



sanitation

Kathryn Garcia
Commissioner

Kirk Eng

Agency Chief Contracting Officer

44 Beaver Street
Room 201
New York, NY 10004
kieng@dsny.nyc.gov
212.437.5048

**- NOTICE TO PROSPECTIVE BIDDERS –
ISSUED July 14, 2020
ADDENDUM #2**

OLDER ADULT FOOD ACCESS PROGRAM

This Addendum is issued for the purpose of amending the Bid Booklet for the above project. It is hereby made a part of said Bid Booklet to the same extent as if originally included therein.

Exhibit 1: Scope of Services, Section 5 – Meal Nutrition Requirements

This Addendum #2 amends the Meal Nutrition Requirements provided in Section 5 of the Scope of Services to correct a typo in the Dairy Minimum provided per 6 meals (per box) in the initial chart. **The Dairy Minimum is 1 cup per day and is 3 cups per 6 meals (per box) for the three days.** The initial Meal Nutrition Requirement Chart incorrectly calculated the 6 meal requirement as 2 cups.

A corrected Meal Nutrition Requirement Chart is attached to this Addendum #2 and shall replace the Meal Nutrition Requirement Chart provided in the initial Bid Booklet.

All bidders that have already submitted their bids and used 2 cups per 6 meals as the Minimum Dairy Requirement must re-submit their bids with meal plans and completed Meal Plan Worksheets that reflect the correct Dairy Minimum per 6 meals as 3 cups.

In addition, the new Bid Due Date and Time is July 27, 2020 at 12:00 p.m. and the new Last Day of Questions Date and Time is July 17, 2020 at 12:00 p.m. These new dates and times shall replace all existing references to the Bid Due Date and Last day of Questions Date in the Bid Booklet.

All Bidders must acknowledge receipt of this Addendum below and return it as a part of their respective Bids. By signing below, the Bidder's authorized representative states that he/she has read the Addendum in its entirety.

By: *Kirk Eng*
Kirk Eng
ACCO

(Print name of bidder)

(Signature of individual authorized to execute binding legal documents
on behalf of the bidder)

(Print date of execution)

(If a corporation, affix a corporate seal)

Updated Nutrition Requirements for DSNY Older Adult Food Delivery Contracts

Updated 071420

Food Group/Nutrient	Per Meal	Per Day	Per 6 meals (per box)- lunch and dinner only
<p>Protein Minimum</p> <p><i>Recommend no processed meat</i></p> <p><i>Recommend at least one protein per day is plant-based and features minimally processed plant food such as beans, lentils, peas, nuts, seeds, or soy (e.g. edamame, tofu)</i></p> <p><i>Recommend no more than 1 beef protein per box</i></p>	0-2 oz or equivalent	4 oz or equivalent	12 oz or equivalent
<p>Fruit/Vegetable Minimum</p> <p><i>Whole fruit and vegetables are encouraged</i></p>	2 cup equivalents	<p>4 cup equivalents</p> <p>Must include at least 1 cup equivalent of non-starchy vegetables</p> <p>Must include at least 1 cup equivalent of fruit</p>	<p>12 cup equivalents</p> <p>Must include at least 3 cups equivalent of non-starchy vegetables</p> <p>Must include at least 3 cup equivalents of fruit</p>
<p>Grain/Whole grains Minimum</p> <p><i>Use of all whole grains is encouraged</i></p>	2 ounces	4 ounces	<p>12 ounces minimum</p> <p>6 ounces are whole grain</p>
<p>Dairy Minimum</p> <p><i>Recommend use of unsweetened, low-fat dairy</i></p> <p><i>Dairy cannot be used for protein requirement</i></p>	<p>0-1 cup equivalents</p> <p>(1 recommended)</p> <p>See additional requirements below if serving milk (dairy or soy)</p>	<p>1 cup equivalents</p> <p>(2 recommended)</p> <p>See additional requirements below if serving milk (dairy or soy)</p>	<p>3 cup equivalents</p> <p>(6 recommended)</p> <p>See additional requirements below if serving milk (dairy or soy)</p>
Sodium	500-800 mg	1,000-1,600 mg	3,000-4,800 mg
Calorie	Minimum 600 calories per meal not to exceed 750 calories	Minimum 1,200 Calories per day not to exceed 1,500mg	Minimum 3,600 calories not to exceed 4,500

Saturated Fat	< 10% of total calories	< 10% of total calories	< 10% of total calories
Fiber	N/A	≥ 20g	≥ 60g
Additional Requirements	<p>No deep fried foods, candy, or desserts</p> <p>No beverages other than unsweetened milk or unflavored fluid calcium-fortified soymilk)</p> <p>Recommend soy milk has no more than 9g sugar per 8 fluid ounces</p>		
Additional Recommendation	<p>Recommend <10% of total calories per day come from added sugars</p> <p>Recommend increasing unsaturated plant oils (e.g., olive oil plant oils (e.g, butter, coconut and palm oils).</p>		

Notes:

- Substitutions due to supply chain issues should be made in consultation with City agency nutritionists.
- For all items: recommend limiting added sugars and sodium.
- The amount per meal estimates provision of 1/3 of the DRIs. Use of the meal pattern does not necessarily ensure that meals meet 33 1/3% of the DRIs and the Dietary Guidelines for Americans. Meals are likely to require specific types of fruits and vegetables, whole grains, and high fiber foods in order to ensure the key nutrients are met per USDA ChooseMyPlate.gov.
- “Cups”, “Ounces” and “equivalents” per USDA ChooseMyPlate.gov. For example, vegetable cup equivalents can be found here: <https://www.choosemyplate.gov/eathealthy/vegetables> (see “cup of vegetable table”).
- Caloric Value - USDA ChooseMYPlate.gov recommends the following: To achieve a healthy weight (as opposed to maintaining weight) for a 65 year old male, 194 pounds, 68 inches tall, less than 30 minutes physical activity = 2,000 per day; for a 65 year old female, 166 pounds, 63 inches tall, less than 30 minutes physical activity = 1,600 per day. Average heights and weights taken from average Americans 60+, described here: <https://www.cdc.gov/nchs/data/nhsr/nhsr122-508.pdf>