben-Werner
575 NW Lofall Rd
Poulsbo, WA 98370-9207
(360) 930-0861

From: [Center for Science in the Public Interest](#) on behalf of [Andrew Lynch](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, June 28, 2012 5:36:41 PM

Jun 28, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Andrew Lynch
12963 Runway Rd Apt 403
Playa Vista, CA 90094-2401

From: [Center for Science in the Public Interest](#) on behalf of [Carlie Brown](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, June 28, 2012 7:06:34 PM

Jun 28, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Carlie Brown
300 W 109th St
Apt 4g
New York, NY 10025-2111
(212) 979-1448

From: [Center for Science in the Public Interest](#) on behalf of [Christen Rossowski](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, June 28, 2012 7:36:31 PM

Jun 28, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Christen Rossowski
2715 Allison Ln
Allentown, PA 18104-9668

From: [Center for Science in the Public Interest](#) on behalf of [Kathy Freeman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, June 28, 2012 7:36:31 PM

Jun 28, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Kathy Freeman
17712 Pheasant Dr
Tinley Park, IL 60487-5226
(708) 614-8839

From: [Center for Science in the Public Interest](#) on behalf of [Robert Freeman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, June 28, 2012 7:36:35 PM

Jun 28, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Robert Freeman
17712 Pheasant Dr
Tinley Park, IL 60487-5226
(708) 614-8839

From: [Center for Science in the Public Interest](#) on behalf of [B Millette](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, June 28, 2012 8:06:35 PM

Jun 28, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I was in NYC last weekend. As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. B Millette
210 Cherry Hill Ln
Broomall, PA 19008-1511

From: [Center for Science in the Public Interest](#) on behalf of [Heidi Rathbun](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:52:53 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Heidi Rathbun
5420 Hartley St
Lincoln, NE 68504-1850

From: [Center for Science in the Public Interest](#) on behalf of [Maja Mirkovic](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, June 28, 2012 8:36:33 PM

Jun 28, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As a Registered Dietitian and a public health professional I am very concerned with the obesity epidemic and health care costs in this country. Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Maja Mirkovic
1365 York Ave Apt 16d
New York, NY 10021-4050

From: [Center for Science in the Public Interest](#) on behalf of [Elizabeth Williams](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, June 28, 2012 8:36:38 PM

Jun 28, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Elizabeth Williams
4469 Sedgwick St NW
Washington, DC 20016-2713

From: [Center for Science in the Public Interest](#) on behalf of [John Cassel](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, June 28, 2012 9:06:42 PM

Jun 28, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. John Cassel
2 Mayfair Ln Apt 303
Nashua, NH 03063-7622
(603) 886-4868

From: [Center for Science in the Public Interest](#) on behalf of [Mark Cosgriff](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, June 28, 2012 9:06:46 PM

Jun 28, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Mark Cosgriff
1180 Andrews Ave
Lakewood, OH 44107-2402

From: [Center for Science in the Public Interest](#) on behalf of [Linda Pagnano](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, June 28, 2012 9:36:35 PM

Jun 28, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Linda Pagnano
501 Old Territorial Rd NE
Chatfield, MN 55923-1137

From: [Center for Science in the Public Interest](#) on behalf of [Arlene Gonzalez](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, June 28, 2012 10:06:51 PM

Jun 28, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Arlene Gonzalez
6412 60th Ave
Maspeth, NY 11378-3427

From: [Center for Science in the Public Interest](#) on behalf of [Patricia Y Pisaneschi](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, June 28, 2012 10:06:52 PM

Jun 28, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Patricia Y Pisaneschi
99 Nuangola Ave
Mountain Top, PA 18707-9189
(570) 868-6732

From: [Center for Science in the Public Interest](#) on behalf of [Syvonne Forkin](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, June 28, 2012 11:06:55 PM

Jun 28, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Syvonne Forkin
313 Covered Bridge Rd
Cherry Hill, NJ 08034-2931

From: [Center for Science in the Public Interest](#) on behalf of [Brian Carr](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, June 28, 2012 11:37:47 PM

Jun 28, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Brian Carr
100 Ridge St
Apt 218
Charlottesville, VA 22902-5581

From: [Center for Science in the Public Interest](#) on behalf of [Rose Marie Menard](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Friday, June 29, 2012 12:36:59 AM

Jun 28, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Rose Marie Menard
460 S Batavia St
Orange, CA 92868-3907

From: [Center for Science in the Public Interest](#) on behalf of [Louis Yuhasz](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:52:53 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone who heads the nation's longest and oldest not for profit offering treatment and other financial resources to children and adolescents struggling with childhood obesity, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks.

Louie's Kids www.louieskids.org has been serving Title I school children for 11-years by identifying and paying for treatment, real treatment options for these kids. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts

instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Louis Yuhasz
PO Box 21291
Charleston, SC 29413-1291
(843) 343-5746

From: [Center for Science in the Public Interest](#) on behalf of [Teri Tyrrell](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Friday, June 29, 2012 12:37:21 AM

Jun 28, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

Hello

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks to 16 oz. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the

Mayor's proposal to limit serving sizes and I look forward to your response.
Sincerely,

Teri Tyrrell
3404 Royal Meadow Lane
San Jose, CA 95135

Sincerely,

Ms. Teri Tyrrell
3404 Royal Meadow Ln
San Jose, CA 95135-1641

From: [Center for Science in the Public Interest](#) on behalf of [ashlie bean](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Friday, June 29, 2012 12:37:25 AM

Jun 28, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. ashlie bean
4008 Danube Cir
Valdosta, GA 31605-7030
(229) 251-4727

From: [Center for Science in the Public Interest](#) on behalf of [Sarah Worthington](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Friday, June 29, 2012 9:37:49 AM

Jun 29, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Sarah Worthington
1718 W 35th St
Kansas City, MO 64111-3706
(919) 357-7427

From: [Center for Science in the Public Interest](#) on behalf of [Tomi Akanbi](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Friday, June 29, 2012 9:38:29 AM

Jun 29, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Tomi Akanbi
4209 28th St
Ste 9
Long Island City, NY 11101-4132

From: [Center for Science in the Public Interest](#) on behalf of [Tracy Stone](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Friday, June 29, 2012 12:07:47 PM

Jun 29, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Tracy Stone
960 N Townsend Loop
Post Falls, ID 83854-8972

From: [Center for Science in the Public Interest](#) on behalf of [Brandon Taylor](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Friday, June 29, 2012 12:07:58 PM

Jun 29, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Brandon Taylor
8452 Bellery Ave
Las Vegas, NV 89143-1314
(702) 340-7895

From: [Center for Science in the Public Interest](#) on behalf of [Wendy Peace](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Friday, June 29, 2012 12:08:01 PM

Jun 29, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Wendy Peace
24568 Laetham Ave
Eastpointe, MI 48021-1046

From: [Center for Science in the Public Interest](#) on behalf of [robin wilson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Friday, June 29, 2012 1:08:04 PM

Jun 29, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. robin wilson
801 Highland Ave
Oak Park, IL 60304-1528

From: [Center for Science in the Public Interest](#) on behalf of [Chris Hartley](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Friday, June 29, 2012 1:38:22 PM

Jun 29, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Chris Hartley
687 Hidden Path Ct Apt A
Saint Louis, MO 63141-6437

From: [Center for Science in the Public Interest](#) on behalf of [Georgia Chavent, MS, RD, CSSD \(sports dietitian\)](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Friday, June 29, 2012 3:38:25 PM

Jun 29, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I totally support Mayor Bloomberg's COURAGE to address this issue. Portion sizes of sugary beverages have multiplied continually since I became a registered dietitian over 35 years ago. When i show my students a "juice" glass from my grandmother's closet, they think it's a "shot glass!!!" They do NOT recognize this as a "serving"

I have witnessed the exploding growth of obesity with childhood obesity the most worrisome public health problem our country has ever faced. My husband is a pediatrician and he witnesses the lack of awareness for appropriate portions and the excessive marketing of soda, sports drinks, energy drinks and fruit drinks to our young adults who will be plagued with health problems for years to come if we don't do something to combat market forces.

The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades and is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very

generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Georgia Chavent, MS, RD, CSSD (sports dietitian)
300 Boston Post Rd
West Haven, CT 06516-1916

From: [Center for Science in the Public Interest](#) on behalf of [Penny Barthel](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:52:53 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks.

I'm not a New Yorker, but I know that where New York leads the world follows. So lead us well.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Penny Barthel
1103 Key Route Blvd
Albany, CA 94706-2323

From: [Center for Science in the Public Interest](#) on behalf of [Alexandra O'Rourke](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Friday, June 29, 2012 3:38:52 PM

Jun 29, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Alexandra O'Rourke
958 Sea Wind Ct
Carlsbad, CA 92011-1143

From: [Center for Science in the Public Interest](#) on behalf of [Maria Aitken](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Friday, June 29, 2012 4:08:18 PM

Jun 29, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Maria Aitken
11061 Nutmeg Dr
Palm Beach Gardens, FL 33418-3540

From: [Center for Science in the Public Interest](#) on behalf of [Frances Arnold](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Friday, June 29, 2012 4:08:58 PM

Jun 29, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As a Registered Dietitian, I recognize that sugary beverages are directly linked to obesity. They are ubiquitously available and cheap, which only promotes their consumption. I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Can we really afford to NOT put a cap on sugary beverages? Of course, the best solution is to stop subsidizing cheap sugar sources that make sweetened beverages highly available. But until this happens, restricting soda is an easy solution.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Thank you.

Sincerely,

Mrs. Frances Arnold
9605 239th St SW
Edmonds, WA 98020-5650

From: [Center for Science in the Public Interest](#) on behalf of [Stephanie Patterson RD, CSO](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Friday, June 29, 2012 4:38:34 PM

Jun 29, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Stephanie Patterson RD, CSO
100 Michigan St NE
Grand Rapids, MI 49503-2560
(616) 486-6316

From: [Center for Science in the Public Interest](#) on behalf of [Holly Foster](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Friday, June 29, 2012 4:38:36 PM

Jun 29, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Holly Foster
1560 Sacramento St Apt 304
San Francisco, CA 94109-3820

From: [Center for Science in the Public Interest](#) on behalf of [L. Edward Clemens](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Friday, June 29, 2012 4:38:42 PM

Jun 29, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. L. Edward Clemens
631 Miller Dr
Davis, CA 95616-3618

From: [Center for Science in the Public Interest](#) on behalf of [Kurtis Berger](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Friday, June 29, 2012 5:08:25 PM

Jun 29, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country,
I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Kurtis Berger
23861 Via Maragall
Mission Viejo, CA 92692-2124

From: [Center for Science in the Public Interest](#) on behalf of [Heather Sherman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Friday, June 29, 2012 9:38:42 PM

Jun 29, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Heather Sherman
2 Gordon Ln
Westport, CT 06880-5318
(203) 226-5822

From: [Center for Science in the Public Interest](#) on behalf of [Jessica Seymour](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Friday, June 29, 2012 9:39:01 PM

Jun 29, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Jessica Seymour
690 SW 1st Ct Apt 1830
Miami, FL 33130-2924

From: [Center for Science in the Public Interest](#) on behalf of [Angela LaGrange](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Friday, June 29, 2012 11:08:34 PM

Jun 29, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Angela LaGrange
1300 W Warner Rd
Apt 2129
Gilbert, AZ 85233-7065

From: [Center for Science in the Public Interest](#) on behalf of [Helen Cameron](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:10 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Helen Cameron
4126 N Leavitt St
Chicago, IL 60618-2930

From: [Center for Science in the Public Interest](#) on behalf of [yseult biwer](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:52:54 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. yseult biwer
23143 Canzonet St
Woodland Hills, CA 91367-6104

From: [Center for Science in the Public Interest](#) on behalf of [Kenneth Harris](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Friday, June 29, 2012 11:08:36 PM

Jun 29, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Kenneth Harris
4859 Bell Blvd
Bayside Hills, NY 11364-1235
(718) 428-3848

From: [Center for Science in the Public Interest](#) on behalf of [John Spangler](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Friday, June 29, 2012 11:08:44 PM

Jun 29, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. John Spangler
13631 Oakland Dr
Burnsville, MN 55337-4122

From: [Center for Science in the Public Interest](#) on behalf of [Patricia Chang](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Saturday, June 30, 2012 1:38:56 AM

Jun 30, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Patricia Chang
1133 Stockton St
Indianapolis, IN 46260-2860
(317) 253-2834

From: [Center for Science in the Public Interest](#) on behalf of [Rayshiang Lin](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Saturday, June 30, 2012 7:39:13 AM

Jun 30, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Rayshiang Lin
60 Sylvania Rd
Hershey, PA 17033-2148

From: [Center for Science in the Public Interest](#) on behalf of [Rayshiang Lin](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Saturday, June 30, 2012 7:39:38 AM

Jun 30, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Rayshiang Lin
60 Sylvania Rd
Hershey, PA 17033-2148

From: [Center for Science in the Public Interest](#) on behalf of [JoAnn Cooper](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Saturday, June 30, 2012 10:39:50 AM

Jun 30, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. JoAnn Cooper
196 Stop 1 Old Gale Hill Road
East Chatham, NY 12060

From: [Center for Science in the Public Interest](#) on behalf of [joyce cooper](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Saturday, June 30, 2012 11:09:44 AM

Jun 30, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. joyce cooper
85 Ebony Ct
North Kingstown, RI 02852-6916

From: [Center for Science in the Public Interest](#) on behalf of [DIANE FRANKLIN](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Saturday, June 30, 2012 12:40:24 PM

Jun 30, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. DIANE FRANKLIN
80 Payson St
Hoffman Estates, IL 60169-3121
(847) 882-3281

From: [Center for Science in the Public Interest](#) on behalf of [Wallace Elton](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Saturday, June 30, 2012 3:10:41 PM

Jun 30, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the rising cost of health care, much of which can be attributed to the current obesity epidemic, I support Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks.

Overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. And all Americans are paying the price. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines.

Of course, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, we must do something.

Therefore, I urge the Board of Health to vote in support of the Mayor's proposal to limit serving sizes.

Thank you.

Sincerely,

Mr. Wallace Elton
36 Curt Blvd
Saratoga Springs, NY 12866-8913

From: [Center for Science in the Public Interest](#) on behalf of [Linda Rising](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Saturday, June 30, 2012 4:10:24 PM

Jun 30, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Linda Rising
561 Scout Dr
Mount Juliet, TN 37122-6169

From: [Center for Science in the Public Interest](#) on behalf of [Carol Winer](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:52:55 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Carol Winer
327 east 30 St
New york, NY 10016

From: [Center for Science in the Public Interest](#) on behalf of [Dedrin Momon](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Saturday, June 30, 2012 4:10:29 PM

Jun 30, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Dedrin Momon
309 N Missouri St
Crossett, AR 71635-2611

From: [Center for Science in the Public Interest](#) on behalf of [Lindsay Hong](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Saturday, June 30, 2012 4:40:52 PM

Jun 30, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Lindsay Hong
1462 Clay St
Apt 6
San Francisco, CA 94109-3941
(808) 391-4664

From: [Center for Science in the Public Interest](#) on behalf of [Vincent Prudente](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Saturday, June 30, 2012 5:10:55 PM

Jun 30, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Vincent Prudente
1826 Fitzwater St
Philadelphia, PA 19146-1853

From: [Center for Science in the Public Interest](#) on behalf of [John Kemp](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Saturday, June 30, 2012 5:40:58 PM

Jun 30, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. John Kemp
1437 N 1525 E
Logan, UT 84341-2951
(435) 512-7729

From: [Center for Science in the Public Interest](#) on behalf of [Regina Neal](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Saturday, June 30, 2012 7:10:55 PM

Jun 30, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Regina Neal
19 Terrace Pl
Brooklyn, NY 11218-1013

From: [Center for Science in the Public Interest](#) on behalf of [Elizabeth Vaughan](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Saturday, June 30, 2012 8:10:59 PM

Jun 30, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Elizabeth Vaughan
10922 S High Mesa Trl
Williams, AZ 86046-7549
(928) 221-6907

From: [Center for Science in the Public Interest](#) on behalf of [HANNAH FREED](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Saturday, June 30, 2012 11:41:26 PM

Jun 30, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. HANNAH FREED
145 S Holliston Ave
Apt E
Pasadena, CA 91106-2629

From: [Center for Science in the Public Interest](#) on behalf of [Kristin Stiles Green](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Sunday, July 01, 2012 12:41:25 AM

Jun 30, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Kristin Stiles Green
1406 Benton Rd
Lake Villa, IL 60046-5754
(818) 661-8844

From: [Center for Science in the Public Interest](#) on behalf of [Sarah Lill, Registered Dietitian](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Sunday, July 01, 2012 2:11:40 AM

Jul 1, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Sarah Lill, Registered Dietitian
910 Greystone Dr
West Chester, PA 19380-4364
(610) 955-3845

From: [Center for Science in the Public Interest](#) on behalf of [Fred Sigur](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Sunday, July 01, 2012 10:12:04 AM

Jul 1, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Fred Sigur
PO Box 979
Chalmette, LA 70044-0979

From: [Center for Science in the Public Interest](#) on behalf of [Sarah Sabshon](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:52:55 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country (as well as a born and bred New Yorker), I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Sarah Sabshon
74 Elmira St
Apt 1
Brighton, MA 02135-2851

From: [Center for Science in the Public Interest](#) on behalf of [Louisa Dombloski, RD, LDN-PPC, NEDietetic Association](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Sunday, July 01, 2012 10:12:21 AM

Jul 1, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I am the public policy chair for the North East Dietetic Association. I have been working as a RD for 41 yrs. Monroe County has 29% of K-12 students who are overweight with 19% being obese. I recently lost my job as a RD in our local schools. As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Louisa Dombloski, RD, LDN-PPC NEDietetic Association
50 Chariton Dr
East Stroudsburg, PA 18301-9660

From: [Center for Science in the Public Interest](#) on behalf of [Kaitlin Dahl](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Sunday, July 01, 2012 10:42:22 AM

Jul 1, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Kaitlin Dahl
2310 Buffon St
Chalmette, LA 70043-5114

From: [Center for Science in the Public Interest](#) on behalf of [Peggy Benz](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Sunday, July 01, 2012 3:12:33 PM

Jul 1, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Peggy Benz
30 Carhart Ave
Johnson City, NY 13790-2312

From: [Center for Science in the Public Interest](#) on behalf of [Jessica Baltmanas](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Sunday, July 01, 2012 4:12:40 PM

Jul 1, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Jessica Baltmanas
4085 Crystal Dawn Ln Unit 202
San Diego, CA 92122-5847

From: [Center for Science in the Public Interest](#) on behalf of [Sara Stivers](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Sunday, July 01, 2012 4:42:30 PM

Jul 1, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Sara Stivers
3 Drury Ln
Lynnfield, MA 01940-2111

From: [Center for Science in the Public Interest](#) on behalf of [Stephen Miller](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Sunday, July 01, 2012 4:42:31 PM

Jul 1, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Stephen Miller
6808 Misty Ln
Waxhaw, NC 28173-9139

From: [Center for Science in the Public Interest](#) on behalf of [Lisandra Piña](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Sunday, July 01, 2012 4:43:00 PM

Jul 1, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Lisandra Piña
Paseo del Sol
#233
Dorado, PR 00646

From: [Center for Science in the Public Interest](#) on behalf of [Delite Hawk](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Sunday, July 01, 2012 5:12:30 PM

Jul 1, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Delite Hawk
1963 Meadow Ln
Wyomissing, PA 19610-2710

From: [Center for Science in the Public Interest](#) on behalf of [fred mcmahan](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Sunday, July 01, 2012 7:13:10 PM

Jul 1, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. fred mcmahan
272 Pelican Ave
Daytona Beach, FL 32118-3421

From: [Center for Science in the Public Interest](#) on behalf of [Janet Fotos](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Sunday, July 01, 2012 8:43:00 PM

Jul 1, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Janet Fotos
26 Truell Rd
Hollis, NH 03049-6271

From: [Center for Science in the Public Interest](#) on behalf of [Gina Delgadillo](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:52:55 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Gina Delgadillo
1228 Banbury Cir
West Chester, PA 19380-4076
(484) 883-8592

From: [Center for Science in the Public Interest](#) on behalf of [Shira Lebovich](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Sunday, July 01, 2012 9:42:55 PM

Jul 1, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Shira Lebovich
1319 Oriental Blvd
Brooklyn, NY 11235-3037

From: [Center for Science in the Public Interest](#) on behalf of [Joan Swanson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Sunday, July 01, 2012 9:43:06 PM

Jul 1, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Joan Swanson
1637 McDonald Ave
Dupont, WA 98327-9711

From: [Center for Science in the Public Interest](#) on behalf of [Colleen Lobel](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Monday, July 02, 2012 3:45:24 AM

Jul 2, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Colleen Lobel
8111 Kenova St
San Diego, CA 92126-3121
(858) 566-3034

From: [Center for Science in the Public Interest](#) on behalf of [Vivica Kraak](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Monday, July 02, 2012 7:46:26 AM

Jul 2, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Vivica Kraak
419 Juneway Dr
Bay Village, OH 44140-2602
(440) 835-0375

From: [Center for Science in the Public Interest](#) on behalf of [Katie Jones](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Monday, July 02, 2012 11:16:59 AM

Jul 2, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Katie Jones
5229 Archie Jones Rd
Willards, MD 21874-1225

From: [Center for Science in the Public Interest](#) on behalf of [Sharon Tennyson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Monday, July 02, 2012 11:47:24 AM

Jul 2, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Sharon Tennyson
15520 Langside St
Silver Spring, MD 20905-4132
(301) 384-4584

From: [Center for Science in the Public Interest](#) on behalf of [Heather Fiore, MS Ed, RD, CDE, CDN](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Monday, July 02, 2012 12:17:21 PM

Jul 2, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Heather Fiore, MS Ed, RD, CDE, CDN
159 Crawford St
Rochester, NY 14620-2419
(585) 473-2849

From: [Center for Science in the Public Interest](#) on behalf of [Wahida karmally](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Monday, July 02, 2012 1:17:45 PM

Jul 2, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Wahida karmally
Columbia University
NY, NY 19932

From: [Center for Science in the Public Interest](#) on behalf of [Suzanna Martinez](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Monday, July 02, 2012 2:19:50 PM

Jul 2, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Suzanna Martinez
3333 California St Ste 245
San Francisco, CA 94118-6210

From: [Center for Science in the Public Interest](#) on behalf of [Mike Baab](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Monday, July 02, 2012 3:18:50 PM

Jul 2, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I am writing in support of Mayor Bloomberg's limit on soda sizes.

I'm an American who was overweight my entire childhood. I drank two bottles of Mountain Dew nearly every day and, try as I might, I couldn't shake the habit.

When I was 25, I moved to Denmark to study. Almost immediately, I started losing weight. My genetics and my willpower didn't magically change overnight. What changed was my environment.

In Denmark, the largest size soda available was 20 ounces, and it cost \$4. Additionally, I started biking to university every day, since I didn't have a car and the city where I was living had generous bike lanes.

Over four years, I lost nearly 30% of my body weight and have kept it off ever since.

Beyond my personal experience, studies have shown that the only effective interventions in obesity are environmental. the NY Board of Health's plan to limit soda sizes affects the food environment in a way that does not limit freedom, but simply incentivizes the healthy choice. I sincerely hope the idea spreads to the rest of the United States.

Sincerely,

Mr. Mike Baab
520 N 74th St
Seattle, WA 98103-5135

From: [Center for Science in the Public Interest](#) on behalf of [Diane Hunter](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:52:56 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

Kudos to Mayor Bloomberg for his proposal to limit serving sizes of soda and other sugary drinks! I support this initiative as a step in the right direction.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes.

Sincerely,

Mrs. Diane Hunter
10775 Red Cedar Dr
San Diego, CA 92131-1203

From: [Center for Science in the Public Interest](#) on behalf of [James Krieger](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Monday, July 02, 2012 4:19:08 PM

Jul 2, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. James Krieger
3227 S Hanford St
Seattle, WA 98144-6131

From: [Center for Science in the Public Interest](#) on behalf of [Suzanne Menne](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Monday, July 02, 2012 4:48:21 PM

Jul 2, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Suzanne Menne
265 Geneive Cir
Camarillo, CA 93010-7820

From: [Center for Science in the Public Interest](#) on behalf of [Deane Edelman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Monday, July 02, 2012 4:48:31 PM

Jul 2, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Deane Edelman
4000 Tunlaw Rd NW
Apt 908
Washington, DC 20007-4836
(202) 333-0945

From: [Center for Science in the Public Interest](#) on behalf of [Patricia Blochowiak](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Monday, July 02, 2012 4:48:58 PM

Jul 2, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Patricia Blochowiak
1894 Farmington Rd
Cleveland, OH 44112-4744

From: [Center for Science in the Public Interest](#) on behalf of [Michael Bronson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Monday, July 02, 2012 7:49:00 PM

Jul 2, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Michael Bronson
7310 5th Ave N
St Petersburg, FL 33710-7520

From: [Center for Science in the Public Interest](#) on behalf of [Beth Ullmer](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Monday, July 02, 2012 8:48:46 PM

Jul 2, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Beth Ullmer
2 Justice Ridge Rd
Candler, NC 28715-9532
(910) 409-3561

From: [Center for Science in the Public Interest](#) on behalf of [Janet Rountree](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Monday, July 02, 2012 11:19:15 PM

Jul 2, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Janet Rountree
400 Melrose Ct
Suffolk, VA 23434-7275

From: [Center for Science in the Public Interest](#) on behalf of [Donna Weidler](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 03, 2012 12:19:19 AM

Jul 2, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Donna Weidler
4039 E Friess Dr
Phoenix, AZ 85032-5819

From: [Center for Science in the Public Interest](#) on behalf of [Eric Hoyer](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 03, 2012 6:19:56 AM

Jul 3, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Eric Hoyer
704 NW Eagle Rdg
Lees Summit, MO 64081-4005
(816) 524-3213

From: [Center for Science in the Public Interest](#) on behalf of [Brittan Bibb](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 03, 2012 8:20:29 AM

Jul 3, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Brittan Bibb
105 Latimer Blvd
Wilmore, KY 40390-1274

From: [Center for Science in the Public Interest](#) on behalf of [Leah Negrin](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:52:56 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Leah Negrin
3 Wayne Dr
Poughkeepsie, NY 12601-5818

From: [Center for Science in the Public Interest](#) on behalf of [Sarah Amer](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 03, 2012 10:50:45 AM

Jul 3, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As a mother and a Registered Dietitian who is very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Sarah Amer
4006 Whispering Hls
Chester, NY 10918-1562

From: [Center for Science in the Public Interest](#) on behalf of [Jen Moore](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 03, 2012 11:50:48 AM

Jul 3, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Jen Moore
18269 Saxon Dr
Beverly Hills, MI 48025-3115
(248) 790-1119

From: [Center for Science in the Public Interest](#) on behalf of [Jennifer Smith](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 03, 2012 1:51:17 PM

Jul 3, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Jennifer Smith
1 Scenic Dr
Unit 1002
Highlands, NJ 07732-1321

From: [Center for Science in the Public Interest](#) on behalf of [Marian Mitchell](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 03, 2012 1:51:22 PM

Jul 3, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Marian Mitchell
111-B Street
Mountain Home, ID 83647

From: [Center for Science in the Public Interest](#) on behalf of [Marcus Brevik](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 03, 2012 2:20:50 PM

Jul 3, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Marcus Brevik
4006 Whispering Hls
Chester, NY 10918-1562

From: [Center for Science in the Public Interest](#) on behalf of [Rochelle Reiss](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 03, 2012 2:21:25 PM

Jul 3, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Rochelle Reiss
2114 Ferguson Dr
Wilmington, DE 19808-5316

From: [Center for Science in the Public Interest](#) on behalf of [Frank Hu](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 03, 2012 2:21:36 PM

Jul 3, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Frank Hu
10 Kings Rd
Sharon, MA 02067-2478

From: [Center for Science in the Public Interest](#) on behalf of [Shilpa Bhupathiraju](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 03, 2012 2:50:44 PM

Jul 3, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Shilpa Bhupathiraju
120 Wyllis Ave
Unit 103
Everett, MA 02149-1115

From: [Center for Science in the Public Interest](#) on behalf of [Teresa Hansen](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 03, 2012 3:51:50 PM

Jul 3, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Teresa Hansen
1113 E El Camino Dr
Phoenix, AZ 85020-3729
(602) 758-7479

From: [Center for Science in the Public Interest](#) on behalf of [Kathryn Caldarella](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 03, 2012 6:51:57 PM

Jul 3, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Kathryn Caldarella
24 Flora Ln
Scotts Valley, CA 95066-4925

From: [Center for Science in the Public Interest](#) on behalf of [Syreeta Batiste](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:52:59 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Syreeta Batiste
8710 Independence Ave
Apt 104
Canoga Park, CA 91304-2067
(818) 701-1552

From: [Center for Science in the Public Interest](#) on behalf of [Cathy Nieman, MS, RD, LDN](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 03, 2012 10:21:35 PM

Jul 3, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As a Registered Dietitian and someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Cathy Nieman, MS, RD, LDN
312 Ivy Hill Rd
Weaverville, NC 28787-9652
(828) 645-5035

From: [Center for Science in the Public Interest](#) on behalf of [Tim Challis](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 03, 2012 11:51:48 PM

Jul 3, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Tim Challis
8340 N Thornydale Rd
110-101
Tucson, AZ 85741-1162

From: [Center for Science in the Public Interest](#) on behalf of [Sally Maier](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, July 04, 2012 12:21:44 AM

Jul 3, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Sally Maier
2519 8th St
Livermore, CA 94550-4605

From: [Center for Science in the Public Interest](#) on behalf of [Marisol Ruiz](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, July 04, 2012 1:51:55 AM

Jul 4, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

Soda should not be the default in a fast food chain's kids menu!

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the

Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Marisol Ruiz
13413 S Avenue N
Chicago, IL 60633-1529
(773) 808-0870

From: [Center for Science in the Public Interest](#) on behalf of [Casandra Hannah](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, July 04, 2012 4:52:37 AM

Jul 4, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Casandra Hannah
18700 Fawn Tree Dr
Little Rock, AR 72210-5680
(501) 455-2295

From: [Center for Science in the Public Interest](#) on behalf of [Wendy Arena](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, July 04, 2012 8:52:38 AM

Jul 4, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Wendy Arena
29 Porter St
Leominster, MA 01453-2633

From: [Center for Science in the Public Interest](#) on behalf of [Linda Barlow](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, July 04, 2012 11:23:03 AM

Jul 4, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

.....ng the growth of New York
City is the greatest city in the world, and, as such, I hope NYC takes
the lead in reducing serving sizes as a small, but first step, in
helping people to stop eating themselves to death. Heart disease and
diabetes are rapant in this country. PLEASE LEAD THE
WAY!.....

Please vote in favor of the Mayor's proposal, and let me know how you
vote. Thanks.

Linda Barlow
PO Box 595
Swansea, MA 02777

Sincerely,

Ms. Linda Barlow
PO Box 595
Swansea, MA 02777-0595

From: [Center for Science in the Public Interest](#) on behalf of [Tammie Lee](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, July 04, 2012 1:23:05 PM

Jul 4, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

Hello,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your

response.

Sincerely,

Ms. Tammie Lee
273 Rochester Ave Apt 4a
Brooklyn, NY 11213-4168

From: [Center for Science in the Public Interest](#) on behalf of [John Gallo](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, July 04, 2012 4:23:40 PM

Jul 4, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. John Gallo
91 Smith Ave
Bergenfield, NJ 07621-3017
(201) 385-5660

From: [Center for Science in the Public Interest](#) on behalf of [Ed Good](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, July 04, 2012 10:24:06 PM

Jul 4, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Ed Good
640 Sandra Ave
Harrisburg, PA 17109-5816

From: [Center for Science in the Public Interest](#) on behalf of [Sooji Rugh](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:52:59 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Sooji Rugh
465 Fairchild Dr
Ste 112
Mountain View, CA 94043-2254
(866) 661-5673

From: [Center for Science in the Public Interest](#) on behalf of [Jo Davis](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, July 05, 2012 12:24:32 AM

Jul 4, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

Support Mayor Bloomberg's Sugary Drink Proposal

Dear Members of the Board of Health:

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Jo-De Davis
3809 Timber Ridge Rd.
Midlothian, VA 23112

Sincerely,

Mrs. Jo Davis
3809 Timber Ridge Rd
Midlothian, VA 23112-4540
(804) 744-6533

From: [Center for Science in the Public Interest](#) on behalf of [Jennifer Holtz](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, July 05, 2012 12:54:41 AM

Jul 4, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Jennifer Holtz
42037 S. 194 Service Dr.
Belleville, MI 48111

From: [Center for Science in the Public Interest](#) on behalf of [Ken Molinkiewicz](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, July 05, 2012 3:55:14 AM

Jul 5, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Ken Molinkiewicz
14007 N 57th St
Scottsdale, AZ 85254-3015

From: [Center for Science in the Public Interest](#) on behalf of [Claire Spampinato](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, July 05, 2012 7:25:29 AM

Jul 5, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Claire Spampinato
702 Pine Ridge Rd
Media, PA 19063-1720
(919) 225-9972

From: [Center for Science in the Public Interest](#) on behalf of [Janice Cranston](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, July 05, 2012 7:55:37 AM

Jul 5, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Janice Cranston
7598 Claremont St
Canton, MI 48187-1535

From: [Center for Science in the Public Interest](#) on behalf of [amy liscomb](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, July 05, 2012 9:25:16 AM

Jul 5, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. amy liscomb
4149 Sharpsburg Dr
Mountain Brk, AL 35213-3234

From: [Center for Science in the Public Interest](#) on behalf of [Rene Baranes](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, July 05, 2012 10:26:06 AM

Jul 5, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Rene Baranes
2121 N Ocean Blvd
Boca Raton, FL 33431-7828

From: [Center for Science in the Public Interest](#) on behalf of [Amy Regan](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, July 05, 2012 3:25:53 PM

Jul 5, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Amy Regan
10 Lupine Ave
Apt 24
San Francisco, CA 94118-2738

From: [Center for Science in the Public Interest](#) on behalf of [Julia Stevenson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, July 05, 2012 7:26:21 PM

Jul 5, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Julia Stevenson
2955 Albemarle St NW

Washington, DC 20008-2135

From: [Center for Science in the Public Interest](#) on behalf of [Cora CauseyCoraC](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, July 05, 2012 11:26:57 PM

Jul 5, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Cora CauseyCoraC
3788 Rockhill Road rockhill road
BirminghamRoadB, AL 35223
205-298 908

From: [Center for Science in the Public Interest](#) on behalf of [Catherine Arnold](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:01 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Catherine Arnold
10510 La Grange Rd
Louisville, KY 40223-1277

From: [Center for Science in the Public Interest](#) on behalf of [Marilyn Bartlett](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, July 05, 2012 11:57:09 PM

Jul 5, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Marilyn Bartlett
178 Blue Barns Rd
Burnt Hills, NY 12027-9526

From: [Center for Science in the Public Interest](#) on behalf of [Blair Wells](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Friday, July 06, 2012 4:29:13 PM

Jul 6, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Blair Wells
3347 Old Church Rd
Mechanicsville, VA 23111-6226

From: [Center for Science in the Public Interest](#) on behalf of [Lgols](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Friday, July 06, 2012 5:28:35 PM

Jul 6, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. I gols
6 Walden Dr
Natick, MA 01760-3859

From: [Center for Science in the Public Interest](#) on behalf of [Taylor Brown](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Friday, July 06, 2012 7:28:54 PM

Jul 6, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Taylor Brown
77 L St
Haverhill, MA 01835-8183

From: [Center for Science in the Public Interest](#) on behalf of [Jacqueline Kahl](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Friday, July 06, 2012 8:58:50 PM

Jul 6, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Jacqueline Kahl
3211 Brownsville Rd
Pittsburgh, PA 15227-2431

From: [Center for Science in the Public Interest](#) on behalf of [Gaye Woods](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Friday, July 06, 2012 8:58:51 PM

Jul 6, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Gaye Woods
14197 E Grand Ave
Aurora, CO 80015-1143
(720) 924-3996

From: [Center for Science in the Public Interest](#) on behalf of [Kristen Ryel](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Saturday, July 07, 2012 11:00:07 AM

Jul 7, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Kristen Ryel
85 Christian Hill Rd
Great Barrington, MA 01230-1110

From: [Center for Science in the Public Interest](#) on behalf of [Diana Geoffries](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Saturday, July 07, 2012 11:30:12 AM

Jul 7, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Diana Geoffries
208 Webb St
Hertford, NC 27944-8027
(252) 264-2152

From: [Center for Science in the Public Interest](#) on behalf of [Nour Hussein](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Saturday, July 07, 2012 1:00:27 PM

Jul 7, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Nour Hussein
4242 Lapham St
Dearborn, MI 48126-3435

From: [Center for Science in the Public Interest](#) on behalf of [Amy Bairnsfather](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Sunday, July 08, 2012 7:32:31 PM

Jul 8, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Amy Bairnsfather
937 Marlene Dr
Gretna, LA 70056-7643

From: [Center for Science in the Public Interest](#) on behalf of [renata.dobryn](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:01 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. renata dobryn
6 Spruce Ln
Montauk, NY 11954 0897

From: [Center for Science in the Public Interest](#) on behalf of [Ann Albrecht](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Sunday, July 08, 2012 9:03:02 PM

Jul 8, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Ann Albrecht
14 Virginia Ave
Staunton, VA 24401-3268

From: [Center for Science in the Public Interest](#) on behalf of [Gerald Biamont](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Monday, July 09, 2012 5:03:33 AM

Jul 9, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Gerald Biamont
1840 Thomas Dr
Las Cruces, NM 88001-5236
(575) 522-0818

From: [Center for Science in the Public Interest](#) on behalf of [Louise Lynch](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Monday, July 09, 2012 11:34:02 AM

Jul 9, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Louise Lynch
4 Barnard Ave
Poughkeepsie, NY 12601-4904

From: [Center for Science in the Public Interest](#) on behalf of [Amanda Peterson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Monday, July 09, 2012 3:04:19 PM

Jul 9, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Amanda Peterson
137 N Robson Apt 4
Mesa, AZ 85201-6656

From: [Center for Science in the Public Interest](#) on behalf of [Peter Kasabian](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 10, 2012 12:02:49 AM

Jul 9, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Peter Kasabian
1001 Tiverton Ave Apt 2141
Los Angeles, CA 90024-3166

From: [Center for Science in the Public Interest](#) on behalf of [paula barsamian](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 10, 2012 9:05:32 PM

Jul 10, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. paula barsamian
800 Brommer St Spc 74
Santa Cruz, CA 95062-2860

From: [Center for Science in the Public Interest](#) on behalf of [Jim Gabriel](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, July 11, 2012 11:04:26 AM

Jul 11, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Jim Gabriel
5836 N 113th St
Milwaukee, WI 53225-2300

From: [Center for Science in the Public Interest](#) on behalf of [Mayumi Petrisko](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, July 11, 2012 5:48:18 PM

Jul 11, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Mayumi Petrisko
1558 Lake Dr
Cardiff, CA 92007-1137
(760) 274-6068

From: [Center for Science in the Public Interest](#) on behalf of [Karen Kemby](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, July 11, 2012 6:18:04 PM

Jul 11, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Karen Kemby
131 Santa Rosa Ave
Sausalito, CA 94965-2049

From: [Center for Science in the Public Interest](#) on behalf of [Alice Fasnacht](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Wednesday, July 11, 2012 11:48:35 PM

Jul 11, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Alice Fasnacht
202 W 6th St
Mankato, MN 56001-2107

From: [Center for Science in the Public Interest](#) on behalf of [Kathy Gehlken](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:11 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Kathy Gehlken
474 10th Ave
San Francisco, CA 94118-2915
(415) 312-0007

From: [Center for Science in the Public Interest](#) on behalf of [Melissa Schwandt](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:01 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As a former New Yorker and someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction. New York City has been a leader in promoting responsible health in areas of calorie knowledge and trans-fats and the actions taken in the city have had impact throughout the US. I have seen the decisions taken in New York City have an impact in my own community. This is the reason I feel compelled to try and impact the decisions made in a city I no longer live, although I do visit.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to many Americans diets, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in

all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Melissa Schwandt
7133 Dorf View Ct
Sauk City, WI 53583-9537

From: [Center for Science in the Public Interest](#) on behalf of [MariaElena Ballesteros](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, July 12, 2012 10:50:21 AM

Jul 12, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. MariaElena Ballesteros
21E 22nd Street
New York, NY 10010
(917) 534-0516

From: [Center for Science in the Public Interest](#) on behalf of [Katheirne Pirrello](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, July 12, 2012 11:19:58 AM

Jul 12, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Katheirne Pirrello
525 Bayville Rd
Locust Valley, NY 11560-1206
(516) 671-5027

From: [Center for Science in the Public Interest](#) on behalf of [Sarah Brogden](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, July 12, 2012 3:50:26 PM

Jul 12, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Sarah Brogden
692 Chilton Co. Rd. 95
Calera, AL 35040-2565

From: [Center for Science in the Public Interest](#) on behalf of [Helen Raschick](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, July 12, 2012 3:50:50 PM

Jul 12, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Helen Raschick
PO Box 2893
Sitka, AK 99835-2893

From: [Center for Science in the Public Interest](#) on behalf of [Diana Dakey](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Friday, July 13, 2012 11:22:38 AM

Jul 13, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Diana Dakey
208 Braewood Rd
Dalton, PA 18414-9516

From: [Center for Science in the Public Interest](#) on behalf of [Lynn & Neal Frattasio](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Saturday, July 14, 2012 6:54:19 PM

Jul 14, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Lynn & Neal Frattasio
474 Grove St
Norwell, MA 02061-1104
(781) 659-2914

From: [Center for Science in the Public Interest](#) on behalf of [Greg Raschke](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Sunday, July 15, 2012 11:26:22 AM

Jul 15, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Greg Raschke
2404 School Creek Pl
Raleigh, NC 27606-4017

From: [Center for Science in the Public Interest](#) on behalf of [Eddie Espinla](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Sunday, July 15, 2012 11:27:00 PM

Jul 15, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Eddie Espinla
382 Gold Key Rd
Milford, PA 18337-5039

From: [Center for Science in the Public Interest](#) on behalf of [Claire Guggenheim](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Monday, July 16, 2012 12:28:36 PM

Jul 16, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Claire Guggenheim
27 Lockatong Rd
Stockton, NJ 08559-1321
(609) 397-2133

From: [Center for Science in the Public Interest](#) on behalf of [Evelyn Vela](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Monday, July 16, 2012 12:28:41 PM

Jul 16, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Evelyn Vela
16321 pch hwy
Los angeles, CA 90272

From: [Center for Science in the Public Interest](#) on behalf of [loren kuta](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:02 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Ioren Kuta
34633 Cherokee Trl
Elizabeth, CO 80107-4100
(303) 646-1483

From: [Center for Science in the Public Interest](#) on behalf of [Elizabeth Nelson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Monday, July 16, 2012 12:28:41 PM

Jul 16, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Elizabeth Nelson
219 Dittmer Ln Apt 2b
Lindenhurst, IL 60046-8882
(847) 840-3422

From: [Center for Science in the Public Interest](#) on behalf of [Shawn Rosvold](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Monday, July 16, 2012 12:58:50 PM

Jul 16, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Shawn Rosvold
7552 Tudor Rd
Colorado Springs, CO 80919-2628
(719) 593-1391

From: [Center for Science in the Public Interest](#) on behalf of [Rosalie Pierce](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Monday, July 16, 2012 12:58:58 PM

Jul 16, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Rosalie Pierce
2919 3rd Ave S
Apt 2
Minneapolis, MN 55408-2437
(651) 366-1486

From: [Center for Science in the Public Interest](#) on behalf of [Maki Hatashita](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Monday, July 16, 2012 1:29:01 PM

Jul 16, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Maki Hatashita
149 Howland Ave
Toronto, ON 11125
(416) 856-0655

From: [Center for Science in the Public Interest](#) on behalf of [Denise Anderson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Monday, July 16, 2012 1:29:06 PM

Jul 16, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. I do not reside in New York, but the Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow: overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Denise Anderson
801 Park St
Bowling Green, KY 42101-2346

From: [Center for Science in the Public Interest](#) on behalf of [Susan Ketchersid](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Monday, July 16, 2012 2:58:14 PM

Jul 16, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Susan Ketchersid
1705 Coit Rd
Plano, TX 75075-6143

From: [Center for Science in the Public Interest](#) on behalf of [Jean Suwalski](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Monday, July 16, 2012 3:28:17 PM

Jul 16, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Jean Suwalski
270 Mayfield Rd
Wexford, PA 15090-8711
(724) 934-2351

From: [Center for Science in the Public Interest](#) on behalf of [jill schisano](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Monday, July 16, 2012 7:28:57 PM

Jul 16, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. jill schisano
1006 Groveland Ave
Crookston, MN 56716-1124

From: [Center for Science in the Public Interest](#) on behalf of [carla.caccia](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Monday, July 16, 2012 7:59:05 PM

Jul 16, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. carla caccia
1380 Regatta St Apt 214
Fayetteville, NC 28301-3738
(919) 630-6219

From: [Center for Science in the Public Interest](#) on behalf of [Anne McDonagh](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 17, 2012 11:00:33 AM

Jul 17, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. MATURE ADULTS HAVE TO SET CONTROLS RATHER THAN GIVING COCA-COLA ACCESS TO TO THE BLOOD STREAMS OF OUR CHILDREN.

FOR THE SAKE OF CHILDREN, vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Anne McDonagh
1464 Linden Ave
Highland Park, IL 60035-3421
(847) 433-6971

From: [Center for Science in the Public Interest](#) on behalf of [sandra silva](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:03 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. sandra silva
544 W Brompton Ave
Chicago, IL 60657-1875

From: [Center for Science in the Public Interest](#) on behalf of [Jerin Lisha](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 17, 2012 2:30:42 PM

Jul 17, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Jerin Lisha
1468 White Plains Rd
Bronx, NY 10462-4104
(347) 807-9977

From: [Center for Science in the Public Interest](#) on behalf of [Sonya Bentovich](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 17, 2012 3:01:13 PM

Jul 17, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Sonya Bentovich
1087 Flushing Ave Apt 301
Brooklyn, NY 11237-1811

From: [Center for Science in the Public Interest](#) on behalf of [Tiffany Alfonso](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 17, 2012 8:01:32 PM

Jul 17, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

(Oh, and I lost 3 pounds and 3 inches during the last 2 weeks of eating right, exercising, and drinking water in place of sugary drinks.)

Sincerely,

Mrs. Tiffany Alfonso
13112 E Wheeler Rd
Dover, FL 33527-5955

From: [Center for Science in the Public Interest](#) on behalf of [madeline ogle](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, July 19, 2012 4:36:10 PM

Jul 19, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. madeline ogle
PO Box 2747
PO Box 2747
Yelm, WA 98597-2747
(360) 446-5233

From: [Center for Science in the Public Interest](#) on behalf of [joye Yearta](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, July 19, 2012 6:35:41 PM

Jul 19, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. joye Yearta
48 Pine Valley Cir
Moultrie, GA 31768-5893
(229) 985-6546

From: [Center for Science in the Public Interest](#) on behalf of [Gloria Aleman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, July 19, 2012 7:06:03 PM

Jul 19, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Gloria Aleman
fenton parkway 2338
Mission Valley
San Diego, CA 92108

From: [Center for Science in the Public Interest](#) on behalf of [Kathryn Sawyer](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Thursday, July 19, 2012 9:05:50 PM

Jul 19, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Kathryn Sawyer
3852 Terra Granada Dr Apt 1b
Walnut Creek, CA 94595-3543

From: [Center for Science in the Public Interest](#) on behalf of [SEPIDEH AFSHARI](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Friday, July 20, 2012 12:06:25 AM

Jul 19, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss SEPIDEH AFSHARI
8321 Beaver Lake Dr
San Diego, CA 92119-2623
(619) 446-7995

From: [Center for Science in the Public Interest](#) on behalf of [Jean Dempsey](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Friday, July 20, 2012 12:38:20 PM

Jul 20, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Jean Dempsey
918 Marlin Dr
Jupiter, FL 33458-4353

From: [Center for Science in the Public Interest](#) on behalf of [Courtney Braccio](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Friday, July 20, 2012 12:39:44 PM

Jul 20, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Courtney Braccio
5946 Ross Ave
Dallas, TX 75206-7932

From: [Center for Science in the Public Interest](#) on behalf of [Sally Kahan](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:03 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Far too many people out of control; have to be taught about good nutrition

Sincerely,

Mrs. Sally Kahan
800 Riverside Dr
New York, NY 10032-7460

From: [Center for Science in the Public Interest](#) on behalf of [Tiffany Birch](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Friday, July 20, 2012 1:42:15 PM

Jul 20, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Tiffany Birch
4020 Woking Way
Los Angeles, CA 90027-1324

From: [Center for Science in the Public Interest](#) on behalf of [Laura DePreta](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Friday, July 20, 2012 2:07:43 PM

Jul 20, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Laura DePreta
211 Gary Rd
Stamford, CT 06903-4827

From: [Center for Science in the Public Interest](#) on behalf of [Amy Sorensen](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Friday, July 20, 2012 2:08:17 PM

Jul 20, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Amy Sorensen
6201 Yucca St Apt 307
Los Angeles, CA 90028-5324
(310) 780-0846

From: [Center for Science in the Public Interest](#) on behalf of [Christopher Rush](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Friday, July 20, 2012 2:08:18 PM

Jul 20, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Christopher Rush
200 High St
Metuchen, NJ 08840-2322

From: [Center for Science in the Public Interest](#) on behalf of [Monica sanchez](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Friday, July 20, 2012 2:10:33 PM

Jul 20, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Monica sanchez
1361 Bexley Ln
Brea, CA 92821-2008

From: [Center for Science in the Public Interest](#) on behalf of [David Hollis](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Friday, July 20, 2012 2:10:42 PM

Jul 20, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. David Hollis
24662 Whirlaway Ter
Wesley Chapel, FL 33544
(813) 713-0371

From: [Center for Science in the Public Interest](#) on behalf of [Carrie Sass](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Friday, July 20, 2012 2:11:33 PM

Jul 20, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Carrie Sass
65 Bumgarner Ln
Franklin, NC 28734-6947

From: [Center for Science in the Public Interest](#) on behalf of [Peter Sugar Merkle](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Friday, July 20, 2012 2:11:33 PM

Jul 20, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Peter Sugar Merkle
PO Box 607642
Chicago, IL 60660-7642

From: [Center for Science in the Public Interest](#) on behalf of [Jessica Whisler](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Friday, July 20, 2012 2:37:56 PM

Jul 20, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Jessica Whisler
707 E Miller St
Bloomington, IL 61701-6843

From: [Center for Science in the Public Interest](#) on behalf of [Kelsey Cooper](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Friday, July 20, 2012 2:38:15 PM

Jul 20, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Kelsey Cooper
714 N Water St
Salem, IN 47167-1861

From: [Center for Science in the Public Interest](#) on behalf of [Diana Atwell](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:06 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's progressive and forward-thinking proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Diana Atwell
3657 Sharp Rd
Glenwood, MD 21738-9504

From: [Center for Science in the Public Interest](#) on behalf of [Kitty van Rijn](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Friday, July 20, 2012 2:38:16 PM

Jul 20, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Kitty van Rijn
Zonnenbloemstraat 5
Son, None 56787

From: [Center for Science in the Public Interest](#) on behalf of [Jenny Soukup](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Friday, July 20, 2012 4:07:50 PM

Jul 20, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Jenny Soukup
709 Park Plaine Ave
Park Ridge, IL 60068-2221

From: [Center for Science in the Public Interest](#) on behalf of [Lea Hershkowitz](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Friday, July 20, 2012 4:40:07 PM

Jul 20, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Lea Hershkowitz
293 Classon Ave Apt 3r
Brooklyn, NY 11205-4353

From: [Center for Science in the Public Interest](#) on behalf of [Lindsey Fanning](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Friday, July 20, 2012 5:38:38 PM

Jul 20, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Lindsey Fanning
2476 Powell Ave
Bexley, OH 43209-1749

From: [Center for Science in the Public Interest](#) on behalf of [Patricia Nepa](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Friday, July 20, 2012 11:38:31 PM

Jul 20, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Patricia Nepa
201 Sussex Way
McMurray, PA 15317-3193
(412) 580-9531

From: [Center for Science in the Public Interest](#) on behalf of [Adriana Hirschmann](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Saturday, July 21, 2012 12:09:41 PM

Jul 21, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Adriana Hirschmann
15445 Cobalt St
Sylmar, CA 91342-2764

From: [Center for Science in the Public Interest](#) on behalf of [Tammy Buchinger](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Saturday, July 21, 2012 1:40:10 PM

Jul 21, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Tammy Buchinger
W5317 Amy Ave
Appleton, WI 54915-7261

From: [Center for Science in the Public Interest](#) on behalf of [Colleen Martin](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Saturday, July 21, 2012 6:10:21 PM

Jul 21, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Colleen Martin
37 leaves terrace
Toronto, ON 10001

From: [Center for Science in the Public Interest](#) on behalf of [Jessica Schumer](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Sunday, July 22, 2012 1:42:04 PM

Jul 22, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Jessica Schumer
1444 7th Ave
Apt 203
San Francisco, CA 94122-3754
(914) 629-1095

From: [Center for Science in the Public Interest](#) on behalf of [Lori Hinnenkamp](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Sunday, July 22, 2012 2:12:05 PM

Jul 22, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Lori Hinnenkamp
12803 Jamara Cir
Houston, TX 77077-5621
(281) 923-3988

From: [Center for Science in the Public Interest](#) on behalf of [Kristyn MacPhail](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:06 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Kristyn MacPhail
9236 W Euclid Ave
Littleton, CO 80123-3101

From: [Center for Science in the Public Interest](#) on behalf of [Ashley Barker](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Sunday, July 22, 2012 2:12:14 PM

Jul 22, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Ashley Barker
14545 Rutledge Sq
San Diego, CA 92128-3763
(858) 663-2747

From: [Center for Science in the Public Interest](#) on behalf of [Nicole Hardin](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Sunday, July 22, 2012 2:12:19 PM

Jul 22, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Nicole Hardin
124 Anacapa Ave
Oxnard, CA 93035-4401

From: [Center for Science in the Public Interest](#) on behalf of [Rachel Snyder](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Sunday, July 22, 2012 3:42:19 PM

Jul 22, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Rachel Snyder
12178 Hunts Corners Rd
Akron, NY 14001-9708

From: [Center for Science in the Public Interest](#) on behalf of [Kelly Hogan](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Sunday, July 22, 2012 3:42:27 PM

Jul 22, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I don't think many AMericans are lucky enough to have role models that teach them nutrition. While many say this takes away personal freedom, it does not. This will help model normal sizes in restaurants, as children grow up. Right now, they think normal is 32 ounces. ANYone wanting persona freedom is free to order more or go buy a two-liter at a store. I think this movement is like thinking about advertising for cigarettes. Public policy needs to do the right thing for childen.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Kelly Hogan
530 Carl Dr
Chapel Hill, NC 27516-9344

From: [Center for Science in the Public Interest](#) on behalf of [Joe Kao](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Sunday, July 22, 2012 4:12:20 PM

Jul 22, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Joe Kao
14260 Chino Hills Pkwy
Ste D
Chino Hills, CA 91709-4870

From: [Center for Science in the Public Interest](#) on behalf of [Brooke McDonald](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Sunday, July 22, 2012 8:12:42 PM

Jul 22, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Brooke McDonald
2 S End Ave
New York, NY 10280-1062

From: [Center for Science in the Public Interest](#) on behalf of [lu.gohr](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Sunday, July 22, 2012 10:12:37 PM

Jul 22, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Lu Gohr
501 S 69th St
Milwaukee, WI 53214-1617

From: [Center for Science in the Public Interest](#) on behalf of [Holly Martin](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Sunday, July 22, 2012 10:42:44 PM

Jul 22, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Holly Martin
615 John Muir Dr
Apt D306
San Francisco, CA 94132-1012

From: [Center for Science in the Public Interest](#) on behalf of [Clem Donahue](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Sunday, July 22, 2012 10:42:45 PM

Jul 22, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Clem Donahue
1905 Berryman St
Berkeley, CA 94709-1918

From: [Center for Science in the Public Interest](#) on behalf of [Kate Corridan](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Sunday, July 22, 2012 11:42:54 PM

Jul 22, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very GENEROUS by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

This will hopefully prove to be starting point to help other communities struggling with the over consumption of sugary drinks

Sincerely,

Ms. Kate Corridan
39 Turkey Hill Rd
Chester, CT 06412-1133

From: [Center for Science in the Public Interest](#) on behalf of [Lisa Jones](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:07 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Lisa Jones
1009 Hardimont Rd
Raleigh, NC 27609-6758

From: [Center for Science in the Public Interest](#) on behalf of [Karen Hutchins](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Monday, July 23, 2012 12:13:23 AM

Jul 22, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Karen Hutchins
PO Box 83
Saint Cloud, MN 56302-0083

From: [Center for Science in the Public Interest](#) on behalf of [Colleen Linn](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Monday, July 23, 2012 10:14:11 AM

Jul 23, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

Dear Mayor Bloomberg,
Please cease your ridiculous over-reaching ban on sugary drinks and let citizens and business owners decide what to buy and sell. There are far more pressing issues in our nation and this is silly, ludicrous, and waste of taxpayers money.

Thank you,
Colleen Linn
40350 Slife Rd
Lagrange OH 44050

Sincerely,

Mrs. Colleen Linn
40350 Slife Rd
Lagrange, OH 44050-9735

From: [Center for Science in the Public Interest](#) on behalf of [Angela Lu](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Monday, July 23, 2012 10:14:12 AM

Jul 23, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Angela Lu
20987 Fairwoods Ct
Cupertino, CA 95014-4200

From: [Center for Science in the Public Interest](#) on behalf of [Hannah Kohrman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Monday, July 23, 2012 10:44:00 AM

Jul 23, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Hannah Kohrman
1220 L St NW
Ste 300
Washington, DC 20005-4053

From: [Center for Science in the Public Interest](#) on behalf of [Angela Fox](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Monday, July 23, 2012 10:44:10 AM

Jul 23, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Angela Fox
432 Madison Point Dr
Lexington, KY 40515-4823

From: [Center for Science in the Public Interest](#) on behalf of [Dana Woldow](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Monday, July 23, 2012 10:44:19 AM

Jul 23, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Dana Woldow
34 Yerba Buena Ave
San Francisco, CA 94127-1544

From: [Center for Science in the Public Interest](#) on behalf of [Tracy Miller](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Monday, July 23, 2012 11:14:21 AM

Jul 23, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Tracy Miller
11902 Quincy Meadow Dr
Holland, MI 49424-7770

From: [Center for Science in the Public Interest](#) on behalf of [Naomi Bourne](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Monday, July 23, 2012 11:44:10 AM

Jul 23, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

Finally, the huge sizes are just a way for a fast food or convenience store to make a quick buck. When I buy an unsweet tea, the smallest size I can buy is almost \$2.00. There is no "small" drink,

which may add 30 percent to the cost of a meal.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Naomi Bourne
8236 Spoon Hollow Cv
Memphis, TN 38125-3275

From: [Center for Science in the Public Interest](#) on behalf of [Catherine West](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Monday, July 23, 2012 11:44:36 AM

Jul 23, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Catherine West
19296 Archfield Ln
Huntington Beach, CA 92648-5510

From: [Center for Science in the Public Interest](#) on behalf of [Jamie Huang](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Monday, July 23, 2012 12:13:52 PM

Jul 23, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Jamie Huang
7900 Cambridge St Apt 2-2f
Houston, TX 77054-5515
(713) 456-9754

From: [Center for Science in the Public Interest](#) on behalf of [Kelly Ort](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:07 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Kelly Ort
2115 Corbett Rd
Monkton, MD 21111-2021
(410) 615-4437

From: [Center for Science in the Public Interest](#) on behalf of [Cherie Dennis](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Monday, July 23, 2012 12:43:53 PM

Jul 23, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Cherie Dennis
630 St Nicholas Ave
Apt 5f
New York, NY 10030-1009

From: [Center for Science in the Public Interest](#) on behalf of [Ellen Bender](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Monday, July 23, 2012 12:44:21 PM

Jul 23, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Ellen Bender
1349 Lexington Ave
Apt 5c
New York, NY 10128-1580

From: [Center for Science in the Public Interest](#) on behalf of [Cindy Leung](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Monday, July 23, 2012 1:44:37 PM

Jul 23, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Cindy Leung
199 Park Dr Apt 145
Boston, MA 02215-4763
(408) 316-0156

From: [Center for Science in the Public Interest](#) on behalf of [Olivia Kaesberg](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Monday, July 23, 2012 6:15:23 PM

Jul 23, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Olivia Kaesberg
3783 Friendsville Rd
Unit 88
Wooster, OH 44691-7111
(330) 988-3064

From: [Center for Science in the Public Interest](#) on behalf of [Hannah Seaborn](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Monday, July 23, 2012 9:45:23 PM

Jul 23, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I live in Charlotte, North Carolina and would not feel any effect by this proposal passing. However, I believe that New York is a leader in the US. The people of the United States need help in starting this revolution to be obesity. If New York can pass this bill, any state can. Please please read below and take a moment to consider what is at stake here. Jamie Oliver's food revolution is so important to the future of our planet and species.

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines.

Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Hannah Seaborn
1110 Mount Olivet Rd
Kannapolis, NC 28083-7217

From: [Center for Science in the Public Interest](#) on behalf of [Mary Crouch](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 10:46:36 AM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,
Mary Crouch
8438 Hogan Drive
Huntsville, AL 35802

Sincerely,

Ms. Mary Crouch
8438 Hogan Dr SE
Huntsville, AL 35802-3432

From: [Center for Science in the Public Interest](#) on behalf of [Lauren Godlove](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 10:46:37 AM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Lauren Godlove
1854 Petaluma Ave
Long Beach, CA 90815-3648

From: [Center for Science in the Public Interest](#) on behalf of [Crystal Vera-Montalvo](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 11:17:17 AM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Crystal Vera-Montalvo
100 Park Ave
Staten Island, NY 10302-1440

From: [Center for Science in the Public Interest](#) on behalf of [Hilary Harris](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 12:17:10 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Hilary Harris
712 Summit Forest Dr
Marietta, GA 30068-6070

From: [Center for Science in the Public Interest](#) on behalf of [Jean Baek](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 12:17:30 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Jean Baek
4145 49th St Apt 3f
Sunnyside, NY 11104-1218

From: [Center for Science in the Public Interest](#) on behalf of [Jennifer Dryer](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:07 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Jennifer Dryer
4421 Lowell St NW
Washington, DC 20016-2748

From: [Center for Science in the Public Interest](#) on behalf of [Amy Nielsen](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:16:46 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Amy Nielsen
PSC 814 Box 10
FPO, AE 09865-0060

From: [Center for Science in the Public Interest](#) on behalf of [Margaret Widlak](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:16:47 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Margaret Widlak
2877 Taylor Glen Dr
New Lenox, IL 60451-2909

From: [Center for Science in the Public Interest](#) on behalf of [Elizabeth Brightman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:16:47 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Elizabeth Brightman
12340 Julian Ln
Princess Anne, MD 21853-2320
(410) 651-0903

From: [Center for Science in the Public Interest](#) on behalf of [Katie morford](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:16:53 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Katie morford
122 Whitney St
San Francisco, CA 94131-2745
(415) 350-2842

From: [Center for Science in the Public Interest](#) on behalf of [Karen Rodon](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:16:53 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Karen Rodon
1814 Beach Pkwy # 203
Apt 203
Cape Coral, FL 33904-6043
267-0562

From: [Center for Science in the Public Interest](#) on behalf of [Troy Holley](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:16:53 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Troy Holley
4749 Bobolink Ter
Skokie, IL 60076-2023

From: [Center for Science in the Public Interest](#) on behalf of [Ellen Williams](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:16:55 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Ellen Williams
14 NW 114th Ct
Kansas City, MO 64155-1088

From: [Center for Science in the Public Interest](#) on behalf of [susan.rutkiewicz](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:16:56 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. susan rutkiewicz
44 Lake Shore Rd
Brighton, MA 02135-6391
(616) 254-6643

From: [Center for Science in the Public Interest](#) on behalf of [Eileen Weilbacher](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:16:56 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Eileen Weilbacher
11 Wilson St
Rocky Point, NY 11778-9706

From: [Center for Science in the Public Interest](#) on behalf of [Markell Lewis](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:09 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Markell Lewis
436 14th St Ste 1220
Oakland, CA 94612-2723
(510) 433-1122

From: [Center for Science in the Public Interest](#) on behalf of [William Haar](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:09 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. William Haar
328 45th St
Apt D
Oakland, CA 94609-2261

From: [Center for Science in the Public Interest](#) on behalf of [Marilyn Machlowitz](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:11 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

I support all of Mayor Bloomberg's efforts to have a healthier city. This will save us all health dollars. In the meantime, I would like to see more sugar-free lemonade in soda dispensers. Some places have it. Others don't. And I would like to see a ban on plastic bags, too.

Sincerely,

Ms. Marilyn Machlowitz
200 E 27th St
Apt 6f
New York, NY 10016-9223
(212) 213-4131

From: [Center for Science in the Public Interest](#) on behalf of [Laura Ricci](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:12 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. It is a step in the right direction.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Obesity and diabetes are directly linked, and the cost of care for diabetics is enormous.

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes.

Sincerely,

Mrs. Laura Ricci
606 W Wisconsin Ave
Unit 1602
Milwaukee, WI 53203-1929
(414) 807-3669

From: [Center for Science in the Public Interest](#) on behalf of [Rocco Rotondo](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:13 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Rocco Rotondo
7813 ShepherdAve
Parkville, MD 21234

From: [Center for Science in the Public Interest](#) on behalf of [Sean Duffin](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:13 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Sean Duffin
749 Old Eagle School Rd
Wayne, PA 19087-2009

From: [Center for Science in the Public Interest](#) on behalf of [MICHAEL TAUSTINE](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:13 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. MICHAEL TAUSTINE
50 White Cove Walk
Massapequa Pk, NY 11762-4027

From: [Center for Science in the Public Interest](#) on behalf of [kristi.jacosben](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:16 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. kristi jacosben
5016 Birchleaf Dr
Raleigh, NC 27606-9358

From: [Center for Science in the Public Interest](#) on behalf of [Stephanie Schneider](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:16 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Stephanie Schneider
69 Arthur Ct
Port Chester, NY 10573-3124

From: [Center for Science in the Public Interest](#) on behalf of [Sarah Christensen](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:17 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Sarah Christensen
1315 Ordway St
Berkeley, CA 94702-1123
(510) 504-4471

From: [Center for Science in the Public Interest](#) on behalf of [Susan Hardt](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:17 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Susan Hardt
3544 Camino De La Cumbre
Sherman Oaks, CA 91423-4537
(310) 200-0417

From: [Center for Science in the Public Interest](#) on behalf of [richard.peterman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:17 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. richard peterman
1229 Caledonia Ashley Rd S
Caledonia, OH 43314-9412

From: [Center for Science in the Public Interest](#) on behalf of [manuel negron](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:11 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. manuel negron
2050 Bartow Ave
Bronx, NY 10475-4600

From: [Center for Science in the Public Interest](#) on behalf of [Loretta Paulson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:09 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Loretta Paulson
334 W 86th St Apt 1a
New York, NY 10024-3130

From: [Center for Science in the Public Interest](#) on behalf of [Jennifer Martin](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:18 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Jennifer Martin
60 Chestnut St
Montclair, NJ 07042-3804

From: [Center for Science in the Public Interest](#) on behalf of [Brodie Lower](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:18 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Brodie Lower
3301 Millington Rd
Free Union, VA 22940-2019

From: [Center for Science in the Public Interest](#) on behalf of [Stephanie Hoban](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:18 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As a Registered and Licensed Dietitian, I am very concerned about the obesity epidemic and health care costs in this country. I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar! These larger portion sizes, which reach beyond sugar-sweetened beverages, have bombarded our sense of perceptions and portion sizes. 64 ounces is shockingly large, but scarily it is not longer so today due to desensitization.

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards (that's technically 2 servings!) - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today. This is not an infringement on individual

rights as people may by as much as they please. Rather, this proposal is helping to change the environment, a major player in the obesity epidemic.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Stephanie Hoban
4524 Teas St
Bellaire, TX 77401-4223
(713) 344-4417

From: [Center for Science in the Public Interest](#) on behalf of [Timothy Allen](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:20 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Timothy Allen
678 Nordyke Rd
Cincinnati, OH 45255-4639
(513) 583-3584

From: [Center for Science in the Public Interest](#) on behalf of [alltagracia lorenzo](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:21 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. altagracia lorenzo
1010 Mass Ave
Boston, MA 02118-2600
(617) 534-2607

From: [Center for Science in the Public Interest](#) on behalf of [Sherri Nordwall](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:21 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Sherri Nordwall
254 Page St
San Francisco, CA 94102-5617

From: [Center for Science in the Public Interest](#) on behalf of [Monica Stone](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:22 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Monica Stone
61a Shore Rd
Mount Sinai, NY 11766-1419

From: [Center for Science in the Public Interest](#) on behalf of [Suzanne Oswald](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:22 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Suzanne Oswald
4824 Mount Armour Dr
San Diego, CA 92111-3923

From: [Center for Science in the Public Interest](#) on behalf of [Lindsay Gabbard](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:22 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Lindsay Gabbard
145 Newcomb Ave
Mount Vernon, KY 40456-2728

From: [Center for Science in the Public Interest](#) on behalf of [Candace Nelson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:25 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Candace Nelson
27 Robinwood Ave # 1
Jamaica Plain, MA 02130-2156

From: [Center for Science in the Public Interest](#) on behalf of [Zakkeed Notton](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:10 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Zakkeed Notton
251 Simpson ave
New york, NY 24032

From: [Center for Science in the Public Interest](#) on behalf of [Jin Park](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:25 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Jin Park
110 Farmer Ave
Richlands, VA 24641-2953
(276) 596-6524

From: [Center for Science in the Public Interest](#) on behalf of [Martha Banda](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:26 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Martha Banda
210 Leigh St
San Antonio, TX 78210-1318

From: [Center for Science in the Public Interest](#) on behalf of [Julie Toman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:26 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Julie Toman
2105 Park View Ct
Waukesha, WI 53188-4770

From: [Center for Science in the Public Interest](#) on behalf of [pat.peterman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:26 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. pat peterman
335 W Scarborough Ct
Bloomington, IL 60108-2508

From: [Center for Science in the Public Interest](#) on behalf of [Jennifer Giuffre-Donohue](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:27 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Jennifer Giuffre-Donohue
51 West St
Northport, NY 11768-1249

From: [Center for Science in the Public Interest](#) on behalf of [Terrill L Stumpf](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:27 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Terrill L Stumpf
1649 E 50th St
Apt 9e
Chicago, IL 60615-3133
(773) 363-4453

From: [Center for Science in the Public Interest](#) on behalf of [Evie Frost](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:27 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Evie Frost
14 Thayer St
Brookline, MA 02445-6837

From: [Center for Science in the Public Interest](#) on behalf of [Allison McFadden](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:29 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Allison McFadden
1919 24th Ave Apt L201
Astoria, NY 11102-3476

From: [Center for Science in the Public Interest](#) on behalf of [Barbara Gudenkauf](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:30 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Barbara Gudenkauf
1450 E Bristol Dr
Nogales, AZ 85621-1246

From: [Center for Science in the Public Interest](#) on behalf of [Zerrin Ak](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:31 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Zerrin Ak
6308 Bishops Pond Ln
Indianapolis, IN 46268-4893
(317) 871-1078

From: [Center for Science in the Public Interest](#) on behalf of [Sana Syal](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:10 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Sana Syal
1959 N Seminary Ave
Chicago, IL 60614-8689

From: [Center for Science in the Public Interest](#) on behalf of [Rosemary Graham-Gardner](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:31 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Rosemary Graham-Gardner
PO Box 3335
Manhattan Beach, CA 90266-1335

From: [Center for Science in the Public Interest](#) on behalf of [Kari Kittinger](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:31 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Kari Kittinger
PO Box 21
San Luis Obispo, CA 93406-0021

From: [Center for Science in the Public Interest](#) on behalf of [Estalyn Walcoff](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:32 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Estalyn Walcoff
121 Southwood Ln
Rochester, NY 14618-4021

From: [Center for Science in the Public Interest](#) on behalf of [Guramrit Khalsa](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:34 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Guramrit Khalsa
3510 Bainbridge Ave
Bronx, NY 10467-1409

From: [Center for Science in the Public Interest](#) on behalf of [Leslie Ives](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:35 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Leslie Ives
5213 Foxon Rd
Virginia Beach, VA 23464-7842
(757) 495-2949

From: [Center for Science in the Public Interest](#) on behalf of [peter.christensen](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:35 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

Having family members living and paying taxes in NYC, I would think this could save lives and welfare monies spent on many diseases related to obesity and non-nutritional carb. input.

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. peter christensen
6 Arthur Dr
Steep Falls, ME 04085-6839

From: [Center for Science in the Public Interest](#) on behalf of [naomi bissonette](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:35 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. naomi bissonette
18151 Prairie Creek Blvd
Punta Gorda, FL 33982-9771
(941) 637-8575

From: [Center for Science in the Public Interest](#) on behalf of [Matthew Auerbach](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:36 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Matthew Auerbach
267 Chestnut Ave Apt 3
Boston, MA 02130-4437

From: [Center for Science in the Public Interest](#) on behalf of [Gary Clayton](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:36 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Gary Clayton
7625 Meadowlark Dr
Fort Worth, TX 76133-7939

From: [Center for Science in the Public Interest](#) on behalf of [Andy Bellatti](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:36 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Andy Bellatti
2305 W Horizon Ridge Pkwy
Apt 3413
Henderson, NV 89052-5769

From: [Center for Science in the Public Interest](#) on behalf of [kendra.hutcherson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:10 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss kendra hutcherson
161 Blue Ridge St
Marion, NC 28752-3376

From: [Center for Science in the Public Interest](#) on behalf of [Alvin Kaplan](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:36 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Alvin Kaplan
2315 W Apple Tree Rd
Milwaukee, WI 53209-3311

From: [Center for Science in the Public Interest](#) on behalf of [Gina Gorman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:38 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Gina Gorman
PO Box 20124
Tallahassee, FL 32316-0124

From: [Center for Science in the Public Interest](#) on behalf of [JACK SEVERSON](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:39 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. JACK SEVERSON
1002 Troy Dr
Madison, WI 53704-2226

From: [Center for Science in the Public Interest](#) on behalf of [Cara Jenkins](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:39 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Cara Jenkins
205 Rockywalk Ct
Durham, NC 27713-6387

From: [Center for Science in the Public Interest](#) on behalf of [Charles Fabbri](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:40 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Charles Fabbri
1605 Wind Dancer Trl
Tecumseh, MI 49286-7745

From: [Center for Science in the Public Interest](#) on behalf of [Jerry Warren](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:40 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Jerry Warren
1820 Ogden Dr
Burlingame, CA 94010-5384
(650) 697-7202

From: [Center for Science in the Public Interest](#) on behalf of [Corilee Watters](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:41 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Corilee Watters
1955 East West Rd
314j
Honolulu, HI 96822-2348

From: [Center for Science in the Public Interest](#) on behalf of [Edith Cook](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:43 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Edith Cook
7019 Bomar Dr
Cheyenne, WY 82009-2629

From: [Center for Science in the Public Interest](#) on behalf of [Tarin Ain](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:44 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I strongly support your actions in NYC. Well done!

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the

Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Tarin Ain
tarinain@gmail.com
New York, NY 10036

From: [Center for Science in the Public Interest](#) on behalf of [Jennifer Crossland](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:44 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Jennifer Crossland
3801 S Congress Ave Apt 304
Austin, TX 78704-8046

From: [Center for Science in the Public Interest](#) on behalf of [Heidi Tonsberg](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:11 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Heidi Tonsberg
27 Woody Ln
Westport, CT 06880-2260

From: [Center for Science in the Public Interest](#) on behalf of [George Howze](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:44 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. George Howze
1351 Normandie Cir
Salt Lake City, UT 84105-1919
(801) 583-2089

From: [Center for Science in the Public Interest](#) on behalf of [Suzie Meres](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:45 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Suzie Meres
2142 Spring St
Hamilton, NY 13346-2254
(315) 824-3002

From: [Center for Science in the Public Interest](#) on behalf of [Katherine Lambert](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:47 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Katherine Lambert
7807 Garland Ave
Takoma Park, MD 20912-7713

From: [Center for Science in the Public Interest](#) on behalf of [Angela Taylor](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:48 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Angela Taylor
5801 Roland Ave
Baltimore, MD 21210-1309

From: [Center for Science in the Public Interest](#) on behalf of [Larry Lucas](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:48 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. larry lucas
727 Juniper St NE Apt 1203
Atlanta, GA 30308-1359

From: [Center for Science in the Public Interest](#) on behalf of [Rebecca Palacios](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:49 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Rebecca Palacios
12508 Blazing Star Dr
El Paso, TX 79928-5859

From: [Center for Science in the Public Interest](#) on behalf of [Christine Powers](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:49 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks.

The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your

response.

Sincerely,

Ms. Christine Powers
3 Chestnut Hill Rd S
Albany, NY 12211-1667

From: [Center for Science in the Public Interest](#) on behalf of [lester rosenzweig](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:50 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. lester rosenzweig
214 State St
Schenectady, NY 12305-1806

From: [Center for Science in the Public Interest](#) on behalf of [Jody Perrecone](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:52 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

Although I do not live in New York City, I am very supportive of the health initiatives your city has taken, including banning trans fats, that have spread throughout the nation. I appreciate your efforts to make your city and our nation a healthier nation.

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts

instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Jody Perrecone
5364 Woodland Pond Ln
Loves Park, IL 61111-3530

From: [Center for Science in the Public Interest](#) on behalf of [Jeanne Irwin](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:53 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Jeanne Irwin
42 Cross St
Somerville, MA 02145-3246
(617) 625-6600

From: [Center for Science in the Public Interest](#) on behalf of [David Lerner](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:11 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. David Lerner
7265 Procopio Cir
Columbia, MD 21046-1645

From: [Center for Science in the Public Interest](#) on behalf of [Julie Buchholtz](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:53 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Julie Buchholtz
2229 Deru Ln SW
Rochester, MN 55902-3400

From: [Center for Science in the Public Interest](#) on behalf of [ellen_rothschild-taube](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:53 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. ellen rothschild-taube
95 Butternut Rd
Briarcliff Manor, NY 10510-2221

From: [Center for Science in the Public Interest](#) on behalf of [Sue Wright](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:54 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Sue Wright
1020 Custer Ave
Colorado Springs, CO 80903-2647
(719) 687-9405

From: [Center for Science in the Public Interest](#) on behalf of [Cindy Downs](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:56 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Cindy Downs
2915 Dolomite Springs Cir
Blue Mounds, WI 53517-9697

From: [Center for Science in the Public Interest](#) on behalf of [Jennifer Conroy](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:57 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

Access is everything. If we can curb access, we can change behaviors, norms, and culture. If we begin to let people know what's reasonable from a health-perspective, parents will begin to set limits. It's not

unlike the drinking laws which regulate age and alcohol consumption limits based on what's safe. Laws and policies are designed to guide people to do what's safe. If we don't tell parents that it's not safe to give your child a giant soda, we can only blame ourselves for creating an environment that supports and promotes obesity, diabetes, and whole host of diseases resulting from over-consumption of sugared drinks.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Jennifer Conroy
5202 Summer Dr
Austin, TX 78741-3217

From: [Center for Science in the Public Interest](#) on behalf of [Talene Ghazarian](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:57 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Talene Ghazarian
104 Thomas Ln
Carrboro, NC 27510-1318

From: [Center for Science in the Public Interest](#) on behalf of [Jimmy Tassios](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg"s Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:58 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

We live in the United States of America. We are free to purchase as much or as little soft drinks as we want. The mayor of NY is way off base with this proposed ban. By all means do everything you can to educate New Yorkers about the health hazards of drinking sugary drinks but to make a law that tells you what size drink you can have is kind of stupid. i hope you guys are not as stupid.

I strongly encourage the Board of Health to tell the mayor to get a life and to remind him what it means to be an American.

Sincerely,
Jimmy Tassios
1312 Edgewood Ave
Florence, SC 29501

Sincerely,

Mr. Jimmy Tassios
1312 Edgewood Ave
Florence, SC 29501-4230
(843) 777-3017

From: [Center for Science in the Public Interest](#) on behalf of [Randi Belhumeur](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:17:59 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Randi Belhumeur
52 Countryside Dr
North Providence, RI 02904-3422

From: [Center for Science in the Public Interest](#) on behalf of [Delilah Kwong](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:18:01 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Delilah Kwong
2903 215th St
Bayside, NY 11360-2806

From: [Center for Science in the Public Interest](#) on behalf of [Domenic Romano](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:18:02 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Domenic Romano
415 Central Park W Apt 10b
New York, NY 10025-4847

From: [Center for Science in the Public Interest](#) on behalf of [Christopher Kelly](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:13 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Christopher Kelly
PO Box 385635
Waikoloa, HI 96738-0635
(808) 937-3145

From: [Center for Science in the Public Interest](#) on behalf of [Mary Jo Mason](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:18:02 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Mary Jo Mason
1933 N Edwards Ave
Wichita, KS 67203-1128
(316) 945-3642

From: [Center for Science in the Public Interest](#) on behalf of [Joseph Phillips](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:18:02 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Joseph Phillips
5380 Brittainywood Rd
Kernersville, NC 27284-9693

From: [Center for Science in the Public Interest](#) on behalf of [Rachel Hochstetler](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:18:05 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Rachel Hochstetler
169 Waverley St Apt E
Palo Alto, CA 94301-1142

From: [Center for Science in the Public Interest](#) on behalf of [Sheila McCaffrey](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:18:06 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Sheila McCaffrey
749 Old Eagle School Rd
Wayne, PA 19087-2009

From: [Center for Science in the Public Interest](#) on behalf of [Joseph Vander Linde](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:18:07 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As a student of Nutrition and Dietetics and an American, I am inspired by the action your department is taking against these corporations. My hope is that it will not be an act of reducing freedom but an act of preserving health in America, regardless of economic status. We know that soda is more frequently sold in areas of poverty and minority groups, it is our job to educate and market the reasons behind these decisions and policies, to gain much needed support.

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines.

Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Joseph Vander Linde
13703 Richmond Park Dr N
Apt 2104
Jacksonville, FL 32224-4291
(904) 881-9446

From: [Center for Science in the Public Interest](#) on behalf of [Elona Vaisnys](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:18:11 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks.

Mayor Bloomberg's pushback to the giantism of food portions is a stating a very valuable principle
The ever increasing size of beverages, portions, and plates (China) is contributing to our rising health costs.

Sugary drinks are the single largest contributor of calories to the American diet. The 20-ounce bottle of Coke contains 16 teaspoons of sugar! The 7-Eleven chain offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

I hope that the Board of Health will vote to support of the Mayor's proposal to limit serving sizes of soda. Thank you.

Sincerely,

Dr. Elona Vaisnys
78 Wayland St
North Haven, CT 06473-4352
(203) 248-8035

From: [Center for Science in the Public Interest](#) on behalf of [Ann Griffen](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:18:16 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about dental caries and the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Ann Griffen
134 Buttles Ave
Columbus, OH 43215-1401

From: [Center for Science in the Public Interest](#) on behalf of [ingrid osterholm](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:18:16 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Ingrid Osterholm
1935 4th St NE
Washington, DC 20002-1211

From: [Center for Science in the Public Interest](#) on behalf of [Kathleen Carlson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:18:19 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Kathleen Carlson
196 Woodmont Rd
Hopewell Jct, NY 12533-6867

From: [Center for Science in the Public Interest](#) on behalf of [Alex LaBant](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:18:20 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Alex LaBant
1713 N Gratz St
Philadelphia, PA 19121-3112

From: [Center for Science in the Public Interest](#) on behalf of [Pamela Evans, MS, RD, LD](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:13 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Pamela Evans, MS, RD, LD
8224 SW 39th Ave
Portland, OR 97219-3615

From: [Center for Science in the Public Interest](#) on behalf of [Naomi Shiff](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:18:20 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Naomi Shiff
1204 17h Ave. E.
s, WA 98112-3317

From: [Center for Science in the Public Interest](#) on behalf of [Tracy Kunzler](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:18:24 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Tracy Kunzler
1289 Holly Point Rd
Virginia Beach, VA 23454-1932

From: [Center for Science in the Public Interest](#) on behalf of [Robert Packer](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:18:25 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Robert Packer
1209 Madrona Ave
Everett, WA 98203-1731
(425) 259-4847

From: [Center for Science in the Public Interest](#) on behalf of [Dawn Fairchild](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:18:29 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Dawn Fairchild
1221 9th St
Apt J
Santa Monica, CA 90401-1814

From: [Center for Science in the Public Interest](#) on behalf of [Marianne Brown](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:18:30 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I am a public health professional and someone who works in the Los Angeles Unified School District schools trying to improve the food our children are eating in school.

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Marianne Brown
1348 Hill St
Santa Monica, CA 90405-4724
(310) 452-1474

From: [Center for Science in the Public Interest](#) on behalf of [wendy lockwood](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:18:32 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. wendy lockwood
150 Allen Ave
Glendale, CA 91201-2855

From: [Center for Science in the Public Interest](#) on behalf of [Stephen Johnson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:18:33 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. Overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

Hopefully the actions you take to curb this attack by the soft drink industry on the nation's health will be an inspiration to other entities to do the same. We as a nation need to come to our senses before we further ruin the health of the nation with these type of excesses. I again urge you act upon the Mayor's proposal and save us from ourselves!

Sincerely,

Mr. Stephen Johnson
202 Kiowa Dr E
Lake Kiowa, TX 76240-9005

From: [Center for Science in the Public Interest](#) on behalf of [Elizabeth Dennis](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:18:35 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Elizabeth Dennis
425 L St NW Apt 228
Washington, DC 20001-2594
(410) 245-5218

From: [Center for Science in the Public Interest](#) on behalf of [Ed Barry](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:18:39 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Ed Barry
3005 Wyntree Ridge Way
Raleigh, NC 27606-8978

From: [Center for Science in the Public Interest](#) on behalf of [Sydney Tegeler](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:18:44 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I strongly support limiting the size of sugary drinks not just for the reasons below, but because sugar has been found to increase cholesterol and because the sugar used in "soft drinks" is empty calories devoid of the antioxidants that help prevent a variety of diseases. Soft drinks are also devoid of the vitamins, minerals and both soluble and insoluble fibers crucial to good health. Thus I feel limiting the size of soft drinks is a step in the right direction.

Thank "god" we have a mayor who has the guts to fight the huge lobbyist groups who are only concerned about their own profits at the expense of everyone else's health.

Thank you

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even

offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Sydney Tegeler
506 9th Ave Apt 3r
New York, NY 10018-2890
(212) 279-1345

From: [Center for Science in the Public Interest](#) on behalf of [Julia Levine](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:13 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Julia Levine
463 15th St
Brooklyn, NY 11215-5703

From: [Center for Science in the Public Interest](#) on behalf of [Riley McIntire](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:18:46 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I'm very concerned with the obesity epidemic in this country, and think Mayor Bloomberg is leading the way for the rest of country in limiting serving sizes of soda and sugary drinks. These drinks have calories which are hidden to the calorie control centers of the human body. Children are terribly vulnerable. Adults are too.

I completely support the position of the Center for Science in the Public Interest on this matter:

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Riley McIntire
1870 Phillips Way
Los Angeles, CA 90042-1039

From: [Center for Science in the Public Interest](#) on behalf of [Julie Kaye](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:18:47 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Julie Kaye
275 7th Ave
New York, NY 10001-6708

From: [Center for Science in the Public Interest](#) on behalf of [Susanna Sibilsky](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:46:48 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Susanna Sibitsky
19526 Fawn Rd
Lakehead, CA 96051-9656

From: [Center for Science in the Public Interest](#) on behalf of [lauren herzlich](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:46:48 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss lauren herzlich
340 E 74th St
New York, NY 10021-3737

From: [Center for Science in the Public Interest](#) on behalf of [michael colameco](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:46:49 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. michael colameco
PO Box 2411
Cape May, NJ 08204-7411

From: [Center for Science in the Public Interest](#) on behalf of [Richard Shereff](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:46:49 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Richard Shereff
139 Hunter Cir
Fayetteville, NC 28304-3408
(910) 323-4888

From: [Center for Science in the Public Interest](#) on behalf of [Alexander Sperber](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:46:49 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Alexander Sperber
155 E 34th St
Apt 17b
New York, NY 10016-4734
(631) 365-3376

From: [Center for Science in the Public Interest](#) on behalf of [Alice O'Donnell](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:46:49 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Alice ODonnell
8704 Cold Spring Rd
Potomac, MD 20854-2427

From: [Center for Science in the Public Interest](#) on behalf of [Anne Kolesar](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:46:49 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Anne Kolesar
120 Concord St
Indiana, PA 15701-2405
(814) 244-0066

From: [Center for Science in the Public Interest](#) on behalf of [margaret.astacio](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:46:49 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. margaret astacio
6680 SW 67th Ave
South Miami, FL 33143-3113

From: [Center for Science in the Public Interest](#) on behalf of [Emily Mitchell](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:13 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Emily Mitchell
433 23rd Pl
Manhattan Beach, CA 90266-4306

From: [Center for Science in the Public Interest](#) on behalf of [nancy cleary](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:46:51 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. nancy cleary
50 Kosmas St
Marlborough, MA 01752-2536

From: [Center for Science in the Public Interest](#) on behalf of [Theresa Wagner](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:46:51 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Theresa Wagner
880 Possum Trot Ln
Monterey, VA 24465-2371

From: [Center for Science in the Public Interest](#) on behalf of [Alan Geier](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:46:51 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Alan Geier
544 E Broadway
Long Beach, NY 11561-4534
(516) 208-6888

From: [Center for Science in the Public Interest](#) on behalf of [John Carmody](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:46:52 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. John Carmody
167 Fairhill Dr
Wilmington, DE 19808-4312
(302) 598-3395

From: [Center for Science in the Public Interest](#) on behalf of [Angela Reid](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:46:52 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Angela Reid
2620 NW Ordway Ave
Bend, OR 97701-5497

From: [Center for Science in the Public Interest](#) on behalf of [Margarita Restrepo](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:46:52 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Margarita Restrepo
1115 Satinleaf St
Hollywood, FL 33019-4805
(754) 246-3309

From: [Center for Science in the Public Interest](#) on behalf of [Susan Wakefield](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:46:52 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Susan Wakefield
11201 Silverleaf Dr
Fairfax Station, VA 22039-2021

From: [Center for Science in the Public Interest](#) on behalf of [robert hudnut](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:46:52 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. robert hudnut
6509 Hadley Ct S
Cottage Grove, MN 55016-1078

From: [Center for Science in the Public Interest](#) on behalf of [Jennifer Jordan](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:46:52 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Jennifer Jordan, MPH
151 W 7th Ave
Eugene, OR 97401

Sincerely,

Ms. Jennifer Jordan
151 W 7th Ave
Eugene, OR 97401-1100

From: [Center for Science in the Public Interest](#) on behalf of [Tiffany Leighton](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:46:52 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Tiffany Leighton
5912 N Rockwell St
Chicago, IL 60659-4003

From: [Center for Science in the Public Interest](#) on behalf of [Karen Kedrowski](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:11 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Karen Kedrowski
5326 Coney Weston Pl
Madison, WI 53711-1004

From: [Center for Science in the Public Interest](#) on behalf of [Denise Hudson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:13 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Denise Hudson
4509 N Mountain Meadow Dr
Flagstaff, AZ 86004-2321

From: [Center for Science in the Public Interest](#) on behalf of [Alan Stein](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:46:52 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Alan Stein
593 11th St
Brooklyn, NY 11215-5202
(718) 788-6387

From: [Center for Science in the Public Interest](#) on behalf of [frank schultz](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:46:53 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. frank schultz
5434 Foxhound Dr
Naples, FL 34104-4932

From: [Center for Science in the Public Interest](#) on behalf of [Carol Russo](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:46:55 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

Large soda drinks, not only deliver too much sugar, but also deliver too much fluoride since NYC's fluoridated water is used to make these products.

As someone very concerned about the tooth decay and fluorosis epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Carol Russo
10424 123rd St
S Richmond HI, NY 11419-2906

From: [Center for Science in the Public Interest](#) on behalf of [Kerri Hamilton](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:46:55 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As a community advocate with a focus on obesity and disease prevention and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction. The super-sizing of sugary drinks and junk food items has clearly contributed to obesity, disease and health care inflation.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the

Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Kerri Hamilton
677 Kirk Glen Dr
San Jose, CA 95133-2023

From: [Center for Science in the Public Interest](#) on behalf of [janet_justus](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:46:55 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Janet Justus
30 E 55th St
Kansas City, MO 64113-1250

From: [Center for Science in the Public Interest](#) on behalf of [Roberta Barrio](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:46:56 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Roberta Barrio
4704 Hickory Holw
Austin, TX 78731-3605

From: [Center for Science in the Public Interest](#) on behalf of [Avi Schlosburg](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:46:56 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Avi Schlosburg
3205 Fayette Rd
Kensington, MD 20895-2909

From: [Center for Science in the Public Interest](#) on behalf of [HENRY RHODES](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:46:56 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today. Sometimes moderation needs a little help.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your

response.

Sincerely,

Mr. HENRY RHODES
522 W Summer Breeze Ln
Sequim, WA 98382-3705
(360) 582-5248

From: [Center for Science in the Public Interest](#) on behalf of [Maria Chafetz](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:46:56 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Maria Chafetz
5105 Chevy Chase Pkwy NW
Washington, DC 20008-2920
(202) 352-7129

From: [Center for Science in the Public Interest](#) on behalf of [Chris Ricard](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:46:56 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Chris Ricard
47240 Prescott Dr
Macomb, MI 48044-3082

From: [Center for Science in the Public Interest](#) on behalf of [Tricia Sheehan](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:13 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Tricia Sheehan
641 Woodbine Ave
Oak Park, IL 60302-1607

From: [Center for Science in the Public Interest](#) on behalf of [Ashley Southard](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:46:57 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Ashley Southard
23 Lexington Ave Apt 834
New York, NY 10010-3758
(216) 870-8221

From: [Center for Science in the Public Interest](#) on behalf of [Molly Rooke](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:46:57 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Molly Rooke
5825 Palm Ln
Dallas, TX 75206-5462
(214) 826-6124

From: [Center for Science in the Public Interest](#) on behalf of [Barbra McWms](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:46:57 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

We all know that Obesity is an out of control epidemic. I support Mayor Bloomberg's proposal to set limits on sugary soft drinks size and encourage the Board of Health to do likewise.
Mayor Bloomberg's leadership is a role model for our nation's obesity epidemic and while it's only the beginning, it is a step in the right direction.

Scientific studies have shown that sugary drinks, are a major contributor to obesity, especially in children. It also has been documented that this excess weight increases their risk of type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and contributes to osteoporosis, tooth decay, and dental erosion.

The original coke bottle was only 6oz but today's portions are 4 to 6 times that amount. By today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar and 7-Eleven offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar?????

The Board of Health's vote to support Mayor's Bloomberg's proposal to set limits on soft drinks serving size, sends a powerful message to our nation's children that the adults-in-charge really care about their future.

Sincerely,

Mrs. Barbra McWms
138 Sunnyside Ave
Piedmont, CA 94611-4420

From: [Center for Science in the Public Interest](#) on behalf of [Hayley Figueroa](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:46:58 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Hayley Figueroa
1 Van Siclen Ct
Brooklyn, NY 11207-2012

From: [Center for Science in the Public Interest](#) on behalf of [Suzanne Parker](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:46:58 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Suzanne Parker
20 Ingram St
Forest Hills, NY 11375-6829

From: [Center for Science in the Public Interest](#) on behalf of [Stanford Owen](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:46:58 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I am a diabetes and obesity specialist in Mississippi. I see first hand the death and destruction from caloric beverages. These are the #1 cause of obesity, diabetes, heart attack, stroke, heart failure and #2 preventable cause of cancer (especially breast).

You can be a hero by encouraging change and changing the paradigm about this clear and present danger.

Soft drink makers do almost as well with diet beverages so they will not lose in this battle.

THERE ARE NO LOSERS--only WIN WIN.

Please vote with the Mayor.

Stanford A. Owen, MD
Certified, American Board of Internal Medicine
American Board of Physician Nutrition Specialists
Fellow, Obesity Society

Sincerely,

Dr. Stanford Owen
3300 15th St
Gulfport, MS 39501-3901

From: [Center for Science in the Public Interest](#) on behalf of [Arlene Polye](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:46:58 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I avidly support limiting the size of sugary drinks not just for the reasons below, but because sugary drinks increase payments for people who have to go to hospitals due to the diseases caused, directly and indirectly, by consuming large amounts of sugar. Sugar has been found to increase cholesterol and increases the risk of diabetes. Also, the sugar used in "soft drinks" is empty calories devoid of the antioxidants that help prevent a variety of diseases.

Thank God we have a mayor who has the guts to fight the huge lobbyist groups who are only concerned about their own profits at the expense of everyone else's health.

Thank you

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons

of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Arlene Polye
506 9th Ave Apt 5fs
New York, NY 10018-2823
(212) 279-4412

From: [Center for Science in the Public Interest](#) on behalf of [Sonia Jaffe Robbins](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:46:58 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. Overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades.

If someone really wants to drink 32 oz. of soda, they can buy two 16 oz servings. No one is preventing them from doing that.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Sonia Jaffe Robbins
395 Riverside Dr
New York, NY 10025-1859

From: [Center for Science in the Public Interest](#) on behalf of [Rae Ramsey](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:46:58 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Rae Ramsey
3364 18th St NW
Washington, DC 20010-1025

From: [Center for Science in the Public Interest](#) on behalf of [Grace Colangelo](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:46:59 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Grace Colangelo
308 E 72nd St
Apt 15a
New York, NY 10021-4776

From: [Center for Science in the Public Interest](#) on behalf of [Bernie Smith](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:14 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Bernie Smith
5161 Stafford Rd
Baltimore, MD 21229-3244

From: [Center for Science in the Public Interest](#) on behalf of [Joseph Fung](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:46:59 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

Keep up the great work and health drive!

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the

Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Joseph Fung
1304 Bloomfield St
Hoboken, NJ 07030-5504
(201) 378-3864

From: [Center for Science in the Public Interest](#) on behalf of [Jerusha Klemperer](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:46:59 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Jerusha Klemperer
400 2nd Ave
New York, NY 10010-4010

From: [Center for Science in the Public Interest](#) on behalf of [Amin Abdul-Karim](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:46:59 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Amin Abdul-Karim
11639 91st Ln NE Apt 7
Kirkland, WA 98034-6106

From: [Center for Science in the Public Interest](#) on behalf of [Elaine Becker](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:46:59 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic, diabetes and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Elaine Becker
2514 Sharmar Rd
Roanoke, VA 24018-2625

From: [Center for Science in the Public Interest](#) on behalf of [Dana Crawford](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:46:59 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Dana Crawford
12370 Alameda Trace Cir Apt 834
Austin, TX 78727-6454

From: [Center for Science in the Public Interest](#) on behalf of [casey blust](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:46:59 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Casey Blust
81 Partridge Rd
Guilford, VT 05301-8059
(802) 257-9248

From: [Center for Science in the Public Interest](#) on behalf of [Ryan Sharp](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:46:59 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Ryan Sharp
1400 Hubbell Pl
Seattle, WA 98101-1965
(909) 752-6239

From: [Center for Science in the Public Interest](#) on behalf of [Wilma Hollander](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:46:59 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Wilma Hollander
9180 Ponderosa Ct
Harshaw, WI 54529-9803

From: [Center for Science in the Public Interest](#) on behalf of [Dominic Janeczko](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:46:59 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Dominic Janeczko
N7528 County Rd E
Tomahawk, WI 54487-9772

From: [Center for Science in the Public Interest](#) on behalf of [Leeann Lavin](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:47:00 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Leeann Lavin
43 5th Ave
New York, NY 10003-4368

From: [Center for Science in the Public Interest](#) on behalf of [Rebecca Thorn](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:14 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Rebecca Thorn
916 Willersley Ln
Channelview, TX 77530-2475
(832) 606-0716

From: [Center for Science in the Public Interest](#) on behalf of [Willona Stallings](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:47:00 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Willona Stallings
3011 Trimblestone Ln Apt 203
Raleigh, NC 27616-5948

From: [Center for Science in the Public Interest](#) on behalf of [Hans van Hoek](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:47:00 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Hans van Hoek
2704 Meadowlake Dr
Toano, VA 23168-9430
(757) 941-8312

From: [Center for Science in the Public Interest](#) on behalf of [Karissa McCarthy](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:47:00 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Karissa McCarthy
2 Old Turnpike Rd
Port Murray, NJ 07865-3211

From: [Center for Science in the Public Interest](#) on behalf of [Tamar Hurwitz](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:47:00 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Tamar Hurwitz
82 Jersey St
San Francisco, CA 94114-3923

From: [Center for Science in the Public Interest](#) on behalf of [christine.gary](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:47:00 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. christine gary
733 10th St NW
Washington, DC 20001-4884
(757) 754-7770

From: [Center for Science in the Public Interest](#) on behalf of [Robert Meyer](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:47:00 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

"Sugary" drinks contain large amounts of high fructose corn sugars, which have been shown to cause serious health and eating habits in people.

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Robert Meyer
1241 Westmoreland Ave
Syracuse, NY 13210-3162

From: [Center for Science in the Public Interest](#) on behalf of [Marigny Bostock](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:47:01 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Marigny Bostock
591 Upland Rd
Louisville, KY 40206-2834

From: [Center for Science in the Public Interest](#) on behalf of [S.cahn](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:47:01 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. S cahn
211 W Mount Vernon Ave
Haddonfield, NJ 08033-2521

From: [Center for Science in the Public Interest](#) on behalf of [Sheila Krstevski](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:47:02 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Sheila Krstevski
3357 Peter Ln
Yorktown Heights, NY 10598-1923

From: [Center for Science in the Public Interest](#) on behalf of [Ashley Pool](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:47:02 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Ashley Pool
124 Sleepy Forest Dr
Leicester, NC 28748-6522
(828) 450-4256

From: [Center for Science in the Public Interest](#) on behalf of [Robert Jones](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:14 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Robert Jones
4435 NE 77th Ave
Portland, OR 97218-3923

From: [Center for Science in the Public Interest](#) on behalf of [Barbara Lerman-Golomb](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:47:02 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Barbara Lerman-Golomb
3 2nd St
Brooklyn, NY 11231-4801

From: [Center for Science in the Public Interest](#) on behalf of [Enrique Esparza II](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:47:02 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Enrique Esparza II
1137 Diamond Dr
Arcata, CA 95521-4201

From: [Center for Science in the Public Interest](#) on behalf of [Dexter Viator](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:47:02 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Dexter Viator
16 Lafayette Rd
Ipswich, MA 01938-1820
(978) 380-0806

From: [Center for Science in the Public Interest](#) on behalf of [Deborah Brooks](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:47:03 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Deborah Brooks
15005 Windemere Ln
Burnsville, MN 55306-6196
(952) 435-2953

From: [Center for Science in the Public Interest](#) on behalf of [Michael & Kathryn Kevany](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:47:03 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Michael & Kathryn Kevany
615 Bennington Ln
Silver Spring, MD 20910-4206

From: [Center for Science in the Public Interest](#) on behalf of [Scarlett Blandon](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:47:03 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Scarlett Blandon
12061 Brighton Riv
Unit 37
Fountain Valley, CA 92708-1351

From: [Center for Science in the Public Interest](#) on behalf of [Lauren Virshup](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:47:03 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

Obesity is a national public health issue, and food companies are exacerbating the problem.

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Lauren Virshup
5623 Cottonport Dr
Brentwood, TN 37027-5310

From: [Center for Science in the Public Interest](#) on behalf of [Carole Hansen](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:47:03 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Carole Hansen
1110 SW Tall Oaks Dr
Mcminnville, OR 97128-5729

From: [Center for Science in the Public Interest](#) on behalf of [Mary Ferrigno](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:47:03 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Mary Ferrigno
5007 Cedar Ave
Philadelphia, PA 19143-1620

From: [Center for Science in the Public Interest](#) on behalf of [Alison Megliola](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:47:04 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Alison Megliola
300 Mercer St
Apt 18i
New York, NY 10003-6738

From: [Center for Science in the Public Interest](#) on behalf of [Joanne Boles](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:14 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Joanne Boles
2522 Crews Lake Hills Loop S
Lakeland, FL 33813-3863
(863) 559-8531

From: [Center for Science in the Public Interest](#) on behalf of [Barry Kaufman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:47:04 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars.

One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your

response.

Sincerely,

Mr. Barry Kaufman
936 N Keystone St
Burbank, CA 91506-1525

From: [Center for Science in the Public Interest](#) on behalf of [Keith Pereira](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:47:04 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Keith Pereira
103 Devon Ct
Silver Spring, MD 20910-5439
(301) 922-0781

From: [Center for Science in the Public Interest](#) on behalf of [beth baker](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:47:04 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

Environmental changes are our best chance at reducing the obesity epidemic. I stand behind Bloomberg's initiative to limit the size of soda and other sugary beverages.

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. beth baker
19 Greenough Ln
Boston, MA 02113-1406

From: [Center for Science in the Public Interest](#) on behalf of [Judy Miu](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:47:04 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Judy Miu
527 Pacheco St
San Francisco, CA 94116-1346

From: [Center for Science in the Public Interest](#) on behalf of [Margie Solovay](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:47:04 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Margie Solovay
10923 71st Rd
Ste 1h
Forest Hills, NY 11375-4809
(718) 520-8649

From: [Center for Science in the Public Interest](#) on behalf of [Christian Fauser](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:47:04 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

Bloomberg is an idiot.

Sincerely,

Mr. Christian Fauser
334 Perkins Ext
Memphis, TN 38117-3514

From: [Center for Science in the Public Interest](#) on behalf of [Emilie Christenson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:47:04 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Emilie Christenson
112 Oleander St
Neptune Beach, FL 32266-4848

From: [Center for Science in the Public Interest](#) on behalf of [Lisa Claydon](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:47:04 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Lisa Claydon
2133 Military Rd
Arlington, VA 22207-3924

From: [Center for Science in the Public Interest](#) on behalf of [Crystal Harvin](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:47:05 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Crystal Harvin
205 Valley Xing
Canton, GA 30114-1232

From: [Center for Science in the Public Interest](#) on behalf of [Barbara Haskell](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:47:05 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Barbara Haskell
5483 Rishley Run Way
Mount Dora, FL 32757-8019
(407) 921-2780

From: [Center for Science in the Public Interest](#) on behalf of [George Wilhelm](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:15 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. George Wilhelm
12747 4th Ave NW
Seattle, WA 98177-4227

From: [Center for Science in the Public Interest](#) on behalf of [Natasha Henry](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:47:06 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Natasha Henry
3333 Broadway
Apt C9b
New York, NY 10031-8722
(917) 410-1424

From: [Center for Science in the Public Interest](#) on behalf of [Janice Phillips](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:47:06 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Janice Phillips
931 S Main St Ste B
Kernersville, NC 27284-7459

From: [Center for Science in the Public Interest](#) on behalf of [Bari Klein](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:47:06 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Bari Klein
534 Inglewood Rd
Bel Air, MD 21015-2005

From: [Center for Science in the Public Interest](#) on behalf of [Joan Lienhardt](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:47:06 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Joan Lienhardt
82 Creek Rdg
Pittsford, NY 14534-4419

From: [Center for Science in the Public Interest](#) on behalf of [Niles Kaplan](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:47:07 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As a health professional concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly urge the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Niles Kaplan
PO Box 4056
Westlake Village, CA 91359-1056

From: [Center for Science in the Public Interest](#) on behalf of [Bill Ziegler](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:47:07 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Bill Ziegler
351 Jenice Ct
West Chicago, IL 60185-2987
(630) 726-3331

From: [Center for Science in the Public Interest](#) on behalf of [Cynthia Davidson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:47:07 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Cynthia Davidson
42 Somerset Rd
Lexington, MA 02420-3529
(781) 710-1640

From: [Center for Science in the Public Interest](#) on behalf of [Patti Woods](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:47:08 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Patti Woods
26 Leeds Ln
North Babylon, NY 11703-2915
(516) 425-9307

From: [Center for Science in the Public Interest](#) on behalf of [Raymond Fredette](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:47:08 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Raymond Fredette
8351 Wagon Wheel Rd
Alexandria, VA 22309-2153

From: [Center for Science in the Public Interest](#) on behalf of [Iman Ahmad](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:47:08 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

I hope that we can have similar regulations in Washington DC some day soon!

Sincerely,

Ms. Iman Ahmad
910 M St NW Apt 916
Washington, DC 20001-6328
(650) 823-1381

From: [Center for Science in the Public Interest](#) on behalf of [martha.hoeboer](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:15 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. martha hoeboer
41 15 60th st
woodside, NY 11377

From: [Center for Science in the Public Interest](#) on behalf of [Karin Socha](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:47:09 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Karin Socha
2098 Darling Rd
South Wales, NY 14139-9700

From: [Center for Science in the Public Interest](#) on behalf of [Sheila Molitz](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:47:09 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Sheila Molitz
435 W 57th St Apt 11f
New York, NY 10019-1737

From: [Center for Science in the Public Interest](#) on behalf of [Jill Reynolds](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:47:10 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Jill Reynolds
328 Hanford St
Columbus, OH 43206-3659
(614) 530-0105

From: [Center for Science in the Public Interest](#) on behalf of [Mitzi Seith](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:47:10 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Mitzi Seith
Box178
Boxv178
Gates mills, OH 44040

From: [Center for Science in the Public Interest](#) on behalf of [David Snyder](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:47:11 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. David Snyder
1921 Lisa Ln
San Marcos, TX 78666-2234

From: [Center for Science in the Public Interest](#) on behalf of [James Mitchell](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:47:11 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. James Mitchell
2537 Monticello Ave
Oakland, CA 94601-5503
(707) 508-4922

From: [Center for Science in the Public Interest](#) on behalf of [John and Martha Stoltenberg](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:47:20 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. John and Martha Stoltenberg
PO Box 596
N8362 State Highway 67
Elkhart Lake, WI 53020-0596
(920) 876-2184

From: [Center for Science in the Public Interest](#) on behalf of [James Giannini](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:47:23 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. James Giannini
7 Camelot Ct
Lebanon, NJ 08833-4003

From: [Center for Science in the Public Interest](#) on behalf of [Kristin DeValue](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:47:24 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Kristin DeValue
55 Leonard Dr
Wyckoff, NJ 07481-3320

From: [Center for Science in the Public Interest](#) on behalf of [Barbara Scott](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:47:28 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Barbara Scott
1840 Brenda Way
Carson City, NV 89704-9007
(775) 849-1963

From: [Center for Science in the Public Interest](#) on behalf of [Leslie Gilman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:15 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Leslie Gilman
432 S New Hampshire St
Covington, LA 70433-3537
(975) 718-8491

From: [Center for Science in the Public Interest](#) on behalf of [Anneliese Butler](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:47:29 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Anneliese Butler
102 W Montgomery Ave
Ardmore, PA 19003-1422

From: [Center for Science in the Public Interest](#) on behalf of [Anthony Almazan](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:47:34 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Anthony Almazan
1507 Doddington Rd
Kettering, OH 45409-1759

From: [Center for Science in the Public Interest](#) on behalf of [Allison Mulvaney](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:47:37 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Allison Mulvaney
88 Hamden Cir
Quincy, MA 02170-2101

From: [Center for Science in the Public Interest](#) on behalf of [Jill Ratner](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:47:38 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Jill Ratner
25 N Rigaud Rd
Spring Valley, NY 10977-2533

From: [Center for Science in the Public Interest](#) on behalf of [Elizabeth Claydon](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:47:42 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Elizabeth Claydon
130 Mansfield St
New Haven, CT 06511-3537

From: [Center for Science in the Public Interest](#) on behalf of [Daniela Kunz](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:47:43 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I also strongly urge Congress to pass a law that sugary drinks of any type shall be banned from school campuses K-12th Grade and that also teachers will not have access and will not bring it in to the schools

to tease and be of bad role model to the students in all grade levels!

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes in restaurants or stores - and most of all - no such drinks on school campuses K-12th grade and I look forward to your response.

Sincerely,

Mrs. Daniela Kunz
132 Cavalry Dr
Franklin, TN 37064-4904

From: [Center for Science in the Public Interest](#) on behalf of [Glenda Philbin](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:47:46 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Glenda Philbin
7469 N Shore Rd
Norfolk, VA 23505-1770

From: [Center for Science in the Public Interest](#) on behalf of [Carrie Jennis, RD, LDN](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:47:52 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Carrie Jennis, RD, LDN
67 Berkeley St
Apt 3
Boston, MA 02116-6202

From: [Center for Science in the Public Interest](#) on behalf of [August D'Angelo](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:47:55 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. August D'Angelo
316 Hoover Ave Apt 55
Bloomfield, NJ 07003-3956

From: [Center for Science in the Public Interest](#) on behalf of [Patricia Beyer](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 1:48:05 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As a teacher for 21 years, my experience shows that children think what they can buy is healthy, especially when served at schools. High schoolers tell me the government would ban unhealthy foods. They depend on us as a nation to educate, model and encourage good habits. As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Patricia Beyer
3524 Kentfield Ct
Modesto, CA 95355-9624

From: [Center for Science in the Public Interest](#) on behalf of [Alissa Bourne](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:21 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Alissa Bourne
542 E 79th St Apt 1s
New York, NY 10075-1568

From: [Center for Science in the Public Interest](#) on behalf of [elizabeth borelli](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:16:51 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. elizabeth borelli
14 kore rd.
soquel, CA 95073

From: [Center for Science in the Public Interest](#) on behalf of [Michael Smolyak](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:16:51 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Michael Smolyak
6428 Western Star Run
Clarksville, MD 21029-1247
(410) 531-1542

From: [Center for Science in the Public Interest](#) on behalf of [Jan Zimmerman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:16:53 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Jan Zimmerman
121B w. 20th St
ny, NY 10011

From: [Center for Science in the Public Interest](#) on behalf of [Krista Johnsen](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:16:53 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Krista Johnsen
1139 S Lombard Ave
Oak Park, IL 60304-2212
(708) 524-8045

From: [Center for Science in the Public Interest](#) on behalf of [Holley Atkinson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:17:02 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Holley Atkinson
218 Union St
Brooklyn, NY 11231-3502

From: [Center for Science in the Public Interest](#) on behalf of [David Triantos](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:17:02 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. David Triantos
42371 Riverwinds Dr
Leonardtown, MD 20650-5726

From: [Center for Science in the Public Interest](#) on behalf of [Larry Cleveland](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:17:02 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Larry Cleveland
1607 Creekside Dr
Corinth, TX 76210-3065

From: [Center for Science in the Public Interest](#) on behalf of [christina.torres](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:17:02 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. christina torres
2638 Mayflower Ave
Arcadia, CA 91006-5035

From: [Center for Science in the Public Interest](#) on behalf of [Meira Itzkowitz](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:17:03 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Meira Itzkowitz
260 Grisscom Ct
Marlton, NJ 08053-2011
(856) 983-7125

From: [Center for Science in the Public Interest](#) on behalf of [Hilda Zevallos](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:17:04 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Hilda Zevallos
5751 Lemona Ave
Sherman Oaks, CA 91411-3238

From: [Center for Science in the Public Interest](#) on behalf of [Amy Parent](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:12 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Amy Parent
277 Conestoga St
Windsor, CT 06095-2203

From: [Center for Science in the Public Interest](#) on behalf of [Angela Ballantyne](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:21 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Angela Ballantyne
5230 Jamestown Rd
San Diego, CA 92117-1243

From: [Center for Science in the Public Interest](#) on behalf of [Kasey Pape](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:17:04 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Kasey Pape
3315 Tumblewood Trl
San Antonio, TX 78247-2838

From: [Center for Science in the Public Interest](#) on behalf of [Bernard Grand](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:17:04 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. It certainly is a step in the right direction.

I strongly encourage the Board of Health to support the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Bernard Grand
93 Northgate Cir
Melville, NY 11747-3043
(631) 756-0688

From: [Center for Science in the Public Interest](#) on behalf of [Renee Sallemmo](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:17:04 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Renee Salemmo
415 E 80th St Apt 2f
New York, NY 10075-0636

From: [Center for Science in the Public Interest](#) on behalf of [Paul Bumbar](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:17:04 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Paul Bumbar
18 Spicebush Lane
Tuxedo, NY 10987

From: [Center for Science in the Public Interest](#) on behalf of [Kevin Friedman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:17:05 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Kevin Friedman
1604 Prosperity Rd
Toledo, OH 43612-2918

From: [Center for Science in the Public Interest](#) on behalf of [Susan Davidson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:17:10 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Susan Davidson
19 Winchester St Apt 806
Brookline, MA 02446-2794
(617) 566-7557

From: [Center for Science in the Public Interest](#) on behalf of [Lisa Neverman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:17:10 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Lisa Neverman
218 Bailey Dr
Manchester, IA 52057-1844

From: [Center for Science in the Public Interest](#) on behalf of [beata korpanty](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:17:11 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. beata korpanty
604 Stevens St
Bristol, CT 06010-2588
(860) 314-1938

From: [Center for Science in the Public Interest](#) on behalf of [Bonnie Taub-Dix](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:17:11 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

No one needs a sugary beverage the size of a small swimming pool! No one.

It's not about taking away choice -- quite the contrary. Eliminating huge cup sizes will give freedoms people do not even realize they will be enjoying -- like looking and feeling better.

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in

all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Bonnie Taub-Dix
131 Hewlett Neck Rd
Woodmere, NY 11598-1402

From: [Center for Science in the Public Interest](#) on behalf of [Mark Tiernan](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:17:11 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Mark Tiernan
101 Woodstream Dr
Cary, NC 27518-9155

From: [Center for Science in the Public Interest](#) on behalf of [James Thomas](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:21 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. James Thomas
5900 Hathaway Ln
Chapel Hill, NC 27514-9618
(919) 949-4314

From: [Center for Science in the Public Interest](#) on behalf of [Elizabeth Lee](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:17:11 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Elizabeth Lee
40 E Winnie Way
Arcadia, CA 91006-4670

From: [Center for Science in the Public Interest](#) on behalf of [Deanna O'Connell](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:17:12 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As a Registered Dietitian committing my time and energy fighting the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Deanna O'Connell
2211 Shooting Star Ln
Fort Collins, CO 80521-1362

From: [Center for Science in the Public Interest](#) on behalf of [James McCarthy](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:17:14 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. James McCarthy
60 Beachwood Dr
Babylon, NY 11702-2422

From: [Center for Science in the Public Interest](#) on behalf of [bill liberman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:17:15 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Please recognize the importance of this initiative by following the Mayor's lead.

Sincerely yours,
Bill Liberman
276 Riverside Dr. ##11F
NYC 10025

Sincerely,

Mr. bill liberman
276 Riverside Dr
Apt 11f
New York, NY 10025-5273

From: [Center for Science in the Public Interest](#) on behalf of [Els Van Wingerden](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:17:15 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Els Van Wingerden
505 Leonard Rd
Fredericksburg, VA 22405-3218

From: [Center for Science in the Public Interest](#) on behalf of [Charles Dupree](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:17:18 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Charles Dupree
5536 Crestview Dr
Hixson, TN 37343-3804
(423) 875-9541

From: [Center for Science in the Public Interest](#) on behalf of [Andrea Richardson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:17:24 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Andrea Richardson
108 Macrae Ct
Chapel Hill, NC 27516-1134

From: [Center for Science in the Public Interest](#) on behalf of [Karen Janda](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:17:24 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Karen Janda
4654 S Abilene Cir
Aurora, CO 80015-3902

From: [Center for Science in the Public Interest](#) on behalf of [Satyam Vashi](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:17:25 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

This is just the first step to solving the obesity crisis that I see in my Emergency Department everyday.

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Satyam Vashi
1215 E West Hwy Apt 416
Silver Spring, MD 20910-6272

From: [Center for Science in the Public Interest](#) on behalf of [Margaret Atkinson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:17:27 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Margaret Atkinson
65 N Pinelake Dr
Patchogue, NY 11772-2214
(631) 475-1137

From: [Center for Science in the Public Interest](#) on behalf of [Laurie Wiker](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:22 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Laurie Wiker
7 Thornhollow Rd
Newark, DE 19711-7211
(302) 689-3558

From: [Center for Science in the Public Interest](#) on behalf of [P.Shuldiner](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:17:28 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. P Shuldiner
40 River Rd
New York, NY 10044-1135

From: [Center for Science in the Public Interest](#) on behalf of [arlene vallon](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:17:29 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. arlene vallon
2825 Willow Way
Portsmouth, OH 45662-2436

From: [Center for Science in the Public Interest](#) on behalf of [ROBERT MORGAN](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:17:29 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. ROBERT MORGAN
231 Grand View Ave
San Francisco, CA 94114-3131

From: [Center for Science in the Public Interest](#) on behalf of [Samantha Valcourt](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:17:30 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Samantha Valcourt
2740 Greenwich St
Apt 207
San Francisco, CA 94123-3257

From: [Center for Science in the Public Interest](#) on behalf of [manuel negron](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:17:30 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. manuel negron
2050 Bartow Ave
Bronx, NY 10475-4600

From: [Center for Science in the Public Interest](#) on behalf of [Carole Mohr](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:17:32 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

Obesity, like smoking, is a huge health threat.

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your

response.

Sincerely,

Mrs. Carole Mohr
1900 Hamilton St Unit 406
Philadelphia, PA 19130-3892

From: [Center for Science in the Public Interest](#) on behalf of [Jessica Foulis](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:17:34 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Jessica Foulis
PO Box 7197
Avon, CO 81620-7197

From: [Center for Science in the Public Interest](#) on behalf of [Andrew Vignes](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:17:47 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Andrew Vignes
2123 Cedardale Ave
Baton Rouge, LA 70808-2810

From: [Center for Science in the Public Interest](#) on behalf of [Melanie Jay](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:17:49 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

My clinical and research focus is around the treatment and prevention of obesity. As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your

response.

Sincerely,

Dr. Melanie Jay
227 E 30th St Rm 645
New York, NY 10016-8203

From: [Center for Science in the Public Interest](#) on behalf of [Ilana Heching](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:17:50 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,
Ilana Heching
435 Central Park West
Apt. 2D
New York, NY 10025

Sincerely,

Mrs. Ilana Heching
435 Central Park W
Apt 2d
New York, NY 10025-4340

From: [Center for Science in the Public Interest](#) on behalf of [William McCarthy](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:22 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks have consistently been linked to obesity. They are a big contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Many studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, some cancers, sleep apnea, and many other problems. Frequent consumption of soft drinks is also associated with osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. William McCarthy
2050 Newell Rd
Malibu, CA 90265-2938
(310) 794-7587

From: [Center for Science in the Public Interest](#) on behalf of [Morgana Ricardo](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:17:52 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Morgana Ricardo
2702 NW 3rd Way
Battle Ground, WA 98604-4331
(360) 687-6265

From: [Center for Science in the Public Interest](#) on behalf of [Whitney Chamberlain](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:17:54 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Whitney Chamberlain
3644 H St Apt 7
Sacramento, CA 95816-4643

From: [Center for Science in the Public Interest](#) on behalf of [Dale B. Canelas](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:18:00 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. I spent about 10 years drinking large sodas every day for lunch and gained more than 50 pounds -- not realizing the soda was the biggest problem. I no longer touch any kind of soft drink, but to this day, I have failed to take all the weight off despite substantial effort with Weight Watchers and other organizations.

The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in

all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Dale B. Canelas
PO Box 14755
Gainesville, FL 32604-4755
(352) 377-5716

From: [Center for Science in the Public Interest](#) on behalf of [Paul Youngquist](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:18:01 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Paul Youngquist
22 Highland Ave
Antrim, NH 03440-3605
(603) 547-5051

From: [Center for Science in the Public Interest](#) on behalf of [Diana Biro](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:18:01 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

As a writing/ editing consultant working with faculty researchers in health and wellness, I have a special interest in this area and am familiar with the research on the links between sugary beverage consumption and obesity, and between obesity and chronic diseases such as diabetes, cancer, heart disease and stroke. Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Diana Biro
14 Drumlins Ter
Syracuse, NY 13224-2218
(315) 446-0490

From: [Center for Science in the Public Interest](#) on behalf of [Lauren Cook](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:18:02 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Lauren Cook
60 W 23rd St
New York, NY 10010-5283

From: [Center for Science in the Public Interest](#) on behalf of [joe sans](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:18:02 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Joe Sans
210 N Paterson St # 1
Madison, WI 53703-2325

From: [Center for Science in the Public Interest](#) on behalf of [Joel Hughes](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:18:03 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Joel Hughes
11610 Anderson St
Loma Linda, CA 92354-3457

From: [Center for Science in the Public Interest](#) on behalf of [Aaron Yanes](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:18:03 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Aaron Yanes
74 Conselyea St # 3
Brooklyn, NY 11211-2212

From: [Center for Science in the Public Interest](#) on behalf of [Jennifer Kass](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:18:03 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Jennifer Kass
355 S End Ave Apt 27g
New York, NY 10280-1012

From: [Center for Science in the Public Interest](#) on behalf of [Britton Schwartz](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:22 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Britton Schwartz
751 N Hill Pl
Los Angeles, CA 90012-2225

From: [Center for Science in the Public Interest](#) on behalf of [Lauren Buzzard](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:18:04 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Lauren Buzzard
1005 N Moffet Ave
Joplin, MO 64801-1024
(417) 396-6766

From: [Center for Science in the Public Interest](#) on behalf of [Carol Soto](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:18:06 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Carol Soto
315 W 102nd St Apt 3d
New York, NY 10025-8422

From: [Center for Science in the Public Interest](#) on behalf of [Mary Ann Hoogerheyde](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:18:06 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Mary Ann Hoogerheyde
359 Mulberry Ct
Wyckoff, NJ 07481-1050

From: [Center for Science in the Public Interest](#) on behalf of [laura.mccaffrey](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:18:06 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. laura mccaffrey
300 Piedmont Ave
San Bruno, CA 94066-3959

From: [Center for Science in the Public Interest](#) on behalf of [Page Palmer](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:18:07 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

What has happened to educating a person and let that person decide for themselves! Has the futile attempts failed, and now it's being decided for us? Please do not support this bill. Do I think this is healthy ? Absolutely not! But it is NOT the governments place to make this decision . Please keep our \$\$\$ and focus on good health education , The public will " get it"
Page Palmer

Sincerely,

Mrs. Page Palmer
27 E 67th St
Kansas City, MO 64113-2401
(816) 333-7671

From: [Center for Science in the Public Interest](#) on behalf of [Donna Alleyne-Chin](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:18:08 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Donna Alleyne-Chin
PO Box 370812
Montara, CA 94037-0812

From: [Center for Science in the Public Interest](#) on behalf of [cathy snyder](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:18:08 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. cathy snyder
59 Tolkien Psg
Medford, NJ 08055-3926

From: [Center for Science in the Public Interest](#) on behalf of [Brian Sandmann](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:18:09 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Brian Sandmann
876 Minoma Ave
Louisville, KY 40217-2417

From: [Center for Science in the Public Interest](#) on behalf of [Berny Killingsworth](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:18:09 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Berny Killingsworth
7298 Bennett Lawson Rd
Mansfield, TX 76063-4601
(817) 875-7550

From: [Center for Science in the Public Interest](#) on behalf of [Deborah Champion](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:18:09 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Deborah Champion
475 W San Carlos St
Apt 5104
San Jose, CA 95110-2660

From: [Center for Science in the Public Interest](#) on behalf of [Marcus Reidenberg](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:22 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Marcus Reidenberg
1300 York Ave
New York, NY 10065-4805
(212) 746-6227

From: [Center for Science in the Public Interest](#) on behalf of [Kate Bates](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:18:09 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Kate Bates
4233 Monroe St
Apt C
Bozeman, MT 59718-1965

From: [Center for Science in the Public Interest](#) on behalf of [Lisa Woodring](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:18:09 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Lisa Woodring
109 Homegate Cir
Apex, NC 27502-3948

From: [Center for Science in the Public Interest](#) on behalf of [Nooshin Prasthofer](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:18:10 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Nooshin Prasthofer
20351 Rockwood Trl
Morrison, CO 80465-2409
(720) 935-7408

From: [Center for Science in the Public Interest](#) on behalf of [Susan Wiesemeyer](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:18:10 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Susan Wiesemeyer
215 E 31st St
New York, NY 10016-6302
(917) 628-8676

From: [Center for Science in the Public Interest](#) on behalf of [RUSSELL JABAUT](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:18:10 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. RUSSELL JABAUT
23 Stackpole Rd
Durham, ME 04222-5374

From: [Center for Science in the Public Interest](#) on behalf of [Maya Ortiz](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:18:11 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Maya Ortiz
21 Homestead Pl
Ridgefield Park, NJ 07660-1607

From: [Center for Science in the Public Interest](#) on behalf of [Kathryn Losee](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:18:11 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Kathryn Losee
8220 E Oxford Cir
Apt 13102
Wichita, KS 67226-1887
(316) 371-3830

From: [Center for Science in the Public Interest](#) on behalf of [Kathleen Morris](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:18:15 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Kathleen Morris
181 E Beechwold Blvd
Columbus, OH 43214-2107
(614) 262-6182

From: [Center for Science in the Public Interest](#) on behalf of [Andrew Willner](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:18:17 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Andrew Willner
58 W 58th St Apt 12d
New York, NY 10019-2508

From: [Center for Science in the Public Interest](#) on behalf of [Susan Breen](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:18:17 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Susan Breen
15 Polhemus Pl
Brooklyn, NY 11215-2203
(718) 638-6654

From: [Center for Science in the Public Interest](#) on behalf of [Nathan Lehman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:23 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Nathan Lehman
210 N Avenue 55
Los Angeles, CA 90042-4137

From: [Center for Science in the Public Interest](#) on behalf of [Beverly Foster](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:18:18 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

The mayor is one of the few pols who has taken a stand for improvement of the health of people. Please back him.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Beverly Foster
364 Conestoga Rd
Wayne, PA 19087-4736

From: [Center for Science in the Public Interest](#) on behalf of [Linda Rhodes](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:18:29 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I work with minority children from low-income neighborhoods and when I show them how much sugar is in so-called healthy juice drinks and soda they are shocked. Many change their soda drinking habits when they learn how sugar damages their bodies. Most are unaware as to what a serving size actually means.

I am sick and tired as to how the sugar and soda industry exploits minority kids! Regretfully, these young people are literally "sick and tired" from sugar.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

You'll send a tremendous public health message nationwide!

Sincerely,

Dr. Linda Rhodes
1690 East Strasburg Road
West Chester, PA 19380

Sincerely,

Dr. Linda Rhodes
1690 E Strasburg Rd
West Chester, PA 19380-6419

From: [Center for Science in the Public Interest](#) on behalf of [Sheila Maury](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:18:31 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Sheila Maury
171 Warsaw Dr
Parker, CO 80138-4644
(303) 805-1417

From: [Center for Science in the Public Interest](#) on behalf of [Ann Morgan](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:18:31 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Ann Morgan
1351 Elverson Rd
Elverson, PA 19520-9358

From: [Center for Science in the Public Interest](#) on behalf of [Barbery Byfield](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:18:33 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As a health educator working with morbidly obese patients I commend your efforts to make changes in our nutritionally toxic environment.

Humans are wired to gorge when sugars and fats are available, but will limit themselves to available portion sizes. Health education can only go so far in assisting in behavior change. We also need to adjust the world we live in because individuals often make unhealthy choices (ie. not wearing motorcycle helmets). We elect our representatives in government to help make our world a safer place, which sometimes must include limiting (through taxes or portion control) access to harmful substances, which clearly include non-nutritive beverages.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Barbery Byfield
12200 Bellflower Blvd
Downey, CA 90242-2804

From: [Center for Science in the Public Interest](#) on behalf of [Jim Berlin](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:18:34 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Jim Berlin
PO Box 42
Mount Pleasant, UT 84647-0042

From: [Center for Science in the Public Interest](#) on behalf of [kaitlin bray](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:18:36 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. kaitlin bray
158 Nassau Ave
5
Brooklyn, NY 11222-4289

From: [Center for Science in the Public Interest](#) on behalf of [Cheryl Philipps](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:18:36 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Cheryl Philipps
7 Waning Moon Dr
The Woodlands, TX 77389-5129

From: [Center for Science in the Public Interest](#) on behalf of [Steve Weiss](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:18:37 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Steve Weiss
2727 SE 16th Ave
Portland, OR 97202-2209

From: [Center for Science in the Public Interest](#) on behalf of [Colleen Andersen-Briscoe](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:18:38 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Colleen Andersen-Briscoe
11554 Normanton Way
San Diego, CA 92131-2907

From: [Center for Science in the Public Interest](#) on behalf of [Michelle Nordberg](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:23 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Michelle Nordberg
429 Greenwich St
New York, NY 10013-2051
(917) 689-8278

From: [Center for Science in the Public Interest](#) on behalf of [Samantha Carnell](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:18:41 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Samantha Carnell
311 S Doheny Dr Apt 304
Los Angeles, CA 90048-3775

From: [Center for Science in the Public Interest](#) on behalf of [Linda Wagner](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:18:42 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

New York City's proposed limit on the size of sugary beverages is like a speed limit or a stop sign. Excess sugar, like excess speed, can be deadly. Scientific studies that are independent of the beverage industry show clear connections between dramatic increases in sugary beverage container sizes, consumption levels and increases in obesity. Medical studies show clear connections between obesity and morbidity due to serious illnesses such as diabetes, heart disease, and even cancer. A government that signals to its residents that they need to slow down -- whether their vehicle speed or their sugar consumption -- is fulfilling an important obligation to the public. This portion control proposal alone may not end the obesity epidemic and rein in all of our health care costs, but it is an important step along a journey we must begin to save ourselves, both in terms of physical and financial health. Therefore, the New York State Association of County Health Officials (NYSACHO), whose mission is to support and empower local health departments in their work to promote health and wellness and prevent disease, disability and injury throughout New York State, supports this measure.

Sincerely,

Ms. Linda Wagner
NYSACHO
1 United Way
Albany, NY 12205-5588

From: [Center for Science in the Public Interest](#) on behalf of [Lauren Cook](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:18:43 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Lauren Cook
60 W 23rd St
New York, NY 10010-5283

From: [Center for Science in the Public Interest](#) on behalf of [Jeff Axelrod](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:18:45 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Jeff Axelrod
1238 Pine St
Glenview, IL 60025-2918
(847) 348-8332

From: [Center for Science in the Public Interest](#) on behalf of [Adrienne Andrews](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:18:47 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Adrienne Andrews
8000 W 113th Ter
Overland Park, KS 66210-1813

From: [Center for Science in the Public Interest](#) on behalf of [Kelly Ross-Davis](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:18:50 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Kelly Ross-Davis
1697 Ashwood Ln
Birmingham, AL 35209-1259

From: [Center for Science in the Public Interest](#) on behalf of [Erin Kahle](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:18:52 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Erin Kahle
307 E 94th St
Apt 4c
New York, NY 10128-4707

From: [Center for Science in the Public Interest](#) on behalf of [Susan Seto](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:18:53 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Susan Seto
6147 Cloverdale Blvd Fl 2
Oakland Gardens, NY 11364-2431
(347) 235-4013

From: [Center for Science in the Public Interest](#) on behalf of [JANICE THOMPSON](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:18:55 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. JANICE THOMPSON
401 E Orchard St
Arlington Heights, IL 60005-2659
(847) 394-4425

From: [Center for Science in the Public Interest](#) on behalf of [Jamie Bialor](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:18:56 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Jamie Bialor
24 Burton Ave
Woodmere, NY 11598-1720

From: [Center for Science in the Public Interest](#) on behalf of [Trish Vance](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:23 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Trish Vance
4478 Via Marina
Apt 915
Marina Del Rey, CA 90292-8102
(213) 447-0030

From: [Center for Science in the Public Interest](#) on behalf of [marcia sahagian](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:18:59 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. marcia saagian
28 Plantation Dr
Saunderstown, RI 02874-1005
(401) 345-6145

From: [Center for Science in the Public Interest](#) on behalf of [Cassandra Sciacca](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:19:00 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Cassandra Sciacca
10 Fair St
Newburyport, MA 01950-2847

From: [Center for Science in the Public Interest](#) on behalf of [Kristin Davis](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:19:02 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Kristin Davis
522 Ballwood Dr
Ballwin, MO 63021-6306
(314) 640-9642

From: [Center for Science in the Public Interest](#) on behalf of [Kenyon Karl](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:19:03 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Kenyon Karl
17 Ephraim Page Rd
Wentworth, NH 03282-3224
(603) 764-7303

From: [Center for Science in the Public Interest](#) on behalf of [Karin Anderson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:19:08 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As a physician very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Karin Anderson
15 Roberts Ave
Bar Harbor, ME 04609-1827

From: [Center for Science in the Public Interest](#) on behalf of [Hiershenee Bhana](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:19:11 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Hiershenee Bhana
50 Greene Ave Apt 4c
Brooklyn, NY 11238-6424

From: [Center for Science in the Public Interest](#) on behalf of [Diane Reed](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:47:13 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. know if and when and when you want us to come over.They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

Always buy, and,or order the DIET version of the soft drink

I strongly encourage the Board of Health to vote in support of the

Mayor's proposal to limit serving or make available diet soda. sizes
and I look forward to your response.

Sincerely,

Dr. Diane Reed
1598 NW Galveston Ave
Bend, OR 97701-2440
(541) 388-2627

From: [Center for Science in the Public Interest](#) on behalf of [Anayah Sangodele-Ayoka](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:47:13 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Anayah Sangodele-Ayoka
1494 Eastern Pkwy
3
Brooklyn, NY 11233-5003

From: [Center for Science in the Public Interest](#) on behalf of [Judy Kirshner](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:47:20 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Judy Kirshner
200 S Windsor Blvd
Los Angeles, CA 90004-3820
(323) 937-5275

From: [Center for Science in the Public Interest](#) on behalf of [Susan Klein](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:47:20 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Susan Klein
14675 Ranch Trail Dr
El Cajon, CA 92021-6705
(619) 443-3838

From: [Center for Science in the Public Interest](#) on behalf of [Jacquelyn Gundersen](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:23 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I live in neighboring Pennsylvania yet admire Mayor Bloomberg's courage to implement a change for his city's health.

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Jacquelyn Gundersen
146 Deadwood Ln
Wellsboro, PA 16901-8488

From: [Center for Science in the Public Interest](#) on behalf of [Arthur Finstein](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:47:20 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Arthur Finstein
9 Randy Rd
Framingham, MA 01701-4529

From: [Center for Science in the Public Interest](#) on behalf of [Mark Harmel](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:47:20 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As public health student working to control chronic diseases I'm concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your

response.

Sincerely,

Mr. Mark Harmel
1800 Wendy Way
Manhattan Beach, CA 90266-4141
(310) 546-6509

From: [Center for Science in the Public Interest](#) on behalf of [Jeannette Pierrepont](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:47:21 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Jeannette Pierrepont
20 Laurel Ln
Holtsville, NY 11742-2563

From: [Center for Science in the Public Interest](#) on behalf of [Loralee Leavitt](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:47:21 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As the creator of www.candyexperiments.com, I grow more and more concerned about the amount of sugar people are consuming, and the way it contributes to the obesity epidemic. I do an experiment called "Find Hidden Candy," in which I show children how to look for hidden candy in other foods by checking the sugar contents. The highest amount of sugar is found in sodas--for instance, one 16 oz bottle of orange soda has as much sugar as 10 rolls of Smarties candy.

Because of this, I urge you to pass Mayor Bloomberg's proposal to limit serving sizes of sugary sodas. It would be very interesting to see if this would improve public health, and provide a model for other areas to follow. Since soda companies spend so much time and money promoting their product, I think there is a role for the government in supporting the opposite message: that too much sugar soda is bad for you. Over the long run, it may even provide a savings in public health spending, which is growing out of control.

Sincerely,

Ms. Loralee Leavitt
12425 NE 73rd St
Kirkland, WA 98033-8306
(425) 739-9746

From: [Center for Science in the Public Interest](#) on behalf of [Glenn Kuschke](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:47:21 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Glenn Kuschke
23510 Manning Cir N
Scandia, MN 55073-9510
(651) 433-5281

From: [Center for Science in the Public Interest](#) on behalf of [Ellen Antonov](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:47:21 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Ellen Antonov
78 S Longsford Cir
Spring, TX 77382-1780

From: [Center for Science in the Public Interest](#) on behalf of [orlynn rosaasen](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:47:21 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I am not in support of Mayor Bloomberg's Sugary Drink Proposal. Its another case of government intervention and forcing its ideals on people, which will not solve the problem. The problem can only be addressed through adequate community education and providing people with the necessary information to make smart choices .If people want to consume more than 16 ozs. of a sugary beverage, they will find ways to do it.

Sincerely,

Mr. orlynn rosaasen
798 Big Sky Cir
Grand Forks, ND 58203-1800

From: [Center for Science in the Public Interest](#) on behalf of [Gary Gensler](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:47:21 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Gary Gensler
12914 McCubbin Ln
Germantown, MD 20874-6306

From: [Center for Science in the Public Interest](#) on behalf of [Chris Wittkowski](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:47:21 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Chris Witkowski
5921 Colfax Ave
Alexandria, VA 22311-1027

From: [Center for Science in the Public Interest](#) on behalf of [jennifer clemente](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:47:21 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

When I first heard of the Mayor's proposal I was not for it. I had a reaction like "who is he to tell us how to live". On reflection however, I am very for it. America is out of control in a society that worships more as better. Clearly this does not work. The health of our country both physically and also financially is at stake. If nothing more, this is an important first step to at least start the conversation moving in the right direction. We must start moving into an age of health preservation rather than illness management for all of our sakes. That means better nutrition, exercise and finding time for peace to break through our hectic days.

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving

sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. jennifer clemente
43 W 27th St
Apt 4f
New York, NY 10001-6923
(917) 602-6086

From: [Center for Science in the Public Interest](#) on behalf of [Valentine Njike](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:12 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Valentine Njike
130 Division St
Derby, CT 06418-1326
(203) 732-1265

From: [Center for Science in the Public Interest](#) on behalf of [MELISSA ENDICOTT](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:23 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. MELISSA ENDICOTT
11270 SW 95th Ave
Tigard, OR 97223-5362
(503) 725-5865

From: [Center for Science in the Public Interest](#) on behalf of [Linda Valenzuela](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:47:22 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Linda Valenzuela
9923 S Hollybrook Lake Dr
Apt 104
Pembroke Pines, FL 33025-1621

From: [Center for Science in the Public Interest](#) on behalf of [Andrew Wilder](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:47:22 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Andrew Wilder
2211 Marine St
Santa Monica, CA 90405-6041

From: [Center for Science in the Public Interest](#) on behalf of [sharlya gold](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:47:23 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

perhaps encouraging businesses to reduce the size of sweet drinks is something a board of health would feel comfortable doing plus educating young people on the consequences of obesity--health complications, social relationship complications, wallet implications.

i think you need to have more than one approach to reducing obesity--but taking a stand in favor of curbing drink sizes could be important.

Sincerely,

Ms. sharlya gold
406 McArthur Ave
Sarasota, FL 34243-1616

From: [Center for Science in the Public Interest](#) on behalf of [Vicky Dosch](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:47:23 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,
Vicky Dosch
10 Redbud Lane

Sincerely,

Mrs. Vicky Dosch
10 Redbud Ln
Waynesville, NC 28786-5641

From: [Center for Science in the Public Interest](#) on behalf of [Sonia Castellanos](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:47:23 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Sonia Castellanos
8240 NE 8th Pl
Miami, FL 33138-4156

From: [Center for Science in the Public Interest](#) on behalf of [Jennifer Mendoza-Kraenzel](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:47:23 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Jennifer Mendoza-Kraenzel
11327 N Mountain Meadow Pl
Oro Valley, AZ 85737-4617

From: [Center for Science in the Public Interest](#) on behalf of [Antoinette Bonsignore](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:47:24 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Antoinette Bonsignore
12411 NE Totem Lake Way Unit 102
Kirkland, WA 98034-7521

From: [Center for Science in the Public Interest](#) on behalf of [Theo colborn](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:47:24 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Theo colborn
PO Box 1253
Paonia, CO 81428-1253

From: [Center for Science in the Public Interest](#) on behalf of [Tim Lahan](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:47:24 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Tim Lahan
10210 Queens Blvd
Apt 603
Forest Hills, NY 11375-3199

From: [Center for Science in the Public Interest](#) on behalf of [Ted Labuza](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:47:24 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I cover this in my food safety course because of the high medical costs in treating the outcomes of obesity. I support Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your

response.

Sincerely,

Dr. Ted Labuza
1354 Eckles Ave
Saint Paul, MN 55108-1038

From: [Center for Science in the Public Interest](#) on behalf of [Andrea Falke](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:23 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Andrea Falke
2130 Harrison St
Apt 12
San Francisco, CA 94110-1389
(814) 880-0641

From: [Center for Science in the Public Interest](#) on behalf of [Fred Kirschenmann](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:47:25 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response. This is in all of our interests, since skyrocketing health

care costs effect us all!

Sincerely,

Dr. Fred Kirschenmann
3703 Woodland St
Ames, IA 50014-3442

From: [Center for Science in the Public Interest](#) on behalf of [Patricia Setrakian](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:47:26 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Patricia Setrakian
1905 Baker St
San Francisco, CA 94115-2012

From: [Center for Science in the Public Interest](#) on behalf of [carmen mateescu](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:47:27 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. carmen mateescu
14632 Hamlin St
Van Nuys, CA 91411-1609

From: [Center for Science in the Public Interest](#) on behalf of [Sharon Tutko](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:47:31 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As very concerned professional chef and health coach, I am very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. Even though I am writing from Saint Louis, MO, the Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction because it begs the attention of consumers!

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the

Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Sharon Tutko
8731 Eulalie Ave
Saint Louis, MO 63144-2011

From: [Center for Science in the Public Interest](#) on behalf of [Judith Cooper](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:47:31 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I am a Registered Dietitian who knows how much portion size affects obesity, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Judith Cooper
100 Sunrise Ave
Apt 621
Palm Beach, FL 33480-3902
(561) 833-1482

From: [Center for Science in the Public Interest](#) on behalf of [Mari Tachet](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:47:33 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this Rcountry. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Mari Tachet
8918 N Palm Brook Dr
Tucson, AZ 85743-8908

From: [Center for Science in the Public Interest](#) on behalf of [Angelo Quatrocci](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:47:33 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Angelo Quatrocci
1864 Hanover St
Yorktown Heights, NY 10598-4434

From: [Center for Science in the Public Interest](#) on behalf of [Adam Eskin](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:47:35 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Adam Eskin
150 E 52nd St
New York, NY 10022-6017
(212) 545-7867

From: [Center for Science in the Public Interest](#) on behalf of [Kylie Thompson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:47:36 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Kylie Thompson
15022 Wildwood Dr
Clive, IA 50325-7851

From: [Center for Science in the Public Interest](#) on behalf of [Lisa Geismar](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:47:37 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Lisa Geismar
214 E 25th St
New York, NY 10010-3114
(917) 435-3484

From: [Center for Science in the Public Interest](#) on behalf of [Susan Smith](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:23 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Susan Smith
80 Brae Burn Dr
Eugene, OR 97405-2031
(541) 342-2044

From: [Center for Science in the Public Interest](#) on behalf of [Sigrid Jakob](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:47:38 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

A long list of scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

The problem is that when people "upsized" their drink, they don't downsize their food consumption correspondingly, leading to an increase in calories consumed. This is particularly worrisome when children are concerned. Weight, once gained, is very hard to lose.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts

instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Sigrid Jakob
259 21st St Apt 3j
Brooklyn, NY 11215-6347
(718) 782-4491

From: [Center for Science in the Public Interest](#) on behalf of [Michelle Price](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:47:40 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Michelle Price
415 D St NE
Washington, DC 20002-5801

From: [Center for Science in the Public Interest](#) on behalf of [Alicia Simone](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:47:40 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Alicia Simone
4321 Saugus Ave
Sherman Oaks, CA 91403-4001

From: [Center for Science in the Public Interest](#) on behalf of [Larry Mintun](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:47:42 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone who believes strongly in the individuals right to choose what goes into his or her stomach I strongly encourage the Board of Health to vote against the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Larry Mintun
24442 Vista Ridge Dr
Valencia, CA 91355-3165
(661) 287-3382

From: [Center for Science in the Public Interest](#) on behalf of [Allison Jaffin](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:47:42 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Allison Jaffin
277 Hicks St
Apt 3d
Brooklyn, NY 11201-4599

From: [Center for Science in the Public Interest](#) on behalf of [rob quigley](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:47:44 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. rob quigley
200 Huston Ave
Stroudsburg, PA 18360-2331
(570) 242-4579

From: [Center for Science in the Public Interest](#) on behalf of [Anne Maron](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:47:47 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Anne Maron
3207 Springcrest Dr
Louisville, KY 40241-2734

From: [Center for Science in the Public Interest](#) on behalf of [Sheila Ward](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:47:49 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Sheila Ward
1057 Calle 8
San Juan, PR 00927-5221

From: [Center for Science in the Public Interest](#) on behalf of [sesame fowler](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:47:51 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. sesame fowler
1269 County Road 626
Gardner, CO 81040-9721

From: [Center for Science in the Public Interest](#) on behalf of [Beverly Pressey](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:47:53 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

Please be a leader in this initiative. Show other cities that they can make a difference in the health of their residents.

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Beverly Pressey
PO Box 40173
Bellevue, WA 98015-4173

From: [Center for Science in the Public Interest](#) on behalf of [Paul Taylor](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:23 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I'm happy to see your city standing up to the sugary soft drink lobby.

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the

Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Paul Taylor
51590 Bridgewater Ct
South Bend, IN 46637-1331

From: [Center for Science in the Public Interest](#) on behalf of [David Vye](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:47:53 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. David Vye
1897 Hopper Way
Yountville, CA 94599-1212

From: [Center for Science in the Public Interest](#) on behalf of [Judith Auslander](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:47:55 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Judith Auslander
PO Box 934
Beaverton, OR 97075-0934

From: [Center for Science in the Public Interest](#) on behalf of [Melissa Logan](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:47:56 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

Rather than limiting the size of sugary drinks, which only means someone has to waste a second disposable cup if they want more, I propose nutrition facts be posted on the wall along with menu items so that consumers may make their own decisions about whether or not to purchase these products, which are so devoid of nutrients and full of sugar and empty calories.

Sincerely,

Ms. Melissa Logan
123 NI Rd
San Diego, CA 92122

From: [Center for Science in the Public Interest](#) on behalf of [Nicole Sallee](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:47:58 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Nicole Sallee
6217 151st Ave SE
Bellevue, WA 98006-4627

From: [Center for Science in the Public Interest](#) on behalf of [alice fornari](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:48:02 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. alice fornari
17 N Circle Dr
Great Neck, NY 11021-1708

From: [Center for Science in the Public Interest](#) on behalf of [courtney.puidk](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:48:03 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss courtney puidk
219 E Garfield St
Apt 415
Seattle, WA 98102-3772
(573) 424-3732

From: [Center for Science in the Public Interest](#) on behalf of [Gregory Hall](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:48:07 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Gregory Hall
1538 Brighton Glen Rd
San Marcos, CA 92078-5494

From: [Center for Science in the Public Interest](#) on behalf of [Catherine Adams](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:48:10 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Catherine Adams
11 Spruce Ct
Durango, CO 81301-7213
(970) 259-0829

From: [Center for Science in the Public Interest](#) on behalf of [Haley Knisely](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 2:48:12 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Haley Knisely
3601 Kernan Blvd S Apt 727
Jacksonville, FL 32224-9611

From: [Center for Science in the Public Interest](#) on behalf of [Jessica Chan](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:16:56 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Jessica Chan
43 Avenue C
Apt 4c
New York, NY 10009-7571

From: [Center for Science in the Public Interest](#) on behalf of [Benjamin Lascelle](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:24 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Benjamin Lascelle
66 Lone Pine Dr
Manchester, NH 03109-5021
(857) 366-6578

From: [Center for Science in the Public Interest](#) on behalf of [Jessica Baltmanas](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:16:56 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Jessica Baltmanas
4085 Crystal Dawn Ln Unit 202
San Diego, CA 92122-5847

From: [Center for Science in the Public Interest](#) on behalf of [Kathleen Sun](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:16:56 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Kathleen Sun
450 Massachusetts Ave NW
Apt 334
Washington, DC 20001-6206

From: [Center for Science in the Public Interest](#) on behalf of [Kenny Chan](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:16:56 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Kenny Chan
5 Peter Cooper Rd Apt 9a
New York, NY 10010-6630
(954) 557-5576

From: [Center for Science in the Public Interest](#) on behalf of [Kara Hayward](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:16:56 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Kara Hayward
23 Ten Eyck St
Apt 3
Brooklyn, NY 11206-7647

From: [Center for Science in the Public Interest](#) on behalf of [Mary-Ann Baranski](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:16:56 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Mary-Ann Baranski
75 Fiume St
Pawtucket, RI 02860-4711

From: [Center for Science in the Public Interest](#) on behalf of [Alexander Klokus](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:16:57 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Alexander Klokus
151 Kent Ave
Apt 306
Brooklyn, NY 11249-3137

From: [Center for Science in the Public Interest](#) on behalf of [Sunitha Jasti](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:16:57 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Sunitha Jasti
601 W 113th St
New York, NY 10025-9700

From: [Center for Science in the Public Interest](#) on behalf of [Barbara Moore](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:16:58 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Barbara Moore
PO Box 149
506 Brackett Creek Road
Clyde Park, MT 59018-0149
(406) 686-4844

From: [Center for Science in the Public Interest](#) on behalf of [Dorothy Tenkhoff](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:16:58 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Dorothy Tenkhoff
4014 Country Club Dr NW
Olympia, WA 98502-3712
(360) 866-1123

From: [Center for Science in the Public Interest](#) on behalf of [thomas cleland](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:16:58 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. thomas cleland
2217 Sequoia Ln
Bedford, TX 76021-3681
(817) 680-9561

From: [Center for Science in the Public Interest](#) on behalf of [Laura Hopkins](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:24 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Laura Hopkins
4928 E Lee St
Tucson, AZ 85712-4025

From: [Center for Science in the Public Interest](#) on behalf of [Joanne McGrath](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:16:59 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Joanne McGrath
22 Northridge Ct
Hackettstown, NJ 07840-5684

From: [Center for Science in the Public Interest](#) on behalf of [JD Woodward](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:16:59 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

The Mayor's effort is a beginning. I ask you to please stand behind him and all humankind. Do not be swayed by the power of the soft drink industry. They are driven by profit and are blind to the health of consumers. As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. JD Woodward
1021 Cedar Ln
Sainte Genevieve, MO 63670-1443
(573) 631-1990

From: [Center for Science in the Public Interest](#) on behalf of [Eileen Killeen](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:16:59 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Eileen Killeen
1116 University Dr
Yardley, PA 19067-2827
(215) 369-1650

From: [Center for Science in the Public Interest](#) on behalf of [Tod Cooperman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:16:59 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Tod Cooperman
333 Mamaroneck Ave
White Plains, NY 10605-1440

From: [Center for Science in the Public Interest](#) on behalf of [Sara Smith](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:17:00 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Sara Smith
1435 Cole Mill Rd
Durham, NC 27705-2403

From: [Center for Science in the Public Interest](#) on behalf of [Jessica Hernandez](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:17:00 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Jessica Hernandez
4100 Salzedo St
Coral Gables, FL 33146-1744

From: [Center for Science in the Public Interest](#) on behalf of [Lewis Kelly](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:17:00 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of a revised approach to curb and at the same time pay for the consequences of excess sugar and fat intake; to wit, tax the sale of sugar and fat by at least 1 cent per ounce. This proposal goes further than, but is in the same spirit as Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership in bringing the soda issue to light is critical because overweight and obesity have become much too commonplace throughout America. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the

Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Lewis Kelly
3458 Elmendorf Cir
Lexington, KY 40517-2766
(859) 273-3629

From: [Center for Science in the Public Interest](#) on behalf of [David Johnson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:17:00 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. David Johnson
1444 Mill Pond Rd
Ashland, OR 97520-7313

From: [Center for Science in the Public Interest](#) on behalf of [Anne Cirasuolo](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:17:01 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Anne Cirasuolo
30 Lamplighter Ln
Apt 6a
Massapequa, NY 11758-5619

From: [Center for Science in the Public Interest](#) on behalf of [Kristi Clausman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:17:01 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Kristi Clausman
8090 Atlantic Blvd Apt H65
Jacksonville, FL 32211-8673

From: [Center for Science in the Public Interest](#) on behalf of [Melissa D'Arcy](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:24 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction. Similar to the ban on smoking in public places, I hope that many other cities will follow Mayor Bloomberg's lead.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the

Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Melissa D'Arcy
1222 Maryland Ave NE
Washington, DC 20002-5570

From: [Center for Science in the Public Interest](#) on behalf of [Tom Rifai](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:17:01 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As member of the board of directors of the American Board of Physician Nutrition Specialists, I'm very concerned about the diabetes epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our diabetes and metabolic syndrome epidemics, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to diabetes and excess body fat. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the

Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Tom Rifai
44555 Woodward Ave
Pontiac, MI 48341-5031

From: [Center for Science in the Public Interest](#) on behalf of [Don Weisman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:17:01 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Don Weisman
647 Akoakoa St
Kailua, HI 96734-3910

From: [Center for Science in the Public Interest](#) on behalf of [Laura Klein](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:17:01 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Laura Klein
55 Bethune St
New York, NY 10014-2010

From: [Center for Science in the Public Interest](#) on behalf of [Aurora Buffington](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:17:02 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Aurora Buffington
6675 Viewpoint Dr
Las Vegas, NV 89156-7064

From: [Center for Science in the Public Interest](#) on behalf of [Nancy Weissman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:17:02 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

Though I currently live in VA, I grew up in Brooklyn, attended college and graduate school in NYC, and am very devoted to the city. I strongly encourage the Board of Health to vote in support of the Mayor's

proposal to limit serving sizes and I look forward to your response.

Sincerely
Nancy Weissman
2242 Wheelwright Court
Reston Va 20191

Sincerely,

Ms. Nancy Weissman
2242 Wheelwright Ct
Reston, VA 20191-2330
(703) 758-9441

From: [Center for Science in the Public Interest](#) on behalf of [margaret heninger](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:17:02 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in slight support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today. I believe that government should not be so imposing as to limit soda sizes... but perhaps encouraging a big benefit to customers who order smaller sizes of soda would be better. For instance, get a coupon for a free burger or other food, a toy comes with smaller sizes of drinks but

not the bigger size, or have healthy drink and fruit options instead of only fries and a soda with a meal! Us adults would like healthy options (without having to pay extra) as well as children. Phasing out the big size cups would be nice but I don't think it should really be a law. It should be encouraged as a free choice for better health, not forced upon us as if we were children needing a forcing hand
I encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. margaret heninger
5260 Diamond Cir Apt 6
Chubbuck, ID 83202-2173

From: [Center for Science in the Public Interest](#) on behalf of [marion rios](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:17:03 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks.

The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction. I actually believe that you should have to be 'of age' to drink sugary drinks just like you need to be 21 to consume alcohol.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. marion rios
17 Ridge Rd
Coram, NY 11727-2113

From: [Center for Science in the Public Interest](#) on behalf of [Sophie Feng](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:17:03 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Sophie Feng
151 Cornwell Ave
Williston Park, NY 11596-1535

From: [Center for Science in the Public Interest](#) on behalf of [Carla Larsen](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:17:03 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

****As New York goes, so follows the nation. I have bold public health initiatives that started in New York to thank for the fact that I am no longer exposed to secondhand smoke in the workplace or public establishments and that fried foods are now cooked in healthier oils. I hope that the Board of Health will take another bold step. I try to teach my children about proper portion control. Even if they learn the lessons, there are few properly portioned options available in the marketplace. I think this proposal will actually expand consumer choice. I would love to be able to go to a restaurant or movie and not order something of "Big Gulp" proportions. I would like to be offered healthier drink choices. I don't want to pay for over-sized products and feel guilt throwing 75% away just to make a healthy choice.****

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons

of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Carla Larsen
10400 US Highway 10 E
Missoula, MT 59802-9588

From: [Center for Science in the Public Interest](#) on behalf of [Debra Grande](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:17:03 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Debra Grande
1179 W Seagull Dr
Chandler, AZ 85286-7546

From: [Center for Science in the Public Interest](#) on behalf of [Kirk Rhoads](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:24 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Kirk Rhoads
301 Cooper St
Mountain Home, AR 72653-4270
(870) 656-7887

From: [Center for Science in the Public Interest](#) on behalf of [Maggie Hinders](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:17:04 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Maggie Hinders
1745 Broadway
12-2
New York, NY 10019-4368

From: [Center for Science in the Public Interest](#) on behalf of [Lucy Weinstein](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:17:04 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As a pediatrician and public health physician, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Lucy Weinstein
11 Green Meadow Ln
Huntington, NY 11743-5121
(631) 367-3837

From: [Center for Science in the Public Interest](#) on behalf of [Ursula Neal](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:17:06 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Ursula Neal
2721 California Ave SW Apt A
Seattle, WA 98116-2479

From: [Center for Science in the Public Interest](#) on behalf of [Margaret Fischer](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:17:06 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Margaret Fischer
3606 Old North Rd
Irving, TX 75060-2075
(972) 815-6765

From: [Center for Science in the Public Interest](#) on behalf of [M.S. Meyers](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:17:16 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. M S Meyers
367 E 11th St
Upland, CA 91786-4815

From: [Center for Science in the Public Interest](#) on behalf of [Putra Bridge](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:17:17 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Putra Bridge
401 W 110th St Apt 310
New York, NY 10025-2423

From: [Center for Science in the Public Interest](#) on behalf of [Dinda Evans](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:17:20 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

It would also be nice if they recycled cups, etc the way they do in S. Korea and Japan.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Dinda Evans
PO Box 178695
San Diego, CA 92177-8695

From: [Center for Science in the Public Interest](#) on behalf of [Luis Pardo](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:17:22 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Luis Pardo
5955 S Western Ave
Los Angeles, CA 90047-1124

From: [Center for Science in the Public Interest](#) on behalf of [Barbara Marsala](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:17:24 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Barbara Marsala
198 Secor Rd
Otego, NY 13825-2209
(607) 988-7805

From: [Center for Science in the Public Interest](#) on behalf of [Katie Payne](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:17:25 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Katie Payne
101 Buckingham Dr
Winterville, NC 28590-9497

From: [Center for Science in the Public Interest](#) on behalf of [Melanie Moyer](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:24 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Melanie Moyer
1431 Calle Redonda Ln
Escondido, CA 92026-1610

From: [Center for Science in the Public Interest](#) on behalf of [Steffi Berne](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:17:26 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Steffi Berne
1 W 72nd St Apt 16
New York, NY 10023-3414

From: [Center for Science in the Public Interest](#) on behalf of [Jennifer Vallone](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:17:29 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Jennifer Vallone
332 Kane Dr
Vestal, NY 13850-5727
(607) 239-5143

From: [Center for Science in the Public Interest](#) on behalf of [Denise Bricker](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:17:29 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

In addition to the reasons cited below and compiled by CSPI, I was incensed to see a quote this morning in the NYT by a movie theater executive complaining that a lot of people who go to movies want enormous jugs of soda. In fact, among my peer group, the great majority of people complains that the movie theaters do not give customers any other option but the big vat. If you go to our neighborhood Regal Cinema, the ONLY way to get anything resembling a small soda is to be under 12 AND order the nacho platter. It's like being on the other side of the mirror. I cannot for the life of me understand how the theater companies ought to have any say in this matter with that history.

In NYC, the Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines.

Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

Sincerely,

Ms. Denise Bricker
120 Boerum Pl
Apt 3g
Brooklyn, NY 11201-6280

From: [Center for Science in the Public Interest](#) on behalf of [Terrie Beloin](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:17:29 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Terrie Beloin
12807 Decoy Cv
Austin, TX 78729-6453
(512) 797-7535

From: [Center for Science in the Public Interest](#) on behalf of [Celia Kutcher](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:17:29 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Celia Kutcher
260 Columbia St
3
Brooklyn, NY 11231-1330
(917) 597-4880

From: [Center for Science in the Public Interest](#) on behalf of [Maria Cepeda](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:17:30 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Maria Cepeda
1609 Shady Ct
Jefferson City, MO 65109-0497
(573) 291-2603

From: [Center for Science in the Public Interest](#) on behalf of [Erica Creque](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:17:31 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Erica Creque
5321 Cartoon Ct
North Las Vegas, NV 89031-0431

From: [Center for Science in the Public Interest](#) on behalf of [eric wehrenberg](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:17:33 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. eric wehrenberg
19440 E Fair Dr
Aurora, CO 80016-3869

From: [Center for Science in the Public Interest](#) on behalf of [Del Balbin](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:17:33 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Del Balbin
PO Box 273306
Houston, TX 77277-3306

From: [Center for Science in the Public Interest](#) on behalf of [Jon Heiken](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:17:34 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Jon Heiken
230 Valley Oak Dr
Napa, CA 94558-5673

From: [Center for Science in the Public Interest](#) on behalf of [Bonnie Faith-Smith](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:24 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Bonnie Faith-Smith
290a Washington St
Cambridge, MA 02139-3506

From: [Center for Science in the Public Interest](#) on behalf of [Peter Insalaco](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:17:35 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Peter Insalaco
200 E 94th St Apt 720
New York, NY 10128-3908
(646) 438-9473

From: [Center for Science in the Public Interest](#) on behalf of [Martha Ferger](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:17:38 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Martha Ferger
PO Box 8
Dryden, NY 13053-0008
(607) 844-8184

From: [Center for Science in the Public Interest](#) on behalf of [Douglas Swaim](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:17:39 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Douglas Swaim
19524 Sequoia Ave
Cerritos, CA 90703-7737

From: [Center for Science in the Public Interest](#) on behalf of [Ann Anderson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:17:42 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Ann Anderson
1383 Anvick Rd
Arcata, CA 95521-6702
(707) 633-5467

From: [Center for Science in the Public Interest](#) on behalf of [jeanne wangsness](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:17:43 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Jeanne Wangsness
90 Holbrook Ln
Atherton, CA 94027-2037

From: [Center for Science in the Public Interest](#) on behalf of [Mark Driscoll](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:17:45 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Mark Driscoll
215 Lexington Ave
Rm 1001
New York, NY 10016-6023

From: [Center for Science in the Public Interest](#) on behalf of [Gary T](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:17:58 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I don't drink these drinks. I don't smoke. I don't eat fast food. I don't do drugs. I like to buy local. I avoid sugar when possible.

That being said, I'll never support bans on sodas, smoking, fast food, etc...

Mayor Bloomberg has proved time and time again that his appetite for control of the behaviors of the people in his jurisdiction is limitless. His infringement on their personal liberties is appalling and dangerous.

I would never support his agenda. I have no idea why I was sent an email asking for support of his proposals.

Whoever formulated the criteria used to target the people to receive this email isn't very good at their job.

Have a good day.

Gary

Sincerely,

Mr. Gary T
Highland Dr.
Mount Sterling, KY 40353

From: [Center for Science in the Public Interest](#) on behalf of [Bob Wharton](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:18:05 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Bob Wharton
385 Preston Ave
Lexington, KY 40502-1531
(859) 321-5064

From: [Center for Science in the Public Interest](#) on behalf of [Megan Sullivan](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:47:11 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Megan Sullivan
1557 Jarman Lake Rd
Crozet, VA 22932-2869

From: [Center for Science in the Public Interest](#) on behalf of [Carol Schulz](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:47:11 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks to no more than 16 oz.

Consumption of sugary soft drinks has been linked to obesity, yet serving sizes seem to grow ever larger. Even at 16 oz., an average soft drink contains about 1/4 cup of sugar - that's 4 tablespoons, or 12 teaspoons, and 192 calories. One 16 oz. soda a day provides the caloric equivalent of over 20 pounds a year.

I urge to Board of Health to vote in favor of Mayor Bloomberg's proposal to cap the soft drink serving size to 16 ounces.

Sincerely,

Ms. Carol Schulz
808 De Mott Ave
North Baldwin, NY 11510-1922

From: [Center for Science in the Public Interest](#) on behalf of [Miranda Anglin](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:22:46 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Miranda Anglin
246 Bradhurst Ave
Apt 31
New York, NY 10039-1430

From: [Center for Science in the Public Interest](#) on behalf of [Allison Castle](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:12 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Allison Castle
290 Burnside Ave
Muscatine, IA 52761-3506

From: [Center for Science in the Public Interest](#) on behalf of [Donald Allen](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:25 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Donald Allen
4400 East West Hwy Apt 512
Bethesda, MD 20814-4505

From: [Center for Science in the Public Interest](#) on behalf of [Rosalyn Kociemba](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:47:12 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Rosalyn Kociemba
13050 W Red Fox Rd
Peoria, AZ 85383-2023

From: [Center for Science in the Public Interest](#) on behalf of [Susan McLean](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:47:13 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Susan McLean
450 Crestview Dr
Ukiah, CA 95482-8056
(707) 462-1257

From: [Center for Science in the Public Interest](#) on behalf of [Patricia Higa](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:47:15 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Patricia Higa
38 Ina Ct
San Francisco, CA 94112-2144

From: [Center for Science in the Public Interest](#) on behalf of [Kristine Futoran](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:47:16 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Kristine Futoran
1318 N Crescent Heights Blvd
Apt 108
West Hollywood, CA 90046-4527

From: [Center for Science in the Public Interest](#) on behalf of [Melissa Landon](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:47:17 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Melissa Landon
4216 E La Puente Ave
Phoenix, AZ 85044-1316

From: [Center for Science in the Public Interest](#) on behalf of [Ashley Sandoval](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:47:20 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Ashley Sandoval
613 E J St
Chula Vista, CA 91910-6528
(619) 559-2926

From: [Center for Science in the Public Interest](#) on behalf of [Dianne Norwood](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:47:20 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Dianne Norwood
61147 Montrose Pass St
Bend, OR 97702-2107

From: [Center for Science in the Public Interest](#) on behalf of [Leslie Cassidy](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:47:21 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Leslie Cassidy
534 E 83rd St
Apt 2b
New York, NY 10028-6801
(212) 734-2534

From: [Center for Science in the Public Interest](#) on behalf of [jean fessenden](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:47:22 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone who was addicted to Pepsi for 15 years, and kicked the habit a year ago, I am very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your

response.
Sincerely,
Jean Fessenden
11 Fenwick st.
greenlawn, ny 11740

Sincerely,

Mrs. jean fessenden
11 Fenwick St
Greenlawn, NY 11740-1405
(631) 379-4984

From: [Center for Science in the Public Interest](#) on behalf of [Elizabeth Miloscia](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:47:22 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Elizabeth Miloscia
31 Glenside Dr
Munroe Falls, OH 44262-1434
(330) 686-0958

From: [Center for Science in the Public Interest](#) on behalf of [Jean Nadeau](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:25 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Jean Nadeau
4237 Verona Rd
South Euclid, OH 44121-3111

From: [Center for Science in the Public Interest](#) on behalf of [Glenn Destatte](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:47:24 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

Let me preface the rest of this message to say that we are doing the next generation of Americans harm in so many ways that this is just one step, but it needs to be done.

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Glenn Destatte
3661 56th St
Sacramento, CA 95820-2342

From: [Center for Science in the Public Interest](#) on behalf of [Veronica Bisek](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:47:24 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Veronica Bisek
7 Greenacre Ct
Great Neck, NY 11021-1312

From: [Center for Science in the Public Interest](#) on behalf of [Carrie Godes](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:47:25 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I normally am a huge fan of the Daily Show with John Stewart, but recently he's taken to making jokes about the "sugary drink proposal." Obesity in this country is no joke and this is one area John and I do not agree on. As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Carrie Godes
1071 Park West Dr
Glenwood Springs, CO 81601-4574

From: [Center for Science in the Public Interest](#) on behalf of [Brooke Williams](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:47:26 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Brooke Williams
272 W 115th St Apt 2d
New York, NY 10026-2447

From: [Center for Science in the Public Interest](#) on behalf of [Sarah Jacobs](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:47:29 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Sarah Jacobs
534 Driggs Ave
Brooklyn, NY 11211-3586

From: [Center for Science in the Public Interest](#) on behalf of [Julia Newton](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:47:29 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Julia Newton
1000 Derringer Trl
Austin, TX 78753-3733

From: [Center for Science in the Public Interest](#) on behalf of [Sandra Holt](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:47:30 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Sandra Holt
1132 Castle Wood Ter Apt 114
Casselberry, FL 32707-3682
(407) 695-5098

From: [Center for Science in the Public Interest](#) on behalf of [Mark Winne](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:47:31 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Mark Winne
41 Arroyo Hondo Trl
Santa Fe, NM 87508-9492
(505) 983-3047

From: [Center for Science in the Public Interest](#) on behalf of [Mauro Ferrero](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:47:33 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Mauro Ferrero
7831 Stewart Ave
Los Angeles, CA 90045-1055

From: [Center for Science in the Public Interest](#) on behalf of [Samantha Hyde](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:47:33 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Samantha Hyde
4433 Grindstone Ridge Rd
Pigeon Forge, TN 37863-4621

From: [Center for Science in the Public Interest](#) on behalf of [Lindsay Vickroy](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:25 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Lindsay Vickroy
573 W Valley Rd
Wayne, PA 19087-5336

From: [Center for Science in the Public Interest](#) on behalf of [MARJORIE CARTER](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:47:34 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. MARJORIE CARTER
1336 E Hecla Dr
Unit 316
Louisville, CO 80027-3812
(303) 867-6447

From: [Center for Science in the Public Interest](#) on behalf of [judith stiefel](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:47:35 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Judith Stiefel
616 Anneslie Rd
Baltimore, MD 21212-2011

From: [Center for Science in the Public Interest](#) on behalf of [Scott Lambie](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:47:39 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Scott Lambie
188 Woodward Ave
Rutherford, NJ 07070-2244

From: [Center for Science in the Public Interest](#) on behalf of [Shirley Wieman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:47:39 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Shirley Wieman
4708 S Plateau Trl
Sioux Falls, SD 57106-1935

From: [Center for Science in the Public Interest](#) on behalf of [Janet Shufelt](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:47:42 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Janet Shufelt
124 Howe St
West Columbia, SC 29170-4238
(803) 996-6206

From: [Center for Science in the Public Interest](#) on behalf of [shirley frederickson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:47:42 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. shirley frederickson
203 Colgate Ter
Manhattan, KS 66503-3017
(785) 776-3667

From: [Center for Science in the Public Interest](#) on behalf of [Andrea Schpok](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:47:43 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Andrea Schpok
255 E 10th St
New York, NY 10009-4840

From: [Center for Science in the Public Interest](#) on behalf of [Sharon Carroll](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:47:43 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about our children and the public's health with the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks.

The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction. Doing nothing is simply stupid, so I applaud him in standing up to and against the forces of the greedy corporations and the ignorance of the people who continue to buy into the non-sense and then complain about being sick and broke.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. And this does not only effect those who are obese! The ingrediant in these drinks harm all humans in one way or another! Sugary drinks are the only food or beverage source that has been directly linked to obesity, and some studies might even suggest cancer! They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars and artificial colorings which has a whole different negative health effect on children! One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.....and ACNE!

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar! This is simply ridiculous and if more people were educated properly on this data, I bet a good portion of them would consider cutting back or even switching what they drink.

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today. And if the consumer wants more than he/she can simply spend more money and buy two, three or four! This law will not stop anyone from drinking as much junk as they want, but I'm certain it will cause a decrease in the amount a person consumes in one sitting; and this alone will begin to get people's attention when they notice they lost weight without trying.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response and to this becoming a National ban!

PS: Banning soda from our schools would be a win too!

Sincerely,

Ms. Sharon Carroll
109 NW 11th Ave
Dania Beach, FL 33004-2608
(954) 292-9467

From: [Center for Science in the Public Interest](#) on behalf of [Sue Leidy](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:47:43 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Sue Leidy
2155 Finland Rd
Green Lane, PA 18054-2520
(215) 257-5471

From: [Center for Science in the Public Interest](#) on behalf of [Ruth Fankushen](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:47:43 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Ruth Fankushen
2205 Shasta Dr
Davis, CA 95616-6623
(530) 750-1863

From: [Center for Science in the Public Interest](#) on behalf of [Jerome Gross](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:25 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Jerome Gross
3516 Flatlands Ave
Brooklyn, NY 11234-2619
(718) 258-2700

From: [Center for Science in the Public Interest](#) on behalf of [amy.axler](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:47:43 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. amy axler
11
NY, NY 10022

From: [Center for Science in the Public Interest](#) on behalf of [Doreen Boehme](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:47:43 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Doreen Boehme
22 Longwood Dr
Huntington Station, NY 11746-4716
(631) 271-2054

From: [Center for Science in the Public Interest](#) on behalf of [Rachel Fleming](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:47:44 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Rachel Fleming
753 Pleasant Valley Rd
Gallant, AL 35972-3316

From: [Center for Science in the Public Interest](#) on behalf of [Marisa Mead](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:47:46 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Marisa Mead
225 37th Ave
San Mateo, CA 94403-4324

From: [Center for Science in the Public Interest](#) on behalf of [Amre Klimchak](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:47:47 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Amre Klimchak
86 Eagle St Apt 1
Brooklyn, NY 11222-1193
(404) 931-6396

From: [Center for Science in the Public Interest](#) on behalf of [Alessio DeDona](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:47:48 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Alessio DeDona
117 W 123rd St
Apt 2b
New York, NY 10027-5745

From: [Center for Science in the Public Interest](#) on behalf of [Sheila Brady](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:47:48 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Sheila Brady
240 E 79th St
New York, NY 10075-1257

From: [Center for Science in the Public Interest](#) on behalf of [Marcia & Oded Borowski](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:47:51 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Marcia & Oded Borowski
2350 Wineleas Rd
Decatur, GA 30033-5519

From: [Center for Science in the Public Interest](#) on behalf of [David St-Jules](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:47:52 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. David St-Jules
3176 Papala St
Honolulu, HI 96822-1261

From: [Center for Science in the Public Interest](#) on behalf of [CARRIE LAZARUS](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:47:53 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

The obesity problem in this country is out of control and it is pretty clear that people who've let themselves go need help. One of the things we can do is limit serving sizes of soda and other sugary drinks. Go to any airport in America and you see overweight and obese people everywhere you look. This is not the case in Europe, where people don't walk around mindlessly sipping giant sugary drinks.

We are all paying the price for obesity in higher health care costs for diabetes, cancer and heart disease. Therefore this is a good example of where the government needs to step in. Vote YES!!!!

Sincerely,

Mrs. CARRIE LAZARUS
5904 Bridge St
East Syracuse, NY 13057-2941

From: [Center for Science in the Public Interest](#) on behalf of [Jonathan Lief](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:25 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Jonathan Lief
97 Garfield Pl
Brooklyn, NY 11215-2002

From: [Center for Science in the Public Interest](#) on behalf of [paul.alexander](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:47:56 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. paul alexander
341 Liberty St
Petaluma, CA 94952-2811
(707) 762-1070

From: [Center for Science in the Public Interest](#) on behalf of [Julia Dault](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:47:57 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Julia Dault
454 46th St
Apt 2
Brooklyn, NY 11220-1214

From: [Center for Science in the Public Interest](#) on behalf of [barbara_wildfeir](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:47:57 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. barbara wildfeir
15 Cheshire St
Huntington Station, NY 11746-1214
(631) 549-1933

From: [Center for Science in the Public Interest](#) on behalf of [Amy Fass](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:48:01 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not be enough by itself to solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp--which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes--even a 16-ounce maximum, as the Mayor has proposed, is very generous by historical standards--will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want; they'd just need to buy more of the smaller containers. But in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes, and I look forward to your

response.

Sincerely,

Ms. Amy Fass
330 Haven Ave
New York, NY 10033-5300

From: [Center for Science in the Public Interest](#) on behalf of [Fred and Judy Curow](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:48:02 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Fred and Judy Curow
2003 Bradley Dr
Anacortes, WA 98221-3011
(360) 299-8014

From: [Center for Science in the Public Interest](#) on behalf of [Amanda Cordano](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:48:06 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Amanda Cordano
160 Florida Hill Rd
Ridgefield, CT 06877-5225
(203) 313-9930

From: [Center for Science in the Public Interest](#) on behalf of [Elizabeth Vajrt](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:48:06 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Elizabeth Vajgrt
11907 W 77th Ter
Apt N
Lenexa, KS 66216-3345

From: [Center for Science in the Public Interest](#) on behalf of [Brian Sholis](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:48:10 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Brian Sholis
454 46th St # 2
Brooklyn, NY 11220-1214

From: [Center for Science in the Public Interest](#) on behalf of [linda fry](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:48:15 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. linda fry
PO Box 437
Lenox, MA 01240-0437
(413) 429-6369

From: [Center for Science in the Public Interest](#) on behalf of [Cari Day](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:48:15 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Cari Day
4545 42nd Ave SW Apt 807
Seattle, WA 98116-4250

From: [Center for Science in the Public Interest](#) on behalf of [Brian Degen](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:25 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Brian Degen
12209 Wendy Ln
Waldorf, MD 20601-2725

From: [Center for Science in the Public Interest](#) on behalf of [Carla Huizenga](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:48:19 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Carla Huizenga
2816 Newport Ave
Oshkosh, WI 54904-8362
(920) 303-0350

From: [Center for Science in the Public Interest](#) on behalf of [Laura Quilter](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:48:20 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Laura Quilter
101 Red Gate Ln
Amherst, MA 01002-1844

From: [Center for Science in the Public Interest](#) on behalf of [Anne Sledd](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 3:48:24 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Anne Sledd
1035 Harms Ave
Libertyville, IL 60048-2521

From: [Center for Science in the Public Interest](#) on behalf of [Lynn Udick](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 4:17:04 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Lynn Udick
16002 Road R.75
Cortez, CO 81321-8658

From: [Center for Science in the Public Interest](#) on behalf of [Charles Smith](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 4:17:04 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Charles Smith
2540 Cochrane Dr
Woodbury, MN 55125-2974

From: [Center for Science in the Public Interest](#) on behalf of [Lauren Hudgens](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 4:17:04 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Lauren Hudgens
939 Gardenia Dr
Houston, TX 77018-5313

From: [Center for Science in the Public Interest](#) on behalf of [Chaitali Dave](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 4:17:04 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Chaitali Dave
6351 W Montrose Ave
Unit 138
Chicago, IL 60634-1563
(708) 834-4939

From: [Center for Science in the Public Interest](#) on behalf of [Pamela Barber](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 4:17:05 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Pamela Barber
7409 Virginia Rd
Atwater, OH 44201-9589
(330) 597-6040

From: [Center for Science in the Public Interest](#) on behalf of [James Harris](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 4:17:05 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. James Harris
763 Esplanada Way
Stanford, CA 94305-1013

From: [Center for Science in the Public Interest](#) on behalf of [Mary Ellen Banevedes](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 4:17:05 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Mary Ellen Banevedes
2401 Teakwood Ct
Hanford, CA 93230-7230

From: [Center for Science in the Public Interest](#) on behalf of [Susan Hall](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:25 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Susan Hall
23 Norris St
Cambridge, MA 02140-1814

From: [Center for Science in the Public Interest](#) on behalf of [Lars Clutterham](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 4:17:06 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Lars Clutterham
9721 Richeon Ave
Downey, CA 90240-3132

From: [Center for Science in the Public Interest](#) on behalf of [Linda Newmark](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 4:17:06 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Linda Newmark
356 20th Ave
San Francisco, CA 94121-2205

From: [Center for Science in the Public Interest](#) on behalf of [Liz Gregory](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 4:17:07 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Liz Gregory
6617 Oasis Dr
Austin, TX 78749-2710
(512) 301-0845

From: [Center for Science in the Public Interest](#) on behalf of [Leah Reiss](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 4:17:09 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

What gets me very frustrated is that people claim that the proposed limitations limit their choices. This is simply not the case. You still have the choice to drink more than 16oz of soda, but you also have the

opportunity to decide that 16oz is enough, instead of just being handed a soda based on a size label like medium or large, without actually knowing how much soda you are ingesting. So in fact, the limitations enhance peoples' abilities to choose what to put in their bodies. Except now they can make that decision with the relevant information.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Leah Reiss
4496 Altschul
New York, NY 10027-9204

From: [Center for Science in the Public Interest](#) on behalf of [Megan Donohue](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 4:17:11 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Megan Donohue
251 Manor Cir
Takoma Park, MD 20912-4555

From: [Center for Science in the Public Interest](#) on behalf of [helen murawski](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 4:17:11 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. helen murawski
1138 N Rose St
Phoenix, OR 97535-9771
(541) 535-3360

From: [Center for Science in the Public Interest](#) on behalf of [Jeanne Gorman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 4:17:11 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Jeanne Gorman
3175 Porter St NW
Washington, DC 20008-3210
(609) 313-3238

From: [Center for Science in the Public Interest](#) on behalf of [Thelma Nash](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 4:17:12 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Thelma Nash
941 87th Ln NW
Minneapolis, MN 55433-5927

From: [Center for Science in the Public Interest](#) on behalf of [James Smith](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 4:17:12 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. James Smith
2014 Fair Oaks Dr
Caldwell, ID 83605-6473
(208) 795-7951

From: [Center for Science in the Public Interest](#) on behalf of [Jason Wu](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 4:17:22 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Jason Wu
6A Hingham Street
Cambridge, MA 02138

From: [Center for Science in the Public Interest](#) on behalf of [maura crago](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:25 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. maura crago
101 W Clearfield Rd
Havertown, PA 19083-1103
(610) 924-9027

From: [Center for Science in the Public Interest](#) on behalf of [Michelle Burke](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 4:17:22 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

Do not support Mayor Bloomberg's Sugary Drink Proposal. People have a right to drink them if they want to. Before we take away rights, let educate people, show them what it does to them. Let them make informed and educated choices. Maybe then the soda pop business will go out of business but not forced to because big brother is watching, but because the consumer is making well educated decisions about their health.

Let freedom ring.

Sincerely,

Mrs. Michelle Burke
898 Bridge Park Dr
Troy, MI 48098-1859

From: [Center for Science in the Public Interest](#) on behalf of [Ann Cummings](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 4:17:24 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Ann Cummings
3333 Yonge St
San Diego, CA 92106-1547

From: [Center for Science in the Public Interest](#) on behalf of [maricela.pepe](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 4:17:24 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. maricela pepe
333 Wes Hampden Ave
Suite 400
Englewood, CO 80110

From: [Center for Science in the Public Interest](#) on behalf of [Silvia Barbera](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 4:17:24 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Silvia Barbera
2014 Blake Ave
Glenwood Springs, CO 81601-4229
(970) 945-6614

From: [Center for Science in the Public Interest](#) on behalf of [Thomas Mullen](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 4:17:25 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Sugary drinks are the only food or beverage source that has been directly linked to obesity. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Thomas Mullen
1447 W Fair Ave
Littleton, CO 80120-2641

From: [Center for Science in the Public Interest](#) on behalf of [Deborah Williams](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 4:17:37 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Deborah Williams
385 Kaelepulu Dr
Apt A
Kailua, HI 96734-3357

From: [Center for Science in the Public Interest](#) on behalf of [Laura Podrasky](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 4:17:37 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Laura Podrasky
2039 S Macon Way
Aurora, CO 80014-1115

From: [Center for Science in the Public Interest](#) on behalf of [Dawn Felix](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 4:17:37 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Dawn Felix
3 6th Ave
Huntington Station, NY 11746-2205

From: [Center for Science in the Public Interest](#) on behalf of [Maureen Sexton](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 4:17:38 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Maureen Sexton
212 University Ave Apt 51
Des Moines, IA 50314-3153
(515) 802-0831

From: [Center for Science in the Public Interest](#) on behalf of [Bobbe Anderson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 4:17:38 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

I work as a Nutrition Educator, and it's disheartening to see my client with soda in the first place, but doubly hard when I realize that they see the extra large drinks as being a bargain, not a detriment to their health. This is a small step to making people realize how horrible they are being to themselves

Sincerely,

Ms. Bobbe Anderson
30 Union St
North Easton, MA 02356-1015

From: [Center for Science in the Public Interest](#) on behalf of [Susan Kaplan](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:26 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Susan Kaplan
712 Eastwind Cir
Dresher, PA 19025-1435

From: [Center for Science in the Public Interest](#) on behalf of [Julie Calderwood](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 4:17:48 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Julie Calderwood
1313 Shadow Ridge Dr SE
Huntsville, AL 35803-3653

From: [Center for Science in the Public Interest](#) on behalf of [James Frank](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 4:17:51 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes. As I am from out-of-state, I want you to know that the whole country is watching and I personally

hope NYC will be a model for the nation in taking action on this issue. Mayor Blumberg has taken a stance...now it is your turn to confirm his position! I look forward to your response.

Sincerely,

Dr. James Frank
9216 Watson Rd
Silver Spring, MD 20910-4136
(301) 495-7764

From: [Center for Science in the Public Interest](#) on behalf of [Andrea Page](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 4:18:03 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Andrea Page
546 W Fullerton Pkwy
Chicago, IL 60614-5919
(773) 354-1116

From: [Center for Science in the Public Interest](#) on behalf of [Meezaan Outar](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 4:47:17 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Meezaan Outar
10416 88th Ave
Richmond Hill, NY 11418-2131

From: [Center for Science in the Public Interest](#) on behalf of [Erica Wendel-Oglesby](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 4:47:18 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Erica Wendel-Oglesby
46 Vista Montana Loop
Placitas, NM 87043-9518
(505) 771-9273

From: [Center for Science in the Public Interest](#) on behalf of [Erica Lewis](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 4:47:19 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Please also consider extending the ban to places like Seven Eleven which the ban does not apply to. While people are concerned that the ban may go too far, my argument is that it does not go far enough. This is a good start to helping change the consumption habits of New Yorkers.

Sincerely,

Ms. Erica Lewis
135 Hawthorne St Apt 2g
Brooklyn, NY 11225-5869
(718) 693-7282

From: [Center for Science in the Public Interest](#) on behalf of [David Van Loh](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 4:47:19 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of every parent to limit serving sizes of soda and other sugary drinks. Any State University Extension Service provides a good model to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While every parent wishes to lessen the obesity problem, it is a step in the right direction to let them decide what direction to take.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are not the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to use scientific research before it legislates a proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. David Van Loh
29754 340th Ave
Westbrook, MN 56183-2042
(507) 274-6431

From: [Center for Science in the Public Interest](#) on behalf of [Jerome Aigner](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 4:47:19 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Jerome Aigner
25 North Trl
Edgewood, NM 87015-9795

From: [Center for Science in the Public Interest](#) on behalf of [Mario Denovi](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 4:47:20 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Mario Denovi
14941 SW 45th Ter
Miami, FL 33185-4309

From: [Center for Science in the Public Interest](#) on behalf of [Robert Bissell](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 4:47:20 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Robert Bissell
422 NW Shoreview Dr
Port Saint Lucie, FL 34986-2902
(772) 418-9760

From: [Center for Science in the Public Interest](#) on behalf of [Meghan Russell](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:26 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Meghan Russell
1108 N Utah St
Arlington, VA 22201-4726

From: [Center for Science in the Public Interest](#) on behalf of [Fred Goebel](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 4:47:21 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Fred Goebel
5728 S 12th St
Sheboygan, WI 53081-9448
(920) 458-8273

From: [Center for Science in the Public Interest](#) on behalf of [Maria arnold](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 4:47:21 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Maria arnold
60 Deer Path
West Seneca, NY 14224-4543

From: [Center for Science in the Public Interest](#) on behalf of [Brian Crowe](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 4:47:21 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Brian Crowe
1300 19th St NW
8
Washington, DC 20036-1609

From: [Center for Science in the Public Interest](#) on behalf of [Erin Hayde](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 4:47:21 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Erin Hayde
342 Douglas St
Salt Lake City, UT 84102-2617

From: [Center for Science in the Public Interest](#) on behalf of [Vincent Volmut](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 4:47:22 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

Hello,

Is it really necessary to have all this excess sugar in our diets? The children will do whatever they want to do on their own time, but as someone who grew up in the city and went to the PS schools, I would have loved someone intervening on my behalf, kids can't decide for themselves we as the adults have to step up and tell them what they need to do!

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and

consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response. Thank you for your time today!

Sincerely,

Mr. Vincent Volmut
2 Carafa Ter
North Haven, CT 06473-2004
(203) 248-1978

From: [Center for Science in the Public Interest](#) on behalf of [Astrid Rasmussen](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 4:47:22 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Astrid Rasmussen
1919 E 2nd St Apt 278
Edmond, OK 73034-6227

From: [Center for Science in the Public Interest](#) on behalf of [Thomasina Tijerina](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 4:47:23 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Thomasina Tijerina
4607 Borage Dr
Austin, TX 78744-6421
(512) 913-4335

From: [Center for Science in the Public Interest](#) on behalf of [Becky Frommer](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 4:47:23 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Becky Frommer
119 N Livingston Ave
Livingston, NJ 07039-2138
(973) 710-6701

From: [Center for Science in the Public Interest](#) on behalf of [Debra Myers](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 4:47:23 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Debra Myers
2112 Michigan Rd
Wayland, NY 14572-9586
(607) 279-9262

From: [Center for Science in the Public Interest](#) on behalf of [Jennifer Ratajczak](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 4:47:23 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Jennifer Ratajczak
9570 Nighthawk Dr
Chagrin Falls, OH 44023-1943

From: [Center for Science in the Public Interest](#) on behalf of [Marian Buckner](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:14 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I am very concerned about the obesity epidemic and health care costs in this country. Therefore, I'm writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks.

The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country.

I repeat, more than two-thirds of adults and one in three children are overweight or obese in our country.

While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars.

One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar!

The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines.

Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Marian Buckner
104 Wildflower Ln
Shepherdstown, WV 25443-4197

From: [Center for Science in the Public Interest](#) on behalf of [Marcela Maggi](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:26 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Marcela Maggi
1400 Commonwealth Ave
Boston, MA 02134-3613

From: [Center for Science in the Public Interest](#) on behalf of [Jane Maddock](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 4:47:24 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and disease costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, as obesity and Type 2 diabetes grow apace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a SIP in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Jane Maddock
PO Box 1386
Dillon, MT 59725-1386

From: [Center for Science in the Public Interest](#) on behalf of [Joseph Joseph](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 4:47:26 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

fattax on twitter will enable even more success to fight obesity and pay for it's health care along with the tobacco tax.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Joseph Joseph
2128 E Henrietta Rd
Rochester, NY 14623-4518
(585) 334-2610

From: [Center for Science in the Public Interest](#) on behalf of [Nancy Matican Bock](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 4:47:39 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Nancy Matican Bock
3150 S Highway A1a
Melbourne Beach, FL 32951-3454
(321) 427-9000

From: [Center for Science in the Public Interest](#) on behalf of [Jodi Thomas](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 4:47:39 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I, too, am very concerned about the obesity epidemic and health care costs in this country and I am in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. His proposal may not by itself solve our obesity problem but it is a step in the right direction.

The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere.

Restoring an understanding among consumers of more reasonable serving sizes will help cut down on the over-consumption of soda and slow the expansion of New Yorkers' waistlines. Many folks don't realize how harmful the huge tubs of sugary drinks they consume today are. Smaller portions can be just as satisfying.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Jodi Thomas
2606 Marlandwood Rd
Temple, TX 76502-2561

From: [Center for Science in the Public Interest](#) on behalf of [Janice E. Chapman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 4:47:44 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I am a Registered Dietitian who recently retired from working for many years with dialysis patients at an outpatient dialysis facility. The leading cause of kidney failure resulting in the need for costly dialysis treatments is diabetes, very often associated with obesity. I am very concerned about the obesity epidemic and health care costs including the rise in kidney failure in this country and am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Janice E Chapman
1108 Sawyer Rd
Cape Elizabeth, ME 04107-9634
(207) 799-4053

From: [Center for Science in the Public Interest](#) on behalf of [Merna Strassner](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 4:47:44 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Merna Strassner
500 Vernon St
Apt 319
Oakland, CA 94610-1403

From: [Center for Science in the Public Interest](#) on behalf of [Dee Haynes](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 4:47:48 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Dee Haynes
2301 E 45th St
Indianapolis, IN 46205-2225

From: [Center for Science in the Public Interest](#) on behalf of [Robert Fuchs](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 4:47:53 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As a health care professional who teaches physical therapy students about public health, and who is concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your

response.

Sincerely,

Mr. Robert Fuchs
1113 Dillon Dr
Omaha, NE 68132-1915

From: [Center for Science in the Public Interest](#) on behalf of [Audre Sherwood](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 4:47:57 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Audre Sherwood
7709 - 39th Avenue NE
Seattle, WA 98115

From: [Center for Science in the Public Interest](#) on behalf of [Brad Shepherd](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 4:48:02 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Brad Shepherd
815a Brazos St # 660
Austin, TX 78701-2502
(801) 810-7072

From: [Center for Science in the Public Interest](#) on behalf of [Stephanie Leong](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:26 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Stephanie Leong
200 Deer Valley Rd Apt 2j
San Rafael, CA 94903-5513

From: [Center for Science in the Public Interest](#) on behalf of [Ashley King](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 4:48:06 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Ashley King
3 Pleasant Ave
Midland Park, NJ 07432-1826
(617) 990-7879

From: [Center for Science in the Public Interest](#) on behalf of [Jacqueline Burton](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 4:48:10 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Jacqueline Burton
2408 Magazine St
Apt C
New Orleans, LA 70130-5644
(518) 312-9332

From: [Center for Science in the Public Interest](#) on behalf of [David Constantine](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 5:17:10 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. David Constantine
92 Thayer Cir
Randolph, MA 02368-2805

From: [Center for Science in the Public Interest](#) on behalf of [Rose Lernberg](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 5:17:10 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I am very concerned about the obesity epidemic and health care costs in this country. Therefore, I support Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow. Overweight and obesity have become commonplace; more than two-thirds of adults and one in three children in America are overweight or obese. The growth of soda serving sizes over the past five decades has been a contributing factor. While Mayor Bloomberg's proposal alone will not solve our obesity problem, it is definitely a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. They are the single largest contributor of calories to the American diet, the only food or beverage source that has been directly linked to obesity, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies have indicated that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

I'm 85, and when I was young these drinks came in very small bottles. Are any of you old enough to remember the small old classic Coke bottle? Sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even the Mayor's proposal of a 16-ounce maximum is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes. I look forward to your response.

Sincerely,

Mrs. Rose Lernberg
831 Balra Drive
El Cerrito, CA 94530

From: [Center for Science in the Public Interest](#) on behalf of [Brandon Lori](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 5:17:10 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Brandon Lori
249 E 53rd St Apt 1d
New York, NY 10022-4836
(347) 216-1093

From: [Center for Science in the Public Interest](#) on behalf of [Becca Barczykowski](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 5:17:13 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Becca Barczykowski
6631 Helen Ct
Oakland, CA 94608-1217

From: [Center for Science in the Public Interest](#) on behalf of [Nikki Vivion](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 5:17:13 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Nikki Vivion
57 E 97th St
New York, NY 10029-7047

From: [Center for Science in the Public Interest](#) on behalf of [Caroline Nation](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 5:17:14 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Caroline Nation
29 E 64th St
New York, NY 10065-7003

From: [Center for Science in the Public Interest](#) on behalf of [Miachel Pruett](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 5:17:31 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

Dear Mayor Bloomberg & Team,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing to support your proposal of limiting serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it sure is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the

Mayor's proposal to limit serving sizes and I look forward to your response.

Right on,
Miachel Pruett

Sincerely,

Ms. Miachel Pruett
875 Avenue of The Americas Fl 25
New York, NY 10001-3585

From: [Center for Science in the Public Interest](#) on behalf of [Ann Moore](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 5:17:35 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Ann Moore
856 S Dunes Dr
Florence, SC 29501-8540

From: [Center for Science in the Public Interest](#) on behalf of [JOYCE BARRETT](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:26 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I'm sorry, but not the Board of Health Nor Mayor Bloomberg should be infringing upon people's right to choose, especially adults!!!!
Is this Russia under Stalin or Germany under Hitler?
the NERVE-SHAME, SHAME!

Sincerely,

Mrs. JOYCE BARRETT
8 Pebble Beach Rd
Hopatcong, NJ 07843-1915

From: [Center for Science in the Public Interest](#) on behalf of [Thomas Amshay](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 5:17:35 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

This is an absurd proposal.

New York, Illinois, and California are birds of a feather.
Anti-American, anti-liberty and pro-everything that breeds a negative
environment for freedom and the Constitution.

This does not make me hate New York, I already did.
I don't want anything to do with state, and I refuse to go to New York
for my job.

The fact that I believe expressing my opinion about this puts me on
some kind of watch in New York says it all.

You people are insane if you let Bloomberg.continue to get away with
things like this..

Sincerely,

Mr. Thomas Amshay
2550 2nd St
Cuyahoga Falls, OH 44221-2721

From: [Center for Science in the Public Interest](#) on behalf of [Emily Skopov](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 5:17:44 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

It is a sad, embarrassing day in our country's history when it's come to the point where government has to help people regain self-control to such an extent. But unfortunately, the undisciplined and ill-informed, and frankly ignorant, behavior of many Americans is also impacting other Americans.

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in

all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Emily Skopov
913 Highlander Cir
Wexford, PA 15090-7463

From: [Center for Science in the Public Interest](#) on behalf of [Donald Riederer](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 5:17:49 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Donald Riederer
15033 Tamarind Loop
Brooksville, FL 34609

From: [Center for Science in the Public Interest](#) on behalf of [Catherine Schweiger](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 5:17:49 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Catherine Schweiger
112 Wagon Trail Way
Downingtown, PA 19335-1792

From: [Center for Science in the Public Interest](#) on behalf of [Tom Clayton](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 5:17:53 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Tom Clayton
PO Box 965
Arlington, TX 76004-0965

From: [Center for Science in the Public Interest](#) on behalf of [Laura Ely](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 5:17:53 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response. Small steps in the right direction will make big differences

over the long run. Most people aren't aware of calories and sugar content in fast food items. Studies show that when people know these things they eat and drink less. Limiting serving sizes is a good idea.

Sincerely,

Ms. Laura Ely
8450 Powers Pl
Chanhassen, MN 55317-9381

From: [Center for Science in the Public Interest](#) on behalf of [lisa.vandervort](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 5:17:58 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. lisa vandervort
4440 Wightman St
San Diego, CA 92105-2756

From: [Center for Science in the Public Interest](#) on behalf of [Melissa Hake](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 5:17:59 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Melissa Hake
102 Conner Cir SW
Rochester, MN 55902-4107

From: [Center for Science in the Public Interest](#) on behalf of [constance arcari](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 5:18:02 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. constance arcari
20 Fuller St Apt 4
Gloucester, MA 01930-3912

From: [Center for Science in the Public Interest](#) on behalf of [christopher albright](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 5:18:02 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. christopher albright
177 Chatsworth St
Baton Rouge, LA 70802-7608

From: [Center for Science in the Public Interest](#) on behalf of [Tomoki Kimura](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:27 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Tomoki Kimura
PO Box 203251
New Haven, CT 06520-3251

From: [Center for Science in the Public Interest](#) on behalf of [Stacy Sagel](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 5:18:07 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Stacy Sagel
665 NE 25th St
Apt 203
Miami, FL 33137-4840

From: [Center for Science in the Public Interest](#) on behalf of [Lawrence Leeds](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 5:18:07 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Lawrence Leeds
26910 Grand Central Pkwy
Apt 16k
Floral Park, NY 11005-1016
(718) 229-6979

From: [Center for Science in the Public Interest](#) on behalf of [Lakshmi Sridaran](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 5:18:11 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Lakshmi Sridaran
1750 Columbia Rd NW
Washington, DC 20009-2854

From: [Center for Science in the Public Interest](#) on behalf of [David McIntosh](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 5:18:16 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. David McIntosh
12218 Brookmont Ave
Sylmar, CA 91342-5513
(818) 362-0036

From: [Center for Science in the Public Interest](#) on behalf of [Karla Hartmann](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 5:18:22 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Karla Hartmann
5401 Scenic Heights Dr
Minnetonka, MN 55345-6819

From: [Center for Science in the Public Interest](#) on behalf of [Tim Warner](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 5:18:24 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Tim Warner
3829 Hollypark Pl
Los Angeles, CA 90039-1619
(323) 578-5351

From: [Center for Science in the Public Interest](#) on behalf of [Ann McCarty](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 5:47:27 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Ann McCarty
8804 Dapple Grey Rd
Oak Ridge, NC 27310-9746

From: [Center for Science in the Public Interest](#) on behalf of [Paul Kraft](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 5:47:27 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Paul Kraft
7210 Switchgrass Trl
Lakewood Ranch, FL 34202-4178
(941) 907-7365

From: [Center for Science in the Public Interest](#) on behalf of [Joan Bintiiff](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 5:47:28 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Joan Bintiff
45 E 9th Pl Unit 4
Mesa, AZ 85201-4306

From: [Center for Science in the Public Interest](#) on behalf of [Jennifer Trott](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 5:47:29 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Jennifer Trott
159 S Jackson St
Ste 510
Seattle, WA 98104-4416

From: [Center for Science in the Public Interest](#) on behalf of [Robert Hall](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:27 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Robert Hall
240 N James St
Ste 111
Wilmington, DE 19804-3167
(302) 225-1040

From: [Center for Science in the Public Interest](#) on behalf of [Edith Naveh](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 5:47:29 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Edith Naveh
5533 Woodmont St
Pittsburgh, PA 15217-1255

From: [Center for Science in the Public Interest](#) on behalf of [Suzanne Titus](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 5:47:29 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I could not agree more with this initiative however it will be very difficult for many people as we all know that this has become very addictive. If there could be some type of plan for transition it might be more doable. Maybe only sell it in certain areas, only selling a certain amount etc... As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Suzanne Titus
375 Redondo Ave
187
Long Beach, CA 90814-8130
(562) 405-1409

From: [Center for Science in the Public Interest](#) on behalf of [David Michael Jacobs](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 5:47:30 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. David Michael Jacobs
418 Saint Johns Pl Apt 2c
Brooklyn, NY 11238-5311
(718) 783-5736

From: [Center for Science in the Public Interest](#) on behalf of [Linda Thompson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 5:47:30 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Linda Thompson
23 Dardanelle Ln
Durham, NC 27713-7170
(919) 408-6061

From: [Center for Science in the Public Interest](#) on behalf of [LIVIA LY](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 5:47:34 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. LIVIA LY
1212 N La Salle Dr Apt 608
Chicago, IL 60610-8028

From: [Center for Science in the Public Interest](#) on behalf of [Elizabeth Golluscio](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 5:47:34 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I wholeheartedly support Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. Our city is OBESE - every day it seems more and more of the people around me on the subway CANNOT fit in a seat, cannot walk up the subway stairs, cannot easily get out of their seats. The kids are eating CHIPS and SODA for breakfast!!!

What more do we need to see before we act??

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic.

Common sense is no longer common. Sugar and these products from "food" companies are KILLING us.

The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Elizabeth Golluscio
170 E 90th St
New York, NY 10128-2345

From: [Center for Science in the Public Interest](#) on behalf of [Rebekah Facticeau](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 5:47:35 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Rebekah Facticeau
4815 4th Ave
Apt A2
Brooklyn, NY 11220-6717

From: [Center for Science in the Public Interest](#) on behalf of [Charles Smith](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 5:47:36 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Charles Smith
3457 Holmes St Apt 108
Kansas City, MO 64109-2378
(816) 756-0488

From: [Center for Science in the Public Interest](#) on behalf of [Lauryn Slotnick](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 5:47:36 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I believe that we should make people think about both what they are ingesting into their bodies, and the waste created when they use disposable materials to do so.

Rather than limiting serving sizes of soda and other sugary drinks, I believe that allowing large sizes only if people bring their own reusable container will both force people to reconsider their purchasing of large size sodas and other drinks, and reduce waste. Additionally, a fee for disposable cups of all sizes will require further consideration of soda consumption by consumers, and further reduce solid waste.

"Banning" large sizes seems to me, as a lawyer, to be somewhat of a free market issue. However, requiring the use of non-disposable cups brought by the consumer removes any free market issue, but forces the issue of soda consumption into the spotlight.

I strongly support, rather than limiting serving sizes, instead requiring consumers to bring their own reusable cup for large sizes, and instituting a fee for all disposable cups of all sizes. This will make consumers reconsider their soda consumption, and also reduce waste.

I look forward to your response.

Sincerely,

Ms. Lauryn Slotnick
66th Ave.
Douglaston, NY 11362

From: [Center for Science in the Public Interest](#) on behalf of [Morton Genser](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 5:47:36 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Morton Genser
4950 E Sabal Palm Blvd Apt 109
Tamarac, FL 33319-2600
(954) 974-8898

From: [Center for Science in the Public Interest](#) on behalf of [Page Kagafas](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:27 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Page Kagafas
3138 Bishop St
Apt 1
Cincinnati, OH 45220-2140
(330) 802-5221

From: [Center for Science in the Public Interest](#) on behalf of [Carole Plumb](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 5:47:36 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

Given what we know now about decision architecture in human psychology, limits on the serving size of soda and other sugary drinks is smart choice. I support of Mayor Bloomberg's proposal to limit serving sizes of soda as means of combating the obesity epidemic and health care costs in this country. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because the overweight and obese have become commonplace throughout America, mirroring the growth of all serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your

response.

Sincerely,

Dr. Carole Plumb
17 Bald Rock Rd
Wayland, MA 01778-5001

From: [Center for Science in the Public Interest](#) on behalf of [Sam Dratch](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 5:47:38 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Sam Dratch
5149 Westbard Ave
Bethesda, MD 20816-1413

From: [Center for Science in the Public Interest](#) on behalf of [Gail Latour](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 5:47:38 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Gail Latour
200 W Washinton st
phoenix, AZ 85042
(602) 920-0555

From: [Center for Science in the Public Interest](#) on behalf of [thomas canter](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 5:47:43 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. thomas canter
1904 Canterbury Ln Unit 9
Sun City Center, FL 33573-5621
(813) 634-9992

From: [Center for Science in the Public Interest](#) on behalf of [Jessica Mattoon](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 5:47:47 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Jessica Mattoon
175 W 79th St Apt 9e
New York, NY 10024-6450

From: [Center for Science in the Public Interest](#) on behalf of [Judith Parker](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 5:47:56 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Judith Parker
2317 Naudain St
Philadelphia, PA 19146-1119

From: [Center for Science in the Public Interest](#) on behalf of [Suzannah Bray](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 5:48:01 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Suzannah Bray
244 Best Ave
San Leandro, CA 94577-2706

From: [Center for Science in the Public Interest](#) on behalf of [Valerie Voci](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 5:48:05 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Valerie Voci
5218 Little Falls Rd
Arlington, VA 22207-1520

From: [Center for Science in the Public Interest](#) on behalf of [Marilyn Goldsmith](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 6:17:24 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Marilyn Goldsmith
200 Congress St
Brooklyn, NY 11201-6464

From: [Center for Science in the Public Interest](#) on behalf of [Brian Marsico](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 6:17:25 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Brian Marsico
6 Rodgers Dr
Pittsburgh, PA 15238-2414

From: [Center for Science in the Public Interest](#) on behalf of [Barrett Goldflies](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:27 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Barrett Goldflies
4824 W Balmoral Ave
Chicago, IL 60630-1504

From: [Center for Science in the Public Interest](#) on behalf of [Deborah Davis](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 6:17:25 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Deborah Davis
6030 Washington Ln
Bensalem, PA 19020-2436

From: [Center for Science in the Public Interest](#) on behalf of [paige gillies](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 6:17:26 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. paige gillies
231 Judd Rd
Easton, CT 06612-1025

From: [Center for Science in the Public Interest](#) on behalf of [Carolyn Skelton](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 6:17:26 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Carolyn Skelton
1521 SE Dalton Dr
Lees Summit, MO 64081-2967
(816) 914-6288

From: [Center for Science in the Public Interest](#) on behalf of [Kenneth Livingston](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 6:17:26 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Kenneth Livingston
12 Topsail Ct
Savannah, GA 31411-1729

From: [Center for Science in the Public Interest](#) on behalf of [Julie Marini](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 6:17:26 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the health care costs in this country related to preventable health issues, such as obesity, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of sugary drinks. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Sugary drinks are the single largest contributor of calories to the American. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar!

Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving size.

Sincerely,

Mrs. Julie Marini
74 Erie St.
West Pittston, PA 18643

From: [Center for Science in the Public Interest](#) on behalf of [Francheska Santiago Medina](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 6:17:26 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Francheska Santiago Medina
Urb. La Rambla 2007 calle Extremadura
Ponce, PR 00730

From: [Center for Science in the Public Interest](#) on behalf of [Vivian Wang](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 6:17:27 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Vivian Wang
155 E 23rd St
New York, NY 10010-3702

From: [Center for Science in the Public Interest](#) on behalf of [Tara Basile](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 6:17:27 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Tara Basile
24626 SE 278th St
Maple Valley, WA 98038-2015

From: [Center for Science in the Public Interest](#) on behalf of [Calla Jacobson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 6:17:31 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Calla Jacobson
230 Via Linda Vis
Manitou Springs, CO 80829-2460

From: [Center for Science in the Public Interest](#) on behalf of [Anton J. Kothe Jr.](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 6:17:36 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Anton J. Kothe Jr.
5152 Scandia Rd
Sandston, VA 23150-5411
(804) 357-1332

From: [Center for Science in the Public Interest](#) on behalf of [Joanna Crandall](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:27 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Joanna Crandall
4007 Connecticut Ave NW Apt 211
Washington, DC 20008-1142

From: [Center for Science in the Public Interest](#) on behalf of [wayne.robertson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 6:17:41 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. wayne robertson
2390 Bellevue Manor Dr
Nashville, TN 37221-1159
(615) 269-0030

From: [Center for Science in the Public Interest](#) on behalf of [James Knechtges](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 6:17:41 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I am adding my support to Mayor Bloomberg's proposal to help in the fight against obesity.

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,
James A. Knechtges
862 SE Starflower Ave.
Port St. Lucie, FL 34983

Sincerely,

Mr. James Knechtges
862 SE Starflower Ave
Port St Lucie, FL 34983-4639

From: [Center for Science in the Public Interest](#) on behalf of [Theresa Johnson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 6:17:41 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Theresa Johnson
225 W 83rd St Apt 4m
New York, NY 10024-4953

From: [Center for Science in the Public Interest](#) on behalf of [Pat Souders](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 6:17:42 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Pat Souders
3357 Grove Rd
Palm Bch Gdns, FL 33410-2445

From: [Center for Science in the Public Interest](#) on behalf of [Jim Steitz](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 6:17:42 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

The limits proposed entail nothing more than forcing a person who desires more sugar-drenched soda to return for a second container, and thereby to think consciously about that choice. Conscious thought and rational decisions are the sworn enemy of food marketers, and it is therefore unsurprising that they would adamantly oppose such a requirement. The soda sellers are poisoning America, and doing it through the power of subconscious persuasion, contrary to what politicians assume about choice in a free-market system. This is a fully justified place in the market for government to set sane standards for the nature of a product, to limit the death toll from sugar.

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Jim Steitz
564 Esslinger Dr
Gatlinburg, TN 37738-5040
(435) 770-4797

From: [Center for Science in the Public Interest](#) on behalf of [Cat Livingston](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 6:47:24 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I am a family physician and try to deal with the downstream effects of obesity every day. I can provide advice, but what I can't do is help people make good decisions essentially at the point of sale. Mayor Bloomberg's proposal does this, people can still choose the unhealthy drink, but in moderation, at a dose that is more reasonable. I see it like many of the over the counter prescriptions, they have some benefit (although in the case of soda this is largely relegated to taste alone) and have real harms. Moderation is the key and this allows for people to make healthier choices without being overly restrictive.

I urge the Board of Health to vote in support of the Mayor's proposal to limit serving sizes.

Sincerely,

Dr. Cat Livingston
2422 SE 35th Pl
Portland, OR 97214-5812

From: [Center for Science in the Public Interest](#) on behalf of [tony osusky](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 6:47:24 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. tony osusky
3201 Rimrock Rd
Moab, UT 84532-3882

From: [Center for Science in the Public Interest](#) on behalf of [John Griesmaier](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 6:47:24 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. John Griesmaier
785 Cochise St
Hoffman Estates, IL 60169-1831

From: [Center for Science in the Public Interest](#) on behalf of [Joan P. Mencher](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 6:47:24 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Joan P Mencher
201 W 72nd St Apt 16e
New York, NY 10023-2769

From: [Center for Science in the Public Interest](#) on behalf of [Amy Jesaitis](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 6:47:24 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As a public health nutritionist, I feel that Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks is a great step in helping reduce the rapid weight gain New Yorkers have been experiencing.

Sugary drinks are a major contributor the the excess calories people are consuming and they come with no nutritive value. In a large analysis of studies, sugary drinks were the only food or beverage found to be linked directly with obesity. They have also been linked with diabetes and heart disease.

When portion sizes were smaller -- 6 - 12 ounces -- and people had them occasionally as a treat, they didn't have much of an impact on health. With the gigantic portion sizes served today and the ubiquity of these drinks, simply put, people are consuming too much and their health is suffering for it.

People have lost understanding of the place for these sugary drinks in the diet - as an occasional drink, to be consumed in small servings. The 16-ounce maximum as the Mayor has proposed will help people relearn how to consume sugary drinks in reasonable amounts. They can still drink soda excessively, if they so choose. But the need to request another serving will help people think about whether they really want all those empty calories.

This is a bold move for the health of New Yorkers and could set the precedent for many communities across the country. I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Amy Jesaitis
21 Lenox Ave
Albany, NY 12203-2005
(518) 489-9066

From: [Center for Science in the Public Interest](#) on behalf of [Erica Lamson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:27 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Erica Lamson
3627 Rusley Ct
Bellingham, WA 98225-1060

From: [Center for Science in the Public Interest](#) on behalf of [Viola Dwork](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 6:47:25 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,
Viola Dwork
28 Roslyn Lane
New City, NY 10956

Sincerely,

Mrs. Viola Dwork
28 Roslyn Ln
New City, NY 10956-3616

From: [Center for Science in the Public Interest](#) on behalf of [Peter Denno](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 6:47:34 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Peter Denno
215 Kent Oaks Way
Gaithersburg, MD 20878-5614
(240) 506-3420

From: [Center for Science in the Public Interest](#) on behalf of [Andrea Smith](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 6:47:35 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Andrea Smith
19 Spring St
Millburn, NJ 07041-1111
(973) 376-6155

From: [Center for Science in the Public Interest](#) on behalf of [Alison Schleck](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 6:47:35 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Alison Schleck
708 Wicklow Rd
Louisville, KY 40207-1759

From: [Center for Science in the Public Interest](#) on behalf of [Deborah Hentosh](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 6:47:37 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Deborah Hentosh
521 W Pine St
Mahanoy City, PA 17948-2419
(570) 773-7225

From: [Center for Science in the Public Interest](#) on behalf of [Lois Tuwiner](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 6:47:37 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Lois Tuwiler
356 Broadview Ln
Annapolis, MD 21401-7240

From: [Center for Science in the Public Interest](#) on behalf of [Kristen Wilck](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 6:47:38 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Kristen Wilck
1204 Indian Cherry Ln
Flower Mound, TX 75028-8236

From: [Center for Science in the Public Interest](#) on behalf of [Cynthia Kauppi](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 6:47:39 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Cynthia Kauppi
2189 Hunters Branch Ct
Lawrenceville, GA 30043-6388

From: [Center for Science in the Public Interest](#) on behalf of [carolyn smith](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 6:47:39 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. carolyn smith
420 Van Buren St
Nashville, TN 37208-2757
(615) 545-0121

From: [Center for Science in the Public Interest](#) on behalf of [Joycelyn Mendoza](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 6:47:39 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Joycelyn Mendoza
11 Marion Ave
Salinas, CA 93901-1920

From: [Center for Science in the Public Interest](#) on behalf of [lyn dremalas](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:28 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. lyn dremalas
2030 N Pacific Ave Unit 323
Santa Cruz, CA 95060-7607

From: [Center for Science in the Public Interest](#) on behalf of [Abigail Porter](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 6:47:59 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Abigail Porter
PO Box 399
Berkeley Springs, WV 25411-0399

From: [Center for Science in the Public Interest](#) on behalf of [Francesca Guido](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 6:48:03 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Francesca Guido
605 Dorchester Rd
San Mateo, CA 94402-1023
(650) 340-8979

From: [Center for Science in the Public Interest](#) on behalf of [suzanne Hain](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 7:17:28 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

Dear Mayor Bloomberg,

Good for you! There is a certain amount of stupidity that will always reside in the human population. If we can put measures into effect that will help limit the tremendous impact obesity has on our hospitals and health care system, I support it.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes.

Sincerely,
Suzanne Hain
11 Tristan Way
Conroe, Texas 77384

Sincerely,

Ms. suzanne Hain
11 Tristan Way
Conroe, TX 77384-4564

From: [Center for Science in the Public Interest](#) on behalf of [Jerry Banks](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 7:17:28 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Jerry Banks
1108 Ashbury Dr
Decatur, GA 30030-4172
(404) 284-8832

From: [Center for Science in the Public Interest](#) on behalf of [Laura Sunshine](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 7:17:28 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Laura Sunshine
72 Knapp St
Easton, CT 06612-1031
(203) 445-1117

From: [Center for Science in the Public Interest](#) on behalf of [Daniel Keough](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 7:17:29 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As a Dietitian who is very concerned about the obesity epidemic and health care costs in this country, I am writing in FULL SUPPORT of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks.

Some think that limiting soda sizes to 16oz max per serving size container somehow takes away our freedom, are denying the FACT that a) soda is a black and white issue--there is no grey: sugary soda provides NO nutritional value, promotes many health problems including but not limited to OBESITY, DIABETES, HEART DISEASE, DENTAL CARRIES. These health care problems are a burden on those that develop them, certainly, but these problems are promoted in a large way by high amounts of sugar consumption, especially among low income people. The people of the lowest income who are more likely to consume high amounts of this liquid candy are also likely to make use of tax-payer subsidized health care. If this program GIVES ME BACK freedom, by SAVING TAXPAYER MONEY.

If people are too embarrassed to purchase more than one serving container of soda at a time, and end up drinking less soda, so be it. Have they lost freedom? Certainly not. There IS NO LIMIT on the number of sodas anyone can purchase.

PLEASE act with PUBLIC HEALTH as the crucial factor in this decision. Drinking less soda will result in better health for the populace. On a population level, lower soda consumption will save tax-payer money in the long term--also very important in the time of sever budget cuts in many areas of government.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Daniel Keough
715 N Aurora St
Ithaca, NY 14850-3724
(607) 331-3025

From: [Center for Science in the Public Interest](#) on behalf of [Frank Farley](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 7:17:29 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Frank Farley
9 Holbrook St
Medway, MA 02053-2272

From: [Center for Science in the Public Interest](#) on behalf of [Allegra Azulay](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 7:17:29 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Allegra Azulay
1409 W 51st St
Austin, TX 78756-2607

From: [Center for Science in the Public Interest](#) on behalf of [Eileen Kleinkopf](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 7:17:29 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Eileen Kleinkopf
25 Thornton Way Apt 215
Brunswick, ME 04011-3278

From: [Center for Science in the Public Interest](#) on behalf of [John Valiulis](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 7:17:29 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. John Valiulis
2660 S Utica Ave
Tulsa, OK 74114-2806

From: [Center for Science in the Public Interest](#) on behalf of [Sylvia Hughes](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:15 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes. It could influence other States to follow your example!

Sincerely,

Mrs. Sylvia Hughes
3701 Trillium Dr
Plano, TX 75093-7233

From: [Center for Science in the Public Interest](#) on behalf of [Ethel Preston](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:28 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

I am especially concerned about children who model their parents' behavior and who have no understanding of the effects of a sugary drink on their well-being. Their trusting attitude is that if a store sells it, it must be ok; whereas, in actual fact, such sales are guilty of endangering a minor.

Sincerely,

Ms. Ethel Preston
900 Bitner Rd Apt O11
Park City, UT 84098-5473
(435) 640-5524

From: [Center for Science in the Public Interest](#) on behalf of [Terry Claypool](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 7:17:29 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Terry Claypool
57 N 2nd St
Greenville, PA 16125-2707

From: [Center for Science in the Public Interest](#) on behalf of [Rosemary Grutt](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 7:17:29 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Rosemary Grutt
104Carriage Lane
Peachtree City, GA 30269

From: [Center for Science in the Public Interest](#) on behalf of [deborah Kennedy](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 7:17:30 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Deborah Kennedy
130 Weatherly Trl
Guilford, CT 06437-1203

From: [Center for Science in the Public Interest](#) on behalf of [Leslie Andersen](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 7:17:30 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

Though I am concerned about the obesity epidemic among Americans, I don't believe it is up to the Mayor of New York City to babysit his citizens.

How about we try to educate them so they can make their own decisions?

I strongly encourage the Board of Health to vote AGAINST the Mayor's proposal to limit serving sizes.

Sincerely

Leslie Andersen
Overland Park, KS 66223,

Sincerely,

Mrs. Leslie Andersen
15736 Woodson St
Overland Park, KS 66223-3439

From: [Center for Science in the Public Interest](#) on behalf of [Linda Layton](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 7:17:30 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Linda Layton
5727 Williamsburg Way
Durham, NC 27713-2633

From: [Center for Science in the Public Interest](#) on behalf of [Shaila Hasan](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 7:17:30 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Shaila Hasan
5026 Edgewood Rd
College Park, MD 20740-4604
(918) 876-2745

From: [Center for Science in the Public Interest](#) on behalf of [Rachel Kelley](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 7:17:30 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Rachel Kelley
2916 10th St
Santa Monica, CA 90405-5704

From: [Center for Science in the Public Interest](#) on behalf of [George Thompson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 7:17:30 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. George Thompson
23 Dardanelle Ln
Durham, NC 27713-7170

From: [Center for Science in the Public Interest](#) on behalf of [Judy Fedie](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 7:17:30 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

We are watching here in Wisconsin! I would love to see my home town be able to do this. It will take a big city leader to break the ice!

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Judy Fedie
5249 186th St
Chippewa Falls, WI 54729-6813

From: [Center for Science in the Public Interest](#) on behalf of [Sharen Perry](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 7:17:31 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Sharen Perry
1327 W 200 S
Ogden, UT 84404-4703

From: [Center for Science in the Public Interest](#) on behalf of [Lina Beltran](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:28 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Lina Beltran
124 W 60th St
New York, NY 10023-7451

From: [Center for Science in the Public Interest](#) on behalf of [Christine Kim](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 7:47:30 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Christine Kim
voute hall 104
140 commonwealth ave
chestnut hill, MA 02467

From: [Center for Science in the Public Interest](#) on behalf of [Frank SaverinoFrankS](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 7:47:30 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Frank SaverinoFrankS
697 Klem Rd
Webster, NY 14580-1566

From: [Center for Science in the Public Interest](#) on behalf of [H. Leabah Winter, MS, MPH](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 7:47:31 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. H. Leabah Winter, MS, MPH
2431 Mariner Square Dr Apt 302
Alameda, CA 94501-1682
(510) 523-3385

From: [Center for Science in the Public Interest](#) on behalf of [Linda F. Palmer](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 7:47:46 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Linda F. Palmer
1229 Trieste Dr
San Diego, CA 92107-3958
(619) 222-8753

From: [Center for Science in the Public Interest](#) on behalf of [cindy swanick](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 7:47:46 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. cindy swanick
5525 SW 61st Ln
Ocala, FL 34474-7634

From: [Center for Science in the Public Interest](#) on behalf of [Lisa Clark](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 7:47:46 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Lisa Clark
8 Monument Square Ln
Dover Foxcroft, ME 04426-1339
(207) 564-7921

From: [Center for Science in the Public Interest](#) on behalf of [Sarah Lanzman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 7:47:58 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Sarah Lanzman
8907 Dick Woods Rd
Afton, VA 22920-1541

From: [Center for Science in the Public Interest](#) on behalf of [Robert Magoffin](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 7:48:02 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

It's outrageous to have people slurping themselves into Fat Diabetic Whales who then need thousands of dollars worth of health care to get back to normal, if at all possible.

I want the Board of Health to vote in support of the Mayor's proposal to limit serving sizes. I look forward to your response.

Sincerely,

Mr. Robert Magoffin
2036 Queens Ln
San Mateo, CA 94402-3931

From: [Center for Science in the Public Interest](#) on behalf of [janet.maker](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 7:48:07 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Janet Maker
925 Malcolm Ave
Los Angeles, CA 90024-3113
(310) 470-4482

From: [Center for Science in the Public Interest](#) on behalf of [Julia Chester](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 7:48:11 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Julia Chester
3514 Advent Ct
West Lafayette, IN 47906-5662

From: [Center for Science in the Public Interest](#) on behalf of [Jake Metz](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:28 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

Please help New York be the first to set an example for the rest of the country's large cities!

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Jake Metz
711 W California Ave
Urbana, IL 61801-3911

From: [Center for Science in the Public Interest](#) on behalf of [Peggy Gilges](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 7:48:16 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As a long time New York City resident, and someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction. While not limiting the amount anyone can drink, it does put into place reasonable serving sizes for drinks of no nutritional value.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the

Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Peggy Gilges
701 Flordon Dr
Charlottesville, VA 22901-7807

From: [Center for Science in the Public Interest](#) on behalf of [Carol Paris-Steffens](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 7:48:20 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Carol Paris-Steffens
111 David Dr
Poughkeepsie, NY 12601-6560

From: [Center for Science in the Public Interest](#) on behalf of [S.L. Niernberger](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 8:17:35 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. S L Niernberger
4569 Macarthur Blvd NW
Apt 301
Washington, DC 20007-4279

From: [Center for Science in the Public Interest](#) on behalf of [Marlene Mahanes](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 8:17:36 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Marlene Mahanes
1920 Laurel Ln
West Palm Beach, FL 33406-6746

From: [Center for Science in the Public Interest](#) on behalf of [Karen Swass](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 8:17:36 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Karen Swass
PO Box 82
Rehoboth, MA 02769-0082

From: [Center for Science in the Public Interest](#) on behalf of [Richard Frey](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 8:17:37 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Richard Frey
1633 E Berlin Rd
New Oxford, PA 17350-8916
(717) 624-7574

From: [Center for Science in the Public Interest](#) on behalf of [Lynne Meyers](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 8:17:40 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Lynne Meyers
PO Box 770302
Steamboat Springs, CO 80477-0302

From: [Center for Science in the Public Interest](#) on behalf of [Maria Hughes](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 8:17:44 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Maria Hughes
723 League St
Philadelphia, PA 19147-4712

From: [Center for Science in the Public Interest](#) on behalf of [Barbara Sklar](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 8:17:59 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Barbara Sklar
89 Durland Rd
Lynbrook, NY 11563-4271
(516) 887-3907

From: [Center for Science in the Public Interest](#) on behalf of [Glenavie Norton](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 8:18:24 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

In Philadelphia, the mayor tried to tax soda. The soda industry protested and City Council caved in. City Council made a mistake but Maybe Mayor Bloomberg's health-focused approach is more effective.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Glenavie Norton
2211 Bainbridge St
Philadelphia, PA 19146-1130
(215) 732-8137

From: [Center for Science in the Public Interest](#) on behalf of [ROBERT MORGAN](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:28 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. ROBERT MORGAN
231 Grand View Ave
San Francisco, CA 94114-3131

From: [Center for Science in the Public Interest](#) on behalf of [Catalina Bajpai](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 8:18:24 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Catalina Bajpai 670 Wildomar St. Pacific Palisades, Ca 90272

Sincerely,

Mrs. Catalina Bajpai
670 Wildomar
Pacific Palisades, CA 90272-4266

From: [Center for Science in the Public Interest](#) on behalf of [amber.vernon](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 8:18:24 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. amber vernon
5 Tudor City Pl Apt 835
New York, NY 10017-6887

From: [Center for Science in the Public Interest](#) on behalf of [Lillian Deslandes](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 8:18:24 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Lillian Deslandes
331 Tequesta Dr
Tequesta, FL 33469-3093

From: [Center for Science in the Public Interest](#) on behalf of [Laura Cuccia-Nilsen](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 8:18:36 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Laura Cuccia-Nilsen
3832 5th Ave S
Minneapolis, MN 55409-1312

From: [Center for Science in the Public Interest](#) on behalf of [Marian Specter](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 8:47:40 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

If someone really wants more than 16 oz of a sugary drink, that person can always buy 2 drinks, or even 3 drinks! So, please, Members of the Board of Health, don't give in to the soft drink industry's lobbying on this issue - we all will still have the "freedom" to drink as much as we like and can pay for!!!!

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in

all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Marian Specter
20 Old M'mk Rd.
White Plains, NY 10605

From: [Center for Science in the Public Interest](#) on behalf of [Peter Marks](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 8:47:40 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Peter Marks
949 NW Overton St
Portland, OR 97209-3198
(503) 781-9467

From: [Center for Science in the Public Interest](#) on behalf of [Amy Snell](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 8:47:40 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Amy Snell
174 Chestnut Ave
Jamaica Plain, MA 02130-4408

From: [Center for Science in the Public Interest](#) on behalf of [Scott Gever](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 8:47:40 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Scott Gever
Main Street
Newark, CA 94560

From: [Center for Science in the Public Interest](#) on behalf of [Julie McConnell](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 8:47:41 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Julie McConnell
7610 Cornwall Rd
Henrico, VA 23229-6718

From: [Center for Science in the Public Interest](#) on behalf of [S. H. Savitt](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 8:47:41 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. S. H. Savitt
460 5th Ave N
Apt 104
Hopkins, MN 55343-7227

From: [Center for Science in the Public Interest](#) on behalf of [Christophe Frochaux](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:28 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Christophe Frochoux
9363 Fontainebleau Blvd
Apt H214
Miami, FL 33172-5623
(305) 477-1456

From: [Center for Science in the Public Interest](#) on behalf of [SHARON RICHARDS](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 8:47:47 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. SHARON RICHARDS
35 Cleaves Ave
Hempstead, NY 11550-7507

From: [Center for Science in the Public Interest](#) on behalf of [Vickie Wall](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 8:47:47 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Vickie Wall
3518 N Olympic
Mesa, AZ 85215-4219
(480) 250-1940

From: [Center for Science in the Public Interest](#) on behalf of [Jonathan Preston](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 8:47:49 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Jonathan Preston
1925 Eastchester Rd Apt 23h
Bronx, NY 10461-2107

From: [Center for Science in the Public Interest](#) on behalf of [Margaret Saracco](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 8:47:50 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Margaret Saracco
800 Allaire Rd
Spring Lake, NJ 07762-2202

From: [Center for Science in the Public Interest](#) on behalf of [Lauren Costick](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 8:47:55 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Lauren Costick
852 Richmond Cir
Peachtree City, GA 30269-5646

From: [Center for Science in the Public Interest](#) on behalf of [Jeanine Mindrum](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 9:17:51 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Jeanine Mindrum
24 Ruggles St Apt 2
Westborough, MA 01581-2049

From: [Center for Science in the Public Interest](#) on behalf of [Bill Brady](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 9:17:56 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Bill Brady
138 W Washington St
West Chicago, IL 60185-6702
(312) 301-0491

From: [Center for Science in the Public Interest](#) on behalf of [Susan Kleinsinger](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 9:17:58 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

Dear Members of the Board of Health:

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks.

Overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,
Susan Kleinsinger

Sincerely,

Ms. Susan Kleinsinger
222 W 23rd St
New York, NY 10011-2301

From: [Center for Science in the Public Interest](#) on behalf of [Nilsa Pena](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 9:17:58 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Nilsa Pena
2L
Derby, CT 06418
(203) 449-4715

From: [Center for Science in the Public Interest](#) on behalf of [Joan Pariseau](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 9:18:00 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Joan Pariseau
4401 Gunsmoke Ln
Nampa, ID 83686-9090

From: [Center for Science in the Public Interest](#) on behalf of [Laura Stansbury](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:28 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Laura Stansbury
PO Box 516
Fortson, GA 31808-0516

From: [Center for Science in the Public Interest](#) on behalf of [C. Tye](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 9:18:05 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing to say that the proposal by Mayor Bloomberg is representative of marked government overreach. There are obviously no studies to demonstrate that banning sixteen ounce sodas will decrease the obesity epidemic in any significant way. I am sure that the enforcement of such a nonsensical law will cost the taxpayers a significant amount of money for no particular return.

Please spend your time and efforts in some other way. This sort of 'law' or ban is something that I would expect more from California but government mandates on people's behavior seems to be sweeping the country.

Cordially, C.Tye

Sincerely,

Dr. C. Tye
6 Capshaw Ct
Chico, CA 95926-5210

From: [Center for Science in the Public Interest](#) on behalf of [john wade](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 9:47:50 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. John Wade
4401 Spartacus Dr SW Apt 108
Huntsville, AL 35805-5587
(256) 603-6936

From: [Center for Science in the Public Interest](#) on behalf of [Candace Vadnais](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 9:47:50 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Candace Vadnais
435 Poets Way
Mahwah, NJ 07430-2086

From: [Center for Science in the Public Interest](#) on behalf of [Katherine Ackerman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 9:47:55 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Katherine Ackerman
46 Gleason Rd
Lexington, MA 02420-3310
(781) 861-0250

From: [Center for Science in the Public Interest](#) on behalf of [Alison Tovar](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 9:47:56 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Alison Tovar
68 Great Rd
East Greenwich, RI 02818-2435

From: [Center for Science in the Public Interest](#) on behalf of [Paula Silver](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 9:48:00 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Paula Silver
2440 Knob Hill Rd
North Bellmore, NY 11710-2117

From: [Center for Science in the Public Interest](#) on behalf of [Kevin Shoener](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 9:48:01 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Kevin Shoener
1372 Broadway
New York, NY 10018-6107

From: [Center for Science in the Public Interest](#) on behalf of [Joyce Heiman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 9:48:04 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Joyce Heiman
2 Winfield Pointe Ln
Saint Louis, MO 63141-7710
(314) 993-6127

From: [Center for Science in the Public Interest](#) on behalf of [Ameena Batada](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 9:48:05 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I want to thank the City of New York for its leadership on public health issues and implementing sound public health policy aimed at curbing the very serious problems of obesity, Type II diabetes, and heart disease, among other health concerns. In keeping with this effort, I encourage the Board to support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks.

As a health professional working to address public health concerns, I believe this step will be a crucial one, which will further improve the health of New York residents and will set an example for the rest of the country.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Fifty years ago Americans were satisfied with an 8 oz soda at a restaurant. Over time, increasing sizes were introduced as a money-making strategy for restaurants and Americans got used to and acquired a taste for larger quantities of sugary drinks. This rising tide must shift and it is the action of this Board of Health that will make it happen.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Ameena Batada
25 Bearden Ave
Asheville, NC 28801-2232

From: [Center for Science in the Public Interest](#) on behalf of [Al Coury](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 9:48:14 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Al coury
6817 Woodgrain Ct
Ocoee, FL 34761-8124

From: [Center for Science in the Public Interest](#) on behalf of [Jill Ficarotta](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:28 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Jill Ficarotta
158 Woodland Ave
Pearl River, NY 10965-1724

From: [Center for Science in the Public Interest](#) on behalf of [eliza varadi](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 9:48:19 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As a doctor very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. eliza varadi
4 Arabian Dr
Charleston, SC 29407-9678

From: [Center for Science in the Public Interest](#) on behalf of [Ann Garth](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 9:48:23 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Ann Garth
11 58th Pl
Long Beach, CA 90803-4417

From: [Center for Science in the Public Interest](#) on behalf of [Lisa Berkovits](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 9:48:28 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Lisa Berkovits
14 Holyoke St
Easthampton, MA 01027-2308

From: [Center for Science in the Public Interest](#) on behalf of [Karen Ahern](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 9:48:32 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Karen Ahern
10759 NE Bill Point Dr
Bainbridge Island, WA 98110-3701

From: [Center for Science in the Public Interest](#) on behalf of [Karla Gorsky](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 9:48:41 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As a former NYC resident, I truly miss being a part of a proactive city that is willing to take REAL steps to help the next generation. If people want to drink 32 ounces of soda, allow them to purchase two drinks. Dont make it cheaper for them to "supersize" their waistline while supersizing the cost of obesity.

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in

all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Karla Gorsky
10262 Shadow Branch Dr
Tampa, FL 33647-3116
(813) 383-6577

From: [Center for Science in the Public Interest](#) on behalf of [Lindsay Lee](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 10:17:43 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Lindsay Lee
5424 5th Ave Apt 301
Pittsburgh, PA 15232-2266

From: [Center for Science in the Public Interest](#) on behalf of [James Condit](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 10:17:53 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. James Condit
PO Box 997
PO Box 997
Basalt, CO 81621-0997
(970) 927-3378

From: [Center for Science in the Public Interest](#) on behalf of [Michelle Parham](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 10:17:54 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Michelle Parham
3006 Flagstone Dr
Garland, TX 75044-5832
(214) 769-1050

From: [Center for Science in the Public Interest](#) on behalf of [franklin viloria](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 10:18:03 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. franklin vioria
5007 SW 144th Ct
Miami, FL 33175-5749

From: [Center for Science in the Public Interest](#) on behalf of [Leona Resteiner](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 10:18:07 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity and malnutrition epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Leona Resteiner
14795 W Trevino Dr
Goodyear, AZ 85395-8661
(623) 537-7750

From: [Center for Science in the Public Interest](#) on behalf of [Suzanne Bellezza](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:29 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Suzanne Bellezza
175 Robens Ct
Chagrin Falls, OH 44022-3124

From: [Center for Science in the Public Interest](#) on behalf of [Nancy Nester](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 10:47:48 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

Thanks to Mayor Bloomberg for taking a leadership role with this issue!

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Nancy Nester
2900 Vista Del Rey NE
Unit 3a
Albuquerque, NM 87112-8101

From: [Center for Science in the Public Interest](#) on behalf of [Stephanie Folven](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 10:47:51 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Stephanie Folven
18115 Ireglen Path
Lakeville, MN 55044-6137

From: [Center for Science in the Public Interest](#) on behalf of [fran mclaughlin](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 10:47:51 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. fran mclaughlin
9 Pleasant Rdg
Putnam Valley, NY 10579-3316

From: [Center for Science in the Public Interest](#) on behalf of [Linda Mitchell](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 10:47:52 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Linda Mitchell
49 E Grand Ave
Montvale, NJ 07645-2527

From: [Center for Science in the Public Interest](#) on behalf of [Michael Muha](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 10:47:52 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Michael Muha
2841 W 131st Ter
Leawood, KS 66209-1925
(913) 491-0585

From: [Center for Science in the Public Interest](#) on behalf of [Sam Evans](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 10:47:52 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Sam Evans
2533 La Honda Dr
Anchorage, AK 99517-1300

From: [Center for Science in the Public Interest](#) on behalf of [Annette Cook](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 10:47:52 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Annette Cook
819 Cedar Ter
Columbia, SC 29209-1656

From: [Center for Science in the Public Interest](#) on behalf of [suiheung.law](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 10:47:52 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. suiheung law
326 Bridge Plz N Apt 3b
Fort Lee, NJ 07024-5019

From: [Center for Science in the Public Interest](#) on behalf of [Gail Lynch](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 10:47:52 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Gail Lynch
1448 Willard St
San Francisco, CA 94117-3721

From: [Center for Science in the Public Interest](#) on behalf of [Robert Hall](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 10:47:53 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Robert Hall
240 N James St
Ste 111
Wilmington, DE 19804-3167
(302) 225-1040

From: [Center for Science in the Public Interest](#) on behalf of [Jan Casner](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:29 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Jan Casner
15611 Overmead Cir
Dallas, TX 75248-4228

From: [Center for Science in the Public Interest](#) on behalf of [Meredith Larson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 10:47:53 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Meredith Larson
1003 Dennis Ave
Silver Spring, MD 20901-2161

From: [Center for Science in the Public Interest](#) on behalf of [Gregory Carroll](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 10:47:54 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Gregory Carroll
241 Deer Springs Dr
Paso Robles, CA 93446

From: [Center for Science in the Public Interest](#) on behalf of [Susan Stearn](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 11:17:50 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Susan Stearn
4511 N Mozart St
Chicago, IL 60625-3816

From: [Center for Science in the Public Interest](#) on behalf of [Teresa Teodori](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 11:17:58 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Teresa Teodori
240 Central Park S Apt 8q
New York, NY 10019-1453
(602) 750-9267

From: [Center for Science in the Public Interest](#) on behalf of [Cathy Fisher](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 11:17:58 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Cathy Fisher
3124 Linksland Rd
Mt Pleasant, SC 29466-8975

From: [Center for Science in the Public Interest](#) on behalf of [Lynn Smith](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 11:17:59 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Lynn Smith
4586 N 95th St
Lafayette, CO 80026-9727

From: [Center for Science in the Public Interest](#) on behalf of [Joan Metzner](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 11:17:59 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Joan Metzner
2748 Applehouse Rd
Philadelphia, PA 19114-3488

From: [Center for Science in the Public Interest](#) on behalf of [Beth Braun](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 11:17:59 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Beth Braun
4457 N Malden St
Chicago, IL 60640-6277

From: [Center for Science in the Public Interest](#) on behalf of [GERALD FOREMAN](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 11:18:04 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. GERALD FOREMAN
878 W End Ave Apt 2b
New York, NY 10025-8464

From: [Center for Science in the Public Interest](#) on behalf of [Laura Rosenberg](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 11:18:06 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Laura Rosenberg
112 Cliff Rd
Port Jefferson, NY 11777-1035

From: [Center for Science in the Public Interest](#) on behalf of [Alison Baenen](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:29 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Alison Baenen
14 S Portland Ave
Brooklyn, NY 11217-1309

From: [Center for Science in the Public Interest](#) on behalf of [Myra Flores](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 11:18:06 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Myra Flores
700 Cattail Cv Unit 309
Cambridge, MD 21613-2450
(916) 778-7168

From: [Center for Science in the Public Interest](#) on behalf of [Mark Gottlieb](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 11:18:07 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

This initiative will reduce calories in for a substantial population that would benefit from that reduction. I strongly support it and will work for its adoption by other communities.

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Mark Gottlieb
Public Health Advocacy Institute
102 Fenway # 117cu
Boston, MA 02115-3782
(617) 373-8487

From: [Center for Science in the Public Interest](#) on behalf of [JoAnn Lameman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 11:18:08 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. JoAnn Lameman
PO Box 3071
Shiprock, NM 87420-3071

From: [Center for Science in the Public Interest](#) on behalf of [Johali Otero Mathews](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 11:18:13 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Johali Otero Mathews
432 Fern Gulley Dr
Seffner, FL 33584-3739

From: [Center for Science in the Public Interest](#) on behalf of [Ann Cantu](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 11:18:17 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I am concerned about the obesity epidemic and health care in this country. However, I do not feel it is the responsibility of the government to decide what we eat/drink or how much. That is still a personal choice and freedom.

I strongly encourage the Board of Health to leave that choice to the individual and not dictate the size of a drink.

Thank you.

Sincerely,

Ms. Ann Cantu
815 Garnet Ct
Rochester, MI 48306-4593

From: [Center for Science in the Public Interest](#) on behalf of [Gloria Morotti](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 11:18:22 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Gloria Morotti
1111 14th Ave W
Bradenton, FL 34205-7244

From: [Center for Science in the Public Interest](#) on behalf of [Wyn Lewis](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 11:47:50 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As a nutritionist and counselor working with people of all ages, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides an amazing model for other jurisdictions to follow. My patients and most Americans are consuming far too many sugary drinks. They aren't even aware that a 60 oz drink is oversized. They desperately need us to start helping them set limits, to think before they guzzle. My clients can't play actively with their children so their children don't learn to be active...they sit and use screens and ddrink and drink more. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,
Wyn Lewis
214 Sereno Dr,
Santa Fe, NM 87501

Sincerely,

Ms. Wyn Lewis
214 Sereno Dr
Santa Fe, NM 87501-1536

From: [Center for Science in the Public Interest](#) on behalf of [Marley Martin](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 11:47:53 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Marley Martin
6224 Hill Rd
Swartz Creek, MI 48473-8270

From: [Center for Science in the Public Interest](#) on behalf of [Patrice Heller](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 11:47:53 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Patrice Heller
308 E Ormandy Pl
Ambler, PA 19002-2723

From: [Center for Science in the Public Interest](#) on behalf of [Kira Almeida](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 11:47:54 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Kira Almeida
29 Overhill Rd
Scarsdale, NY 10583-5312
(914) 960-2125

From: [Center for Science in the Public Interest](#) on behalf of [Arthur Schurr](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:15 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Arthur Schurr
369 Warren St
Brooklyn, NY 11201-6412

From: [Center for Science in the Public Interest](#) on behalf of [Kolleen Cass](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:29 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Kolleen Cass
194 Center St
Nobleboro, ME 04555-9028
(207) 563-3437

From: [Center for Science in the Public Interest](#) on behalf of [Debra Roberts](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 11:47:59 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Debra Roberts
124 Westmoreland St
Whitesboro, NY 13492-1838
(315) 768-3725

From: [Center for Science in the Public Interest](#) on behalf of [yvonne king](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 11:48:03 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. yvonne king
6806 Long Meadow Cir S
Jacksonville, FL 32244-6177

From: [Center for Science in the Public Interest](#) on behalf of [Michelle Hashemi](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 11:48:08 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Michelle Hashemi
820 W 3rd St Apt 2114
Austin, TX 78701-3861

From: [Center for Science in the Public Interest](#) on behalf of [Gay Dust](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, July 24, 2012 11:48:13 PM

Jul 24, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Gay Dust
125 Zachary Ln
Carl Junction, MO 64834-9697
(417) 499-4645

From: [Center for Science in the Public Interest](#) on behalf of [Marc Gordon](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:29 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Marc Gordon
1474 Samedra St
Sunnyvale, CA 94087-4054

From: [Center for Science in the Public Interest](#) on behalf of [linda walker](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:29 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. linda walker
3408 Dunhaven Dr
Greenville, NC 27834-7619
(252) 756-6410

From: [Center for Science in the Public Interest](#) on behalf of [Frank Maggi](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:29 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country and the reckless disregard that the Food Industry has for the health of the consumers of their products, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's "Soda Issue" provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your

response.

Sincerely,

Mr. Frank Maggi
340 E 63rd St Apt 3f
New York, NY 10065-7716

From: [Center for Science in the Public Interest](#) on behalf of [Michael Rasmussen](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:29 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Michael Rasmussen
10691 Briarlake Woods Dr
San Diego, CA 92130-4873

From: [Center for Science in the Public Interest](#) on behalf of [Jill Johnson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:29 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Jill Johnson
1276 Duncan Ave
Cincinnati, OH 45208-2821
(513) 871-1565

From: [Center for Science in the Public Interest](#) on behalf of [Chris D. Martz](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:30 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Chris D Martz
2451 N Skyline Dr
Bloomington, IN 47404-1837

From: [Center for Science in the Public Interest](#) on behalf of [Kelly Recupero](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:30 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Kelly Recupero
Cambridge lane
Newtown, PA 18940

From: [Center for Science in the Public Interest](#) on behalf of [Cassie Boles](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:30 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Cassie Boles
672 Maryland Ave NE
Apt B
Washington, DC 20002-5859
(863) 529-6013

From: [Center for Science in the Public Interest](#) on behalf of [Marina Morrone](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:30 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Marina Morrone
4642 Vernon Blvd
Long Island City, NY 11101-5362

From: [Center for Science in the Public Interest](#) on behalf of [Tina Hirshland, Registered Dietitian](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:16 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Tina Hirshland, Registered Dietitian
2064 Timber Ln
Boulder, CO 80304-0486
(303) 953-9925

From: [Center for Science in the Public Interest](#) on behalf of [Alana Lerer](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:30 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Alana Lerer
1401 Columbia Rd NW Apt 210
Washington, DC 20009-4740

From: [Center for Science in the Public Interest](#) on behalf of [Mary Wiseman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:30 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Mary Wiseman
9 3/4 Market St
Northampton, MA 01060-3261

From: [Center for Science in the Public Interest](#) on behalf of [Joy Marshall](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:30 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Joy Marshall
37 Cherry Street
Lawnside, NJ 08045

From: [Center for Science in the Public Interest](#) on behalf of [w.d](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:30 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. w d

2

chicago, IL 60657

From: [Center for Science in the Public Interest](#) on behalf of [Sheryl Pollack](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:30 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Sheryl Pollack
47-185A Hui Akepa Place
Kaneohe, HI 96744
(808) 239-8276

From: [Center for Science in the Public Interest](#) on behalf of [Jane Krupicka](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:30 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Jane Krupicka
222 Janet Dr
Island Lake, IL 60042-9601
(847) 487-2223

From: [Center for Science in the Public Interest](#) on behalf of [Julie Gieseman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:30 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Julie Gieseman
555 S 51st St
West Des Moines, IA 50265-6967

From: [Center for Science in the Public Interest](#) on behalf of [SAM DAMBROSI](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:30 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. SAM DAMBROSI
59 Westwood Ave
Apt 20
Waterbury, CT 06708-2462
(203) 753-6545

From: [Center for Science in the Public Interest](#) on behalf of [Ingrid Vidal](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:30 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Ingrid Vidal
67 Wall St Apt 8h
New York, NY 10005-3187
(914) 393-8014

From: [Center for Science in the Public Interest](#) on behalf of [Betty Neilson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:30 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,
Betty C. Neilson
P.O. Box 159
Lexington, TN. 38345

Sincerely,

Mrs. Betty Neilson
PO Box 159
Lexington, TN 38351-0159
(731) 968-5266

From: [Center for Science in the Public Interest](#) on behalf of [Vikki Helperin](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:16 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Vikki Helperin
5046 Veloz Ave
Tarzana, CA 91356-4514
(818) 345-6760

From: [Center for Science in the Public Interest](#) on behalf of [Barbara Gehrkin](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:31 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Barbara Gehrkin
2528 Boundbrook Dr S
Apt 208
West Palm Beach, FL 33406-8802
(561) 641-8219

From: [Center for Science in the Public Interest](#) on behalf of [Dalen Gilbrech](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:31 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Dalen Gilbrech
222 7th Ave
San Mateo, CA 94401-4294

From: [Center for Science in the Public Interest](#) on behalf of [Wendy Mellin](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:31 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Wendy Mellin
1 Johnson Rd
Andover, MA 01810-1711

From: [Center for Science in the Public Interest](#) on behalf of [Linda Shirkey](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:31 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Linda Shirkey
359 Horizon Cir
Grass Valley, CA 95945-9716

From: [Center for Science in the Public Interest](#) on behalf of [Patrick O'Riordon](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:31 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Patrick O'Riordon
5304 Dorr St
Toledo, OH 43615-3632
(419) 534-3401

From: [Center for Science in the Public Interest](#) on behalf of [Tammy Walls](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:31 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Tammy Walls
263 Whitney Rd
Penfield, NY 14526-2324

From: [Center for Science in the Public Interest](#) on behalf of [Yevgeniy Kislov](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:31 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Yevgeniy Kislov
5 Cameron Ave
Staten Island, NY 10305-3519
(347) 733-6359

From: [Center for Science in the Public Interest](#) on behalf of [Marina Bolotnikova](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:31 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Marina Bolotnikova
118 Eliot Mail Ctr
Cambridge, MA 02138-7547

From: [Center for Science in the Public Interest](#) on behalf of [Denise Mason](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:31 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,
Denise Mason
1240 Tylers Way
Kaysville, Utah 84037

Sincerely,

Ms. Denise Mason
1240 Tylers Way
Kaysville, UT 84037-6774

From: [Center for Science in the Public Interest](#) on behalf of [Monica Gotz](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:31 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Monica Gotz
205 E 77th St
Apt 14d
New York, NY 10075-2065

From: [Center for Science in the Public Interest](#) on behalf of [Barbara Wood](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:16 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Barbara Wood
12507 Greenwood Ave N
Seattle, WA 98133-8039

From: [Center for Science in the Public Interest](#) on behalf of [Kelley Bradshaw](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:31 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Kelley Bradshaw
2201 W Avenue 135th
San Leandro, CA 94577-4115

From: [Center for Science in the Public Interest](#) on behalf of [Nancy Gaies](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:31 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Nancy Gaies
703 Oak Park Blvd
Cedar Falls, IA 50613-1545
(319) 277-1909

From: [Center for Science in the Public Interest](#) on behalf of [Kristy Kurtzman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:31 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Kristy Kurtzman
6114 W Gould Dr
Littleton, CO 80123-5143
(303) 949-5747

From: [Center for Science in the Public Interest](#) on behalf of [ARLENE ROTHENBERG](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:32 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. ARLENE ROTHENBERG
9761 NW 25th St
Sunrise, FL 33322-2707
(954) 578-1139

From: [Center for Science in the Public Interest](#) on behalf of [Theresa Hoyt](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:32 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Theresa Hoyt
4714 E Tanglewood Dr
Phoenix, AZ 85048-0407
(480) 320-0412

From: [Center for Science in the Public Interest](#) on behalf of [Sue Um](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:32 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Sue Um
214 S
Orem, UT 84058

From: [Center for Science in the Public Interest](#) on behalf of [Jacque Maldonado](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:32 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Jacque Maldonado
5248 Pinyon Jay Rd
Parker, CO 80134-2727

From: [Center for Science in the Public Interest](#) on behalf of [Deepali Pallegar](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:32 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Deepali Pallegar
647 President St Apt 3a
Brooklyn, NY 11215-1179

From: [Center for Science in the Public Interest](#) on behalf of [dan cappello](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:32 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. dan cappello
2015 Bandek Ln
Lawrence, PA 15055-1042

From: [Center for Science in the Public Interest](#) on behalf of [Barb Yessian](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:32 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Barb Yessian
11036 Berwick St
Livonia, MI 48150-2860

From: [Center for Science in the Public Interest](#) on behalf of [Sue McReavy](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:17 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. Mayor Bloomberg's proposal is a step in the right direction.

Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of being overweight in children. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions. Container sizes have grossly expanded over the past 50 years. It seems today's new standard is the 20-ounce bottle of Coke or the 7-Eleven 64-ounce Double Gulp

We need to restore an understanding among consumers of more reasonable serving sizes.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Sue McReavy
1051 Aspen Grove Cir
Minden, NV 89423-4468

From: [Center for Science in the Public Interest](#) on behalf of [Linda McNally](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:32 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Linda McNally
4287 Riche Rd
Memphis, TN 38128-3481

From: [Center for Science in the Public Interest](#) on behalf of [Dorene Robinson RD CDN](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:32 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Dorene Robinson RD CDN
12911 SE 7th Pl
Bellevue, WA 98005-3613

From: [Center for Science in the Public Interest](#) on behalf of [Laurence Mark](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:32 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Laurence Mark
210 W 90th St
New York, NY 10024-1239

From: [Center for Science in the Public Interest](#) on behalf of [Sabina Duke](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:32 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As a mother and grandmother, I am very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. More than two-thirds of adults are obese. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

One of the studies found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. And frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years. Today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines.

Unfortunately, no measure would be perfect or fully effective. Consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Sabina Duke
1022 Nevada Hwy
Boulder City, NV 89005-1825

From: [Center for Science in the Public Interest](#) on behalf of [Justyna Bielecki](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:32 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Justyna Bielecki
650 Warburton Ave Apt 4g
Yonkers, NY 10701-1628

From: [Center for Science in the Public Interest](#) on behalf of [Jean Greenwood](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:33 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Jean Greenwood
4515 Garfield Ave
Minneapolis, MN 55419-4848
(612) 825-4927

From: [Center for Science in the Public Interest](#) on behalf of [Karen Torres](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:34 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Karen Torres
7653 W Gregory St
Chicago, IL 60656-1727

From: [Center for Science in the Public Interest](#) on behalf of [Rachel Tennant](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:34 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Rachel Tennant
7418 Cedar Ave
Takoma Park, MD 20912-4246
(954) 655-7488

From: [Center for Science in the Public Interest](#) on behalf of [carol mack](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:36 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. carol mack
1351 SW 125th Ave
Pembroke Pines, FL 33027-4003
(201) 675-4460

From: [Center for Science in the Public Interest](#) on behalf of [Lulu Cook](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:36 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As a registered dietitian who is concerned about the impact of empty, sugar-based calories on our food system and national health goals, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your

response.

Sincerely,
Lulu Cook, RD
4117 Stevenson Blvd.
Fremont, Ca 94538

Sincerely,

Ms. Lulu Cook
4117 Stevenson Blvd
Fremont, CA 94538-2783

From: [Center for Science in the Public Interest](#) on behalf of [Jill Harvill](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:17 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Jill Harvill
98 Janell Ln
Burbank, WA 99323-9707

From: [Center for Science in the Public Interest](#) on behalf of [Terry Hagio](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:37 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Terry Hagio
3542 N Halsted St # 2
Chicago, IL 60657-1833

From: [Center for Science in the Public Interest](#) on behalf of [Alison Schiff](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:41 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I am very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks.

I find that limiting a serving of soda to 8, 10, or 12 ounces is not a hardship for anyone. Those big bottles of soda were meant for many servings for many people. The obesity of the members of our society pose a huge cost to all of us, and a huge health risk for them personally.

Sincerely,

Mrs. Alison Schiff
41 W 96th St
New York, NY 10025-6519

From: [Center for Science in the Public Interest](#) on behalf of [Donn Gray](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:46 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Donn Gray
175 W Hickory St # F-4
Hesston, KS 67062-8103

From: [Center for Science in the Public Interest](#) on behalf of [Nancy Coe](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:50 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Nancy Coe
3 Commonwealth Ave
Apt 2
San Francisco, CA 94118-2631

From: [Center for Science in the Public Interest](#) on behalf of [Kelly Jones-Weir](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:53 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Kelly Jones-Weir
1920 SW Idaho St
Portland, OR 97239-1954
(503) 522-2024

From: [Center for Science in the Public Interest](#) on behalf of [Alicia Casilli](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:56 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Alicia Casilli
13230 Fiji Way Unit F
Marina Del Rey, CA 90292-7066

From: [Center for Science in the Public Interest](#) on behalf of [Brandon Hammond](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:57 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Brandon Hammond
916 89th Dr NE
Lake Stevens, WA 98258-2495
(425) 367-1808

From: [Center for Science in the Public Interest](#) on behalf of [Maria CaballeroMariaC](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:53:59 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Maria CaballeroMariaC
P.O.Box
Denver, CO 80218

From: [Center for Science in the Public Interest](#) on behalf of [Caroline Savage](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:54:02 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Caroline Savage
276 W Seneca Tpke
Syracuse, NY 13207-2639

From: [Center for Science in the Public Interest](#) on behalf of [carol.berghen](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:54:04 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. carol berghen
533 28th St
San Francisco, CA 94131-2219

From: [Center for Science in the Public Interest](#) on behalf of [Ayala Laufer-Cahana](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:19 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Ayala Laufer-Cahana
647 Montgomery School Ln
Wynnewood, PA 19096-1013

From: [Center for Science in the Public Interest](#) on behalf of [Elise West](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:54:05 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Elise West
1830 R St NW Apt 83
Washington, DC 20009-1643

From: [Center for Science in the Public Interest](#) on behalf of [Jean-Claude Landau](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:54:06 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Jean-Claude Landau
27 Northgate Ave Apt 8
Daly City, CA 94015-3079
(650) 488-0921

From: [Center for Science in the Public Interest](#) on behalf of [Jessica Bader](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:54:08 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Jessica Bader
121 E 31st St
Apt 7b
New York, NY 10016-6836
(917) 385-4574

From: [Center for Science in the Public Interest](#) on behalf of [Vanessa Tan](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:54:11 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Vanessa Tan
853 W Duarte Rd Apt 15
Arcadia, CA 91007-7528

From: [Center for Science in the Public Interest](#) on behalf of [andre cadet](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:54:13 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. andre cadet
440 Beach 132nd St
Belle Harbor, NY 11694-1412

From: [Center for Science in the Public Interest](#) on behalf of [James Tyree II](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:54:15 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. James Tyree II
9005 SW Caroline Dr
Portland, OR 97225-1339
(503) 890-5615

From: [Center for Science in the Public Interest](#) on behalf of [Linda Bescrypt](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:54:17 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Linda Bescrypt
8882 E Maxwell Dr
Tucson, AZ 85747-5187

From: [Center for Science in the Public Interest](#) on behalf of [Luis Pardo](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:54:20 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Luis Pardo
5955 S Western Ave
Los Angeles, CA 90047-1124

From: [Center for Science in the Public Interest](#) on behalf of [Karen Lai](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:54:22 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Karen Lai
834 5th St
Santa Monica, CA 90403-1308

From: [Center for Science in the Public Interest](#) on behalf of [Tanya Meyers](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:54:24 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Tanya Meyers
13129 NW Military Hwy
Apt 1033
San Antonio, TX 78231-1861
(210) 764-8233

From: [Center for Science in the Public Interest](#) on behalf of [Robert J. Catanzaro](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:22:48 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Robert J. Catanzaro
85 Elmwood Park Dr Apt 49
Staten Island, NY 10314-7520
(718) 761-9047

From: [Center for Science in the Public Interest](#) on behalf of [Susan Clarke-Mahoney](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:19 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Susan Clarke-Mahoney
8 Pickering Trl
Thornton, PA 19373-1136

From: [Center for Science in the Public Interest](#) on behalf of [Amy Case](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:54:35 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I work very hard in trying to teach my children how to eat healthy. It is not easy to overcome media advertising and our culture that promotes and lives on so much junk food. I applaud the mayor for this move on his part in opening the conversation on making healthier choices.

I recently watched a documentary called Food Beware: The French Organic Revolution. In it a town mayor made the move to only serve organic food in the town's school. While not everyone supported the move initially, it made people start discussing their way of eating that would never have thought about it before. By the end of a year, almost the whole town had adopted organic eating.

The point being, this is a great first step of awareness and I support it wholeheartedly. I hope that it can be passed and that New York is blazing the way for future cities to follow suit.

Sincerely,

Ms. Amy Case
12510 Keynote Ln
Bowie, MD 20715-2746
(240) 351-9183

From: [Center for Science in the Public Interest](#) on behalf of [Tom Castrigno](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:22:54 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks.

The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades.

While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines.

Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Tom Castrigno
60 Peak One Circle
Frisco, CO 80443
(970) 555-1212

From: [Center for Science in the Public Interest](#) on behalf of [Leslie Cassidy](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:22:54 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Leslie Cassidy
534 E 83rd St
Apt 2b
New York, NY 10028-6801
(212) 734-2534

From: [Center for Science in the Public Interest](#) on behalf of [Ziva Fishman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:22:54 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Ziva Fishman
1461 Belleville Way
Sunnyvale, CA 94087-3807
(408) 730-8965

From: [Center for Science in the Public Interest](#) on behalf of [Elyssa Espinoza](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:22:55 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Elyssa Espinoza
725 Sunset Ave
San Gabriel, CA 91776-2646

From: [Center for Science in the Public Interest](#) on behalf of [Angelica Magana](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:22:55 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Angelica Magana
706 E Algonquin Rd
Arlington Hts, IL 60005-4368

From: [Center for Science in the Public Interest](#) on behalf of [Peter Quinn](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:22:55 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Peter Quinn
1119 N Calvert St
Baltimore, MD 21202-3801

From: [Center for Science in the Public Interest](#) on behalf of [Dawn Dershem](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:22:55 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. Also, I would like to suggest that you also TAX sugary drinks and high fat junk food to help pay for the health problems directly related to obesity and diabetes. It's a perfect way to tax people because they don't NEED sugary drinks or high fat junk food. I think they call it a "FAT TAX" in Europe. We could call it a "SUGAR AND FAT TAX" here in America!

Sincerely,
Dawn

Sincerely,

Mrs. Dawn Dershem
1618 Elmhurst St
Chula Vista, CA 91913-2611

From: [Center for Science in the Public Interest](#) on behalf of [Ursula Grobler](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:22:56 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Ursula Grobler
910 Lenora St
S1004
Seattle, WA 98121-2754
(425) 301-4112

From: [Center for Science in the Public Interest](#) on behalf of [Edmund Weisberg](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:22:57 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Edmund Weisberg
1720 Spruce St
Philadelphia, PA 19103-6757

From: [Center for Science in the Public Interest](#) on behalf of [Paula Kreissler](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:19 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Paula Kreissler
216 E 32nd St
Savannah, GA 31401-7504
(912) 272-9494

From: [Center for Science in the Public Interest](#) on behalf of [Susan Blachman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:22:57 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

New York can be a model for the rest of the country, helping to address the obesity epidemic so well explained in the recent HBO series Weight of the Nation. Please take this leadership role!

Sincerely,

Ms. Susan Blachman
139 Parkside Dr
Berkeley, CA 94705-2411
(510) 655-1228

From: [Center for Science in the Public Interest](#) on behalf of [Mary Sebold](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:22:59 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Mary Sebold
2630 Adams Mill Rd NW
Washington, DC 20009-2151

From: [Center for Science in the Public Interest](#) on behalf of [Rosemary Jones](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:00 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Rosemary Jones
106 Casentini St Apt F
Salinas, CA 93907-2212
(831) 676-3279

From: [Center for Science in the Public Interest](#) on behalf of [Judy Pokras](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:01 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As a writer of books and article on healthful foods and recipes, and as the editor and founder of an online magazine on the same, I support Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades.

I'm sure that by now, you know that more than two-thirds of adults and one in three children are overweight or obese in this country.

While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars.

One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. And there is an epidemic of these diseases in the U.S.

Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once soft drinks were consumed in relatively small quantities, usually as a treat, but now sugary drinks come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines.

Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today. And if they really need more, they can buy two of the 16 ounce ones to quell their addiction.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Judy Pokras
5645 Fairway Park Dr
Apt 201
Boynton Beach, FL 33437-1747

From: [Center for Science in the Public Interest](#) on behalf of [Leah Brandman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:01 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Leah Brandman
8 Visconti St
Norwalk, CT 06851-4033

From: [Center for Science in the Public Interest](#) on behalf of [Holly Wilson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:02 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Holly Wilson
715 10th St Apt C
Davis, CA 95616-2266

From: [Center for Science in the Public Interest](#) on behalf of [Lora Wilder](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:02 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As a nutritionist, I am writing to encourage you to support Mayor Bloomberg's proposal to limit serving sizes of sugary drinks.

Consumption of sugary drinks has been directly linked to the development of obesity. And we know that large serving sizes encourage overconsumption. The mayor's proposal, a model for other jurisdictions, will help citizens regain perspective on more reasonable serving sizes and will be a step in the right direction towards the complex problem of weight gain and obesity.

I enthusiastically urge the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and look forward to your response.

Sincerely,

Dr. Lora Wilder
9521 Sweet Grass Rdg
Columbia, MD 21046-2066

From: [Center for Science in the Public Interest](#) on behalf of [Karen Blasche](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:02 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Karen Blasche
22135 W Baseline Rd
Hillsboro, OR 97123-6244

From: [Center for Science in the Public Interest](#) on behalf of [Vera Cardinale](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:04 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Vera Cardinale
4105 N Richmond St
Arlington, VA 22207-4814

From: [Center for Science in the Public Interest](#) on behalf of [Nayyirah Shariff](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:05 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Nayyirah Shariff
2818 Golfside Ln
Flint, MI 48504-4542
(810) 610-3681

From: [Center for Science in the Public Interest](#) on behalf of [Karen Farley](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:20 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

This is a step in the right direction to assist Americans to resize their servings of beverages. We are especially concerned about the rates of overweight and obesity in low-income populations, at higher risk of chronic disease. The change would help all of us to have improved health outcomes and reduced health care costs. This alone will not do this, but it is one of many needed steps.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Karen Farley RD, IBCLC
1490 Drew Ave. Suite 175
Davis, CA 95618

Sincerely,

Ms. Karen Farley
1490 Drew Ave Ste 175
Davis, CA 95618-6145
(530) 750-2280

From: [Center for Science in the Public Interest](#) on behalf of [Rachel Hynd](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:05 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Rachel Hynd
10550 Lake City Way NE
Apt 307
Seattle, WA 98125-7755

From: [Center for Science in the Public Interest](#) on behalf of [Nora Gilbert](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:11 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Nora Gilbert
577 Grand St Apt 1006
New York, NY 10002-3594

From: [Center for Science in the Public Interest](#) on behalf of [Diana Malkin-Washeim](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:18 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Diana Malkin-Washeim
31 Brand Dr
Huntington, NY 11743-4504

From: [Center for Science in the Public Interest](#) on behalf of [Katherine Reuter](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:19 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Katherine Reuter
240 S McCormick St Apt 18
Prescott, AZ 86303-4748

From: [Center for Science in the Public Interest](#) on behalf of [Robert Sholiton](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:20 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Robert Sholiton
101 W 12th St Apt 3o
New York, NY 10011-8103
(212) 255-3923

From: [Center for Science in the Public Interest](#) on behalf of [Marydale DeBor](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:20 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As a health care professional and someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction. New York should set the example for the country with this measure.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your

response.

Sincerely,

Ms. Marydale DeBor
360 State St
Apt 2501
New Haven, CT 06510-3624
(860) 248-9854

From: [Center for Science in the Public Interest](#) on behalf of [Rainer Weissenberger](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:20 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Rainer Weissenberger
9138 Stonehenge Trl
Tallahassee, FL 32312-4219
(850) 544-9530

From: [Center for Science in the Public Interest](#) on behalf of [David Grotke](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:21 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. David Grotke
15 Dorchester Rd
Amherst, NY 14226-4419
(716) 408-7323

From: [Center for Science in the Public Interest](#) on behalf of [Diane Taylor](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:22 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Diane Taylor
1362 E 59th St
Chicago, IL 60637-1793

From: [Center for Science in the Public Interest](#) on behalf of [James Noyes](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:23 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. James Noyes
806 Lakeside Dr
Carbondale, CO 81623-3109
(970) 963-2698

From: [Center for Science in the Public Interest](#) on behalf of [amy.dingman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:20 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. amy dingman
7408 Purple Fringe Rd SW
Albuquerque, NM 87121-6383
(505) 839-0403

From: [Center for Science in the Public Interest](#) on behalf of [Elyse Carson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:23 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Elyse Carson
1353 N Westmoreland Rd
Dallas, TX 75211-1655
(214) 331-0310

From: [Center for Science in the Public Interest](#) on behalf of [Dorothy Dangerfield](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:24 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Dorothy Dangerfield
100 Woodland Pond Cir Apt 408
New Paltz, NY 12561-6415
(845) 256-5594

From: [Center for Science in the Public Interest](#) on behalf of [Jane Donohoe](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:24 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Jane Donohoe
1012 Hewitt Dr
San Carlos, CA 94070-3601

From: [Center for Science in the Public Interest](#) on behalf of [Natalya Murakhver](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:25 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Natalya Murakhver
2647 Broadway
New York, NY 10025-5063

From: [Center for Science in the Public Interest](#) on behalf of [Evan Raof](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:26 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Evan Raof
136 N Telegraph Rd
Dearborn, MI 48128-1618
(734) 904-7943

From: [Center for Science in the Public Interest](#) on behalf of [dan cappello](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:27 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. dan cappello
2015 Bandek Ln
Lawrence, PA 15055-1042

From: [Center for Science in the Public Interest](#) on behalf of [Greg Sherrow](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:27 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Greg Sherrow
511 Elm St
Ithaca, NY 14850-3022

From: [Center for Science in the Public Interest](#) on behalf of [Renée Bergan](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:27 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Renée Bergan
139 Clinton Ave Apt 4
Brooklyn, NY 11205-2315
(805) 698-3069

From: [Center for Science in the Public Interest](#) on behalf of [Shaun Lott](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:28 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Shaun Lott
PO Box 82718
Fairbanks, AK 99708-2718

From: [Center for Science in the Public Interest](#) on behalf of [Janice Gintzler](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:29 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As a nutritarian who is very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks.

This weekend I was with my sisters at the United Methodist Women's School of Christian Mission. You can usually pick us out because of the obesity factor. I managed to convince one woman who went out with me to lunch to purchase a salad and to drink water instead of soda. Hurrah!

The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Not only do sugary drinks contribute to obesity, but the cups in which they are served contribute to the plastic mess in oceans and other waterways. And I pick up enough of those containers during my daily walks in the Cook County forest preserves.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Janice Gintzler
5241 James Ln
Crestwood, IL 60445-4125

From: [Center for Science in the Public Interest](#) on behalf of [eric schneider](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:21 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. eric schneider
6092 tart drive
erie, PA 16509

From: [Center for Science in the Public Interest](#) on behalf of [Barbara Dailey](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:29 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Barbara Dailey
PO Box 82413
Kenmore, WA 98028-0413

From: [Center for Science in the Public Interest](#) on behalf of [Lauren Dinour](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:30 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Lauren Dinour
134 Wildwood Ave
Montclair, NJ 07043-2214

From: [Center for Science in the Public Interest](#) on behalf of [Vincent Keith Hill](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:30 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Vincent Keith Hill
3871 Don Tomaso Dr
Apt 3
Los Angeles, CA 90008-5341

From: [Center for Science in the Public Interest](#) on behalf of [Bonnie Hahn](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:30 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Bonnie Hahn
2127 Tryon St
Philadelphia, PA 19146-1228

From: [Center for Science in the Public Interest](#) on behalf of [Leon Saloga](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:31 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Leon Saloga
662 W 41st St
San Bernardino, CA 92407-3569

From: [Center for Science in the Public Interest](#) on behalf of [Adam Meier](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:31 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Adam Meier
76 Doll Rd
Bloomingburg, NY 12721-5310

From: [Center for Science in the Public Interest](#) on behalf of [Danielle Nahal](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:31 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Danielle Nahal
15 Canyon Rd
Berkeley, CA 94704-1815
(707) 208-1434

From: [Center for Science in the Public Interest](#) on behalf of [Jim McGowan](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:32 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Jim McGowan
5059 Rosewood Dr
Doylestown, PA 18902-1280
(215) 230-9899

From: [Center for Science in the Public Interest](#) on behalf of [gina maclellan](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:32 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. gina maclellan
2601 Mule Cir
Reno, NV 89521-4179

From: [Center for Science in the Public Interest](#) on behalf of [Weston An](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:32 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Weston An
524 E 84th St
Apt 5e
New York, NY 10028-7317

From: [Center for Science in the Public Interest](#) on behalf of [Shelley Kasle](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:21 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Shelley Kasle
418 N Herbert Ave
Tucson, AZ 85705-8433

From: [Center for Science in the Public Interest](#) on behalf of [Judith JosephJudithJoseo](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:32 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

PS - what would be even better would be to heavily tax or ban soft drinks completely! But this is a great step in the right direction.

Sincerely,

Ms. Judith JosephJudithJoseo
1551 Larimer St
Apt 1301
Denver, CO 80202-1631

From: [Center for Science in the Public Interest](#) on behalf of [Nadege Schoenfeld](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:32 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Nadege Schoenfeld
25 Laguna Ct
Manhattan Beach, CA 90266-7207

From: [Center for Science in the Public Interest](#) on behalf of [Sophia Blachman-Biatch](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:33 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Sophia Blachman-Biatch
2324 L St NW
Washington, DC 20037-1575

From: [Center for Science in the Public Interest](#) on behalf of [Robert Jandru](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:33 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Robert Jandrue
81 S Silver Ln
Sunderland, MA 01375-9315

From: [Center for Science in the Public Interest](#) on behalf of [Pat Clark](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:33 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

As someone who has dealt with OBESITY my ENTIRE lifetime - and unfortunately it took a RNY Gastric Bypass to help me get from 389 LBS down to a manageable 150 LBS. I also believe that my drinking LOTS of Sodas was a contributing factor. I only hope that this proposal carries through to ALL states.

Sincerely,

Ms. Pat Clark
672 Raff Rd
Virginia Beach, VA 23462-2157
(757) 490-0061

From: [Center for Science in the Public Interest](#) on behalf of [Elizabeth Schwartz](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:33 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Elizabeth Schwartz
1604 NE Saratoga St
Portland, OR 97211-4730

From: [Center for Science in the Public Interest](#) on behalf of [Susan Cullaty-Purvis](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:33 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Susan Cullaty-Purvis
2 Juniper Ridge Rd
Lincoln, MA 01773-1506

From: [Center for Science in the Public Interest](#) on behalf of [Cheryl Rowe](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:33 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Cheryl Rowe
3636 NW 24th Pl
Gainesville, FL 32605-2626

From: [Center for Science in the Public Interest](#) on behalf of [Gregory Dean](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:34 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Gregory Dean
550 Prospect Ave
Apt 11
Hartford, CT 06105-2955
(860) 977-0633

From: [Center for Science in the Public Interest](#) on behalf of [John Koenig](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:34 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. John Koenig
3968 Braeburn Drive
Eugene, OR 97405

From: [Center for Science in the Public Interest](#) on behalf of [Mark McCabe](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:21 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Mark McCabe
5533 Alabama Ave
Clarendon Hills, IL 60514-1529
(630) 920-8593

From: [Center for Science in the Public Interest](#) on behalf of [Christine Mitchell](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:34 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Christine Mitchell
5535 Ackerfield Ave
Unit 49
Long Beach, CA 90805-4959
(330) 207-5182

From: [Center for Science in the Public Interest](#) on behalf of [Michael Brown](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:34 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Michael Brown
913 Redwood Cir
Virginia Beach, VA 23464-2109
(757) 420-2395

From: [Center for Science in the Public Interest](#) on behalf of [Michael Moorhead](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:35 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Michael Moorhead
192 Mohouli St
Hilo, HI 96720-3953

From: [Center for Science in the Public Interest](#) on behalf of [Todd Snyder](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:35 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Todd Snyder
1941 Turk St # 4
Apt 4
San Francisco, CA 94115-4396

From: [Center for Science in the Public Interest](#) on behalf of [Allison Zucker](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:35 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Allison Zucker
649 E 14th St
Apt 5d
New York, NY 10009-3112
(973) 207-6578

From: [Center for Science in the Public Interest](#) on behalf of [Angie Unruh](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:35 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Angie Unruh
6780 S Galena St
Centennial, CO 80112-3684

From: [Center for Science in the Public Interest](#) on behalf of [David S. Nichols](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:35 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. David S. Nichols
5107 NE Couch St
Portland, OR 97213-3021
(503) 234-9764

From: [Center for Science in the Public Interest](#) on behalf of [Genevieve Austin](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:35 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As a mother to a special needs child and daughter to a grandmother who loves 'treating' my son, I have watched the introduction of 'sodas' INVADE my son's preferences. These drinks are EMPTY calories that do nothing but decrease physical well-being. With the Super-Size marketing tactic, those of us who prefer suitable serving sizes get cheated and those who are apt to overindulge are encouraged to do so in the name of some corporate interest adding an extra quarter to its pockets. The truth of the matter is it costs SOCIETY a LOT more than the greedy quarter per victim gain the corporate interests gain.

WE PAY - for the detriment to the health of our population. Every American pays for the discounted health of each of us who are bombarded with capitalistic gains pushing us to spend and consume MORE THAN WE NEED, WANT or should to pump them up.

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even

offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response. I reiterate, I STRONGLY ENCOURAGE the Board of Health to SUPPORT this proposal! THANK YOU, in advance!

Sincerely,

Ms. Genevieve Austin
PO Box 9
Boone, NC 28607-0009
(828) 264-7626

From: [Center for Science in the Public Interest](#) on behalf of [Juliana Cohen](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:36 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Juliana Cohen
29 Tower Rd
Lexington, MA 02421-5930

From: [Center for Science in the Public Interest](#) on behalf of [Kelly Fangmann-Gold](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:37 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Kelly Fangmann-Gold
11325 Marty St
Overland Park, KS 66210-2641

From: [Center for Science in the Public Interest](#) on behalf of [Chelsea Manning](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:22 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Chelsea Manning
5500 Shadow Hills Dr
Bakersfield, CA 93308-9528

From: [Center for Science in the Public Interest](#) on behalf of [Susan Fendell](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:39 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

My cousin, who lives at 5 Riverside Drive, informed me of the proposal to limit serving sizes of soda and other sugary drinks. We both wholeheartedly support this initiative.

Obesity is the leading cause of illness and a major contributor to rising health care costs. Sugary drinks are the only food or beverage source that has been directly linked to obesity. It's a no-brainer. The right to buy at one fell swoop huge quantities of a product that cause public health problems should not be considered a fundamental liberty. The proposal isn't even very limiting - people can still buy and drink huge amount of sugary beverages - just not in over-sized portions.

We strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Susan Fendell
39 Simpson Ave
Somerville, MA 02144-1805

From: [Center for Science in the Public Interest](#) on behalf of [Amy Pippi](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:39 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Amy Pippi
1012 Hawser Ct
Raleigh, NC 27606-8075

From: [Center for Science in the Public Interest](#) on behalf of [James Kirks](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:40 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. James Kirks
11 Hemming Ln
Chico, CA 95973-1076

From: [Center for Science in the Public Interest](#) on behalf of [Lane Kochert](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:41 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Lane Kochert
331 Crockett Rd
Columbia, SC 29212-8339

From: [Center for Science in the Public Interest](#) on behalf of [Vaughn Brinegar](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:42 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Vaughn Brinegar
111 Driftwood Dr
Cedar Park, TX 78613-7817

From: [Center for Science in the Public Interest](#) on behalf of [Shelby webb](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:42 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Shelby webb
804 Oak Lawn Dr
Jasper, TN 37347-2936

From: [Center for Science in the Public Interest](#) on behalf of [s_d](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:44 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. s d

2

chicago, IL 60657

From: [Center for Science in the Public Interest](#) on behalf of [Maria Kolaitis](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:44 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Maria Kolaitis
220 Wyckoff St
Brooklyn, NY 11217-2229

From: [Center for Science in the Public Interest](#) on behalf of [rita.carlier](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:45 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. rita carlier
4415 E Bighorn Ave
Phoenix, AZ 85044-6818

From: [Center for Science in the Public Interest](#) on behalf of [Anne Dillard](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:46 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Anne Dillard
303 E 66th St
Savannah, GA 31405-5314

From: [Center for Science in the Public Interest](#) on behalf of [Andrea Hausel](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:23 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As a public health dietitian very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Andrea Hausel
102 Kingsland Ave
Apt 11
Brooklyn, NY 11222-5632
(212) 342-0713

From: [Center for Science in the Public Interest](#) on behalf of [Bob Smith](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:47 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Bob Smith
6615 E 575 N
Churubusco, IN 46723-9319
(260) 693-1122

From: [Center for Science in the Public Interest](#) on behalf of [Heather Bloom](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:48 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Heather Bloom
333 Ovington Ave
Apt A47
Brooklyn, NY 11209-1444
(347) 729-3593

From: [Center for Science in the Public Interest](#) on behalf of [ROBERT MARQUEZ-HAMMITT](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:49 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. ROBERT MARQUEZ-HAMMITT
11607 Alameda Ave SW
Lakewood, WA 98498-3563

From: [Center for Science in the Public Interest](#) on behalf of [Pamela Kedderis](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:50 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly urge the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Pamela Kedderis
42 Northwoods Rd
Farmington, CT 06032-1017

From: [Center for Science in the Public Interest](#) on behalf of [Donna Herbig](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:51 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Donna Herbig
1720 5th Ave
Moline, IL 61265-7907
(309) 757-4920

From: [Center for Science in the Public Interest](#) on behalf of [Mike Roizen](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:51 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Mike Roizen
18600 S Park Blvd
Shaker Heights, OH 44122-1845
(216) 448-8888

From: [Center for Science in the Public Interest](#) on behalf of [Jennifer Peregoy](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:53 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Jennifer Peregoy
5402 Connecticut Ave NW Apt 304
Washington, DC 20015-2840

From: [Center for Science in the Public Interest](#) on behalf of [Megan Kahoa](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:54 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Megan Kahoa
211 6th St
Parkersburg, WV 26101-5113
(740) 581-0476

From: [Center for Science in the Public Interest](#) on behalf of [Jamie Sutch](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:54 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Jamie Sutch
18163 Pioneer Park Rd SW
Brandon, MN 56315-8324
(320) 491-2509

From: [Center for Science in the Public Interest](#) on behalf of [Guy Zahler](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:55 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Guy Zahler
146 Creek Dr Unit C
Aptos, CA 95003-4577

From: [Center for Science in the Public Interest](#) on behalf of [Sharon Wilson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:24 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Sharon Wilson
311 W 94th St Apt 4d
New York, NY 10025-6853
(212) 663-4324

From: [Center for Science in the Public Interest](#) on behalf of [Jessica Murphy](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:56 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Jessica Murphy
43 Aubinwood Rd
Amherst, MA 01002-1623
(413) 549-0023

From: [Center for Science in the Public Interest](#) on behalf of [Lisa Harris](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:57 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Lisa Harris
8550 E Speedway Blvd Apt 217
Tucson, AZ 85710-1751
(520) 751-0413

From: [Center for Science in the Public Interest](#) on behalf of [William Showalter](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:58 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. William Showalter
15607 SW 85th Ln
Miami, FL 33193-1212

From: [Center for Science in the Public Interest](#) on behalf of [Sally Ford](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:23:59 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Sally Ford
741 E 18th St
The Dalles, OR 97058-2877

From: [Center for Science in the Public Interest](#) on behalf of [Carol Backs](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:24:00 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Carol Backs
5 Fells Rd
Winchester, MA 01890-1420

From: [Center for Science in the Public Interest](#) on behalf of [Maranda Saling](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:24:02 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Maranda Saling
5824 Columbus Rd
Louisville, OH 44641-9266
(330) 309-7055

From: [Center for Science in the Public Interest](#) on behalf of [Sherry Green](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:24:03 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar! Please strengthen the ruling to cover drinks like the Big Gulp & the Double Gulp.

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your

response.

Sincerely,

Ms. Sherry Green
9741 Sorrel Ave
Potomac, MD 20854-4732

From: [Center for Science in the Public Interest](#) on behalf of [Katherine Dively](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:24:04 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Katherine Dively
416 Ruder St
Wausau, WI 54403-6603

From: [Center for Science in the Public Interest](#) on behalf of [Louise Rose Blume](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:24:06 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Louise Rose Blume
198 Keith Rd
Clermont, GA 30527-1561
(678) 923-9295

From: [Center for Science in the Public Interest](#) on behalf of [Reina Podell](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:24:07 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Reina Podell
402 Grand Ave
Apt 2
Madison, WI 53705-3773
(608) 345-9620

From: [Center for Science in the Public Interest](#) on behalf of [Lisa M Carlson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:22:49 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Lisa M Carlson
513 Bridlewood Cir
Decatur, GA 30030-1621
(404) 712-4807

From: [Center for Science in the Public Interest](#) on behalf of [Diane McKay](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:24 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Diane McKay
PO Box 131
Petaluma, CA 94953-0131

From: [Center for Science in the Public Interest](#) on behalf of [Claude Lopez](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:24:08 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Claude Lopez
100 Oberlin Rd
Columbia, SC 29212-3322

From: [Center for Science in the Public Interest](#) on behalf of [Mike Carberry](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:24:09 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Mike Carberry
2029 Friendship St
Iowa City, IA 52245-4553
(319) 594-6453

From: [Center for Science in the Public Interest](#) on behalf of [Jacki Glew](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:24:11 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As a registered dietitian, as a mother, and as someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Jacki Glew
1720 Oak Ave
Unit 711
Evanston, IL 60201-5983
(847) 864-6772

From: [Center for Science in the Public Interest](#) on behalf of [Susan Luton](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:24:12 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Susan Luton
14701 Crosscreek
Austin, TX 78737-8901

From: [Center for Science in the Public Interest](#) on behalf of [Patrisia Ramirez](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:24:14 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Patrisia Ramirez
4565 S Christiana Ave
Chicago, IL 60632-2918
(312) 714-2047

From: [Center for Science in the Public Interest](#) on behalf of [Erin Walding](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:24:15 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Erin Walding
3853 Bryant Ave S
Apt 3
Minneapolis, MN 55409-1084
(612) 723-1785

From: [Center for Science in the Public Interest](#) on behalf of [Janet Allen](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:24:15 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Janet Allen
401 Parsons Dr
Syracuse, NY 13219-2347

From: [Center for Science in the Public Interest](#) on behalf of [Jennifer Nader](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:24:18 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Jennifer Nader
10416 Toscana St NW
Albuquerque, NM 87114-3716

From: [Center for Science in the Public Interest](#) on behalf of [Kathe Garbrick](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:24:20 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Kathe Garbrick
2944 Keats Ave
Manhattan, KS 66503-9796

From: [Center for Science in the Public Interest](#) on behalf of [Jonathan Cohn](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:24:20 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Jonathan Cohn
2401 Pennsylvania Ave Apt 16b31
Philadelphia, PA 19130-7705

From: [Center for Science in the Public Interest](#) on behalf of [tami yntema](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:24 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As a mother and someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. tami yntema
6363 Wood Ln
Melbourne, FL 32904-2229

From: [Center for Science in the Public Interest](#) on behalf of [Michael Pollard](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:24:23 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Michael Pollard
2395 Stearns Rd
Paradise, CA 95969-6043

From: [Center for Science in the Public Interest](#) on behalf of [Hillary Sametz](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:24:24 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Hillary Sametz
Campbell st
Kansas City, MO 64110

From: [Center for Science in the Public Interest](#) on behalf of [Lisa Thompson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:24:24 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Lisa Thompson
4303 Wickford Rd
Baltimore, MD 21210-2825

From: [Center for Science in the Public Interest](#) on behalf of [Joan Formisano](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:24:27 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,
Joan Formisano, Ed.D.
46 Merillon Avenue
Garden City, NY 11530

Sincerely,

Dr. Joan Formisano
46 Merrilon Ave
Garden City, NY 11530-1428

From: [Center for Science in the Public Interest](#) on behalf of [mary etta moose](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:24:29 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. mary etta moose
1962 Powell St
San Francisco, CA 94133-2323

From: [Center for Science in the Public Interest](#) on behalf of [Angela Marvin, M.A., M.S.Ed.](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:24:29 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Angela Marvin, M.A., M.S.Ed.
55 Highland Rd Apt 501
Bethel Park, PA 15102-1881

From: [Center for Science in the Public Interest](#) on behalf of [Elle Sturm](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:24:32 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Elle Sturm
3344 Rowland Dr
Lafayette, CA 94549-2609

From: [Center for Science in the Public Interest](#) on behalf of [Nancy Watts](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:24:33 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Nancy Watts
1805 San Luis Dr
San Luis Obispo, CA 93401-2621

From: [Center for Science in the Public Interest](#) on behalf of [David Boles](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:24:33 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. David Boles
2440 US 98 North
Lakeland, FL 33805

From: [Center for Science in the Public Interest](#) on behalf of [Liz Clark](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:24:38 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Liz Clark
145 Grove St
Manitou Beach, MI 49253-9054

From: [Center for Science in the Public Interest](#) on behalf of [Alice Lockridge](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:24 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

Something must be done - I'm happy you are taking a stab at it!
Putting it in the national news is a good thing.. If anyone has a
better idea they should come forward now!

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Alice Lockridge
12012 156th Ave SE
Renton, WA 98059-6317
(206) 552-1921

From: [Center for Science in the Public Interest](#) on behalf of [Greg Fuess](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:24:38 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Greg Fuess
1108 E 7th St
Houston, TX 77009-7104

From: [Center for Science in the Public Interest](#) on behalf of [Kathleen O'Meara](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:24:42 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As a health coach, I am very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Kathleen O'Meara
1521 Kaltern Ln
Golden Valley, MN 55416-3507

From: [Center for Science in the Public Interest](#) on behalf of [Mark Owen](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:24:43 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Mark Owen
413 Grand St Apt 1405f
New York, NY 10002-4789

From: [Center for Science in the Public Interest](#) on behalf of [Robin Salter](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:24:47 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Robin Salter
81 Parkwood Ln
Oberlin, OH 44074-1433

From: [Center for Science in the Public Interest](#) on behalf of [Gabriella Contestabile](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:21 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Gabriella Contestabile
250 W 82nd St
Apt 31
New York, NY 10024-5422
(646) 270-1942

From: [Center for Science in the Public Interest](#) on behalf of [M Sequenzia](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:22 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. M Sequenzia
Dover St
Somerville, MA 02144

From: [Center for Science in the Public Interest](#) on behalf of [Anna Johns](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:22 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Anna Johns
12825 Epps Field Rd
Farmers Branch, TX 75234-6209

From: [Center for Science in the Public Interest](#) on behalf of [Heather Wilson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:22 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Heather Wilson
169 Pine Needle
Rutherfordton, NC 28139-6516
(828) 287-7707

From: [Center for Science in the Public Interest](#) on behalf of [Don Konzelman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:22 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Don Konzelman
109 2620 Jane St.
Port Coquitlam, BC 98295

From: [Center for Science in the Public Interest](#) on behalf of [Caroline Yourcheck](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:22 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Caroline Yourcheck
519 Fairmount Ave
Chatham, NJ 07928-1371
(973) 701-0403

From: [Center for Science in the Public Interest](#) on behalf of [Molly Hauck](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:25 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Molly Hauck
4004 Dresden St
Kensington, MD 20895-3812
(301) 949-0178

From: [Center for Science in the Public Interest](#) on behalf of [Caroline Wayner](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:25 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Caroline Wayner
632 Saint Johns Rd
Baltimore, MD 21210-2105

From: [Center for Science in the Public Interest](#) on behalf of [kiva wyandotte](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:25 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. kiva wyandotte
165 Hague St
Rochester, NY 14611-1639
(585) 455-9464

From: [Center for Science in the Public Interest](#) on behalf of [Rosi Kerr](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:26 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Rosi Kerr
Hopson Rd
Norwich, VT 05055

From: [Center for Science in the Public Interest](#) on behalf of [Michelle MacDonald](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:27 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Michelle MacDonald
540 Mohawk Dr Apt 21
Boulder, CO 80303-3794

From: [Center for Science in the Public Interest](#) on behalf of [Diana Cullum-Dugan](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:27 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Diana Cullum-Dugan
188 Orchard St
Watertown, MA 02472-1822
173-9322

From: [Center for Science in the Public Interest](#) on behalf of [Gail J. Reams](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:28 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Gail J. Reams
3114 West Ave
Austin, TX 78705-2123
(512) 459-7047

From: [Center for Science in the Public Interest](#) on behalf of [marceil schmitt](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:28 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. marceil schmitt
133 Tahlulah Ln
West Islip, NY 11795-5219
(516) 458-4213

From: [Center for Science in the Public Interest](#) on behalf of [Jennifer Smith](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:29 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Jennifer Smith
1402 Richmond Ave Apt 306
Houston, TX 77006-5323
(713) 524-3804

From: [Center for Science in the Public Interest](#) on behalf of [Jessica Montana](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:29 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Jessica Montana
161 Wardwell Ave
Staten Island, NY 10314-2244

From: [Center for Science in the Public Interest](#) on behalf of [Earl McCowen](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:29 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Earl McCowen
20 Hollyleaf Way
Novato, CA 94949-7221

From: [Center for Science in the Public Interest](#) on behalf of [Lynda Varner](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:25 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Lynda Varner
7448 Batista St
San Diego, CA 92111-3523

From: [Center for Science in the Public Interest](#) on behalf of [Jean Owen](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:29 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Jean Owen
1420 Raymond St
Joliet, IL 60431-8718

From: [Center for Science in the Public Interest](#) on behalf of [daisy fischtrom](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:29 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. daisy fischtrom
1 Blind Brook Rd
Westport, CT 06880-2909

From: [Center for Science in the Public Interest](#) on behalf of [Yulisa Nunez](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:30 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Yulisa Nunez
2476 Ocean View Blvd
Ocoee, FL 34761-4852

From: [Center for Science in the Public Interest](#) on behalf of [Irene R. Yoshida](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:30 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Irene R. Yoshida
184 Ada Avenue
unit b
Mountain View, CA 94043
(650) 465-5652

From: [Center for Science in the Public Interest](#) on behalf of [John McCarthy](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:30 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. John McCarthy
1541 Colonial Dr
Woodbridge, VA 22192-2441

From: [Center for Science in the Public Interest](#) on behalf of [Emily Willoughby](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:30 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Emily Willoughby
17000 53rd Ave S
Tukwila, WA 98188-3250

From: [Center for Science in the Public Interest](#) on behalf of [Bob Tilley](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:30 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Bob Tilley
806 Lead Ave SW
Albuquerque, NM 87102-3055

From: [Center for Science in the Public Interest](#) on behalf of [gideon tanner](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:30 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

How can you serve under the arrogant fraud , M. Bloomberg ? He stands for humiliating and incarcerating tens of thousands of young people of color . While he jets off to his various estates in Bermuda , Southampton , etc. , the youth of our city are persecuted by this man whose only interest seems to be to enrich his cronies and to make the hyper-rich secure in the knowledge that their exclusive neighborhoods are off limits to non-whites . Resigning en masse would be an honorable course . I look forward to your response.

Sincerely,

Dr. gideon tanner
PO Box 127
Indian Lake, NY 12842-0127

From: [Center for Science in the Public Interest](#) on behalf of [Veronica Majumdar](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:30 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Veronica Majumdar
115 Maplevale Dr
Woodbridge, CT 06525-1117

From: [Center for Science in the Public Interest](#) on behalf of [Cionin Lorenzo](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:31 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Cionin Lorenzo
307 72nd St
Brooklyn, NY 11209-1455

From: [Center for Science in the Public Interest](#) on behalf of [Elizabeth Dennis](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:25 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Elizabeth Dennis
1000 New Jersey Ave SE
Washington, DC 20003-3312
(202) 687-3957

From: [Center for Science in the Public Interest](#) on behalf of [Jennifer Smith](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:31 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Jennifer Smith
23 Carlos Lane
Winnipeg, MB 90210

From: [Center for Science in the Public Interest](#) on behalf of [Dana Dose](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:31 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Dana Dose
20805 Mount Rose Hwy
Reno, NV 89511-5735

From: [Center for Science in the Public Interest](#) on behalf of [Mary DeBusman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:31 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Mary DeBusman
445 Athol Ave Apt 7
Oakland, CA 94606-1446

From: [Center for Science in the Public Interest](#) on behalf of [Roxanne Balmas](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:31 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Roxanne Balmas
38507 Thornwood Dr
Harrison Twp, MI 48045-2662

From: [Center for Science in the Public Interest](#) on behalf of [Robin Harper](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:31 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Robin Harper
27 Wallingford Ave Apt C7
Wallingford, PA 19086-6147
(610) 565-6332

From: [Center for Science in the Public Interest](#) on behalf of [Meredith Averill](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:31 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow because overweight and obesity have become commonplace throughout America -- mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Meredith Averill
10 Little Lakes Rdg
Ossining, NY 10562-1652
(914) 923-1605

From: [Center for Science in the Public Interest](#) on behalf of [Sarah Butler](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:32 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Sarah Butler
19 South St
Apt 3
Brighton, MA 02135-5168

From: [Center for Science in the Public Interest](#) on behalf of [Naomi Shiff](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:34 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Naomi Shiff
1204 17h Ave. E.
Seattle, WA 98112-3317

From: [Center for Science in the Public Interest](#) on behalf of [Melissa Coucke](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:35 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Melissa Coucke
1588 Mizzen Ln
Half Moon Bay, CA 94019-1536

From: [Center for Science in the Public Interest](#) on behalf of [Dana Vermilye](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:35 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Dana Vermilye
601 W 113th St Apt 7g
New York, NY 10025-9711
(917) 620-9265

From: [Center for Science in the Public Interest](#) on behalf of [barbara bowen](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:25 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. barbara bowen
138 Breezewood Dr
Orchard Park, NY 14127-4860

From: [Center for Science in the Public Interest](#) on behalf of [Alan Lee](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:36 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Alan Lee
144 W 23rd St Apt 10e
New York, NY 10011-9403
(917) 450-9848

From: [Center for Science in the Public Interest](#) on behalf of [Irving Elfie](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:37 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Irving Elfie
461 Ayers Pl
Oceanside, NY 11572-2605

From: [Center for Science in the Public Interest](#) on behalf of [Cheryl Axelrod](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:38 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Cheryl Axelrod
1238 Pine St
Glenview, IL 60025-2918
(847) 729-7233

From: [Center for Science in the Public Interest](#) on behalf of [Martin Baskin](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:39 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Martin Baskin
2121 Jamieson Ave
Unit 1201
Alexandria, VA 22314-5713
(703) 837-9737

From: [Center for Science in the Public Interest](#) on behalf of [Sheilah Schumann](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:39 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Sheilah Schumann
9 Diellen Ct
Commack, NY 11725-3905

From: [Center for Science in the Public Interest](#) on behalf of [Ron Bastone](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:40 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Ron Bastone
316 Berry Meadow Way
Bakersfield, CA 93308-7846

From: [Center for Science in the Public Interest](#) on behalf of [Sonia Ness](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:40 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Sonia Ness
328 Banbury Ave
Elk Grove Village, IL 60007-3418

From: [Center for Science in the Public Interest](#) on behalf of [carol.uschyk](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:41 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. carol uschyk
1709 Reynard Ln
Calistoga, CA 94515-1122

From: [Center for Science in the Public Interest](#) on behalf of [Jagdish Saini](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:42 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Jagdish Saini
731 Palmira Ct
San Ramon, CA 94583-1940

From: [Center for Science in the Public Interest](#) on behalf of [Aileen Burdick](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:43 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Aileen Burdick
24 Stuyvesant Ave
Rye, NY 10580-3130
(914) 481-8749

From: [Center for Science in the Public Interest](#) on behalf of [James Barbee](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:26 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. James Barbee
4200 Summers Ln Unit 2
Klamath Falls, OR 97603-7990

From: [Center for Science in the Public Interest](#) on behalf of [Justin Dowell](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:43 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Justin Dowell
616 Wetmore Rd
Columbus, OH 43214-2250

From: [Center for Science in the Public Interest](#) on behalf of [Bruce Bishoff](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:44 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Bruce Bishoff
23 E Willow Ter
Mechanicsburg, PA 17050-1802

From: [Center for Science in the Public Interest](#) on behalf of [Marjorie Picard](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:44 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Marjorie Picard
2242 Redwood Rd
Scotch Plains, NJ 07076-2116

From: [Center for Science in the Public Interest](#) on behalf of [Sara Meddaugh](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:44 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Sara Meddaugh
85 Heritage Village Way
Campbell, CA 95008-2039

From: [Center for Science in the Public Interest](#) on behalf of [Nathan Bokil](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:45 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Nathan Bokil
2971 S Columbus St Apt A1
Arlington, VA 22206-1422
(703) 671-3353

From: [Center for Science in the Public Interest](#) on behalf of [Katharine Barnhill](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:45 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Katharine Barnhill
1100 Castle Ct
Austin, TX 78703-4900

From: [Center for Science in the Public Interest](#) on behalf of [Jan Cho](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:46 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Jan Cho
1224 Evergreen Rd
Yardley, PA 19067-7343

From: [Center for Science in the Public Interest](#) on behalf of [lynn_yoder](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:46 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Lynn Yoder
PO Box 1317
Soquel, CA 95073-1317
(831) 475-9650

From: [Center for Science in the Public Interest](#) on behalf of [Helena Manzella](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:46 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Helena Manzella
515 N Leh St
Allentown, PA 18104-4319

From: [Center for Science in the Public Interest](#) on behalf of [Amanda Stewart](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:46 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Amanda Stewart
625 S 19th St # 2
Philadelphia, PA 19146-1438

From: [Center for Science in the Public Interest](#) on behalf of [Sylvia Lopez](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:26 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Sylvia Lopez
7699 Cannellwood Dr
South Beloit, IL 61080-9591

From: [Center for Science in the Public Interest](#) on behalf of [John Upp](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:46 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. John Upp
145 Paseo De La Concha
Redondo Beach, CA 90277-6234
(310) 378-4884

From: [Center for Science in the Public Interest](#) on behalf of [Barbara Wishingrad](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:46 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Barbara Wishingrad
1626 San Pascual St
Santa Barbara, CA 93101-4123

From: [Center for Science in the Public Interest](#) on behalf of [Jeff Axelrod](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:46 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Jeff Axelrod
1238 Pine St
Glenview, IL 60025-2918
(847) 348-8332

From: [Center for Science in the Public Interest](#) on behalf of [Rita Hale](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:46 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Rita Hale
6842 Kinsman St
Wauwatosa, WI 53213-2822
(414) 774-4576

From: [Center for Science in the Public Interest](#) on behalf of [Anna Booth](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:46 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Anna Booth
1632 3rd Ave W
Seattle, WA 98119-3014

From: [Center for Science in the Public Interest](#) on behalf of [Edith Simpson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:47 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Edith Simpson
15 Springdale Rd
Asheville, NC 28805-1736
(828) 505-3393

From: [Center for Science in the Public Interest](#) on behalf of [Marilyn Voorhies](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:47 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very much concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the outlandish growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Marilyn Voorhies
38 Clark Point Rd
West Tremont, ME 04612-3656

From: [Center for Science in the Public Interest](#) on behalf of [Robert Lewis](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:47 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Robert Lewis
PO Box 264
Centerport, NY 11721-0264

From: [Center for Science in the Public Interest](#) on behalf of [k v](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:47 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. k v

5

valpo, IL 46383

From: [Center for Science in the Public Interest](#) on behalf of [Bob Rankin](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:47 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Bob Rankin
6652 Ruxton Ln
Austin, TX 78749-4101

From: [Center for Science in the Public Interest](#) on behalf of [luann_elliott](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:27 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. luann elliott
621 N 1875 W
Farmington, UT 84025-2848

From: [Center for Science in the Public Interest](#) on behalf of [Antonio Garcia Jr](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:47 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Antonio Garcia Jr
233 Ashland Pl
Apt Gd
Brooklyn, NY 11217-1107
(408) 529-1506

From: [Center for Science in the Public Interest](#) on behalf of [Danielle Dalton](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:47 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Danielle Dalton
3149 Millie Ln
Charlottesville, VA 22911-6231

From: [Center for Science in the Public Interest](#) on behalf of [Stephanie Eyes](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:47 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Stephanie Eyes
770 L St
Arcata, CA 95521-5747

From: [Center for Science in the Public Interest](#) on behalf of [lorre_arnold](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:47 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Sugary drinks now come in gargantuan proportions. Today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! More reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But many of them will be satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. lorre_arnold
7840 Heatherglen Dr
Cincinnati, OH 45255-2418
(513) 325-9555

From: [Center for Science in the Public Interest](#) on behalf of [Brian Olzinski](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:48 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Brian Olzinski
1730 Rockview Cir
Mobile, AL 36695-4394
(678) 462-0320

From: [Center for Science in the Public Interest](#) on behalf of [Leona E Krieg](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:48 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

MY SON AND BROTHER HAVE A DEFINITE PROBLEM WITH THIS ISSUE, SO IT IS GOOD TO WRITE.

THANKS,

Sincerely,

Leona E Krieg
5005 Dodge St
Duluth, MN 55804

Restoring an understanding among consumers of more reasonable serving

sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Leona E Krieg
5005 Dodge St
Duluth, MN 55804-2434

From: [Center for Science in the Public Interest](#) on behalf of [Nancy Calico](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:48 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

" Give a hoot, don't pollute," "Why do you think they call it dope?" "Cross at the green, not in-between" "It's 10pm, do you know where your children are?" These slogans helped to set a public standard of behavior as do realistic expectations.

Public health and citizenship are part of a healthy population. Look around. There are a lot of unhealthy people. Let's help them and our country. This is a public health crisis. The time to act is now.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,
Ms. Nancy Calico
82 Calvert Ave. West
Edison, N.J. 08820

Sincerely,

Ms. Nancy Calico
82 Calvert Ave W
Edison, NJ 08820-3147

From: [Center for Science in the Public Interest](#) on behalf of [Julie Shapiro](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:48 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Julie Shapiro
6607 W Meadows Ln
Maumee, OH 43537-9566
(419) 725-7209

From: [Center for Science in the Public Interest](#) on behalf of [Elizabeth Black](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:48 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America. More than two-thirds of adults and one in three children are overweight or obese in this country. Mayor Bloomberg's proposal is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. In all likelihood, many consumers will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Elizabeth Black
149 S Carter Ct
Louisville, CO 80027-2134

From: [Center for Science in the Public Interest](#) on behalf of [Matt Fitzgibbons](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:49 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Matt Fitzgibbons
844 N 29th St
Apt 117
Philadelphia, PA 19130-1140
(617) 223-1107

From: [Center for Science in the Public Interest](#) on behalf of [Britney Bass](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:22:49 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Britney Bass
3448 Willowrun Dr
Apt A.
Austin, TX 78704-7356
(505) 603-6235

From: [Center for Science in the Public Interest](#) on behalf of [Cathy Ahr](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:28 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Cathy Ahr
5208 pine needle dr
Columbus, GA 31907

From: [Center for Science in the Public Interest](#) on behalf of [Eileen Fuentes](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:49 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Eileen Fuentes
421 Farnham Ave
Lodi, NJ 07644-1204

From: [Center for Science in the Public Interest](#) on behalf of [Mary Ann Waddell](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:49 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Mary Ann Waddell
17 Calle Prado
Santa Fe, NM 87507-4206
(505) 310-7821

From: [Center for Science in the Public Interest](#) on behalf of [Jill Marhaver](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:52 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

Consumers are susceptible to the lure of sugary drinks that directly cause obesity, and we need help in resisting the temptation of these ersatz foods. If citizens expect the government to fund Medicare for their future health problems of diabetes, heart disease, stroke and cancer, then they must allow government to control the behavior that causes those health problems in the first place.

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and

consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Jill Marhaver
13102 Echo Ln
Apple Valley, MN 55124-3904

From: [Center for Science in the Public Interest](#) on behalf of [Julie Messina](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:53 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Julie Messina
810 Demerius St
Apt S4
Durham, NC 27701-1672
(919) 937-9370

From: [Center for Science in the Public Interest](#) on behalf of [Marc Cohen](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:54 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Marc Cohen
62 Grassmere Ave
E Providence, RI 02914-3348

From: [Center for Science in the Public Interest](#) on behalf of [H Dixon Slingerland](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:56 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. H Dixon Slingerland
147 Barrington Pl E
Aurora, OH 44202-6717

From: [Center for Science in the Public Interest](#) on behalf of [e d](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:56 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. e d

33

chicago, IL 60618

From: [Center for Science in the Public Interest](#) on behalf of [Veronica Hayes](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:57 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Veronica Hayes
242 W Chesterfield St
Ferndale, MI 48220-2428
(248) 987-8732

From: [Center for Science in the Public Interest](#) on behalf of [k d](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:58 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. k d

33

chicago, IL 60618

From: [Center for Science in the Public Interest](#) on behalf of [Lea Nicholson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:53:59 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Lea Nicholson
1425 N Chambliss St
Alexandria, VA 22312-3023
(571) 217-7725

From: [Center for Science in the Public Interest](#) on behalf of [A Jackson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:28 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. A Jackson
Dawn Ct
San Ramon, CA 94583

From: [Center for Science in the Public Interest](#) on behalf of [Cathy Hall](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:54:01 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Cathy Hall
221 Allison Rd
Guyton, GA 31312-5253

From: [Center for Science in the Public Interest](#) on behalf of [Amy Konkoly](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:54:02 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Amy Konkoly
13595 Essex Ct
Eden Prairie, MN 55347-1713
(952) 934-5469

From: [Center for Science in the Public Interest](#) on behalf of [Lucille Poulin](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:54:03 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Lucille Poulin
33 Davis St
Ellsworth, ME 04605-1610
(207) 664-0050

From: [Center for Science in the Public Interest](#) on behalf of [John Hilb](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:54:04 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

Dear wonderful Board Members!

Please drink mineral water!

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Dear wonderful Board Members!

Please drink mineral water!

Thank you, wonderful Board Members!

Sincerely,

Mr. John Hilb
1139 S 3rd Ave
Kankakee, IL 60901-4908

From: [Center for Science in the Public Interest](#) on behalf of [Sharon Edwards](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:54:05 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Sharon Edwards
1 Fordham Plz
1108
Bronx, NY 10458-5871
(718) 405-7721

From: [Center for Science in the Public Interest](#) on behalf of [Sandra Weaver](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:54:06 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Sandra Weaver
9508 El Monte St
Overland Park, KS 66207-3547
(913) 548-6546

From: [Center for Science in the Public Interest](#) on behalf of [Tom Kociemba](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:54:07 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Tom Kociemba
13050 W. zred Fox Rd
Peoria,, AZ 85383-2023

From: [Center for Science in the Public Interest](#) on behalf of [Trevor Harris](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:54:09 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Trevor Harris
2150 28th St
Astoria, NY 11105-2934

From: [Center for Science in the Public Interest](#) on behalf of [joelle.gillooly](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:54:10 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. joelle gillooly
2023 Catskill Ct
Apex, NC 27523-5158

From: [Center for Science in the Public Interest](#) on behalf of [Roxanne Friedenfels](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:54:11 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Roxanne Friedenfels
36 Loantaka Way Apt D
Madison, NJ 07940-1924
(973) 765-9102

From: [Center for Science in the Public Interest](#) on behalf of [Ellen Biasi](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:29 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Ellen Biasi
300 Tuttle Pkwy
Westfield, NJ 07090-4025
(908) 603-9381

From: [Center for Science in the Public Interest](#) on behalf of [Michael Seserman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:54:14 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As a public health professional, the Vice President of the NYS Public Health Association, and someone who visits New York City frequently, I am very concerned about the obesity epidemic and health care costs in the state. I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. I do recommend that the policy intervention, if implemented, be rigorously evaluated to assess its impact and inform obesity prevention efforts elsewhere.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your

response.

Sincerely,

Mr. Michael Seserman
8 N Church St
Athens, NY 12015-1304
(518) 573-8135

From: [Center for Science in the Public Interest](#) on behalf of [Willie Mae Horvatic](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:54:14 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Willie Mae Horvatic
531 S 97th Pl
Mesa, AZ 85208-2529
(623) 252-4296

From: [Center for Science in the Public Interest](#) on behalf of [frank sindoni](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:54:15 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. frank sindoni
302 Hammocks Dr
Orchard Park, NY 14127-1684
(716) 998-3198

From: [Center for Science in the Public Interest](#) on behalf of [Stephen Phillips](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:54:19 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Stephen Phillips
18205 Pinecroft Ct
Gaithersburg, MD 20877-3805

From: [Center for Science in the Public Interest](#) on behalf of [Gwendolyn Wilson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:54:22 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Gwendolyn Wilson
166 Cuyahoga St
Akron, OH 44304-1067

From: [Center for Science in the Public Interest](#) on behalf of [Bo Bergstrom](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:54:22 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Bo Bergstrom
30 Village Rd
Silver City, NM 88061-8631

From: [Center for Science in the Public Interest](#) on behalf of [Marjorie Meinke](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:54:23 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Marjorie Meinke
3850 Lampson Ave # 208
Seal Beach, CA 90740-2797
(562) 431-6875

From: [Center for Science in the Public Interest](#) on behalf of [Joyce D Fuhrman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:54:24 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Joyce D Fuhrman
43 Mara Ct
Cherry Hill, NJ 08002-1776
(856) 414-0633

From: [Center for Science in the Public Interest](#) on behalf of [Andrea Giancoli](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:54:25 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Andrea Giancoli
1045 14th St
Hermosa Beach, CA 90254-4014

From: [Center for Science in the Public Interest](#) on behalf of [Rachel Shapiro](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:54:28 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Rachel Shapiro
886 S Jersey St
Denver, CO 80224-1417

From: [Center for Science in the Public Interest](#) on behalf of [Craig Hazen](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:29 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Craig Hazen
87 Blue Mountain Church Rd
Saugerties, NY 12477-3602

From: [Center for Science in the Public Interest](#) on behalf of [Nancy Leicht](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:54:28 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Nancy Leicht
PO Box 244
5 Castalia St
Blue Diamond, NV 89004-0244
(702) 875-1992

From: [Center for Science in the Public Interest](#) on behalf of [Jane Austin](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:54:29 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Jane Austin
31 Roosevelt Ave
West Haven, CT 06516-6322
(203) 933-4129

From: [Center for Science in the Public Interest](#) on behalf of [Kristen Abrams](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 2:54:45 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Kristen Abrams
3064 S Bellaire St
Denver, CO 80222-6709

From: [Center for Science in the Public Interest](#) on behalf of [ZAKIYYAH LUQMAN](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:03 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. ZAKIYYAH LUQMAN
264 W 118th St
New York, NY 10026-1620

From: [Center for Science in the Public Interest](#) on behalf of [Ruth Keegan](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:03 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Ruth Keegan
8 King Phillip Cir
Rockland, MA 02370-1398

From: [Center for Science in the Public Interest](#) on behalf of [Jennifer Martin](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:03 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Jennifer Martin
111 Barnes Rd
Millsap, TX 76066-2745
(817) 308-7198

From: [Center for Science in the Public Interest](#) on behalf of [Deane Fischer](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:03 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Deane Fischer
1756 Old Stage Rd
Colorado Springs, CO 80906

From: [Center for Science in the Public Interest](#) on behalf of [Cynthia Wilcoxson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:04 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Cynthia Wilcoxson
620 Fence Post Pass
Cedar Park, TX 78613-7326

From: [Center for Science in the Public Interest](#) on behalf of [Elizabeth Swanson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:04 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Elizabeth Swanson
4100 SW 91st Ave
Portland, OR 97225-2550

From: [Center for Science in the Public Interest](#) on behalf of [Melissa Laska](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:04 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Melissa Laska
401 S 1st St Unit 1201
Minneapolis, MN 55401-2568

From: [Center for Science in the Public Interest](#) on behalf of [Chuck Shiebler](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:30 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Chuck Shiebler
4856 Wallington Dr
Hilliard, OH 43026-9681

From: [Center for Science in the Public Interest](#) on behalf of [Steven Froot](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:04 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As a resident of the Bronx and someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Steven Froot
550 W 252nd St
Bronx, NY 10471-2816

From: [Center for Science in the Public Interest](#) on behalf of [Krista Lennox](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:04 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Krista Lennox
27 Eagle St
Buffalo, NY 14221-5501

From: [Center for Science in the Public Interest](#) on behalf of [Kenneth Harris](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:04 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Kenneth Harris
5099 157th St N
Hugo, MN 55038-8810

From: [Center for Science in the Public Interest](#) on behalf of [Beau Poppen-Abajian](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:05 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Beau Poppen-Abajian
424 East St
Juneau, AK 99801-1041

From: [Center for Science in the Public Interest](#) on behalf of [T Bell](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:05 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. T Bell
1944 Grey Eagle St
Henderson, NV 89074-0670

From: [Center for Science in the Public Interest](#) on behalf of [robert knotts](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:05 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. robert knotts
4070 Banner St
Eugene, OR 97404-1306
(541) 688-0469

From: [Center for Science in the Public Interest](#) on behalf of [David Roth](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:06 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. David Roth
1303 S Walter Reed Dr Apt 201
Arlington, VA 22204-4932

From: [Center for Science in the Public Interest](#) on behalf of [Alison Nurok](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:07 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Alison Nurok
121 S Main St Apt B
Middlebury, VT 05753-1551

From: [Center for Science in the Public Interest](#) on behalf of [Ann Barnett](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:07 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Ann Barnett
44 W 96th St
New York, NY 10025-6500

From: [Center for Science in the Public Interest](#) on behalf of [Daniel Dick](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:08 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Daniel Dick
32 Cottage St
Natick, MA 01760-5840
(508) 397-9178

From: [Center for Science in the Public Interest](#) on behalf of [Bonna Cafiso](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:30 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Bonna Cafiso
593 Klinger Rd
Sunbury, PA 17801-6512

From: [Center for Science in the Public Interest](#) on behalf of [Matt Piccone](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:08 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Matt Piccone
4836 NE 37th Ave
Portland, OR 97211-8106

From: [Center for Science in the Public Interest](#) on behalf of [Susan Karpen](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:08 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As a Registered Dietitian concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Susan Karpen
7605 Trowbridge Ct
Raleigh, NC 27613-1626
(919) 870-0066

From: [Center for Science in the Public Interest](#) on behalf of [Blade Corwin](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:08 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Blade Corwin
42 Uranus Ter
San Francisco, CA 94114-1830

From: [Center for Science in the Public Interest](#) on behalf of [John Kautzman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:08 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. John Kautzman
171 County Road 355
Crane Hill, AL 35053-3338
(256) 747-8709

From: [Center for Science in the Public Interest](#) on behalf of [Eric Farrow](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:09 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Eric Farrow
13550 County Road 5150
Rolla, MO 65401-6161

From: [Center for Science in the Public Interest](#) on behalf of [katherine fligg](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:09 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. katherine fligg
35 Almenar Dr
Greenbrae, CA 94904-1143

From: [Center for Science in the Public Interest](#) on behalf of [tina overland](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:09 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. tina overland
767 Hymettus Ave
Encinitas, CA 92024-2148

From: [Center for Science in the Public Interest](#) on behalf of [Jayne P. Hollar](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:09 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Jayne P Hollar
638 Fords Shop Rd
Culpeper, VA 22701-9144

From: [Center for Science in the Public Interest](#) on behalf of [Norman Keegel](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:09 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Norman Keegel
508 Madrona Way NE
Bainbridge Island, WA 98110-1822

From: [Center for Science in the Public Interest](#) on behalf of [Danielle Heard, MS, HHC](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:09 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,
Danielle Heard, MS, HHC
Founder, Artemis in the City, LLC
Certified Holistic Health Counselor
Certified Natural Whole Foods Chef
Toll-Free Phone: 866.330.5421
Phone: 212.535.3160
Fax: 212.535.3234
danielle@artemisinthecity.com
www.artemisinthecity.com

Sincerely,

Ms. Danielle Heard, MS, HHC
1605 Glenrose St
Longview, TX 75604-2624
(212) 535-3160

From: [Center for Science in the Public Interest](#) on behalf of [Kim Fischer](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:31 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Kim Fischer
896 S Cassingham Rd
Bexley, OH 43209-2435
(614) 975-8547

From: [Center for Science in the Public Interest](#) on behalf of [Felipe Mendoza](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:10 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support or improvement of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Felipe Mendoza
11310 Del Monte Dr
Houston, TX 77077-6408
(281) 558-3375

From: [Center for Science in the Public Interest](#) on behalf of [Carol Miller](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:10 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Carol Miller
2700 N Wyman Rd
Weidman, MI 48893-9617

From: [Center for Science in the Public Interest](#) on behalf of [Cynthia Shelton](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:10 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Cynthia Shelton
2358 Soundview Dr
Langley, WA 98260-9748
(360) 321-4896

From: [Center for Science in the Public Interest](#) on behalf of [Stephanie Weiss](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:10 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Stephanie Weiss
201 S 18th St
Philadelphia, PA 19103-5957

From: [Center for Science in the Public Interest](#) on behalf of [Edith Naveh](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:11 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Edith Naveh
5533 Woodmont St
Pittsburgh, PA 15217-1255

From: [Center for Science in the Public Interest](#) on behalf of [christiane Dickinson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:11 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. christiane Dickinson
7007 E Gold Dust Ave
Apt 1076
Scottsdale, AZ 85253-1441
(480) 254-2121

From: [Center for Science in the Public Interest](#) on behalf of [Virginia W. Hulbert](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:12 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Virginia W Hulbert
40 E Livingston St
Valhalla, NY 10595-1837

From: [Center for Science in the Public Interest](#) on behalf of [Jennifer Hall](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:12 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Jennifer Hall
345 Doughtys Chapel Rd
Greeneville, TN 37745-1231

From: [Center for Science in the Public Interest](#) on behalf of [Blair Lawrence](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:12 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Blair Lawrence
71 Winchester St
Warrenton, VA 20186-2846

From: [Center for Science in the Public Interest](#) on behalf of [Nora Jaffe](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:12 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Nora Jaffe
2424 Ellentown Rd
La Jolla, CA 92037-1109

From: [Center for Science in the Public Interest](#) on behalf of [Erika Olson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:31 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Health care costs are spiraling out of control and this is one very simple thing we can do to help make things better for the next generation. As the mother of a 5-month-old boy who I hope will NEVER choose to drink pop, I feel that we need to look out for those who have been incessantly marketed to and who are unaware of the horrible health effects of consuming so much sugar and high fructose corn syrup.

Let's do the right thing. We'll regret it if we don't, but then it will be too late for millions of kids.

Sincerely,

Mrs. Erika Olson
641 W Belmont Ave
Unit 1
Chicago, IL 60657-4510

From: [Center for Science in the Public Interest](#) on behalf of [Rachel Yong](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:12 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Rachel Yong
103 E Mount Royal Ave
Baltimore, MD 21202-2758

From: [Center for Science in the Public Interest](#) on behalf of [Patricia Bainter](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:12 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Patricia Bainter
3737 Moraga Ave Ste A105
San Diego, CA 92117-5458

From: [Center for Science in the Public Interest](#) on behalf of [Cheryl Hart](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:12 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Cheryl Hart
1954 Courtside Dr
Grand Prairie, TX 75051-7438
(972) 983-4184

From: [Center for Science in the Public Interest](#) on behalf of [John Potter](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:12 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. John Potter
PO Box 22668
Seattle, WA 98122-0668

From: [Center for Science in the Public Interest](#) on behalf of [Paul Ross](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:12 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Paul Ross
1927 Cynthia Ln
Merrick, NY 11566-5111

From: [Center for Science in the Public Interest](#) on behalf of [Elisabeth Waugaman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:12 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

We know sugary drinks are a major contributor to the obesity epidemic--they are the single largest contributor of calories to the American diet. Soft drink consumption is associated with a 60-percent increased risk of overweight in children. We know excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on soda consumption and help slow down weight gain in New Yorkers. Helping keep people healthy saves money on health care costs.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Elisabeth Waugaman
8109 Horseshoe Ln
Potomac, MD 20854-3834

From: [Center for Science in the Public Interest](#) on behalf of [Susan Bethea](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:13 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Susan Bethea
8283 S Carr Ct
Littleton, CO 80128-5307

From: [Center for Science in the Public Interest](#) on behalf of [Tanis Furst](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:13 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Tanis Furst
215 N Cayuga St
Apt 344
Ithaca, NY 14850-4382

From: [Center for Science in the Public Interest](#) on behalf of [Christine Hoey](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:13 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Christine Hoey
4461 Bermuda Ave
San Diego, CA 92107-3926

From: [Center for Science in the Public Interest](#) on behalf of [Christopher Gardner](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:13 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Christopher Gardner
3715 Redwood Cir
Palo Alto, CA 94306-4251

From: [Center for Science in the Public Interest](#) on behalf of [Janet Justus](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:32 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Janet Justus
30 E 55th St
Kansas City, MO 64113-1250

From: [Center for Science in the Public Interest](#) on behalf of [Elizabeth Patron](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:13 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Potentially restricting the amount of refills a person can get on sugary beverages is also a good idea, for even if people are not allowed to get sugary drinks bigger than 16-oz, they might still get refills, defeating the purpose of the 16-oz limit. 16-oz is already above and beyond the serving size for many drinks - can we support actions that get us closer to the would-be-normal serving size outside of an obesogenic world?

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines.

Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Elizabeth Patron
10639 Anglo Hill Rd
Cockeysville, MD 21030-2934

From: [Center for Science in the Public Interest](#) on behalf of [Paul Rosenstein](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:14 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Paul Rosenstein
1518 Yale St Apt 6
Santa Monica, CA 90404-3603

From: [Center for Science in the Public Interest](#) on behalf of [Juliana Shulman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:14 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Juliana Shulman
13b Suffolk St
Cambridge, MA 02139-2712
(201) 321-2697

From: [Center for Science in the Public Interest](#) on behalf of [Dawn Peters](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:14 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Dawn Peters
760 Broadway
Brooklyn, NY 11206-5317

From: [Center for Science in the Public Interest](#) on behalf of [Katy Heneghan](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:14 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Katy Heneghan
87 Savoy St
Providence, RI 02906-3445

From: [Center for Science in the Public Interest](#) on behalf of [Katrina Brown](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:15 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Katrina Brown
315 N Franklin St
Apt 1
Madison, WI 53703-1580
(715) 225-0171

From: [Center for Science in the Public Interest](#) on behalf of [JoAnne Hammermaster](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:15 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. JoAnne Hammermaster
9519 Francis Young Ln
Vienna, VA 22182-3401

From: [Center for Science in the Public Interest](#) on behalf of [Mary Oliver](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:16 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Mary Oliver
73 Ridgedale Ave
Madison, NJ 07940-1216

From: [Center for Science in the Public Interest](#) on behalf of [Dale Fine](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:16 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Dale Fine
6411 E Crocus Dr
Scottsdale, AZ 85254-3353
(480) 208-9408

From: [Center for Science in the Public Interest](#) on behalf of [Nancy Elizabeth Grabowsky](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:16 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Nancy Elizabeth Grabowsky
933 Michigan Ave
Evanston, IL 60202-1444
(847) 208-2810

From: [Center for Science in the Public Interest](#) on behalf of [Kimberly Milan](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:32 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Kimberly Milan
21900 SE Wax Rd Apt N103
Maple Valley, WA 98038-5501
(425) 313-2639

From: [Center for Science in the Public Interest](#) on behalf of [Rebecca Scritchfield](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:16 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Rebecca Scritchfield
2711 Jenifer St NW
Washington, DC 20015-1333

From: [Center for Science in the Public Interest](#) on behalf of [Nicole Agnello](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:22 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Nicole Agnello
1215 Wertland St Apt B21
Charlottesville, VA 22903-2845

From: [Center for Science in the Public Interest](#) on behalf of [Jerolyn Page](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:25 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Jerolyn Page
105 Lauren Dr
Gadsden, AL 35904-3075
(256) 549-0391

From: [Center for Science in the Public Interest](#) on behalf of [Kristi Wiedemann](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:27 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar. The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar.

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Kristi Wiedemann
217 Nassau St
Princeton, NJ 08542-4615

From: [Center for Science in the Public Interest](#) on behalf of [Carolyn Dolen](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:31 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Carolyn Dolen
214 E Vince St
Ventura, CA 93001-1740
(805) 643-3401

From: [Center for Science in the Public Interest](#) on behalf of [Domingo Hermosillo](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:33 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Domingo Hermosillo
1024 Central Ave N Apt H16
Kent, WA 98032-3075
(206) 356-2222

From: [Center for Science in the Public Interest](#) on behalf of [Anne Deysher](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:37 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Anne Deysher
21 Lackey St
Westborough, MA 01581-3207

From: [Center for Science in the Public Interest](#) on behalf of [Monique Sabatino](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:38 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Monique Sabatino
6 Princess Pine Rd
Lincoln, RI 02865-4728
(401) 640-1591

From: [Center for Science in the Public Interest](#) on behalf of [Karina Walker](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:55 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As a student studying human nutrition I am very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Karina Walker
680a Killarney Dr
Apt 3
Morgantown, WV 26505-2450

From: [Center for Science in the Public Interest](#) on behalf of [Sue Magyar](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:23:55 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Sue Magyar
PO Box 1617
Seward, AK 99664-1617
(907) 224-3976

From: [Center for Science in the Public Interest](#) on behalf of [Mark Edgerton](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:22:49 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Mark Edgerton
174 Goldfinch Ct
Hackettstown, NJ 07840-3047
(973) 713-1012

From: [Center for Science in the Public Interest](#) on behalf of [Patricia Ruckhaber](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:32 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Patricia Ruckhaber
2151 Colonial Way
Oak Harbor, WA 98277-8838
(360) 720-2014

From: [Center for Science in the Public Interest](#) on behalf of [Helen Wilkie](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:24:14 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Helen Wilkie
28 Vise Ln
Cabot, AR 72023-3205

From: [Center for Science in the Public Interest](#) on behalf of [James Trowbridge](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:53:17 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. James Trowbridge
72 West End Ave
New York, NY 12216

From: [Center for Science in the Public Interest](#) on behalf of [JOHN TAYLOR](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:53:17 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. JOHN TAYLOR
1055 W Joppa Rd
Unit 711
Towson, MD 21204-3749
(410) 296-1991

From: [Center for Science in the Public Interest](#) on behalf of [Priscilla Nelson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:53:17 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Priscilla Nelson
2198 Governors Ln
Estes Park, CO 80517-6900

From: [Center for Science in the Public Interest](#) on behalf of [Bob Crone](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:53:17 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Bob Crone
218 Kuupua St
Kailua, HI 96734-2737

From: [Center for Science in the Public Interest](#) on behalf of [Peggy Matheson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:53:19 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Peggy Matheson
3935 S 2000 E
Holladay, UT 84124-1730

From: [Center for Science in the Public Interest](#) on behalf of [Ricki Lubov](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:53:19 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Ricki Lubov
11220 72nd Dr
Forest Hills, NY 11375-5631

From: [Center for Science in the Public Interest](#) on behalf of [Karen Colin](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:53:20 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Karen Colin
5240 Ramsdell Ave
La Crescenta, CA 91214-1900

From: [Center for Science in the Public Interest](#) on behalf of [Ann Marie Judson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:53:20 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I have 6 grandchildren and am VERY worried about the state of our childrens' health in the U.S., I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Ann Marie Judson
512 Bridgeview Dr
Lemoyne, PA 17043-1379

From: [Center for Science in the Public Interest](#) on behalf of [Aimee Bruno](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:53:20 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Aimee Bruno
850 Greenbrier Cir
Chesapeake, VA 23320-2644

From: [Center for Science in the Public Interest](#) on behalf of [Kathryn Plitt](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:33 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Kathryn Plitt
1410 Sea Cliff Dr NW
Gig Harbor, WA 98332-9599

From: [Center for Science in the Public Interest](#) on behalf of [Brett Stone](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:53:22 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Brett Stone
905 SW Cedar Hills Blvd
Apt 1208
Portland, OR 97225-5769
(503) 989-5159

From: [Center for Science in the Public Interest](#) on behalf of [Gladys Bate](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:53:22 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Gladys Bate
6048 25th Rd N
Arlington, VA 22207-1258
(703) 237-4532

From: [Center for Science in the Public Interest](#) on behalf of [Ed DeRosis](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:53:22 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Ed DeRosis
117 Arlene Ter
San Rafael, CA 94903-3114
(415) 259-8181

From: [Center for Science in the Public Interest](#) on behalf of [Rebeca Four](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:53:23 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Rebeca Four
546 61st St
West New York, NJ 07093-1435

From: [Center for Science in the Public Interest](#) on behalf of [Jean Kilbourne](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:53:23 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Jean Kilbourne
67 Temple St
West Newton, MA 02465-2306

From: [Center for Science in the Public Interest](#) on behalf of [Ed Kwedar](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:53:24 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Ed Kwedar
1304 Blair Cir
Downingtown, PA 19335-3551

From: [Center for Science in the Public Interest](#) on behalf of [Marion Rios](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:53:24 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Marion Rios
17 Ridge Rd
Coram, NY 11727-2113
(631) 398-9033

From: [Center for Science in the Public Interest](#) on behalf of [Noelle Albanese](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:53:24 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Noelle Albanese
235 Trenor Dr
New Rochelle, NY 10804-3811

From: [Center for Science in the Public Interest](#) on behalf of [Lynn Weiss](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:53:25 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Lynn Weiss
56 Salem Ln
Evanston, IL 60203-1218

From: [Center for Science in the Public Interest](#) on behalf of [E. William Gates](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:53:25 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. E William Gates
9948 E Banister Dr
Tucson, AZ 85730-4439

From: [Center for Science in the Public Interest](#) on behalf of [Daniel Clausen](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:34 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Daniel Clausen
759 E North St
Adams, WI 53910-9368

From: [Center for Science in the Public Interest](#) on behalf of [Lois Tuwiner](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:53:25 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Lois Tuwiner
356 Broadview Ln
Annapolis, MD 21401-7240

From: [Center for Science in the Public Interest](#) on behalf of [Erin Kilhefner](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:53:25 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Erin Kilhefner
406 E 6th St
Bloomington, IN 47408-4018
(219) 476-5570

From: [Center for Science in the Public Interest](#) on behalf of [stephani.cook](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:53:25 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. stephani cook
27 Salem Rd
Pound Ridge, NY 10576-1505

From: [Center for Science in the Public Interest](#) on behalf of [Christina Andrioti](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:53:26 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Christina Andrioti
330 Merwin Ave
Apt C1
Milford, CT 06460-7199
(203) 675-1438

From: [Center for Science in the Public Interest](#) on behalf of [Marissa Burgermaster](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:53:26 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Marissa Burgermaster
513 Valley St
Apt 2
Maplewood, NJ 07040-1375

From: [Center for Science in the Public Interest](#) on behalf of [Nancy Becker](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:53:26 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Nancy Becker
315 SW 5th Ave
Portland, OR 97204-1753
(503) 422-2482

From: [Center for Science in the Public Interest](#) on behalf of [William Dengel](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:53:27 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. William Dengel
92 Country View Ct
Campbellsville, KY 42718-8619

From: [Center for Science in the Public Interest](#) on behalf of [Jonathan Nash](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:53:29 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Jonathan Nash
500 E 83rd St Apt 10b
New York, NY 10028-7394
(212) 534-0304

From: [Center for Science in the Public Interest](#) on behalf of [Joe Womack](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:53:29 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Joe Womack
902 Raleigh Rd
Anderson, IN 46012-2646

From: [Center for Science in the Public Interest](#) on behalf of [Megan Kalocinski](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:53:30 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Megan Kalocinski
613 Belden St
Monterey, CA 93940-1309

From: [Center for Science in the Public Interest](#) on behalf of [Gail McTune](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:35 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Gail McTune
PO Box 1212
Topanga, CA 90290-1212

From: [Center for Science in the Public Interest](#) on behalf of [Monique Weisman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:53:30 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

People typically purchase the huge size because it often costs less or provides greater "value." As a result, they end up drinking the entire cup. This is less an issue about freedom to buy any size and more about the psychology of getting the most for your money. We also know that sugar is addictive. The more we consume, the more accustomed our taste buds and bodies become to having greater amounts. Please support Mayor Bloomberg's proposal.

Sincerely,

Ms. Monique Weisman
3054 Ala Poha Pl
Honolulu, HI 96818-1616

From: [Center for Science in the Public Interest](#) on behalf of [Wendy Elverson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:53:30 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Although I do not live in New York City I am am a former resident.

Sincerely,

Mrs. Wendy Elverson
30 Oak Hill Dr
Arlington, MA 02474-2915

From: [Center for Science in the Public Interest](#) on behalf of [Lara Villavicencio](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:53:36 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Lara Villavicencio
3901 Elliot Ave
Minneapolis, MN 55407-2617
(651) 470-4331

From: [Center for Science in the Public Interest](#) on behalf of [Marcia Magnus](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:53:37 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Marcia Magnus
1950 S Ocean Dr Apt 6k
Hallandale Beach, FL 33009-5941
(954) 454-7473

From: [Center for Science in the Public Interest](#) on behalf of [Stephen Murray](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:53:37 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Stephen Murray
103 Woodridge Dr
Warner Robins, GA 31088-4141
(678) 207-8732

From: [Center for Science in the Public Interest](#) on behalf of [Matthew Mintz](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:53:37 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As a physician I see both the complications of obesity (diabetes, high blood pressure, arthritis) and the patients struggling to lose weight. There is no question that personal choice plays a role. However; we are biologically engineered to often make the wrong choices given the wrong environment. There is no question that the obesity epidemic seen in the US is partly caused by what some have called our "toxic environment" which has numerous high calorie, low cost food choices that are abundant in our society. Though sugar containing beverages are not the only cause, they are a start. The Mayor's proposal is a bold step in the right direction if we are going to reverse the trend that will eventually lead to obesity being the leading preventable cause of death in the US. There is no reason any adult or child needs to drink more than 16 oz of Coke or Pepsi.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Matthew Mintz
2150 Pennsylvania Ave NW
Washington, DC 20037-3201

From: [Center for Science in the Public Interest](#) on behalf of [Nannette Lorenzen](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:53:38 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

IF BLOOMBERG'S PROPOSAL BECOMES REALITY, PERHAPS A FEW PEOPLE CAN BE SAVED FROM LIFE-SHORTENING DISEASES.

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the

Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Nannette Lorenzen
1590 London Cir
Benicia, CA 94510-1342

From: [Center for Science in the Public Interest](#) on behalf of [Jerrold Waxman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:53:38 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Jerrold Waxman
321 Eastern St
Apt A1417
New Haven, CT 06513-2495

From: [Center for Science in the Public Interest](#) on behalf of [Andrew Cheyne](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:53:38 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Andrew Cheyne
2130 Center St
Berkeley, CA 94704-1383

From: [Center for Science in the Public Interest](#) on behalf of [Samantha Ngo](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:53:38 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Samantha Ngo
3019 Tulare Dr
San Jose, CA 95132-2343

From: [Center for Science in the Public Interest](#) on behalf of [Laurie Powsner](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:35 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Laurie Powsner
34 Tee Ar Pl
Princeton, NJ 08540-3946
(609) 921-3032

From: [Center for Science in the Public Interest](#) on behalf of [Gwenn meltzer](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:53:38 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Gwenn meltzer
1847 Constitution Ave Apt 506
Woodlyn, PA 19094-1427

From: [Center for Science in the Public Interest](#) on behalf of [Adrienne Miriani](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:53:38 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Adrienne Miriani
504 Castlebury Ct
Franklin, TN 37064-5425

From: [Center for Science in the Public Interest](#) on behalf of [Lou Jones](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:53:38 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I love what you are doing in NYC to promote health in a very public way!

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Lou Jones
2025 State Road 436
Winter Park, FL 32792-2234

From: [Center for Science in the Public Interest](#) on behalf of [kathleen.kenyon](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:53:39 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. kathleen kenyon
1401 Oak Tree Dr
Chapel Hill, NC 27517-4068

From: [Center for Science in the Public Interest](#) on behalf of [Andrea O'Brien](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:53:39 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As a dietetics student at Seattle Pacific University in excellent standing, I am very concerned about the obesity epidemic and health care costs in this country. Therefore, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your

response.

Sincerely,

Miss Andrea O'Brien
649 W Emerson St
Seattle, WA 98119-1526
(509) 714-3078

From: [Center for Science in the Public Interest](#) on behalf of [Barbara Bixby](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:53:39 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Barbara Bixby
27031 Ironwood Dr
Laguna Hills, CA 92653-7540
(949) 215-9099

From: [Center for Science in the Public Interest](#) on behalf of [Polly Pitchford](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:53:39 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Polly Pitchford
2563 Huntington Ave
Sarasota, FL 34232-3721
(941) 685-7725

From: [Center for Science in the Public Interest](#) on behalf of [Elisabeth Sherman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:53:40 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Elisabeth Sherman
5286 McFarlane Rd
Sebastopol, CA 95472-5713

From: [Center for Science in the Public Interest](#) on behalf of [Gaye Honeycutt](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:53:41 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Gaye Honeycutt
1909 Pitts Field Ln
Knoxville, TN 37922-6197

From: [Center for Science in the Public Interest](#) on behalf of [Betty Walters](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:53:44 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Betty Walters
4053 Sunshine Canyon Dr
Boulder, CO 80302-9777

From: [Center for Science in the Public Interest](#) on behalf of [Rita Haider](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:35 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Rita Haider
3355 Indian Dr
Portsmouth, OH 45662-2408
(740) 353-3355

From: [Center for Science in the Public Interest](#) on behalf of [Stanley J. Zawada](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:53:45 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Stanley J. Zawada
1257 150th St
Whitestone, NY 11357-1752
(718) 767-5412

From: [Center for Science in the Public Interest](#) on behalf of [George Diner](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:53:49 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. George Diner
12307 SW 133rd Ct
Ste 1405
Miami, FL 33186-6434
(305) 433-5772

From: [Center for Science in the Public Interest](#) on behalf of [Donald Zimmerman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:53:53 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Donald Zimmerman
1501 Crystal Dr
Arlington, VA 22202-4121

From: [Center for Science in the Public Interest](#) on behalf of [Lesley Costner](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:53:54 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Lesley Costner
7602 Meadowvale Dr
Houston, TX 77063-6210

From: [Center for Science in the Public Interest](#) on behalf of [Richard Grano](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:53:55 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Richard Grano
PO Box 1186
Holly Springs, NC 27540-1186
(919) 567-0000

From: [Center for Science in the Public Interest](#) on behalf of [Daniel Vice](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:53:56 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Daniel Vice
5121 Wickett Ter
Bethesda, MD 20814-5716
(301) 564-0295

From: [Center for Science in the Public Interest](#) on behalf of [Casey Hinds](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:53:56 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Casey Hinds
436 Ridgeway Rd
Lexington, KY 40502-2344
(859) 266-7037

From: [Center for Science in the Public Interest](#) on behalf of [Sara Padilla](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:54:08 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

Although I am not a current resident of New York City, I am a frequent visitor and also have family and friends who are residents. I hope that Portland follows in NYC's progressive footsteps soon!

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Sara Padilla
1604 N Rosa Parks Way
Portland, OR 97217-4868
(971) 533-5143

From: [Center for Science in the Public Interest](#) on behalf of [Karen Joslin](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:54:09 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Karen Joslin
2607 Panther Creek Rd
Q172
Tallahassee, FL 32308-5641

From: [Center for Science in the Public Interest](#) on behalf of [Rebecca Operhall, MPH](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:54:15 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Rebecca Operhall, MPH
6950 Waterwood Ct
Colorado Springs, CO 80918-6361

From: [Center for Science in the Public Interest](#) on behalf of [Frederick Sigur](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:36 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Frederick Sigur
PO Box 979
Chalmette, LA 70044-0979

From: [Center for Science in the Public Interest](#) on behalf of [Alexi Tetrault](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 3:54:27 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Alexi Tetrault
132 Moreau Dr
Chicopee, MA 01020-4829

From: [Center for Science in the Public Interest](#) on behalf of [Christine Moss](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:23:01 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Christine Moss
632 E Alisal St
Salinas, CA 93905-2602
(831) 796-2894

From: [Center for Science in the Public Interest](#) on behalf of [john f martinez](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:23:01 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. John F. Martinez
323 N Soto St
Los Angeles, CA 90033-1814

From: [Center for Science in the Public Interest](#) on behalf of [Marie Allsopp](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:23:01 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Marie Allsopp
1150 45th St
P-114
West Palm Beach, FL 33407-2361

From: [Center for Science in the Public Interest](#) on behalf of [Joanne Genoble](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:23:07 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Joanne Genoble
3304 Midland Rd
Fairfax, VA 22031-3015

From: [Center for Science in the Public Interest](#) on behalf of [James Sommer](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:23:07 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. James Sommer
15 Pine St
Concord, MA 01742-3018

From: [Center for Science in the Public Interest](#) on behalf of [John Holtzclaw](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:23:07 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. John Holtzclaw
1508 Taylor St Apt 5
San Francisco, CA 94133-4255

From: [Center for Science in the Public Interest](#) on behalf of [Deborah Hoffman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:23:07 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Deborah Hoffman
35 Saratoga Rd
Amherst, NY 14226-4251
(716) 835-2231

From: [Center for Science in the Public Interest](#) on behalf of [Kristina Norman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:23:07 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Kristina Norman
1923 Country Club Dr
Yazoo City, MS 39194-2502

From: [Center for Science in the Public Interest](#) on behalf of [roger gerber](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:23:07 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

Although I am very concerned about the obesity epidemic and health care costs in this country, I am writing to STRONGLY OPPOSE Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's position on the soda issue is an example of confusing the educational function of government with the unwarranted limitation of the freedom of choice of the citizenry.

It would be entirely appropriate for the City government to point out to the public that scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. It would also be appropriate to educate the public on the relationship between consumption of sugary drinks and other health maladies.

We should never forget however that the most important value we share is that of freedom of the individual; the power of the government should be exercised with caution and only where necessary. It should in no event act to impose choices on individuals, such as what and when to eat, or in what quantities. Those are choices best left to the individual adult citizen.

Sincerely,
Roger A. Gerber
26 Sage Terrace
Scarsdale NY 10583

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. roger gerber
26 Sage Ter
Scarsdale, NY 10583-2045

From: [Center for Science in the Public Interest](#) on behalf of [Michael Lokshin](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:36 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Michael Lokshin
1105 S Westlawn Ave
Champaign, IL 61821-4409

From: [Center for Science in the Public Interest](#) on behalf of [Cynthia Wu](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:23:07 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Cynthia Wu
57 Prince St
5
New York, NY 10012-3433
(212) 219-3507

From: [Center for Science in the Public Interest](#) on behalf of [R.C. Resolution Comments](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:23:07 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss R C
buffalo
buffalo, NY 14222

From: [Center for Science in the Public Interest](#) on behalf of [Andrew Wilder](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:23:09 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Andrew Wilder
2211 Marine St
Santa Monica, CA 90405-6041

From: [Center for Science in the Public Interest](#) on behalf of [Cynthia Healy](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:23:09 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Cynthia Healy
50d Campus Dr
Star Lake, NY 13690-3135

From: [Center for Science in the Public Interest](#) on behalf of [Elizabeth Procter-Gray](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:23:09 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Elizabeth Procter-Gray
76 Lower Gore Rd
Webster, MA 01570-3411
(508) 943-6036

From: [Center for Science in the Public Interest](#) on behalf of [Brian Kaye](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:23:10 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I am quite concerned about the obesity epidemic and related health care costs we are facing in this country; I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks available in specific venues. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal will not alone solve our obesity problem, it is a positive measure toward control of this issue.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity and they are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help reduce soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller serving size amounts instead of the unnecessarily large sized sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes in specific venues.

Thank you for your time and concern and I look forward to your response.

Sincerely,

Mr. Brian Kaye
31 Monroe Pl Apt 4b
Brooklyn, NY 11201-2639

From: [Center for Science in the Public Interest](#) on behalf of [Tamsen Benson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:23:10 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Tamsen Benson
2232 Kempton St SE
Olympia, WA 98501-7471

From: [Center for Science in the Public Interest](#) on behalf of [Miriam Weber](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:23:11 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Miriam Weber
PO Box 1161
Tucson, AZ 85702-1161

From: [Center for Science in the Public Interest](#) on behalf of [Carol C. Coston](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:23:11 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Carol C Coston
133 Locklier Rd
Blythewood, SC 29016-8000
(803) 754-5303

From: [Center for Science in the Public Interest](#) on behalf of [Sherry Amundson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:23:11 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Sherry Amundson
441 Haili St
Hilo, HI 96720-2515

From: [Center for Science in the Public Interest](#) on behalf of [Charles Solari](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:37 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Charles Solari
704 Marbella Ct
Lincoln, CA 95648-8290

From: [Center for Science in the Public Interest](#) on behalf of [William Dowie](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:23:11 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. William Dowie
32 Risley Dr
Mexico, NY 13114-3422
(315) 963-2717

From: [Center for Science in the Public Interest](#) on behalf of [lisa.manheim](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:23:12 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. lisa manheim
428 Belmont Ave
Doylestown, PA 18901-4428
(215) 345-5092

From: [Center for Science in the Public Interest](#) on behalf of [Kristina Norman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:23:12 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Kristina Norman
1923 Country Club Dr
Yazoo City, MS 39194-2502

From: [Center for Science in the Public Interest](#) on behalf of [Judith Sandeen, RN](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:23:12 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Judith Sandeen, RN
721 N Hastings Ave
Hastings, NE 68901-4426

From: [Center for Science in the Public Interest](#) on behalf of [linda bogin](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:23:12 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. linda bogin
175 Riverside Dr
Apt 4f
New York, NY 10024-1616

From: [Center for Science in the Public Interest](#) on behalf of [Robin Heggum](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:23:13 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Robin Heggum
4448 N Malden St Apt 3
Chicago, IL 60640-6292

From: [Center for Science in the Public Interest](#) on behalf of [Judy Wilson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:23:13 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Judy Wilson
20 Triphammer Rd
Hingham, MA 02043-2933
(781) 749-0159

From: [Center for Science in the Public Interest](#) on behalf of [Pamylle Greinke](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:23:14 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Pamyllle Greinke
PO Box 456
Peconic, NY 11958-0456

From: [Center for Science in the Public Interest](#) on behalf of [Patsy Lowe](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:23:15 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Patsy Lowe
65 Bonanza Rd
Palm Springs, CA 92262-1131

From: [Center for Science in the Public Interest](#) on behalf of [Warren Loos](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:23:15 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Warren Loos
4300 Waialae Ave Apt B1002
Honolulu, HI 96816-5757

From: [Center for Science in the Public Interest](#) on behalf of [Lori Zajkowski](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:37 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Lori Zajkowski
425 E 63rd St
Apt W3e
New York, NY 10065-7822

From: [Center for Science in the Public Interest](#) on behalf of [Vita Trtik](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:23:15 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Vita Trtik
50 Davids Dr
Hauppauge, NY 11788-2040
(631) 320-8121

From: [Center for Science in the Public Interest](#) on behalf of [Alexandra Clinton](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:23:34 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As a registered dietitian, I am very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Alexandra Clinton
404 Cascadilla St
Apt A
Ithaca, NY 14850-4053

From: [Center for Science in the Public Interest](#) on behalf of [Tricia Reeves](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:23:36 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Tricia Reeves
766 Highway 308
Thibodaux, LA 70301-5758

From: [Center for Science in the Public Interest](#) on behalf of [Madeleine St.Jacques](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:23:38 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Madeleine St.Jacques
480 Valley Rd
Montclair, NJ 07043-1868

From: [Center for Science in the Public Interest](#) on behalf of [William Swift](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:23:38 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I have published wellness-related material summarizing health research for more than 20 years. By reducing consumption of caloric beverages, we would see more health benefit than by any other single action.

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Our nation needs NYC to lead the way!

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts

instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. William Swift
2317 Headingly Ave NW
Albuquerque, NM 87107-3012

From: [Center for Science in the Public Interest](#) on behalf of [Jaime zillmer](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:23:38 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

Be a trend setter for the nation. As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Jaime zillmer
5747 N 95th St
Milwaukee, WI 53225-2611

From: [Center for Science in the Public Interest](#) on behalf of [Ramon Aniban](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:23:39 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Ramon Aniban
10311 Kadumba St
Las Vegas, NV 89178-8012

From: [Center for Science in the Public Interest](#) on behalf of [David Glaser](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:23:39 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. David Glaser
55 Perry St Apt 3a
New York, NY 10014-3219
(212) 229-1766

From: [Center for Science in the Public Interest](#) on behalf of [William Hall](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:23:39 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. William Hall
50 29th St NW
Apt 466
East Wenatchee, WA 98802-9071
(509) 885-9201

From: [Center for Science in the Public Interest](#) on behalf of [Douglas McNeill](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:23:39 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Douglas McNeill
33 Ridge Rd Unit T
Greenbelt, MD 20770-7749
(301) 441-8659

From: [Center for Science in the Public Interest](#) on behalf of [Jack Arnold](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:22:49 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Jack Arnold
3293 Esplanade Cir SE
Rio Rancho, NM 87124-7625
(505) 796-6952

From: [Center for Science in the Public Interest](#) on behalf of [Cindy Leung](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:38 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Cindy Leung
199 Park Dr Apt 145
Boston, MA 02215-4763
(408) 316-0156

From: [Center for Science in the Public Interest](#) on behalf of [Kelly Heckman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:23:50 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Kelly Heckman
7015 Creekside Ln
Indianapolis, IN 46220-4211

From: [Center for Science in the Public Interest](#) on behalf of [Helen Kinlan](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:23:52 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Helen Kinlan
1117 Trotting Horse Ln
Great Falls, VA 22066-2012

From: [Center for Science in the Public Interest](#) on behalf of [Kenneth Stokem](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:23:55 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Kenneth Stokem
1001 Maple Hill Rd
Castleton ON Hudson, NY 12033-9657

From: [Center for Science in the Public Interest](#) on behalf of [Jennifer Jordan](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:23:56 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Jennifer Jordan
883 Almaden St
Eugene, OR 97402

Sincerely,

Ms. Jennifer Jordan
883 Almaden St
Eugene, OR 97402-4439

From: [Center for Science in the Public Interest](#) on behalf of [douglas maiko](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:23:59 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. douglas maiko
165 Rome St
Pawtucket, RI 02860-4612
(401) 575-0982

From: [Center for Science in the Public Interest](#) on behalf of [Ron Golan](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:24:09 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Ron Golan
1034 Appalachian Trl
Chesterfield, MO 63017-1937

From: [Center for Science in the Public Interest](#) on behalf of [Bonnie Roill](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:24:11 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Bonnie Roill
19700 N 76th St
Scottsdale, AZ 85255-4582
(480) 922-6245

From: [Center for Science in the Public Interest](#) on behalf of [Donna Rose](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:24:12 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Donna Rose
3748 Kansas Dr
Santa Rosa, CA 95405-7102
(707) 578-8110

From: [Center for Science in the Public Interest](#) on behalf of [Janet Ma](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:53:05 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Janet Ma
1445 Leavenworth St
San Francisco, CA 94109-8514

From: [Center for Science in the Public Interest](#) on behalf of [Krista Moon](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:53:05 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Krista Moon
2609 Granada Ln
Saginaw, MI 48603-2709

From: [Center for Science in the Public Interest](#) on behalf of [Brittany Smith](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:38 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Brittany Smith
11565 Robinwood Dr Apt 18
Hagerstown, MD 21742-8235

From: [Center for Science in the Public Interest](#) on behalf of [Tim Bassford](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:53:06 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Tim Bassford
71 Vinci Dr
Greenwich, CT 06830-2908

From: [Center for Science in the Public Interest](#) on behalf of [Donna Austin](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:53:06 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Donna Austin
12 Queen Anne Ln
Hingham, MA 02043-3904

From: [Center for Science in the Public Interest](#) on behalf of [Barclay Schraff](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:53:08 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Barclay Schraff
5518 N Camelback Canyon Dr
Phoenix, AZ 85018-1239

From: [Center for Science in the Public Interest](#) on behalf of [Charles Itzkovitz](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:53:08 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Charles Itzkovitz
79 Wildwood Forest Ln
Mills River, NC 28759-4644
(828) 681-5431

From: [Center for Science in the Public Interest](#) on behalf of [Ruth Slater](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:53:08 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Ruth Slater
1270 North Ave
New Rochelle, NY 10804-2601
(914) 235-0242

From: [Center for Science in the Public Interest](#) on behalf of [Aviva Musicus](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:53:09 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Aviva Musicus
PO Box 200772
New Haven, CT 06520-0772
(339) 227-3119

From: [Center for Science in the Public Interest](#) on behalf of [Karen Watson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:53:10 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Karen Watson
908 Morning Sun Ln
Mc Gregor, TX 76657-9731

From: [Center for Science in the Public Interest](#) on behalf of [Marsha Pukalo](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:53:10 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Marsha Pukalo
236 Carriage Park
West Seneca, NY 14224-4460

From: [Center for Science in the Public Interest](#) on behalf of [Lenore Greenberg](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:53:11 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Lenore Greenberg
120 Boerum Pl Apt 1j
Brooklyn, NY 11201-6279

From: [Center for Science in the Public Interest](#) on behalf of [TARA LOMAX](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:53:21 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. TARA LOMAX
420 Lomax Dr
Gold Hill, NC 28071-9625
(704) 279-2772

From: [Center for Science in the Public Interest](#) on behalf of [Ruth Valcin](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:39 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Ruth Valcin
922 8th Ave
Brooklyn, NY 11215-4342

From: [Center for Science in the Public Interest](#) on behalf of [Rich Tenace III](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:53:21 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Rich Tenace III
2710 Union St
Madison, WI 53704-5135

From: [Center for Science in the Public Interest](#) on behalf of [Lloyd Schutzman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:53:22 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Lloyd Schutzman
8406 SW 46th Rd
Gainesville, FL 32608-7101
(352) 377-4915

From: [Center for Science in the Public Interest](#) on behalf of [Lorraine Mayfield-Brown](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:53:22 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As a former New Yorker, I very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Lorraine Mayfield-Brown
8430 139th Ln
Seminole, FL 33776-2915

From: [Center for Science in the Public Interest](#) on behalf of [Sally Simpson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:53:22 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Sally Simpson
326 Crooked Crk
Garland, TX 75043-3100

From: [Center for Science in the Public Interest](#) on behalf of [Geneveva Calloway](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:53:23 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Genoveva Calloway
PO Box 6869
San Pablo, CA 94806-0869
(510) 384-6555

From: [Center for Science in the Public Interest](#) on behalf of [Lauri Dean-Barnes](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:53:23 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Lauri Dean-Barnes
16 Stuyvesant Oval
Apt 1f
New York, NY 10009-2255

From: [Center for Science in the Public Interest](#) on behalf of [Anne Berry](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:53:24 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As a family physician and a mother, I am very concerned about the obesity epidemic and health care costs in this country. I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Anne Berry
206 6th St
Clendenin, WV 25045-9582

From: [Center for Science in the Public Interest](#) on behalf of [Christopher Kolb](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:53:24 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Christopher Kolb
2530 Taylorsville Rd
Louisville, KY 40205-2231

From: [Center for Science in the Public Interest](#) on behalf of [Evelyn Leo](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:53:24 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Evelyn Leo
3444 Broxton Mill Way
Snellville, GA 30039-4441

From: [Center for Science in the Public Interest](#) on behalf of [Fred Barnhill](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:53:24 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Fred Barnhill
2505 Woodmeadow Pl
Hoover, AL 35216-5817
(205) 987-0587

From: [Center for Science in the Public Interest](#) on behalf of [Alexandra Jamieson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:39 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Alexandra Jamieson
240 10th St # 1
Brooklyn, NY 11215-3908

From: [Center for Science in the Public Interest](#) on behalf of [Bryanna Johnson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:53:25 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Bryanna Johnson

Sincerely,

Mrs. Bryanna Johnson
808 Yost St
Rexburg, ID 83440-5372
(208) 359-7726

From: [Center for Science in the Public Interest](#) on behalf of [Manisha Nair](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:53:26 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Manisha Nair
455 W 23rd St
New York, NY 10011-2148

From: [Center for Science in the Public Interest](#) on behalf of [Elizabeth Deland](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:53:26 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Elizabeth Deland
PO Box 69
Klamath River, CA 96050-0069

From: [Center for Science in the Public Interest](#) on behalf of [Pamela Snyder](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:53:26 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Pamela Snyder
13005 Feldspar Ct
Clifton, VA 20124-0951

From: [Center for Science in the Public Interest](#) on behalf of [Karen Jensen](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:53:27 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Karen Jensen
2745 Twin Leaf Trl
Marietta, GA 30062-5879

From: [Center for Science in the Public Interest](#) on behalf of [Clea Senneville](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:53:27 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Clea Senneville
13601 N 18th St
Phoenix, AZ 85022-5060

From: [Center for Science in the Public Interest](#) on behalf of [Gale Martinez](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:53:32 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Gale Martinez
12400 Scarlet Gem Ct NE
Albuquerque, NM 87122-4326

From: [Center for Science in the Public Interest](#) on behalf of [Teresa Dotson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:53:32 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Teresa Dotson
PO Box 206
Collinsville, CT 06022-0206
(860) 930-3672

From: [Center for Science in the Public Interest](#) on behalf of [Lynn Toler](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:53:36 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Lynn Toler
10020 Montgomery Ave
North Hills, CA 91343-1630

From: [Center for Science in the Public Interest](#) on behalf of [Shirley Wieman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:53:51 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Shirley Wieman
4708 S Plateau Trl
Sioux Falls, SD 57106-1935

From: [Center for Science in the Public Interest](#) on behalf of [Erik Detiger](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:40 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Erik Detiger
340 E 64th St
Apt 4d
New York, NY 10065-7530
(212) 759-9018

From: [Center for Science in the Public Interest](#) on behalf of [Carolyn Dennis](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:53:52 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Carolyn Dennis
120 Creekside Dr
Georgetown, KY 40324-9476

From: [Center for Science in the Public Interest](#) on behalf of [Marilyn Santomartino](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:53:56 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Marilyn Santomartino
4311 Plantation Ridge Ln
Greensboro, NC 27409-9236
(336) 292-9048

From: [Center for Science in the Public Interest](#) on behalf of [Karla Jordan](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:53:57 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Karla Jordan
1622 N FM 1138
Nevada, TX 75173-8103

From: [Center for Science in the Public Interest](#) on behalf of [Charles Engelberg](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:54:00 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Charles Engelberg
14542 Kruse Oaks Blvd
Lake Oswego, OR 97035-8689

From: [Center for Science in the Public Interest](#) on behalf of [Marianne Surges](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:54:01 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Marianne Surges
720 W Washington St
South Bend, IN 46601-1442

From: [Center for Science in the Public Interest](#) on behalf of [Zsanett Denes](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:54:05 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Zsanett Denes
801 Old Peachtree Rd NW Unit 81
Lawrenceville, GA 30043-3320

From: [Center for Science in the Public Interest](#) on behalf of [Judith Wong](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:54:09 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Judith Wong
PO Box 1702
Cupertino, CA 95015-1702

From: [Center for Science in the Public Interest](#) on behalf of [Theodore Dumas](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:54:10 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Theodore Dumas
209 Falls Landing Way
Wallace, NC 28466-2422

From: [Center for Science in the Public Interest](#) on behalf of [Jean Naples](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:54:15 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Jean Naples
9 Benson St
West Haverstraw, NY 10993-1302
(845) 429-3128

From: [Center for Science in the Public Interest](#) on behalf of [James Valk](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 4:54:24 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. James Valk
921 Hamlin Dr
South Daytona, FL 32119-2534
(386) 767-3663

From: [Center for Science in the Public Interest](#) on behalf of [annette murray](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:40 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. annette murray
106 Saddle Ridge Rd
Chapel Hill, NC 27514-1417

From: [Center for Science in the Public Interest](#) on behalf of [Robert Lyle](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:01:30 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Robert Lyle
30452 10th Ave S
Federal Way, WA 98003-4118

From: [Center for Science in the Public Interest](#) on behalf of [Rebecca Townsend](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:01:35 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Rebecca Townsend
2349 See Canyon Rd
San Luis Obispo, CA 93405-8024

From: [Center for Science in the Public Interest](#) on behalf of [Laura Martinez](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:01:43 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Laura Martinez
11887 SW 9th Mnr
Davie, FL 33325-3892

From: [Center for Science in the Public Interest](#) on behalf of [Julie Durkin](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:01:44 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Julie Durkin
210 W 78th St
Apt 10a
New York, NY 10024-6619

From: [Center for Science in the Public Interest](#) on behalf of [A. Sequoia](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:01:44 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. A. Sequoia
PO Box 1465
Bellingham, WA 98227-1465
(360) 312-8375

From: [Center for Science in the Public Interest](#) on behalf of [Barbara Corgiat](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:01:48 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As a mother, grandmother, nurse practitioner and someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Barbara Corgiat
4748 Marietta Ln
Junction City, WI 54443-9612

From: [Center for Science in the Public Interest](#) on behalf of [David Batt](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:01:53 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. David Batt
1012 Grayson St
Berkeley, CA 94710-2610

From: [Center for Science in the Public Interest](#) on behalf of [Gail McEnaney](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:01:57 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Gail McEnaney
904 Pin Oak Ln
Allen, TX 75002-4533
(972) 390-1273

From: [Center for Science in the Public Interest](#) on behalf of [Candace Tice-Tomasik](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:02:01 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Candace Tice-Tomasik
37 Terrace Ave
Toms River, NJ 08753-6635

From: [Center for Science in the Public Interest](#) on behalf of [Dorothy Carlo](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:02:01 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Dorothy Carlo
50 Montgomery Ave
Holyoke, MA 01040-1314

From: [Center for Science in the Public Interest](#) on behalf of [Michael Matry](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:41 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Michael Matry
2177 Hearthside Dr SE
Ada, MI 49301-8354
(616) 682-4555

From: [Center for Science in the Public Interest](#) on behalf of [Nancy Henry](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:02:01 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Nancy Henry
5814 NW 172nd Ter
Portland, OR 97229-7981

From: [Center for Science in the Public Interest](#) on behalf of [Susan Wyss](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:02:02 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Susan Wyss
4496 Humphrey Rd
Great Valley, NY 14741-9620

From: [Center for Science in the Public Interest](#) on behalf of [Suzanne Lindheimer](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:02:02 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Suzanne Lindheimer
1379 NE 104th St
Miami Shores, FL 33138-2661

From: [Center for Science in the Public Interest](#) on behalf of [David Robb](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:02:02 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. David Robb
PO Box 1886
, Pmb 11
Idyllwild, CA 92549-1886

From: [Center for Science in the Public Interest](#) on behalf of [Karl Weisdorffer](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:02:02 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Karl Weisdorffer
1708 Feronia St
Metairie, LA 70005-2014
(504) 836-0992

From: [Center for Science in the Public Interest](#) on behalf of [David O'Grady](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:02:03 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. David O'Grady
1034 Vrooman Ave
Schenectady, NY 12309-4727

From: [Center for Science in the Public Interest](#) on behalf of [William Currie](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:02:03 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. William Currie
37 Andreas Cir
Novato, CA 94945-1230

From: [Center for Science in the Public Interest](#) on behalf of [Carolyn Petri](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:02:03 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Carolyn Petri
500 7th St
Apt 2
Brooklyn, NY 11215-3613

From: [Center for Science in the Public Interest](#) on behalf of [Mary Murat](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:02:03 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

It's the right thing to do.

Sincerely,

Ms. Mary Murat
2201 W 25th St
San Pedro, CA 90732-4145

From: [Center for Science in the Public Interest](#) on behalf of [Nick Alexander](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:02:04 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in opposition to Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor has already intervened too much and too often in the choices New Yorkers and other citizens make about their foods and beverages -- many make unwise choices, but it is not ours and certainly not the Mayor's prerogative to either force or limit legal, legitimate nutrition choices of our citizenry. I realize that groups like CSPI regard this as a fundraising opportunity -- that is unseemly and not a wise basis for making public policy.

I urge the Mayor to reconsider his ill-advised plan to force his eating and other lifestyle habits and behaviors on people who are already struggling enough.

I strongly encourage the Board of Health to vote in opposition to the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Nick Alexander
35215 Overfalls Dr N
Lewes, DE 19958-7001
(301) 770-7381

From: [Center for Science in the Public Interest](#) on behalf of [Shannon Bush](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:42 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Shannon Bush
904 W 22nd 1/2 St
Austin, TX 78705-5009

From: [Center for Science in the Public Interest](#) on behalf of [Chris Ruiz](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:02:04 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Chris Ruiz
3809 S Congress Ave Apt 132
Austin, TX 78704-8015

From: [Center for Science in the Public Interest](#) on behalf of [Chris McGinn](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:02:05 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Chris McGinn
336 W 95th St Apt 53
New York, NY 10025-6109

From: [Center for Science in the Public Interest](#) on behalf of [Donna Kirik](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:02:05 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Donna Kirik
3105 Seth Dr
Sanford, NC 27330-1054
(919) 774-9815

From: [Center for Science in the Public Interest](#) on behalf of [Arlene Neubarth](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:02:05 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Arlene Neubarth
14212 Thomas Dr NW
Silverdale, WA 98383-9608
(858) 243-0195

From: [Center for Science in the Public Interest](#) on behalf of [Sue Bradford](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:02:06 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Sue Bradford
6 Quail Cove Rd
Charleston, WV 25314-1635

From: [Center for Science in the Public Interest](#) on behalf of [Elodie Bentley](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:02:12 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Elodie Bentley
2701 Pickett Rd
Apt 4032
Durham, NC 27705-5653
(919) 419-0139

From: [Center for Science in the Public Interest](#) on behalf of [Charles Savinar](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:02:13 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Charles Savinar
6907 Bluebell Ave
North Hollywood, CA 91605-5129
(818) 516-3603

From: [Center for Science in the Public Interest](#) on behalf of [Harry Eskew](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:02:13 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Harry Eskew
1177 Adams St
Macon, GA 31201-1507
(478) 750-9968

From: [Center for Science in the Public Interest](#) on behalf of [Tom Richards](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:02:14 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Tom Richards
13485 SE Evening Star Ct
Portland, OR 97086-7058
(503) 698-1003

From: [Center for Science in the Public Interest](#) on behalf of [Jennifer McNulty](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:02:14 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As a physician who is very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction. It will take a multi-pronged approach to deal with this issue, including a significant amount of government involvement and public health leadership.

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Jennifer McNulty
2042 Edgewood Dr
South Pasadena, CA 91030-3920

From: [Center for Science in the Public Interest](#) on behalf of [Kristie Matry](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:42 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Kristie Matry
2177 Hearthside Dr SE
Ada, MI 49301-8354
(616) 682-4555

From: [Center for Science in the Public Interest](#) on behalf of [Patricia Wootan](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:02:15 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Patricia Wootan
16 Grant Ave
Belmont, MA 02478-1912

From: [Center for Science in the Public Interest](#) on behalf of [Jill Kaplan](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:02:15 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Jill Kaplan
998 61st St
Oakland, CA 94608-2308

From: [Center for Science in the Public Interest](#) on behalf of [Mary Koziar](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:02:15 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Mary Koziar
13 Magnifico Ln
Hot Springs Village, AR 71909-7901

From: [Center for Science in the Public Interest](#) on behalf of [Alan Thierry](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:02:15 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Alan Thiery
633 Bayberry Ct W
Bloomington, IN 47401-4673

From: [Center for Science in the Public Interest](#) on behalf of [Peter Roberts](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:02:16 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Peter Roberts
15 Mosman St
West Newton, MA 02465-1303

From: [Center for Science in the Public Interest](#) on behalf of [Gary Tonkin](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:02:17 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I am very concerned about the obesity epidemic and health care costs in this country, and am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Gary Tonkin
239 W Winona St
Duluth, MN 55803-1906

From: [Center for Science in the Public Interest](#) on behalf of [Jessica Carpenter](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:02:17 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Jessica Carpenter
76 Westwood Pkwy
Barre, VT 05641-5219

From: [Center for Science in the Public Interest](#) on behalf of [Carol Collier](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:02:18 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Carol Collier
1337 Pinebrook Way
Venice, FL 34285-6435

From: [Center for Science in the Public Interest](#) on behalf of [Gary Andrew](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:02:20 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion. I seriously doubt if soda drinkers would even notice that they are drinking less soda--they drink what is given to them. And if they want more, most places will give refills (especially fast food restaurants).

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Gary Andrew
319 N Downing St
Davidson, NC 28036-0269

From: [Center for Science in the Public Interest](#) on behalf of [Eleanor Kuhl](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:02:22 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Eleanor Kuhl
809 Brookside Dr
Cortez, CO 81321-2509

From: [Center for Science in the Public Interest](#) on behalf of [Alex Oshiro](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:43 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Alex Oshiro
1920 Kahakai Dr
Honolulu, HI 96814-4820
(808) 942-4646

From: [Center for Science in the Public Interest](#) on behalf of [Dawn Swidorski](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:02:23 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As the Public Outreach Director for Defeat Diabetes Foundation I am very concerned about the obesity epidemic and health care costs in this country.

I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugar sweetened beverages (SSBs).

The Mayor's leadership on the soda issue provides a good model for other communities to follow, because obesity has become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children.

Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines.

Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in

all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Dawn Swidorski
1500 Quesada Ave
San Francisco, CA 94124-2772

From: [Center for Science in the Public Interest](#) on behalf of [kelly birmingham](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:02:24 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Kelly Birmingham
400 Upper Weadley Rd
Wayne, PA 19087-5400

From: [Center for Science in the Public Interest](#) on behalf of [Vanna May](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:02:25 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Vanna May
1215 Well Spring Dr
Charlotte, NC 28262-3267

From: [Center for Science in the Public Interest](#) on behalf of [Gregory Ashby](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:02:26 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Gregory Ashby
824 S 700 E
Salt Lake City, UT 84102-3506
(303) 775-0501

From: [Center for Science in the Public Interest](#) on behalf of [Leah Stolar](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:02:28 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Leah Stolar
2904 Saint St
Houston, TX 77027-5348

From: [Center for Science in the Public Interest](#) on behalf of [Lori Isaacs](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:02:29 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Lori Isaacs
7314 Arcadia Dr
Huntington Beach, CA 92648-6864

From: [Center for Science in the Public Interest](#) on behalf of [Sally Sampson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:02:29 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

ChopChop The Fun Cooking Magazine for Families supports Mayor Bloomberg's ban on the sale of huge sodas. Desperate times call for desperate measures: as everyone now knows, obesity is a complicated puzzle, and soda consumption is one of the pieces. The privilege to buy and sell what we like is not insignificant--but we take children's right to healthy lives to be of paramount importance. As a non-profit cooking magazine with an anti-obesity mission, we'd love to see even more and more nuanced solutions: we'd like, for example, to encourage kids to make their own sparkling drinks with a few tablespoons of juice in a glass of fizzy water; we'd like to see evolving tastes and a growing appetite for health. But Mayor Bloomberg's ban acknowledges the problem of obesity and tries to fix it, and we're grateful for that.

Warmly,
Sally Sampson
ChopChop Magazine
32B Calvin Road
Watertown MA 02472

Sincerely,

Ms. Sally Sampson
32B Calvin Road
Watertown, MA 02472
(617) 924-3993

From: [Center for Science in the Public Interest](#) on behalf of [GERALDINE Maslanka](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:02:31 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. GERALDINE Maslanka
201 W 89th St Apt 15g
New York, NY 10024-1819
(212) 595-3019

From: [Center for Science in the Public Interest](#) on behalf of [Eric Schrimshaw](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:02:32 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Eric Schrimshaw
187 Pinehurst Ave Apt 4e
New York, NY 10033-1832

From: [Center for Science in the Public Interest](#) on behalf of [Jacobus b](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:02:33 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Jacobus b
7735 Tiverton Dr
Springfield, VA 22152-2021
(703) 644-6124

From: [Center for Science in the Public Interest](#) on behalf of [Alan Wojtalik](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:03 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Alan Wojtalik
3723 Green Oak Ct
Baltimore, MD 21234-4258

From: [Center for Science in the Public Interest](#) on behalf of [Greg Winters](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:43 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Greg Winters
785 E Heartstrong St
Superior, CO 80027-8003
(303) 554-5675

From: [Center for Science in the Public Interest](#) on behalf of [Meghan Rini](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:02:34 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Meghan Rini
7 Flaglar Dr
Plattsburgh, NY 12901-1314

From: [Center for Science in the Public Interest](#) on behalf of [Sharon Jacobs](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:02:35 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Sharon Jacobs
3 Eastern Ave Apt C
Barre, VT 05641-3827
(802) 479-9361

From: [Center for Science in the Public Interest](#) on behalf of [Nancy Murdock](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:02:36 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Nancy Murdock
319 W Los Olivos St # A
Santa Barbara, CA 93105-4306
(805) 563-1583

From: [Center for Science in the Public Interest](#) on behalf of [Marion Weiss](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:02:38 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Marion Weiss
4285 W 14th Street Rd
Greeley, CO 80634-2403

From: [Center for Science in the Public Interest](#) on behalf of [Jen Barber](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:02:38 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Jen Barber
PO Box 6621
Goodyear, AZ 85338-0628

From: [Center for Science in the Public Interest](#) on behalf of [Chris McGinn](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:02:41 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Chris McGinn
336 W 95th St Apt 53
New York, NY 10025-6109

From: [Center for Science in the Public Interest](#) on behalf of [Susan Ornstein](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:02:42 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Susan Ornstein
3824 213th St Apt 3g
Bayside, NY 11361-2074

From: [Center for Science in the Public Interest](#) on behalf of [Emily Newell](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:02:43 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Emily Newell
3 Forest St
Byfield, MA 01922-1225

From: [Center for Science in the Public Interest](#) on behalf of [Stacey Symonds-MacIsaac](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:02:45 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Stacey Symonds-MacIsaac
106 S Whipple St
Lowell, MA 01852-4720
(978) 332-3850

From: [Center for Science in the Public Interest](#) on behalf of [Michael & Kathryn Kevany](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:02:47 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Michael & Kathryn Kevany
615 Bennington Ln
Silver Spring, MD 20910-4206

From: [Center for Science in the Public Interest](#) on behalf of [tina horowitz](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:44 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. tina horowitz
4701 Pine St Apt M8
Philadelphia, PA 19143-7002

From: [Center for Science in the Public Interest](#) on behalf of [John Ryan](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:02:47 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. John Ryan
2300 W Armitage Ave
Chicago, IL 60647-4434

From: [Center for Science in the Public Interest](#) on behalf of [Gary Greenberg](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:02:50 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

Reducing the ease of access (but not the availability) for these empty calories is a useful strategy for improved overall intake.

I applaud the mayor's use of the city's influence to such an end.

Sincerely,

Dr. Gary Greenberg
2103 Bayleaf Dr
Durham, NC 27712-2021
(919) 471-0580

From: [Center for Science in the Public Interest](#) on behalf of [Bobbie Flowers](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:02:51 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Bobbie Flowers
418 W 17th St
Apt 22a
New York, NY 10011-5826

From: [Center for Science in the Public Interest](#) on behalf of [Carol Smith](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:02:52 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Carol Smith
3370 Black Hls
Longmont, CO 80504-9596

From: [Center for Science in the Public Interest](#) on behalf of [Carol Horowitz](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:02:55 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Carol Horowitz
1544 Granville Ave Apt 201
Los Angeles, CA 90025-2891

From: [Center for Science in the Public Interest](#) on behalf of [Luan Le](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:02:56 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Luan Le
3411 Shea Ct
Arlington, TX 76014-3226

From: [Center for Science in the Public Interest](#) on behalf of [Rosalie Weiss](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:02:59 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Rosalie Weiss
172 Pineneedle Drive
Bradenton FL 34210

Sincerely,

Ms. Rosalie Weiss
172 Pineneedle Dr
Bradenton, FL 34210-4621

From: [Center for Science in the Public Interest](#) on behalf of [RONALD HOLLAND](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:03:04 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. RONALD HOLLAND
300 W135TH STREET
Apt. 5J
New York, NY 10030
(917) 507-1500

From: [Center for Science in the Public Interest](#) on behalf of [Alexa Diaz](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:03:05 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Alexa Diaz
206 N Aleppo Ct
Litchfield Park, AZ 85340-6003

From: [Center for Science in the Public Interest](#) on behalf of [alexandra balitsky](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:03:06 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. alexandra balitsky
2131 33rd Ave
San Francisco, CA 94116-1628
(415) 661-9103

From: [Center for Science in the Public Interest](#) on behalf of [Bruce Maxfield](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:44 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Bruce Maxfield
25 Dizzy Horse Rd
Buford, WY 82052-8721

From: [Center for Science in the Public Interest](#) on behalf of [Linda Pratt](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:03:08 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Linda Pratt
22634 2nd St
Hayward, CA 94541-4230

From: [Center for Science in the Public Interest](#) on behalf of [Frank Carlstedt](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:03:10 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Frank Carlstedt
13812 61st Ave W
Edmonds, WA 98026-3308
(425) 743-1258

From: [Center for Science in the Public Interest](#) on behalf of [Lora Hardy](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:03:13 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Lora Hardy
3314 S Lowell St
Santa Ana, CA 92707-3845

From: [Center for Science in the Public Interest](#) on behalf of [Kristin Allen](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:03:17 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Kristin Allen
7600 S Jones Blvd
Las Vegas, NV 89139-0551

From: [Center for Science in the Public Interest](#) on behalf of [Diana Artemis](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:03:22 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone with friends and family in New York, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to help remedy the obesity epidemic in this country.

Sincerely,

Ms. Diana Artemis
2930 Marshall St
Falls Church, VA 22042-1956

From: [Center for Science in the Public Interest](#) on behalf of [sonia movsas](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:31:13 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. sonia movsas
109 Old Mill Rd
Great Neck, NY 11023-1933

From: [Center for Science in the Public Interest](#) on behalf of [Aviva Goldfarb](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:31:14 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Aviva Goldfarb
9010 Brierly Rd
Chevy Chase, MD 20815-5657

From: [Center for Science in the Public Interest](#) on behalf of [Gloria Luccarelli](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:31:15 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,
Gloria Luccarelli
32 Lynncliff Road
Hampton Bays, N.Y 11946

Sincerely,

Mrs. Gloria Luccarelli
32 Lynncliff Rd
Hampton Bays, NY 11946-2608

From: [Center for Science in the Public Interest](#) on behalf of [gale.cox](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:31:15 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. gale cox
28323 N Dixboro Rd
South Lyon, MI 48178-9171
(248) 446-2015

From: [Center for Science in the Public Interest](#) on behalf of [Sue Lewis](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:31:15 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Sue Lewis
310 Chestnut St
Knapp, WI 54749-9507
(715) 869-8921

From: [Center for Science in the Public Interest](#) on behalf of [Cathy Cohen](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:44 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Cathy Cohen
196 Lake Dr
Lake Peekskill, NY 10537-1312
(845) 528-6393

From: [Center for Science in the Public Interest](#) on behalf of [Audra Paulk](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:31:15 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Audra Paulk
1917 N Lorraine Ave
Wichita, KS 67214-2322

From: [Center for Science in the Public Interest](#) on behalf of [Mark Donaldson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:31:17 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Mark Donaldson
1548 Croftwood Dr
Melbourne, FL 32935-5516

From: [Center for Science in the Public Interest](#) on behalf of [Mark Goldman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:31:17 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Mark Goldman
514 Clearview Dr
Los Gatos, CA 95032-1743
(408) 402-5458

From: [Center for Science in the Public Interest](#) on behalf of [Diane Clement](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:31:17 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I support Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. I am hoping that California will pass a similar law. Obesity mirrors the growth of soda serving sizes over the past five decades. This is a step in the right direction.

Sugary drinks are the only food or beverage that has been directly linked to obesity, which is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, dental problems and more.

A 20-ounce bottle of Coke, contains 16 teaspoons of sugar! 7-Eleven offers a 64-ounce Double Gulp - more than 50 teaspoons of sugar!

Restoring an understanding among consumers of what is a reasonable serving size is very important. I think simply passing this proposal will help people realize that bigger is not always better.

Please vote in support of the Mayor's proposal and let New York become a model for the rest of the U.S. I look forward to your response.

Sincerely,

Ms. Diane Clement
633 Ramona Ave Spc 107
Los Osos, CA 93402-2177

From: [Center for Science in the Public Interest](#) on behalf of [Fortune Terzi](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:31:18 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Fortune Terzi
971 E 8th St
Brooklyn, NY 11230-3514

From: [Center for Science in the Public Interest](#) on behalf of [Robin Mitchell](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:31:19 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks.

This isn't about personal freedom of choice -- consumers are not given a choice because they are manipulated by the corporations and their accompanying advertising that make so-called "food".

The food industry needs to be held accountable for their disregard for the health of the people who buy their products -- these companies are only interested in the bottom line profit, and then their compatriot companies in the health industry get to profit from all the illness that consuming this unhealthy food brings on.

So cudos to Mayor Bloomberg for taking a stand and starting a conversation about this problem.

Sincerely,

Ms. Robin Mitchell
635 Elm St
El Cerrito, CA 94530-3120

From: [Center for Science in the Public Interest](#) on behalf of [Bonnie Webber](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:31:19 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Bonnie Webber
1155 Park Ave
New York, NY 10128-1209
(212) 348-7183

From: [Center for Science in the Public Interest](#) on behalf of [Claudia Eads](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:31:19 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Claudia Eads
PO Box 368
Fawnskin, CA 92333-0368

From: [Center for Science in the Public Interest](#) on behalf of [BIANCA BENINCASA](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:31:19 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. BIANCA BENINCASA
8314 N Brook Ln
Bethesda, MD 20814-2613

From: [Center for Science in the Public Interest](#) on behalf of [David Simpson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:31:20 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. David Simpson
125 Runner St
Jenkintown, PA 19046-5146

From: [Center for Science in the Public Interest](#) on behalf of [JLYNN INGLEBY](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:45 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. JLYNN INGLEBY
266 Millpoint Pl
Salt Lake City, UT 84115-4734

From: [Center for Science in the Public Interest](#) on behalf of [Anet Ranaldo](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:31:44 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Please help the people who can't help themselves.
Thank you,
Anet Ranaldo

Sincerely,

Mrs. Anet Ranaldo
2110 Holly Dr
Los Angeles, CA 90068-2852

From: [Center for Science in the Public Interest](#) on behalf of [Marion Stein](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:31:47 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Marion Stein
28 Douglass St
Brooklyn, NY 11231-4714

From: [Center for Science in the Public Interest](#) on behalf of [Kathleen Eutsler](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:31:48 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Kathleen Eutsler
50 Waverly St
Brighton, MA 02135-1211

From: [Center for Science in the Public Interest](#) on behalf of [Rosario Cosimo](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:31:48 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Rosario Cosimo
piazza G. Ungaretti, 12
Caserta, None 81100

From: [Center for Science in the Public Interest](#) on behalf of [Gerry Southard](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:31:48 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Gerry Southard
9 Windsong Dr
Fairview, NC 28730-9700

From: [Center for Science in the Public Interest](#) on behalf of [Caleb Lucero](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:31:48 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Caleb Lucero
91-1105 Namahoe St
2g
Kapolei, HI 96707-3027

From: [Center for Science in the Public Interest](#) on behalf of [Jinda Chaijinda](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:31:49 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Jinda Chaijinda
6130 11th Rd N
Arlington, VA 22205-1704

From: [Center for Science in the Public Interest](#) on behalf of [Marissa Caldarella](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:31:49 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Marissa Caldarella
5944 Adams Ave
San Diego, CA 92115-3832
(831) 566-7244

From: [Center for Science in the Public Interest](#) on behalf of [Mary Trujillo](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:31:49 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Mary Trujillo
411 N Atlantic Blvd
Alhambra, CA 91801-2228

From: [Center for Science in the Public Interest](#) on behalf of [David Ebben](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:31:49 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. David Ebben
4349 Cedar Ln
Rhineland, WI 54501-9779
0017154991057

From: [Center for Science in the Public Interest](#) on behalf of [Ksenia Koudriachova](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:47 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Ksenia Koudriachova
4297 9th St
Riverside, CA 92501-5009

From: [Center for Science in the Public Interest](#) on behalf of [Cynthia Besson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:31:49 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Cynthia Besson
3941 Park Dr
20-146
El Dorado Hills, CA 95762-4549
(408) 472-0189

From: [Center for Science in the Public Interest](#) on behalf of [Laura Jaimes](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:31:50 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Laura Jaimes
1906 18th St
Apt 12
Bakersfield, CA 93301-4225

From: [Center for Science in the Public Interest](#) on behalf of [John Volanti](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:31:50 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. John Volanti
3852 Alameda Pl
San Diego, CA 92103-1612
(619) 795-2250

From: [Center for Science in the Public Interest](#) on behalf of [Elaine Becker](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:31:50 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Elaine Becker
2514 Sharmar Rd
Roanoke, VA 24018-2625

From: [Center for Science in the Public Interest](#) on behalf of [Rachel Berger](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:31:50 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Rachel Berger
437 Clermont Ave
Brooklyn, NY 11238-1501

From: [Center for Science in the Public Interest](#) on behalf of [Lori Kaley](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:31:50 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Lori Kaley
29 Belgrade Rd
Manchester, ME 04351-3035
(207) 242-6869

From: [Center for Science in the Public Interest](#) on behalf of [Sharon Kimmy](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:31:51 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I am as concerned about the obesity epidemic and health care costs in this country as anyone. However, I am writing against Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks.

The Mayor's concept on the soda issue provides another example of government stepping too far over the line. I realize that a lot of adults and children are overweight or obese in this country. While Mayor Bloomberg's proposal may seem to be a step in the right direction, it is not. It is not up to the government to restrict business or individual choices of legal goods.

Restoring an understanding among consumers of more reasonable serving sizes will help cut down on some consumption. This should be done by education and by parental influence.

I strongly encourage the Board of Health to not support of the Mayor's proposal to limit serving sizes.

Sincerely,

Ms. Sharon Kimmy
1121 Riverside Dr
Akron, OH 44310-1211

From: [Center for Science in the Public Interest](#) on behalf of [Sushma Palmer](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:31:51 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Sushma Palmer
4437 Reservoir Rd NW
Washington, DC 20007-2021
(202) 965-5990

From: [Center for Science in the Public Interest](#) on behalf of [Sarah Jacobson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 6:31:53 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Sarah Jacobson
127 Longmarsh Rd
Apt B
Durham, NH 03824-4212
(607) 275-7499

From: [Center for Science in the Public Interest](#) on behalf of [Juliene Lipson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 7:01:12 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Juliene Lipson
41 Calypso Shrs
Novato, CA 94949-5308

From: [Center for Science in the Public Interest](#) on behalf of [Stacy Miller](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:47 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Stacy Miller
1007 6th St SE
Charlottesville, VA 22902-6157

From: [Center for Science in the Public Interest](#) on behalf of [Sharon Peariso](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 7:01:12 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Sharon Peariso
9640 SE 136th Pl
Summerfield, FL 34491-9309

From: [Center for Science in the Public Interest](#) on behalf of [David Johnson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 7:01:13 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. David Johnson
429 S Dos Caminos Ave
Ventura, CA 93003-4736

From: [Center for Science in the Public Interest](#) on behalf of [Kaileigh Bell](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 7:01:13 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Kaileigh Bell
1298 NW 14th St
Boca Raton, FL 33486-1202
(561) 393-8975

From: [Center for Science in the Public Interest](#) on behalf of [Sally Nardi](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 7:01:14 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Sally Nardi
134 Elden Rd
Buxton, ME 04093-6308
(207) 929-3773

From: [Center for Science in the Public Interest](#) on behalf of [Greg Norman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 7:01:15 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Greg Norman
4485 Larkwood St
Eugene, OR 97405-3995

From: [Center for Science in the Public Interest](#) on behalf of [Rick Romito](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 7:01:15 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Rick Romito
4534 Fir Tree Way
Bellingham, WA 98229-2639

From: [Center for Science in the Public Interest](#) on behalf of [Bonnie Gevurtz](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 7:01:16 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Bonnie Gevurtz
311 W Kennedy Rd
North Wales, PA 19454-5605

From: [Center for Science in the Public Interest](#) on behalf of [Mary Stiles](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 7:01:16 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Mary Stiles
6480 Charla Pl
Port Tobacco, MD 20677-3046

From: [Center for Science in the Public Interest](#) on behalf of [Ruth Bescrpt](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 7:01:22 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Ruth Bescrypt
8882 E Maxwell Dr
Tucson, AZ 85747-5187

From: [Center for Science in the Public Interest](#) on behalf of [Donald Casebolt](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 7:01:26 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Donald Casebolt
981 NE Alden St
College Place, WA 99324-2017
(509) 529-1677

From: [Center for Science in the Public Interest](#) on behalf of [Marge Carnahan](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:48 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Marge Carnahan
564 Laughbaum Dr
Galion, OH 44833-1038

From: [Center for Science in the Public Interest](#) on behalf of [Autumn Howard](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 7:01:27 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Autumn Howard
1604 Alleghany Rd
Attica, NY 14011-9521

From: [Center for Science in the Public Interest](#) on behalf of [Joanna Giordano](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 7:01:31 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Joanna Giordano
172 W 109th St
Apt 2w
New York, NY 10025-2584

From: [Center for Science in the Public Interest](#) on behalf of [Tim Athan](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 7:01:31 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

The data is clear: many people, including a great many children, are not able to manage their weight. The rest of us bear the costs.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Tim Athan
515 Spring St
Ann Arbor, MI 48103-3234

From: [Center for Science in the Public Interest](#) on behalf of [Joan Abruzzo](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 7:01:35 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Joan Abruzzo
1815 215th St
Apt 4k
Bayside, NY 11360-2132

From: [Center for Science in the Public Interest](#) on behalf of [Janine O'Connor](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 7:01:36 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Janine O'Connor
89 Summit St
Monroe, NY 10950-2503

From: [Center for Science in the Public Interest](#) on behalf of [Paul Fiscella](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 7:01:40 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Paul Fiscella
318 Central Pkwy
Newport News, VA 23606-3726

From: [Center for Science in the Public Interest](#) on behalf of [Sharen Perry](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 7:01:40 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction. People need help, because they don't seem to have self control.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your

response.

Sincerely,

Mrs. Sharen Perry
1327 W 200 S
Ogden, UT 84404-4703

From: [Center for Science in the Public Interest](#) on behalf of [Dorothy Murray](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 7:01:44 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Dorothy Murray
511 S Post Oak Ln Apt 4d
Houston, TX 77056-1452
(281) 647-7531

From: [Center for Science in the Public Interest](#) on behalf of [Chris Korsmo](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 7:01:45 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Chris Korsmo
217 Wetherell St
West Branch, IA 52358-9605
(319) 643-7347

From: [Center for Science in the Public Interest](#) on behalf of [Michael Gutleber](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 7:01:49 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Michael Gutleber
13055 118th St
S Ozone Park, NY 11420-2332

From: [Center for Science in the Public Interest](#) on behalf of [MYRON CHARNESS](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:48 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. MYRON CHARNESS
7270 Ashford Pl
Apt 404
Delray Beach, FL 33446-2995

From: [Center for Science in the Public Interest](#) on behalf of [Roslyn Johnson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 7:01:52 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Roslyn Johnson
33 Bridgeport St
Dana Point, CA 92629-3211
(949) 248-2649

From: [Center for Science in the Public Interest](#) on behalf of [Susan Michele Rody](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 7:01:52 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Susan Michele Rody
310 River Pointe Dr
Elkhart, IN 46514-1457
(574) 536-7353

From: [Center for Science in the Public Interest](#) on behalf of [Ruth Veldhuizen](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 7:01:52 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Ruth Veldhuizen
390 Mallard Dr
Sumter, SC 29150-8100

From: [Center for Science in the Public Interest](#) on behalf of [Dominick Orefice](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 7:01:53 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Dominick Orefice
472 Gramatan Ave Apt A3
Mount Vernon, NY 10552-2937

From: [Center for Science in the Public Interest](#) on behalf of [Diane Reeves](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 7:01:54 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Diane Reeves
2421 W 165th St
Torrance, CA 90504-1805

From: [Center for Science in the Public Interest](#) on behalf of [alyson kozma](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 7:01:58 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. alyson kozma
72 Friendly Rd
Brewster, NY 10509-4603

From: [Center for Science in the Public Interest](#) on behalf of [phyllis woodson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 7:02:03 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. phyllis woodson
2005 Starboard Ct
Virginia Beach, VA 23454-6036
(757) 496-9712

From: [Center for Science in the Public Interest](#) on behalf of [valerie gilbert](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 7:31:15 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. valerie gilbert
345 E 56th St
New York, NY 10022-3736

From: [Center for Science in the Public Interest](#) on behalf of [Paula Brewer](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 7:31:15 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As a public health nutritionist and a parent of a teenager, I am very concerned about the obesity epidemic and its consequent effect on the current and future health of our state and nation. I am well aware of the studies associating the consumption of sugar sweetened beverages with obesity. In addition, research has shown that when presented with a large portion of a food or beverage, most persons have a tendency to over consume and have great difficulty stopping, even when they are no longer hungry or thirsty. Most persons are unable to compensate for excess calories consumed in liquid.

The current obesity epidemic has been caused by numerous changes to our environment which includes the 'supersizing' of soft drinks. I agree with Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks and I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes.

Thank you and I look forward to your response.

Sincerely,

Ms. Paula Brewer
23 Sunset Ct
Cohoes, NY 12047-4017

From: [Center for Science in the Public Interest](#) on behalf of [Arlene Cruz](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 7:31:16 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Arlene Cruz
1165 Park Ave
6b
New York, NY 10128-1248
(212) 860-7315

From: [Center for Science in the Public Interest](#) on behalf of [Constance Engle](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:49 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Constance Engle
244 Englewood Dr
Hendersonville, NC 28739-7429
(828) 692-4910

From: [Center for Science in the Public Interest](#) on behalf of [Kate Campbell](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 7:31:16 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Kate Campbell
301 Tingey St SE
Washington, DC 20003-4624

From: [Center for Science in the Public Interest](#) on behalf of [Jessica Hull](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 7:31:16 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Jessica Hull
PO Box 1012
Palmer Lake, CO 80133-1012
(610) 425-1463

From: [Center for Science in the Public Interest](#) on behalf of [Vincent Fonseca](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 7:31:30 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Vincent Fonseca
107 W Ashby Pl
San Antonio, TX 78212-5839
(210) 519-5196

From: [Center for Science in the Public Interest](#) on behalf of [Marilyn Davis](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 7:31:34 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Marilyn Davis
14811 Del Amo Ave
Tustin, CA 92780-6132

From: [Center for Science in the Public Interest](#) on behalf of [Gill Brociner](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 7:31:34 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Gill Brociner
600 W 165th St
New York, NY 10032-7914

From: [Center for Science in the Public Interest](#) on behalf of [Linda Li](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 7:31:34 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Linda Li
10 Edgewood Ct
Middlefield, CT 06455-1219

From: [Center for Science in the Public Interest](#) on behalf of [Aron Thomas](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 7:31:36 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Aron Thomas
1310 Clayton St Apt 11
San Francisco, CA 94114-1856

From: [Center for Science in the Public Interest](#) on behalf of [Joel Kurtzberg](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 7:31:36 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. In fact, I think it should be revised to limit the AMOUNT OF SUGAR in any beverage instead of the size of the cup. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the

Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Joel Kurtzberg
301 E 75th St
Apt 7h
New York, NY 10021-3016

From: [Center for Science in the Public Interest](#) on behalf of [marcia hunt](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 7:31:37 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Marcia Hunt
2251 Cedar Forks Dr
Marietta, GA 30062-4646
770-0118

From: [Center for Science in the Public Interest](#) on behalf of [Laura Stadler, MS, RD](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 7:31:42 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Laura Stadler, MS, RD
346 Lincoln Rd
Brooklyn, NY 11225-4117
(718) 490-0136

From: [Center for Science in the Public Interest](#) on behalf of [Laura Giuliani](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:05 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Laura Giuliani
338 Main St
Huntington, NY 11743-6956

From: [Center for Science in the Public Interest](#) on behalf of [Fred Taylor](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:49 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Fred Taylor
708 N Chestnut St
Creston, IA 50801-1701

From: [Center for Science in the Public Interest](#) on behalf of [Stewart Holmes](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 7:31:59 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks.

I got fat, in part because I ate and drank too much sugary and fatty foods and it's taken me years of "dieting" to return to a "normal" weight. I did that in part by giving up soda and other sugary drinks and never stepping foot into a fast-food place.

Most Americans don't have the willpower to do the same so we need more measures like that proposed by the Mayor to help us help each other.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Stewart Holmes
5888 SW Englewood Ave
Corvallis, OR 97333-3959
(541) 231-2056

From: [Center for Science in the Public Interest](#) on behalf of [Bradley Flansbaum](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 7:31:59 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As a physician in NYC and being very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Bradley Flansbaum
300 E 74th St
Apt 6c
New York, NY 10021-3743
(917) 567-1748

From: [Center for Science in the Public Interest](#) on behalf of [Kim Morgan](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 7:32:04 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Kim Morgan
907 Tennyson Dr
Pearland, TX 77584-3011

From: [Center for Science in the Public Interest](#) on behalf of [deirdre dingman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 7:32:04 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Additionally, I am a great fan of Mayor Bloomberg and if I were he and NYC - I would use the research that shows NYers live longer to promote the acceptance of similar policies such as this.

Sincerely,

Miss deirdre dingman
306 Ashland Dr Apt C
Greensboro, NC 27403-1338
(336) 749-7076

From: [Center for Science in the Public Interest](#) on behalf of [Anne Widney](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 7:32:08 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Anne Widney
27662 Aliso Creek Rd Apt 8117
Aliso Viejo, CA 92656-5808

From: [Center for Science in the Public Interest](#) on behalf of [Marjorie Sobil](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 8:01:25 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

In addition, as a nutritionist and diabetes educator working in a large health center/physician's practice, I see every day the negative impact that soda and sugary drink consumption has on obesity and chronic health conditions. Individuals appear to need all the help they can get to support their health improvement.

Sincerely,

Ms. Marjorie Sobil
39 Park Ave
Greenfield, MA 01301-3927

From: [Center for Science in the Public Interest](#) on behalf of [Maia Krahl Astley](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 8:01:25 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Maia Krahl Astley
2726 NE 103rd St
Seattle, WA 98125-7715

From: [Center for Science in the Public Interest](#) on behalf of [Jenny LOvblom](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 8:01:25 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Jenny LOvblom
6329 Linway Ter
Mclean, VA 22101-4108

From: [Center for Science in the Public Interest](#) on behalf of [Paula Rochelle](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 8:01:26 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Paula Rochelle
18980 Lynbrook Ct
Saratoga, CA 95070-3427

From: [Center for Science in the Public Interest](#) on behalf of [Donald Goodson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 8:01:26 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Donald Goodson
1726 W Calimyrna Ave Apt B
Fresno, CA 93711-1869

From: [Center for Science in the Public Interest](#) on behalf of [Donald Scott](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:50 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Donald Scott
3412 Calle Noguera
Santa Barbara, CA 93105-2609

From: [Center for Science in the Public Interest](#) on behalf of [Nakia Winfield](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 8:01:27 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Nakia Winfield
5407 Bennett Ave
Austin, TX 78751-1605

From: [Center for Science in the Public Interest](#) on behalf of [Jonathan Zahos](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 8:01:40 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Jonathan Zahos
8228 Keating Ave
Skokie, IL 60076-2502

From: [Center for Science in the Public Interest](#) on behalf of [Joan Forman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 8:01:42 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Joan Forman
1743 Axenty Way
Redondo Beach, CA 90278-2811

From: [Center for Science in the Public Interest](#) on behalf of [Maureen Mahoney](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 8:01:44 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Maureen Mahoney
955 Massachusetts Ave
265
Cambridge, MA 02139-3233
(617) 728-1427

From: [Center for Science in the Public Interest](#) on behalf of [Rachel Goodman](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 8:01:46 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Rachel Goodman
4356 Tuller Ave
Culver City, CA 90230-4714

From: [Center for Science in the Public Interest](#) on behalf of [Michael Falk](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 8:01:49 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Michael Falk
21910 74th Ave
Oakland Gardens, NY 11364-3032
(718) 776-4250

From: [Center for Science in the Public Interest](#) on behalf of [Melinda Abbott](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 8:01:50 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Melinda Abbott
4 Bogardus Pl Apt 4d
New York, NY 10040-2300

From: [Center for Science in the Public Interest](#) on behalf of [Stephen Coppola](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 8:01:53 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Stephen Coppola
137 Madison St
Brooklyn, NY 11216-1603

From: [Center for Science in the Public Interest](#) on behalf of [Denise Dimin](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 8:01:55 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

Maybe if you can pull this off, California will be next!

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the

Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Denise Dimin
1215 N Avenue 63
Los Angeles, CA 90042-1411

From: [Center for Science in the Public Interest](#) on behalf of [Rebecca Tasker](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 8:01:58 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Rebecca Tasker
2897 Helix St
Spring Valley, CA 91977-3332

From: [Center for Science in the Public Interest](#) on behalf of [Kahtleen Sullivan](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:51 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Kahtleen Sullivan
7 School St
Warren, RI 02885-3323

From: [Center for Science in the Public Interest](#) on behalf of [Elaine Shuster](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 8:02:02 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Elaine Shuster
61 Stewart Ave Unit 311
Newburgh, NY 12550-6646

From: [Center for Science in the Public Interest](#) on behalf of [Dina D'Alessandro](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 8:02:07 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Dina D'Alessandro
443 E 6th St
Apt 3
New York, NY 10009-6318

From: [Center for Science in the Public Interest](#) on behalf of [Dean Ossanna](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 8:02:11 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Dean Ossanna
7321 Lake Forest Gln
Lakewood Ranch, FL 34202-7925

From: [Center for Science in the Public Interest](#) on behalf of [Jean Block](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 8:02:11 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Jean Block
3103 Summit St
Columbus, OH 43202-1314

From: [Center for Science in the Public Interest](#) on behalf of [Kate Harder](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 8:02:11 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Kate Harder
1n186 Main St
Glen Ellyn, IL 60137-3692

From: [Center for Science in the Public Interest](#) on behalf of [Catherine Snyder](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 8:02:12 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Catherine Snyder
6271 Allisonville Rd
Indianapolis, IN 46220-4509
(317) 253-9164

From: [Center for Science in the Public Interest](#) on behalf of [Jennifer Brace](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 8:02:12 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Jennifer Brace
3720 Clarington Ave Apt 105
Los Angeles, CA 90034-5846

From: [Center for Science in the Public Interest](#) on behalf of [Veronica Sosa](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 8:02:12 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Veronica Sosa
4451 W 9th Ave
Denver, CO 80204-2903
(720) 971-1498

From: [Center for Science in the Public Interest](#) on behalf of [R. Wayne Johnson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 8:02:25 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. R. Wayne Johnson
2274 W Park Ave
Napa, CA 94558-4606
(707) 255-1795

From: [Center for Science in the Public Interest](#) on behalf of [Daniel Winocour](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 8:02:30 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Daniel Winocour
312 E 90th St
New York, NY 10128-5124

From: [Center for Science in the Public Interest](#) on behalf of [Raymond Chu](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:51 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Raymond Chu
8060 Ginger Rd
Liverpool, NY 13090-2017

From: [Center for Science in the Public Interest](#) on behalf of [Sarah Winblad](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 8:02:39 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Sarah Winblad
918 S Carpenter St
Apt 2r
Chicago, IL 60607-4290
(312) 492-9259

From: [Center for Science in the Public Interest](#) on behalf of [Karen Aroian](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 8:31:24 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Karen Aroian
3005 McElroy Dr
Austin, TX 78757-1636

From: [Center for Science in the Public Interest](#) on behalf of [John Barfield](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 8:31:24 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. John Barfield
5000 Old Shepard Pl
Apt 1518
Plano, TX 75093-4407
(972) 248-6569

From: [Center for Science in the Public Interest](#) on behalf of [Jeanne Fujimoto](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 8:31:25 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Jeanne Fujimoto
1728 N Damen Ave # 215
Apt 215
Chicago, IL 60647-5532

From: [Center for Science in the Public Interest](#) on behalf of [Claude Green](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 8:31:29 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Claude Green
9 Merry Ln Apt F
Greenville, NC 27858-7805

From: [Center for Science in the Public Interest](#) on behalf of [Anne Marie Plasse](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 8:31:33 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Anne Marie Plasse
26 Upton St
Cambridge, MA 02139-3809

From: [Center for Science in the Public Interest](#) on behalf of [Mike Kovach](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 8:31:38 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Mike Kovach
1264 Mazurek Blvd
Pensacola, FL 32514-3974

From: [Center for Science in the Public Interest](#) on behalf of [Mark Miller](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 8:31:41 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

PLEASE READ THIS CAREFULLY:

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your

response.

Sincerely,

Dr. Mark Miller
3452 46th Ave S
Minneapolis, MN 55406-2931

From: [Center for Science in the Public Interest](#) on behalf of [Patricia Goings](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 8:31:45 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Patricia Goings
3814 Monteith Dr
Los Angeles, CA 90043-1747
(323) 294-0641

From: [Center for Science in the Public Interest](#) on behalf of [Theodore Boley](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 8:31:48 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Theodore Boley
1300 Donald Ave
Royal Oak, MI 48073-2089

From: [Center for Science in the Public Interest](#) on behalf of [jan kelley](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:52 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,
Jan Kelley

Sincerely,

Ms. jan kelley
643 Cumberland Head Rd
Plattsburgh, NY 12901-6808

From: [Center for Science in the Public Interest](#) on behalf of [Amy Lessler](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 8:31:48 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Amy Lessler
370 Columbus Ave Apt 4j
New York, NY 10024-5141

From: [Center for Science in the Public Interest](#) on behalf of [Kate Flores](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 8:31:48 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

Please support Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. This proposal provides a good model for other jurisdictions to follow, because overweight and obese individuals have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. Here in the U.S., more than two-thirds of adults and one third of children are overweight or obese. Mayor Bloomberg's proposal may not solve our nation's obesity problem on its own, but it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for Type 2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, plus they are available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar. The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp, which contains more than 50 teaspoons of sugar.

Restoring an understanding among consumers of more reasonable serving sizes--even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards--will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes, and I look forward to your response.

Sincerely,

Ms. Kate Flores
100 W University Pkwy
Apt 5f
Baltimore, MD 21210-3454

From: [Center for Science in the Public Interest](#) on behalf of [Jessica Balukas](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 8:31:49 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Jessica Balukas
15 Center St Apt 1a
Waterville, ME 04901-5429

From: [Center for Science in the Public Interest](#) on behalf of [Janae Million](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 8:31:49 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Janae Million
88 Howard St Apt 1001
San Francisco, CA 94105-1647

From: [Center for Science in the Public Interest](#) on behalf of [Catherine Chillemi](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 8:31:50 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Catherine Chillemi
1940 Columbia Rd
Westlake, OH 44145-3301

From: [Center for Science in the Public Interest](#) on behalf of [Trigg Dealey](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 8:31:54 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Trigg Dealey
25 Highland Park Vlg # 100-31
Dallas, TX 75205-2789
(214) 228-0776

From: [Center for Science in the Public Interest](#) on behalf of [Michelle Keller](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 8:31:59 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Michelle Keller
333 E 43rd St
New York, NY 10017-4831

From: [Center for Science in the Public Interest](#) on behalf of [Cherie Guerrant](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 8:32:03 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Cherie Guerrant
5962 Slatesville Rd
Keeling, VA 24566-3601

From: [Center for Science in the Public Interest](#) on behalf of [Fiona Kinniburgh](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 8:32:08 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Fiona Kinniburgh
26 E 2nd St
New York, NY 10003-9486

From: [Center for Science in the Public Interest](#) on behalf of [Meghan Malka](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 8:32:12 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Miss Meghan Malka
211 N Orange Ave
Dunn, NC 28334-3827

From: [Center for Science in the Public Interest](#) on behalf of [Patricia Dean](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:53 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Patricia Dean
33917 Warren Rd
Westland, MI 48185-2750
(734) 721-3061

From: [Center for Science in the Public Interest](#) on behalf of [Janice Baker](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 9:01:30 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Janice Baker
1711 Park Ave
Baltimore, MD 21217-4336

From: [Center for Science in the Public Interest](#) on behalf of [Lynn Cardiff](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 9:01:30 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Lynn Cardiff
2625 Englewood Ave NE
Salem, OR 97301-1610

From: [Center for Science in the Public Interest](#) on behalf of [bruce brill](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 9:01:31 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. bruce brill
4036 Fruitvale Ave
Oakland, CA 94602-2426

From: [Center for Science in the Public Interest](#) on behalf of [Tara Joyce](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 9:01:31 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Tara Joyce
128 Tygert Rd
Altamont, NY 12009-3528

From: [Center for Science in the Public Interest](#) on behalf of [Rosalyn Haase](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 9:01:34 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Rosalyn Haase
3772 Shady Springs Dr
De Pere, WI 54115-7655

From: [Center for Science in the Public Interest](#) on behalf of [Cheryl Winter](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 9:01:37 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Cheryl Winter
12535 St Louis Ct
Willis, TX 77318-5901

From: [Center for Science in the Public Interest](#) on behalf of [Amy Reichbach](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 9:01:40 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Amy Reichbach
4512 Ethel Ave
Studio City, CA 91604-1002

From: [Center for Science in the Public Interest](#) on behalf of [John Dembeck](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 9:01:41 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. John Dembeck
282 Cabrini Blvd
Apt 5d
New York, NY 10040-3621
(212) 927-1420

From: [Center for Science in the Public Interest](#) on behalf of [robert.rutkowski](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 9:01:44 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. robert rutkowski
2527 SE Faxon Ct
Topeka, KS 66605-2086

From: [Center for Science in the Public Interest](#) on behalf of [Rebecca Greer](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 9:01:46 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Rebecca Greer
201 McFarland Ave
Chattanooga, TN 37405-4241

From: [Center for Science in the Public Interest](#) on behalf of [Clarke Kahlo](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:53 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Clarke Kahlo
4454 Washington Blvd
Indianapolis, IN 46205-1776
(317) 283-6283

From: [Center for Science in the Public Interest](#) on behalf of [penny nelson](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 9:01:49 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. penny nelson
16 Belles Cove Dr Apt D
Poquoson, VA 23662-1567

From: [Center for Science in the Public Interest](#) on behalf of [Pat Chartowich](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 9:01:50 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Pat Chartowich
2143 Essex St
Montrose, CO 81401-5521

From: [Center for Science in the Public Interest](#) on behalf of [Lucy Gonzalez](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 9:01:53 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Lucy Gonzalez
2391 Turk Rd
Doylestown, PA 18901-2919

From: [Center for Science in the Public Interest](#) on behalf of [Charlie Glinche](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 9:01:58 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Charlie Glinche
4351 Stone Post Dr
Castle Rock, CO 80108-9037

From: [Center for Science in the Public Interest](#) on behalf of [yadira solis](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 9:02:02 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. yadira solis
807 Stillwood Dr
Dalton, GA 30721-2728

From: [Center for Science in the Public Interest](#) on behalf of [Julia Gol](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 9:02:07 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Julia Gol
465 84th St
Brooklyn, NY 11209-4738

From: [Center for Science in the Public Interest](#) on behalf of [Laura Carrizo](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 9:02:11 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Laura Carrizo
5505 N Military Trl
Boca Raton, FL 33496-3483

From: [Center for Science in the Public Interest](#) on behalf of [Christopher Kirker](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 9:02:16 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Christopher Kirker
6614 Phaedra Ct
Eldersburg, MD 21784-6246
(410) 549-0740

From: [Center for Science in the Public Interest](#) on behalf of [Ethel Liao](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 9:02:20 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Ethel Liao
1115 W Nevada St
Urbana, IL 61801-3858

From: [Center for Science in the Public Interest](#) on behalf of [Lona Smith](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 9:02:25 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Lona Smith
840 N 5th St
Everest, KS 66424-9058

From: [Center for Science in the Public Interest](#) on behalf of [Leslie Medina](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:54 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Leslie Medina
228 Second Ave
Milford, CT 06460-5235

From: [Center for Science in the Public Interest](#) on behalf of [Edward Reardon](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 9:31:31 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

While I am concerned about the obesity of many in our population, I believe an "educational" approach, coupled perhaps with financial incentives via health care deductibles or co-pays, is a better way to address this issue than a Government MicroManagement Mandate.

I strongly encourage the Board of Health to vote to DENY the Mayor's proposal to limit serving sizes.

Sincerely,

Mr. Edward Reardon
1718 M St NW # 307
Washington, DC 20036-4504

From: [Center for Science in the Public Interest](#) on behalf of [k danowski](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 9:31:31 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. k danowski
15 Bower Hill Rd Apt 801
Pittsburgh, PA 15228-1437

From: [Center for Science in the Public Interest](#) on behalf of [Patricia Urban](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 9:31:33 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Patricia Urban
209 Linden Ln
Wallingford, PA 19086-6013

From: [Center for Science in the Public Interest](#) on behalf of [Purnima Barve](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 9:31:33 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Purnima Barve
427 Dorothy Dr
King of Prussia, PA 19406-2004

From: [Center for Science in the Public Interest](#) on behalf of [Janice Church](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 9:31:33 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I am a business executive who has lost 113 pounds, without surgery or drugs, just diet and exercise. Weight and its negative impact on self image have been my lifelong struggle. I was raised by good parents but who did not understand there even was a connection between health and diet. Those eating patterns established by my parents have been difficult to alter and overcome as they were imprinted at an early age.

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines.

Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Janice Church
3981 Logans Landing Cir
Louisville, TN 37777-3163
(301) 602-6750

From: [Center for Science in the Public Interest](#) on behalf of [L.E Payne](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 9:31:36 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. L E Payne
441 New Orchard Rd
Epsom, NH 03234-4424
(603) 736-8847

From: [Center for Science in the Public Interest](#) on behalf of [Catherine Fraser Pagendam](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 9:31:39 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Catherine Fraser Pagendam
333 Awosting Rd
Pine Bush, NY 12566-5503

From: [Center for Science in the Public Interest](#) on behalf of [Elissa Downs](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 9:31:41 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Elissa Downs
229 Ridgewood Ave
Apt 204
Minneapolis, MN 55403-3519

From: [Center for Science in the Public Interest](#) on behalf of [Marvin Shafer](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 9:31:45 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Marvin Shafer
1056 W Wellington Ave
Chicago, IL 60657-4339

From: [Center for Science in the Public Interest](#) on behalf of [Jose Hernandez](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 9:31:50 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Jose Hernandez
1135 Barclay Cir SE
Apt 338-A
Marietta, GA 30060-2901
(678) 832-3628

From: [Center for Science in the Public Interest](#) on behalf of [JoNise Caleb](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:56 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal will not solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Standard container sizes have grossly expanded over the past 50 years, and our waistlines have followed suit.

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines.

Unfortunately, no measure would be perfect or fully effective. This will not "ban" consumers from buying as much soda as they want. But, in all likelihood, that satiety of many will adapt to smaller amounts, and the babies following this proposal will likely drink reduced amounts of sugary drinks as well. But this is absolutely not deprivation of any human rights. I cannot see how this takes away from the quality of life.

I urge the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. JoNise Caleb
219 Sackman St Apt 4d
Brooklyn, NY 11212-8055

From: [Center for Science in the Public Interest](#) on behalf of [Keri Curtis](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 9:31:52 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Keri Curtis
2938 Bridgewater Dr
Salt Lake City, UT 84121-5254

From: [Center for Science in the Public Interest](#) on behalf of [Meredith Groves](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 9:31:52 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Meredith Groves
Chartres St
New Orleans, LA 70117

From: [Center for Science in the Public Interest](#) on behalf of [Lance E. Ogren](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 9:31:53 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Lance E. Ogren
300 W 109th St Apt 4g
New York, NY 10025-2111
(917) 533-3390

From: [Center for Science in the Public Interest](#) on behalf of [pam drake](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 9:31:53 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. pam drake
55 Charles Hill Rd
Orinda, CA 94563-1522

From: [Center for Science in the Public Interest](#) on behalf of [Bill Brady](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 9:31:53 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Bill Brady
138 W Washington St
West Chicago, IL 60185-6702
(312) 301-0491

From: [Center for Science in the Public Interest](#) on behalf of [Debra Mello](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 9:31:54 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Debra Mello
21 Sandy Ln
Tewksbury, MA 01876-4247

From: [Center for Science in the Public Interest](#) on behalf of [Hope Carr](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 9:31:59 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's plan may not solve the problem, it is a step in the right direction.

Sugary drinks are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. The limitation on size should help restore an understanding among consumers of soda as an occasional treat.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes.

Thank you for your consideration.

Sincerely,

Ms. Hope Carr
358 85th St
Brooklyn, NY 11209-4604

From: [Center for Science in the Public Interest](#) on behalf of [Craig Cook](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 9:32:04 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Craig Cook
129 Sequoia Cir
Santa Rosa, CA 95401-9174

From: [Center for Science in the Public Interest](#) on behalf of [vera maletic](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 9:32:08 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. vera maletic
345 E South St
Worthington, OH 43085-3770
(614) 785-9692

From: [Center for Science in the Public Interest](#) on behalf of [Kristy Dickens](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 9:32:13 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Kristy Dickhens
227 Mira Mar Ave
Long Beach, CA 90803-6112

From: [Center for Science in the Public Interest](#) on behalf of [Mark Heald](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:23:56 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Mark Heald
PO Box 284
Pleasant Hill, TN 38578-0284

From: [Center for Science in the Public Interest](#) on behalf of [Tami Schiltz](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 9:32:22 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Tami Schiltz
7821 Wood Reed Dr
Madison, WI 53719-4423

From: [Center for Science in the Public Interest](#) on behalf of [Jen H](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 10:01:37 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Jen H
email only
email only, FL 32405

From: [Center for Science in the Public Interest](#) on behalf of [Daniel Glor](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 10:01:37 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Dr. Daniel Glor
5609 Lamar Rd
Bethesda, MD 20816-1349

From: [Center for Science in the Public Interest](#) on behalf of [Cara Sherrod](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 10:01:37 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Cara Sherrod
1965 Fountain Grass Cir
Bartlett, IL 60103-1397

From: [Center for Science in the Public Interest](#) on behalf of [Venalda Gupta](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 10:01:37 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Venalda Gupta
4415 Saint Andrews Crest Dr
Cumming, GA 30040-9379
(770) 886-3637

From: [Center for Science in the Public Interest](#) on behalf of [Christopher Lawrence](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 10:01:38 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mr. Christopher Lawrence
3713 Crystal Ln
Temple Hills, MD 20748-3507

From: [Center for Science in the Public Interest](#) on behalf of [sharan goldstein](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 10:01:38 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other cities to follow

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. sharan goldstein
7111 Lakehurst Ave
Dallas, TX 75230-5435
(214) 361-7300

From: [Center for Science in the Public Interest](#) on behalf of [Erin Driver](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 10:01:38 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Erin Driver
3345 SW Cascade Ave
Corvallis, OR 97333-1535
(940) 300-3707

From: [Center for Science in the Public Interest](#) on behalf of [JANET MONTE](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 10:01:38 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. JANET MONTE
MARINE AVE.
BROOKLYN, NY 11209

From: [Center for Science in the Public Interest](#) on behalf of [Robin Milleg](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 10:01:39 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Ms. Robin Milleg
200 Bennett Ave
New York, NY 10040-3814

From: [Center for Science in the Public Interest](#) on behalf of [teri burdin](#)
To: [Resolution Comments](#)
Subject: Support Mayor Bloomberg's Sugary Drink Proposal
Date: Tuesday, June 26, 2012 1:22:46 PM

Jun 26, 2012

New York City Department of Health and Mental Hygiene Board of Health
2 Gotham Center, 14 th Floor, Room 14-15, Box 31
Long Island City, NY 11101-4132

Dear Members of the Board of Health: Board of Health,

As someone very concerned about the obesity epidemic and health care costs in this country, I am writing in support of Mayor Bloomberg's proposal to limit serving sizes of soda and other sugary drinks. The Mayor's leadership on the soda issue provides a good model for other jurisdictions to follow, because overweight and obesity have become commonplace throughout America, mirroring the growth of soda serving sizes over the past five decades. More than two-thirds of adults and one in three children are overweight or obese in this country. While Mayor Bloomberg's proposal may not alone solve our obesity problem, it is a step in the right direction.

Numerous scientific studies have demonstrated that sugary drinks, both carbonated and non-carbonated, are a major contributor to the obesity epidemic. Sugary drinks are the only food or beverage source that has been directly linked to obesity. They are the single largest contributor of calories to the American diet, as well as a leading source of added sugars. One study found that each extra soft drink consumed per day was associated with a 60-percent increased risk of overweight in children. Countless studies document that excess weight is a prime risk factor for type-2 diabetes, heart attacks, strokes, cancer, sleep apnea, and many other problems. Frequent consumption of soft drinks also contributes to osteoporosis, tooth decay, and dental erosion.

Once consumed in relatively small quantities, usually as a treat, sugary drinks now come in gargantuan proportions, available almost everywhere. Container sizes have grossly expanded over the past 50 years, and today's new standard, the 20-ounce bottle of Coke, contains 16 teaspoons of sugar! The 7-Eleven chain of convenience stores even offers a 64-ounce Double Gulp - which contains more than 50 teaspoons of sugar!

Restoring an understanding among consumers of more reasonable serving sizes - even a 16-ounce maximum as the Mayor has proposed is very generous by historical standards - will help cut down on some soda consumption and slow the expansion of New Yorkers' waistlines. Unfortunately, no measure would be perfect or fully effective, and consumers will still be able to buy as much soda as they want. But, in all likelihood, many of them will be as satisfied with smaller amounts instead of the huge tubs of sugary beverages they consume today.

I strongly encourage the Board of Health to vote in support of the Mayor's proposal to limit serving sizes and I look forward to your response.

Sincerely,

Mrs. Teri Burdin
109 Calumet Rd
Marquette Heights, IL 61554-1413